

The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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## WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at: frontlinetribune@wrh.on.ca

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## One CAN Make A Difference!

The holiday season has arrived and it is an important time every year to give back to our community and help those in need.

The One CAN Make a Difference campaign in support of The Downtown Mission begins Thursday, December 1, 2016 and runs through December 24, 2016. Last year, more than 3,000 non-perishable food items and hygiene products were donated to this local organization which serves more than 240 meals a day to the homeless and disadvantaged in our community.

"We are thankful for the support Windsor Regional Hospital has given to help those living in poverty," says Ron Dunn, Executive Director of the Downtown Mission. "With a 61% increase from the working poor using our food bank, your donations are timely and extremely appreciated."

Please drop off your donation at bins located in the Goyeau lobby at Ouellette Campus, the main lobby at the Met Campus, as well as the Cancer Centre lobby.



Phone Above: David Musyj, CEO of Windsor Regional Hospital and Ron Dunn of the Downtown Mission.

## Lots Of Ways To Give Back To Our Community

There are many ways in which Windsor Regional Hospital staff give back to our community, whether it's through supporting a corporate initiative or through an individual or team effort.

Tell us how you or your team is demonstrating "Compassion for Community" so that we can applaud staff efforts to support charitable endeavours. We'd like to compile a list for the WRH web page so that we cannot only applaud efforts by WRH individuals and teams, but also highlight the organizations who are supporting and encouraging others to do the same.

Some of the many groups supported in the past have included the United Way, Windsor Goodfellows, Street Help, Children's Aid Society, Hiatus House, Drouillard Place and many others.

Windsor Regional Hospital recognizes that we have many individuals, teams and departments who care about our community and we applaud all of your efforts in supporting a variety of charitable endeavours.

Let us know your plans by emailing Steve Erwin, Manager, Government and Community Relations, Corporate Communications at ext. 33350 or by email at steve.erwin@wrh.on.ca.



# **UPCOMING EVENTS**

**NOV** 

Preschool Asthma Workshop

Time: 5:30pm Serbian Centre 6770 Tecumseh Road East, Windsor

In Honour Of The Ones We Love 6th Annual Potato Fest

Time: 11:00am St. Clair Centre For The Arts 201 Riverside Drive West, Windsor

WRH Children's Holiday Party

Christmas Craftmania! Ciociaro Club 3745 North Talbot Road, Windsor

**DEC** 

**WRH Holiday Social** 

2:00pm - 4:00pm / 11:00pm - 1:00am Met, Clinical Ed Room, Lobby Ouellette, Boardroom / Mezzanine

JAN Europro Vertical Climb

Time: 8:30am

1 Riverside Drive West, Windsor

T2B 20th Anniversary XX Gala

Time: 6:00pm Caesars Windsor 377 Riverside Drive East, Windsor

In Honour of the Ones Gala

Ciociaro Club 3745 North Talbot Road, Windsor

MAR Hats On For Healthcare Day

hats-on@wrh.on.ca www.hatsonforhealthcare.com

**WRH Annual Charity Golf Tournament** 

Essex Golf & Country Club 7555 Matchette Road, LaSalle



Clean your hands when entering the room or cubicle and before touching the patient or any object or furniture in the patient's environment. This protects the patient and his/her environment from microorganisms carried on your hands from the hospital care environment (e.g., nursing station), other patients/ environments, or from yourself.

## **WRH Participates In Career Day**

Several Windsor Regional Hospital staff members were on hand for a Career Day held at Catholic Central High School on November 23, 2016 that provided inspiration for many female students considering careers in health care!

The third annual Career Day event included a diverse group of women professionals from the community to encourage and empower young women in considering a variety of career pathways.

The event was coordinated by Windsor Women Working with Immigrant Women, whose motto is "Breaking Barriers" to signify the importance of removing career barriers for all women including those of diverse backgrounds in our community.

"It was truly a rewarding two hours with the young girls at Catholic Central," said Manmander Matharu, WRH Nuclear Medicine Technologist. "Our booth rocked and everyone was amazing! My sense is that the others who came today were equally rewarded by this experience."

Thank you to those who attended on behalf of WRH, which in addition to Manmander included Jennifer Burton-Liang (Child Life Specialist), Denise St. Louis (Coordinator for District Stroke Centre Windsor-Essex), Sherri Franz (Coordinator for Corporate Improvement Initiatives) and Patricia Reid (Volunteer).







Windsor Regional Hospital Staff at Catholic Central High School for Career Day.

