



FRONTLINE NOVEMBER 21, 2016 TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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Take The Time To Voice Your Opinion!

Staff are invited to take the "Quality of Work Life" Survey that can be completed on-line at www.wrh.on.ca which only takes a few minutes to complete. Printed copies are also available in Human Resources at both the Ouellette and Met campuses.

The survey provides important feedback on your views and overall work environment. The survey is voluntary and confidential. If you wish to discuss an issue after completing the survey, contact Human Resources directly.

Your voice and feedback provides Windsor Regional Hospital an opportunity to make improvements in various aspects of your work life, including policy or process changes and program improvements. However, this can only happen if you complete the survey now! The survey is available for the next few days, so do it now! Complete the survey and voice your own personal opinion!

QUALITY OF WORK LIFE



If you have any questions, contact Melissa Simas, Manager, Human Resources at Ext. 32532 or email her at melissa.simas@wrh.on.ca. Thank you for completing your survey today!

Stair Climbers Step Up For Neurosciences!

Superheroes no longer consist of people flying around with capes. They look like ordinary individuals who are trying to make a difference in our world. An individual such as Dr. Dante Morassutti is a perfect example of a superhero. As the former Chief of Neurosciences at Windsor Regional Hospital, he had a vision of getting healthier to set an example for his patients. One evening at dinner with friend, Richard Vennettilli, he threw out the idea of climbing Mt. Kilimanjaro, the highest mountain range in Africa. Dennis Segatto overheard their conversation and wanted in on the idea. The three men challenged themselves to get in shape with the objective to climb the famous mountain.

They developed KiliKlimb 2015 as a way to raise funds for the Neuroscience Program and also to embrace Dennis's passion, the Trillium Gift of Life's organ and tissue donor awareness.

After much planning, the trio, along with their wives and friends set off in late June of 2015 to climb Mt. Kilimanjaro. KiliKlimb 2015 was a great success. As Dr. Morassutti explained to a Windsor Star reporter, "It was the most awesome, difficult and sickening thing, all combined, that I have ever done!" The event raised approximately \$70,000 for Neurosciences toward the purchase of much needed medical equipment for patient care and recovery.

Story continues on Page 2.

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:
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[facebook.com/windsorregionalhospital](https://www.facebook.com/windsorregionalhospital)



@WRHospital

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

- NOV 22** **Health Matters Lunch & Learn**
Time: 12:00pm-1:00pm
Ouellette Campus, Boardroom
- NOV 24** **Use Your Head Concussion Workshop**
Time: 6:30pm
Tecumseh Arena
12021 McNorton Street, Tecumseh
- DEC 01** **In Honour Of The Ones We Love 6th Annual Potato Fest**
Time: 11:00am
St. Clair Centre For The Arts
201 Riverside Drive West, Windsor
- DEC 04** **WRH Children's Holiday Party**
Christmas Craftmania!
Ciociaro Club
3745 North Talbot Road, Windsor
- JAN 15** **Europro Vertical Climb**
Time: 8:30am
1 Riverside Drive West, Windsor
- JAN 28** **T2B 20th Anniversary XX Gala**
Time: 6:00pm
Caesars Windsor
377 Riverside Drive East, Windsor
- FEB 04** **In Honour of the Ones Gala**
Ciociaro Club
3745 North Talbot Road, Windsor
- MAR 01** **Hats On For Healthcare Day**
hats-on@wrh.on.ca
www.hatsonforhealthcare.com
- MAY 25** **WRH Annual Charity Golf Tournament**
Essex Golf & Country Club
7555 Matchette Road



A multifaceted, multidisciplinary hand hygiene program must be implemented in all healthcare settings and includes the capacity to monitor, evaluate and improve compliance, with feedback to individual employees, managers, chiefs of service and the Medical Advisory Committee.

Stair Climbers Step Up For Neurosciences Cont'd

This coming January 15, 2017, Europro Vertical Climb is an event that mimics the original fundraising efforts where individuals and teams can challenge themselves to climb the 13-floor stairway in the FCA Chrysler facility at 1 Riverside Drive West. Proceeds again will support the Neuroscience Program at the Ouellette Campus, benefiting patients affected with complex traumatic brain injuries, cancer issues, stroke related illness, brain aneurysms and degenerative diseases.

Anyone can sign up, aged 12 and over and can run the vertical route multiple times. Running up the stairway and down seven times is equal to running Toronto's CN Tower. If you want to really challenge yourself and are fit enough to do so, running or walking the Europro Vertical Climb; if you accomplish 12 rounds of the Chrysler facility stairwell, it is equivalent to climbing the 163-floors of the Burj Khalifa, the tallest building in Dubai and in the world!

