



FRONTLINE NOVEMBER 7, 2016 TRIBUNE



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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
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Investing In Staff At Windsor Regional Hospital

Thanks to the Johnson Family, Oncology Nurses have an opportunity to receive extended education in their field of expertise as a result of an endowment established in 2010.

The Daniel Johnson Memorial Education Fund is now six years old and from an initial donation of \$30,000, it has now grown to almost double in size as a result of Daniel's father making the initial investment and encouraging family to increase it's value through further events and donations.

Each year, two Oncology Nurses are selected among their peers for the Annual Daniel Johnson Memorial Education Fund Award. This year's recipients were Megan Hennin, RN and Kristin Smith, RN. Congratulations to the both of them and thank you to the Johnson Family!



Photo(l to r): Cherie Johnson (Dan's wife); Dan Johnson Sr.; Megan Hennin, Oncology Nurse; Linda Johnson (Dan's widow); Kristin Smith, Oncology Nurse; Megan Johnson and Chelsea Johnson (Linda's daughters).



Lest We Forget.

All staff are reminded that there will be a moment of silence at 11am on November 11th, 2016 at both campuses. Please take a moment if possible to remember those who have fought, and those who have died fighting for freedom.

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:
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[facebook.com/windsorregionalhospital](https://www.facebook.com/windsorregionalhospital)



@WRHospital

Radiation Technologists Recognized

Windsor Regional Hospital recognizes MRT (Medical Radiation Technologist) Week by thanking all Radiation Technologists who play an important part in the healthcare system. MRT's provide the professional imaging and radiation-related treatment services that allow patients to benefit from the latest medical diagnostic and treatment technologies. Join the MRT team at Windsor Regional Hospital as they celebrate their profession with their community, colleagues and each other in promoting the essential link that MRT's have with their patients and their profession.



Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

- NOV 16** **Health Matters Lunch & Learn**
11:00am-12:00pm / 12:00pm-1:00pm
Ouellette Campus, Boardroom
- NOV 22** **Health Matters Lunch & Learn**
11:00am-12:00pm / 12:00pm-1:00pm
Ouellette Campus, Boardroom
- DEC 04** **WRH Children's Holiday Party**
Christmas Craftmania!
Ciociaro Club
3745 North Talbot Road, Windsor
- JAN 15** **Europro Vertical Climb**
Time: 8:30am
1 Riverside Drive West, Windsor
- JAN 28** **T2B 20th Anniversary XX Gala**
Time: 6:00pm
Caesars Windsor
377 Riverside Drive East, Windsor
- FEB 04** **In Honour of the Ones Gala**
Ciociaro Club
3745 North Talbot Road, Windsor
- MAR 01** **2017 Hats On For Healthcare**
www.hatsonforhealthcare.com

VENDORS ON DISPLAY (OCT.31-NOV.04, 2016)

MET CAMPUS:

Kidbits, Just Jewellery, Azara Boutique, Express Uniforms, Hooks & Needles Crafts

OUELLETTE CAMPUS:

Dianes Gifts, Express Uniforms, Azara Boutique, Little Red Door

Please note: Vendors subject to change



Clean your hands immediately before performing any aseptic procedure and before putting on gloves. This protects the patient against microorganisms, including his/her own organisms, from entering his/her body.

Educational Update - What is a QCIPA?

The (QCIPA) Quality of Care Information Protection Act, came into law on November 1, 2004. The Act is designated to encourage health care professionals to share information and have open discussions about improving the quality of health care provided to patients. This includes learning from critical incidents that occur at Windsor Regional Hospital, however, without fear that information will be used against anyone. One of the purposes of QCIPA patient care reviews is to improve the identification and investigation of critical incidents, so that the causes are fully understood and changes can be made and instituted to prevent similar incidents from occurring in the future.

A critical incident is an unintended event that occurs when a patient receives treatment in an institution and results in death, serious disability, and injury or harm to the patient. The QCIPA also addresses 'near-miss' events where gaps in policy and process are identified by employees.

