

**COMPASSION** is our

PAYION

TATALDING CARE - NO EXCEPTIONS

The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

FRONTLINE JANUARY 25, 2016

# IN THIS WEEK'S ISSUE Getting Up In The World

GETTING UP IN THE WORLD
 DREAMCLIMB 2016

It turned out to be two days of energy-packed fun for the 148 participants who took part in Dream Climb 2016 and assisted to raise funds for the Neurosciences Program at Windsor Regional Hospital. Early estimates indicate that between \$25,000 to \$30,000 will be raised.

**VOLUME 4 / EDITION 4** 

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 KALAHARI PROMOTION
 ALZHEIMER COFFEE BREAK

# WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at: frontlinetribune@wrh.on.ca

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The well-organized event took walkers/runners to the top of the Chrysler 'Dream Management' Building on January 16th and 17th , some breaking their own record of last year.





Thanks to our many sponsors who made the two days possible including our title sponsor, Greg Monforton & Partners Injury Lawyers. Platinum Sponsor was National Bank Financial and Mallender Wealth. Silver included Sabga Physiotherapy and Windsor Express Basketball. Bronze sponsors included Fogolar Furlan Club, Fred's Farm Fresh Market, Kirwin Partners Lawyers LLP, Pursuit Health Management, Robert G. Millson, Professional Corporation, Subway and Ten Thousand Villages. Stairway sponsors were Dr. Dante Morassutti Medicine Professional Corporation, Guaranteed A Fine Furniture, Loaring Physiotherapy and Mousseau DeLuca McPherson Prince LLP.

Saturday was the Competitive Climb and the winners are:

Individual Top 3 Female (timed): 1st Deanna Galbraith, 2nd Cynthia Garand, 3rd Rachel Holmes Individual Top 2 Male (timed): 1st Dr. Dante Morassutti, 2nd Allen Nappa Top Team (timed): MISTEP#3 Katie Bissutti and Brant Valenciuk



Story cont'd on page 2...



Visit our website for more information at www.wrh.on.ca

# **UPCOMING EVENTS**

JAN 1 26

#### **Explore The Future of Healthcare** Time: 1:00pm Auditorium, Met Campus

JAN **26** 

Explore The Future of Healthcare Time: 6:00pm Waters Edge Event Centre 2879 Riverside Drive East, Windsor

#### JAN Ethics Forum

Time: 12:00pm - 12:45pm Brown Auditorium, HDGH 1453 Prince Road, Windsor

JAN
T2B "The Love Boat" Gala
Time: 5:30pm
Ciociaro Club of Windsor
3745 North Talbot Road, Windsor

FEB In Honour Of The Ones We Love Gala Time: 6:00pm Ciociaro Club of Windsor 3475 North Talbot Road

FEBBlood Pressure Screening Clinic19Time: 12:00pm - 3:00pmOuellette Campus, Vendor Hallway

MAR Hats On For Healthcare
 Locations throughout Windsor-Essex
 www.hatsonforhealthcare.com

APRBlood Pressure Screening Clinic12Time: 12:00pm - 3:00pmMet Campus, Vendor Hallway

MAYBlood Pressure Screening Clinic10Time: 12:00pm - 3:00pmOuellette Campus, Vendor Hallway

JUNWRH Annual Golf Tournament9Essex Golf & Country Club7555 Matchette Road, LaSalle



Vapourized hydrogen peroxide supplements, but does not replace, standard cleaning and disinfection practices. Surfaces must be physically cleaned of dirt and debris before air disinfection is used.

# Getting Up In The World cont'd...

Sunday was a Fun Climb and the winners are (note that if you climb up to 8 loops, you have completed equivalent to the CN Tower):

#### Individual Top 3 Female (# of loops):

1st place Carrie Anne Horn (19 loops) 1st place Lina Marie Mastronardi (19 loops) 2nd place Christine Schwain (18 loops) 3rd place Brenda Mallat (17 loops)

#### Individual Top 3 Male (# of loops):

1st place Andy Sullivan (22 loops) 2nd place Shawn Heymen (17 loops) 3rd place Amir Jabonski (15 loops)

Midday Sunday, a Kiddy Climb took place with a number of participants dawning Spiderman, Batman, Robin, Cat Woman, Star Wars Stormtrooper costumes with a special appearance from the Windsor Express Basketball Mascot. Loaring Physiotherapy also invited two champion Olympians, Dr. Andrea Steen and David Mitchell who joined the kids in their warm up.