Want to get into better shape as a New Year's Resolution? There is no better way than to sign up at www.verticalclimb.ca now for the January 15th event for the Europro Vertical Climb.

Register at www.verticalclimb.ca. There are many incentives for early bird, regular or event day registration. You can receive a t-shirt or by collecting pledges, win Keg or Subway gift cards, a stainless steel water bottle, a pedometer or, free registration. Check it all out on the site above. Europro Vertical Climb! Be there!!

SOCK IT FORWARD!



\$20 per pair



Show your stripes in support of sick kids and their families at Ronald McDonald House Charities Southwestern Ontario! Each pair of socks purchased helps a family that needs a home away from home at Ronald McDonald House.

Kids feel better and cope better with their loved ones nearby. Every time you wear your socks, know that you are helping to make that happen!

Available at the Met and Ouellette Campus Gift Shops. While supplies last.



RONALD
MCDONALD
HOUSE
Windsor



RONALD
MCDONALD
HOUSE
London

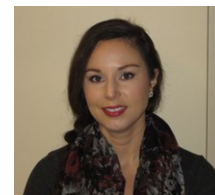
INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Michelle Bourgoin
RPN
2 NORTH - MEDICINE



Caitlin Holt
PHARMACY INTERN
PHARMACY



Angela Companion
DIETITIAN
CLINICAL NUTRITION



Ashley Whittle
RPN
6W - INPATIENT SURGICAL

Greg
Monforton
AND PARTNERS
INJURY LAWYERS

EUROPRO

VERTICAL CLIMB 2017



EVERYONE CAN "RUN VERTICAL" - AGES 12 & UP!

STEP UP YOUR GAME AND REGISTER TODAY!
SUNDAY, JANUARY 15, 2017

ONE RIVERSIDE DRIVE WEST, DOWNTOWN WINDSOR

WWW.VERTICALCLIMB.CA

Drive 4UR Community Helps Children's Diabetes Clinic

Lynn Marentette, associated with Ken Knapp Ford in Essex took the Paediatric Metabolic Diabetes Clinic under her wing when she suggested a fundraiser on behalf of the program through the dealership. Thanks to the Ford Motor Company, anyone taking a test drive of a Ford product at Ken Knapp Ford ensured that her corporation donated \$20 toward a local charity. The 4UR Drive Community initiative raised \$4,220 as a result of over 200 test drives.



Photo Above (l to r)

Erika Lanoue, Manager, Paediatric Services;
Lynn Marentette, Ken Knapp Ford; Mary Sauve, Paediatric Metabolic Clinic
and Jim Cosgrove, responsible for new vehicle inventory at Ken Knapp Ford.



2016/2017 FAMILY GIVING CAMPAIGN

The Family Giving Campaign at Windsor Regional Hospital (Ouellette and Metropolitan campuses) is designed to provide staff, professional staff, Board members and volunteers an opportunity to give back to their hospital. Whether one has worked at the hospital for a few months or several years, we realize how fortunate we are to be associated with this dynamic organization (Windsor Regional Hospital). Each day we see first-hand the positive difference in the lives that we touch when we give and the satisfaction knowing that we are helping patients and families with enhanced care through medical equipment purchases or improving programs and services we may be attached to.

Often, when appealing to the community for support, they will ask, what have we done before they can make a decision to assist the hospital. Through the Family Giving Campaign, we can proudly state, we too have responded and done our share to support hospital and healthcare in our community.

Thank you for your consideration to support the Windsor Regional Hospital Family Giving Campaign. Many incentives are available to you simply by making a commitment.

CAMPAIGN RUNS UNTIL DECEMBER 2, 2016

100% of your contribution will support the fund(s) of your choice.
All participating employees will be entered into a drawing for prizes



By donating to the Family Giving campaign, all donors will also qualify for a WestJet Voucher to fly destinations within WestJet territories. After all prize draws on December 2, the WestJet prize will be drawn from all donor entries!

For more information on the Family Giving Campaign, please contact
Brandon Osborne, Ext.52449 or brandon.osborne@wrh.on.ca

Complete your pledge online at www.wrhfamilygivingpledge.ca and be eligible to win a Ted Farron Gourmet Butcher Shop Family BBQ Package (Value \$325)



WRITE A LETTER TO SANTA

DECORATE A COOKIE

CREATE A SPECIAL KEEPSAKE

**TAKE A PHOTO WITH SANTA!!
WHILE HIS HELPERS GIVE OUT GIFTS**

Doors open at 11:00 / Lunch served promptly at 12:00
Santa arrives at 1:00

Gifts will be given out by age-youngest to oldest - *sorry, no exceptions*

Tickets: \$15 per Adult / \$20 per child

Party is open to staff members' children and grandchildren ages 0-10yrs

Tickets can be purchased in Human Resources at
Met (ext 52330) and Ouellette (ext 33023)