Under the QCIPA legislation, meeting minutes and discussions that occur are held in confidence and cannot be publically released. The rationale for this is that without a 'safe place' to share speculations, some employees would not be fully transparent about the potential causes of a patient incident where harm may have occurred.

There are recommendations for quality improvement that result from the QCIPA meeting. These recommendations are shared with the care team and are assigned a "most responsible person" to ensure they are carried out. Recommendations for improvement are also shared with the patient and family if they have so requested.

For questions or comments about the QCIPA process, contact the Office of the Patient Representative at the following:

Robin Williams, Met Campus
Ext. 52317 / 519-995-2084

Angela D'Alessandro, Ouellette Campus
Ext. 34404 / 519-995-2899

Health Matters Lunch & Learn

Approximately, 40% of all cancers can either be prevented or detected early, before becoming a serious health problem. Are you at risk? Join us for the Your Health Matters Lunch and Learn. FREE LUNCH & GIFT FOR ALL ATTENDEES!

To register, email Brooke.Meloche@wrh.on.ca and indicate which session you would like to attend. Please also indicate any dietary restrictions.

Met Campus Dates:

- November 8: 11am-12pm, 12pm-1pm
(Met Campus, Auditorium (Side A))

Ouellette Campus Dates:

- November 16: 11am-12pm, 12pm-1pm
(Ouellette Campus – Board Room)
- November 22: 11am-12pm, 12pm-1pm
(Ouellette Campus – Board Room)

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Julia Moskal
REGISTERED NURSE
6W - INPATIENT SURGICAL



Jeremy Gerardi
MAINTENANCE MECHANIC
PLANT MAINTENANCE



Emily Iler
DIETITIAN
CLINICAL NUTRITION



Autumn Laing
REGISTERED NURSE
8W NEUROLOGY



2016/2017 FAMILY GIVING CAMPAIGN

The Family Giving Campaign at Windsor Regional Hospital (Ouellette and Metropolitan campuses) is designed to provide staff, professional staff, Board members and volunteers an opportunity to give back to their hospital. Whether one has worked at the hospital for a few months or several years, we realize how fortunate we are to be associated with this dynamic organization (Windsor Regional Hospital). Each day we see first-hand the positive difference in the lives that we touch when we give and the satisfaction knowing that we are helping patients and families with enhanced care through medical equipment purchases or improving programs and services we may be attached to.

Often, when appealing to the community for support, they will ask, what have we done before they can make a decision to assist the hospital. Through the Family Giving Campaign, we can proudly state, we too have responded and done our share to support hospital and healthcare in our community.

Thank you for your consideration to support the Windsor Regional Hospital Family Giving Campaign. Many incentives are available to you simply by making a commitment.

CAMPAIGN RUNS UNTIL DECEMBER 2, 2016

100% of your contribution will support the fund(s) of your choice. All participating employees will be entered into a drawing for prizes



By donating to the Family Giving campaign, all donors will also qualify for a WestJet Voucher to fly destinations within WestJet territories. After all prize draws on December 2, the WestJet prize will be drawn from all donor entries!

For more information on the Family Giving Campaign, please contact Brandon Osborne, Ext.52449 or brandon.osborne@wrh.on.ca

Complete your pledge online at www.wrhfamilygivingpledge.ca and be eligible to win a Ted Farron Gourmet Butcher Shop Family BBQ Package (Value \$325)



Donate Your Coats To Spiritual Care

As we begin to approach the winter season there are many patients that may be leaving our hospital that do not have adequate clothing to keep them warm. The Spiritual Care department is requesting your assistance to help support our patients in need of a warm jacket/coat when leaving the hospital. If you have any new or gently used jackets/coats that you would be willing to donate to this cause, please bring them to the Spiritual Care Department at the Ouellette Campus.



In keeping with our current policy and to minimize infection control issues, all used coats will be dry cleaned. Thank you for any support you can provide.

Coats can also be dropped off at the Public Affairs/Foundation offices at either the Met or Ouellette Campus.

For more information contact Marlene Bafaro at ext. 33180 or by email at marlene.bafaro@wrh.on.ca

Little Hands - Kids For A Cause!