**Top Team # of loops:** REHAB (completing a combined 43 loops) Bethany St. Denis Jocelyn Wilkinson Ruth MacDonell Chloe MacDonell

"Overall, it was a good two days of activity and support for our program at the hospital," stated Dr. Dante Morassutti, Chief of Neurosciences. "I enjoyed participating and being a mentor to others who want to consider getting into shape and taking control of their own health."

Windsor Regional Hospital and Windsor/Essex Hospitals Foundation thank everyone who attended and assisted in raising funds for the Neurosciences Program.





#### INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Tyler Knight REG PRACTICAL NURSE 6 EAST SURGERY



FOOD SERVICE WORKER

GUEST SERVICES

0

Jacob Teschke AMBULATION ASSISTANT AMBULATION



Suzana Radonjic REGISTERED NURSE 8 EAST NEUROSUGERY

## MORE OB In 11th Year At Met Campus

A program that helps the Family Birthing Centre team promote safety and improve quality of care for obstetrical patients is now in its 11th year at the Met campus.

The MORE <sup>OB</sup> Core team with the help of Salus Global's representatives met to review last year's progress, discuss upcoming best practices and plan this years strategies to improve patient safety and quality in the FBC.

The MORE<sup>OB</sup> Program integrates professional practice standards and guidelines with current and evolving safety concepts, principles and tools. The results are sustainable, proven and measurable - a decade of experience and more than 13,000 participants confirm it.

Met campus is a proven leader on the success of the program, says Dr. Guy-Paul Gagne, Salus' program director for Quebec, where every hospital with an obstetrical unit is using the program.

"Windsor Regional Hospital has been a real champion for the MORE <sup>OB</sup> program," Dr. Gagne said at Met campus during his January visit. "It has demonstrated continuous improvement in the quality of care provided to patients."

Robert Sayers, vice-president, business development for Salus Global, says the program has been so successful that it has also been implemented in all hospitals with OB units in B.C., Alberta and 90 per cent of Ontario, and is now beginning to expand in the United States.

#### More about MORE OB

The entire program is built on the principles of High Reliability Organizations (HRO). The vision of the MORE<sup>OB</sup> program is that Patient safety is the guiding principle. The vision of the program is to create a culture where patient safety is everyone's first priority by developing effective teamwork and communication, eliminating the culture of blame, embracing learning, knowledge sharing and evaluation, and promoting interprofessional collaboration with trust and respect. The MORE <sup>OB</sup> Program builds and sustains a culture of safety through the development of knowledge, skills, attitudes, behaviors, and practices that make safety the #1 priority for everyone, all of the time. In addition, results have shown that they lead to a more positive work experience, higher staff retention and reduced operating costs. Creating a culture of safety that is embedded at every level, Salus Global programs provide a safe and positive healthcare experience for patients as well as caregivers.

For more information, please visit www.moreob.com.



Photo Above: Representatives from Salus Global came to Met campus this month as part of ongoing education with staff about the successful MORE <sup>OB</sup>program.

# Kale Potato Soup

Makes 4 servings / Preparation: 10 min Cooking Time: 30 min

#### INGREDIENTS

- 3 slices bacon, chopped
- 1 3/4 pounds Yukon gold potatoes, peeled and diced
- 1 leek (white/light green parts only), halved and thinly sliced
- 2 cloves garlic, minced
- 1 teaspoon chopped fresh rosemary and/or thyme
- Kosher salt and freshly ground pepper
- 4 cups low-sodium chicken broth
- 1 medium bunch kale, stems removed, leaves chopped
- 1/4 teaspoon Worcestershire sauce
- 1 tablespoon extra-virgin olive oil
- 1 tablespoon sour cream
- 2 tablespoons chopped smoked almonds

#### METHOD

Cook the bacon in a large Dutch oven or pot over mediumhigh heat, stirring occasionally, until crisp, about 5 minutes. Remove with a slotted spoon and drain on paper towels. Add the potatoes and leek to the drippings in the pot and cook, stirring, until the leek is slightly softened, about 3 minutes. Add the garlic, herbs, 1/4 teaspoon salt and a few grinds of pepper. Cook, stirring occasionally, until the vegetables are slightly browned, about 2 minutes. Add the chicken broth and 4 cups water and bring to a simmer; cover and cook 15 minutes. Add about three-quarters of the kale; continue cooking, covered, until wilted, about 5 minutes. Stir in the Worcestershire sauce. Meanwhile, preheat the broiler. Toss the remaining kale with the olive oil on a baking sheet; season with salt and pepper. Broil until crisp, about 3 minutes. Thin the sour cream with a splash of water. Working in 3 to 4 batches, puree the soup in a blender until smooth; reheat if needed. Serve topped with the sour cream, kale chips, bacon and almonds.