Advance Sales Only - DEADLINE TO PURCHASE IS NOV 23





Join today at

www.GrowOnWindsor.com

A LOCAL FUNDRAISING CAMPAIGN
IN SUPPORT OF CANCER AWARENESS,
RESEARCH & TREATMENT
FOR MEN LIVING IN WINDSOR/ESSEX

OFFICIAL SPONSOR OF GROW ON 2016

LISA & BRIAN SCHWAB



Turkey Pot Pie With Tea Biscuit Crust

Makes 4 Servings / Preparation: 20 min

Cooking Time: 20-30 minutes

INGREDIENTS

- 2 medium Potatoes, peeled and cubed
- 2 medium Carrots, peeled and sliced
- 1 can (10 oz) cream of chicken, celery, mushroom soup
- 1 large Onion, chopped
- 1/4 cup chicken broth
- 2 cups cubed cooked turkey or chicken
- 1 cup quartered Ontario Mushrooms
- 1 cup frozen green peas, thawed
- 1/4 tsp dried thyme
- Pinch black pepper
- 1 1/2 cups tea biscuit mix
- 2 tbsp chopped fresh parsley
- 1/3 cup milk

METHOD

In 8 cup (2 L) round microwavable heatproof casserole, combine potatoes, carrots, onion and chicken broth. Cover and microwave at High for 10 to 12 minutes or until vegetables are almost tender, stirring twice during cooking. Stir in turkey, mushrooms, peas, soup, thyme and pepper until evenly combined, smoothing top. Set aside. In small bowl, combine biscuit mix and parsley; stir in just enough milk to make a soft, sticky dough. Turn out onto floured surface and knead 6 to 8 times. Roll or pat into circle to fit casserole. Place dough on filling (don't worry if it falls apart, just pat together). Cut a few steam slits in topping. Bake in preheated 400°F (200°C) oven until top is golden brown and filling is bubbly, 20 to 25 minutes. Let stand 5 minutes before serving. Microwave recipes tested in a 700-watt microwave oven. Power level terminology in microwave ovens varies; check your owner's manual and use whichever word or number gives you the same percentages as in the recipe (High is always 100%). If your oven differs, cooking times may vary.

NUTRIENTS Per Serving (1 1/2 cup) :

Calories: 436; Protein: 29g; Total Fat: 10g; Carbohydrates: 57.5g

IN HONOUR OF THE ONES WE LOVE

PRESENTS THE 6TH ANNUAL

POTATO FEST

THURSDAY DECEMBER 1ST, 2016
11AM TO 2PM
ST. CLAIR COLLEGE OF APPLIED ARTS
201 RIVERSIDE DRIVE WEST

POTATO SOUP

ALL YOU CAN EAT \$10 PER PERSON

POTATO MARTINIS
Choice of Yukon Gold Whipped or Carrot and Leek smashed with Crisp Fried Onion, Cheddar Cheese, Blue Cheese, Sour Cream, Whipped Butter

BAKED POTATO BAR
Oven Baked Russet Potatoes, Whipped Butter, Fresh Chives, Bacon Bits, Cheddar Cheese, Sour Cream, Sauteed Button Mushrooms

FRESH CUT FRIES
Chili, Cheese, Sauce, Green Onion, Black Olives, Sour Cream, Cheese Curds, Gravy

SALAD BAR
Baby Potato Salad with Sour Cream and Chive, Nicose with Tuna, French Beans and Olives, Warm Potato Salad with Dijon Vinaigrette

Come join the fun, bring family and friends!
For Tickets Call 519-966-2960 or
Email tina@inhonour.ca

Proceeds to benefit In Honour of The Ones We Love

Ouellette Campus location

Armando's PIZZA **WRH EMPLOYEES SPECIALS!**

Feast on these Takeout Offers!

2 Large Pizzas
2 large cheese pizzas + 3 toppings **\$29.95 + tax**

Extra Large Pizza
Extra large cheese pizza + 3 toppings, house salad and 4 cans of pop **\$25.95 + tax**

To order, call ext. 31110 (allow 30 minutes notice)
Offer valid Monday - Friday between 2pm - 7:30pm
Latest offerings, visit facebook.com/armandospizza.wrh.ouellette

VENDORS ON DISPLAY

(NOVEMBER 21-NOVEMBER 25, 2016)

MET CAMPUS:
Unique Books, Lories Glass, Skincare Products, Janet Fashions, Dianas Gifts, Little Red Door, Adrian Kids Clothing, Custom Essentials, Azara Boutique

OUELLETTE CAMPUS:
Janet Fashions; Home Instead; Lories Glass; Tupperware; Quick Wicks; Funky Living

Please note: Vendors subject to change