Little Hands is a support group who fundraise and support families whose children are afflicted with cancer. They are a very active and generous group who recently donated \$1,000 to the Paediatric Oncology Unit and an additional \$350 to Child Life Services at Windsor Regional Hospital.

Their recent project supported Childhood Cancer Awareness Month where they sold Go Gold T-shirts, raising \$2000. An additional \$1,000 was donated to the Fight Like Mason Foundation.



Photo Above: Matthew Krystia, Mackenzie Spencer, Natalich Egglezos and Mateah Egglezos. Also present for the recognition event were moms; Gabriella Krystia, Tammy Kystia, Laura Spencer and Aimee Omstead.



- WRITE A LETTER TO SANTA**
- DECORATE A COOKIE**
- CREATE A SPECIAL KEEPSAKE**
- TAKE A PHOTO WITH SANTA!!**
- WHILE HIS HELPERS GIVE OUT GIFTS**

Doors open at 11:00 / Lunch served promptly at 12:00
Santa arrives at 1:00

Gifts will be given out by age-youngest to oldest - *sorry, no exceptions*

Tickets: \$15 per Adult / \$20 per child

Party is open to staff members' children and grandchildren ages 0-10yrs

Tickets can be purchased in Human Resources at
Met (ext 52330) and Ouellette (ext 33023)

Advance Sales Only - DEADLINE TO PURCHASE IS NOV 23





Join today at

www.GrowOnWindsor.com

A LOCAL FUNDRAISING CAMPAIGN
IN SUPPORT OF CANCER AWARENESS,
RESEARCH & TREATMENT
FOR MEN LIVING IN WINDSOR/ESSEX

OFFICIAL SPONSOR OF GROW ON 2016

LISA & BRIAN SCHWAB



Greg Monforton
AND PARTNERS
INJURY LAWYERS

EUROPRO

VERTICAL CLIMB 2017



EVERYONE CAN "RUN VERTICAL" - AGES 12 & UP!

STEP UP YOUR GAME AND REGISTER TODAY!

SUNDAY, JANUARY 15, 2017

ONE RIVERSIDE DRIVE WEST, DOWNTOWN WINDSOR

WWW.VERTICALCLIMB.CA



Vegetarian Quinoa Chili

Makes 8-10 cups

Preparation: 10 min

Cooking Time: 5 hours



INGREDIENTS

- 2 cups of frozen corn
- 2 cups of carrots, diced
- 1 large onion, diced
- 1 large red pepper, diced
- 1 chipotle pepper, minced
- 1 teaspoon of chipotle adobe sauce
- 2 teaspoons of cumin
- 1 teaspoon of dry cilantro
- 1 teaspoon of dry oregano
- ½ teaspoon of chili powder
- 28 oz. can of Crushed Tomatoes
- 15 oz. can of diced fire roasted tomatoes
- juice of 1 lime
- 4 cups of vegetable stock
- 1 cup of quinoa
- 15 oz. can of low sodium black beans, drained & rinsed
- 15 oz. can of low sodium kidney beans, drained & rinsed
- 15 oz. can of low sodium pinto beans, drained & rinsed

Toppings: (Optional)

- green onions, diced
- sour cream
- avocado, diced
- shredded cheddar cheese

METHOD

Add carrots, onions, corn red pepper, chipotle pepper, chipotle adobe sauce, cumin, cilantro, oregano, chili powder, crushed tomatoes, diced fire roasted tomatoes, lime juice, vegetable stock, and quinoa to crock pot. Stir and cook on HIGH for 4 hours. Then add black beans, kidney beans, and pinto beans to crock pot. Stir and cook for an addition hour on LOW. Serve with optional toppings of green onions, avocado, cheddar cheese, or sour cream.

NUTRIENTS Per Serving (1 ½ cup) :

Calories: 259; Protein: 11g; Total Fat: 2 g;

Carbohydrates: 51g; Sodium 680mg



TREVOR SAVED
THREE LIVES.
WILL YOU?



Ontario's Organ
and Tissue
Donation Agency

beadonor.ca

www.facebook.com/trevor.funkenhauser