#### **NUTRIENTS Per Serving :**

Calories: 416; Protein: 17g; Total Fat: 16 g; Carbohydrates: 54g; Sodium 509mg



Staff are reminded that Parking in the "Mothers with Babies" lot and Handicapped lot is not acceptable **at any time**. These lots are reserved for patients with specific needs 7 days a week. Security will be monitoring these lots over the next few weeks. Please be advised there will be serious consequences to staff who choose to park in those areas.





### **EXPLORING THE FUTURE OF HEALTHCARE**

With Dr. Rueben Devlin, President & CEO, Humber River Hospital

#### **TUESDAY, JANUARY 26**

1:00pm - Met Auditorium, Windsor Regional Hospital

#### 6:00pm - Water's Edge Event Centre, 2879 Riverside Drive East

In October, the first fully digital hospital in North America opened in Toronto, Ontario. President and CEO Dr. Rueben Devlin says the result is a lean, green and digital showcase facility. It is very similar to what Windsor-Essex is in the early planning stages to achieve as well.

So what can Windsor-Essex learn from the Humber experience? How is the new hospital changing the experience for patients at Humber River ? Join Dr. Rueben Devlin for an evening of discussion and an opportunity to ask questions as we explore the future of healthcare together.



www.windsorhospitals.ca

# WINDSOR REGIONAL HOSPITAL SPECIAL

	MARCH 15 - 19
HUT OR DESERT ROOM	\$119
NOMAD ROOM	\$139
AFRICAN QUEEN SUITE	\$239
COMBINATION SUITE	\$289

Join us at Kalahari Waterpark Resort in Sandusky, Ohio for a special family getaway weekend! All standard reservations include waterpark passes for each registered guest. Start your registration by calling 877.525.2427 and mention Booking Code 23647.

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CHANGING LIVES TOGETHER

RESORTS

# Alzheimer Society

This month is Alzheimer's Awareness month - and WRH is giving staff an opportunity to win a coffee basket in exchange for a small donation in support of Alzheimer's services locally. Draws for the Alzheimer's Coffee Basket Giveaway (one basket for each campus) will be available on Wednesday, January 27th.

You'll be able to fill out ballots for the baskets at the Nevada desks at each campus during the day (10 am to 2 pm) and at the Welcome Desk at Met and Security Desk at Ouellette during the evening (11 pm to 1 am). The baskets will be filled with an assortment of items for coffee lovers!

Proceeds will go directly to the Alzheimer Society of Windsor and Essex County, which is dedicated to serving those with Alzheimer's disease, and related dementia and their caregivers in the community. There are currently over 6100 people diagnosed with Alzheimer's disease or related dimentia in Windsor and Essex County. It is projected that these numbers will double within 25 years. Over 100 years after its discovery, there is still no known cause or cure. What is known, is that this disease can affect anyone.

For more information, visit www.alzheimer.ca

# **ETHICS OPEN FORUM**

Physician Assisted Death in Faith-Based Organizations What Is The Issue? What Are The Questions?

Hazel Markwell, PhD, DTh

Executive Director, Centre for Clinical Ethics Assistant Professor in the Department of Anesthesia, University of Toronto

Giles Scofield, JD, MA

Clinical Ethicist (St. Michael's Hospital, Toronto), Centre for Clinical Ethics Adjunct Associate Professor in the Department of Family & Community Medicine Faculty of Medicine University of Toronto

Last year the Supreme Court of Canada set limits to the legal prohibition of physicianassisted death. The purpose of this session is to explain what is—and is not—meant by what the Court said, to highlight specific issues, to discuss provincial developments, to identify questions that are raised—but not answered—by the Court's decision, and to focus on specific challenges that the Court's decision presents to Catholic health care providers. Light refreshments and snacks will be available! Please bring your lunch.

#### Objectives

- 1. Clarify key terms
- 2. Provide an environmental scan
- Dispel myths and misinformation
   Provide information about what is known
- Provide information about what is known
   Highlight important, practical questions
- 6. Offer recommendations

CENTRE

Thursday, January 28, 2016

12(noon) – 12:45pm

Brown Auditorium, HDGH

Please contact Keesha Bellemore to RSVP Keesha.Bellemore@hdgh.org or ext.73579 BY FRIDAY Jan 22<sup>nd</sup>