Photos:

# **VENDORS ON DISPLAY** (NOVEMBER 28 - DECEMBER 2, 2016)

#### **MET CAMPUS:**

Brands 4Less, Just Jewellery, Lemontree Jewellery, Tote n' Tutu, Nili, J & S Creations, Casual Line, Friends Corner, Rhondas Crafts

> **OUELLETTE CAMPUS:** Nili, Casual Line, Funky Living

Please note: Vendors subject to change

#### INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



**Stacey Guthrie** 6E - INPATIENT SURGICAL



Chariklia Iossifidis RETAIL SERVER CAFETERIA



Lipi Patel GIFT SHOP VOLUNTEER **VOLUNTEER SERVICES** 



**Hoa Phan** PHARMACIST PHARMACY



## 2016/2017 FAMILY GIVING CAMPAIGN

The Family Giving Campaign at Windsor Regional Hospital (Ouellette and Metropolitan campuses) is designed to provide staff, professional staff, Board members and volunteers an opportunity to give back to their hospital. Whether one has worked at the hospital for a few months or several years, we realize how fortunate we are to be associated with this dynamic organization (Windsor Regional Hospital). Each day we see first-hand the positive difference in the lives that we touch when we give and the satisfaction knowing that we are helping patients and families with enhanced care through medical equipment purchases or improving programs and services

Often, when appealing to the community for support, they will ask, what have we done before they can make a decision to assist the hospital. Through the Family Giving Campaign, we can proudly state, we too have responded and done our share to support hospital and healthcare in our community.

Thank you for your consideration to support the Windsor Regional Hospital Family Giving Campaign. Many incentives are available to you simply by making a commitment

#### CAMPAIGN RUNS UNTIL DECEMBER 2, 2016

100% of your contribution will support the fund(s) of your choice. All participating employees will be entered into a draw for prizes

By donating to the Family Giving campaign, all donors will also qualify for a WestJet Voucher to fly to destinations within WestJet territories. After all prize draws on December 2, 2016, the WestJet prize will be drawn from all donor entries!

For more information on the Family Giving Campaign, please contact Brandon Osborne, Ext.52449 or brandon.osborne@wrh.on.ca

Complete your pledge online at www.wrhfamilygivingpledge.ca and be eligible to win a Ted Farron Gourmet Butcher Shop Family BBQ Package (Value \$325)





#### This past summer, they swam for glory in Rio. This December, they'll do it right here in Windsor!

See the world's best swimmers from 176 countries as they compete for world championship glory at the 2016 FINA World Swimming Championships (25m).

Don't miss your chance to experience this once-in-a-lifetime event up close and in person at the WFCU Centre. Tickets are available online at finawindsor2016.com.

Get 20% off
(Use promocode WINDSORWORLDS)

## **GET YOUR TICKETS NOW!**















## Divas Delight Event Raised \$30,000 For Windsor Regional Hospital

The Do Good Divas "A Girl's Night Out in Handbag Heaven" Gala proved to be another resounding success! Up to 900 attendees enjoyed an opportunity to view and bid on several hundred, unique and diverse handbags including celebrity options from artist Carlos Santana, Olympian Kylie Masse and a custom-made Italian purse donated by Dr. Raj Basker, Chief of Psychiatry to name a few.



Photo Above: On stage, donating \$30,000 to the Windsor Regional Hospital's Mental Health Program are: Diva Vickie Granger, Gale Simko-Hatfield, President, Do Good Divas, Diva Dude, Ron Foster, Executive Director, Windsor Regional Hospital Foundation, Diva Lindsay Lovecky and, Percy Hatfield, MPP Windsor-Tecumseh and Do Good Diva Dude Emcee.



Write a letter to santa

DECORATE A GOOKIE

GREATE A SPECIAL KEEPSAKE

# Take a photo with santa!! WHILE HIS HELPERS GIVE OUT GIFTS

Doors open at 11:00 / Lunch served promptly at 12:00 Santa arrives at 1:00

Gifts will be given out by age-youngest to oldest - sorry, no exceptions

#### Tickets: \$15 per Adult / \$20 per child

Party is open to staff members' children and grandchildren ages 0-10yrs

Tickets can be purchased in Human Resources at Met (ext 52330) and Ouellette (ext 33023) **Advance Sales Only - DEADLINE TO PURCHASE IS NOV 23** 



**HEART & STROKE BARNETT MEMORIAL LECTURESHIP** AND VISITING **PROFESSORSHIP** 

## PARAMETER OPTIMIZED TREATMENT FOR **ACUTE ISCHEMIC** STROKE PATIENTS

## Friday, December 2, 2016 11:45-13:00 hrs EST

11:45 hrs Heart & Stroke Foundation Welcome - Ms. Tara Monteith | 11:50 hrs Tribute to Dr. Henry Barnett - Dr. David Spenc 12:00 - 13:00 hrs Presentation - Dr. Adnan Qureshi

WRH Viewing: Ouellette Campus - Harrow Room / Met Campus - Meeting Room 1

#### PRESENTER



Dr. Adnan Qureshi

#### DESCRIPTION

Funded by the Heart and Stroke Foundation, in recognition of Dr. H.J.M. Barnett's outstanding contribution to the field of stroke. The Lectureship is hosted by Ontario medical schools on an annual rotation basis. The objective is to provide a forum where a distinguished expert in the field of cerebrovascular disease addresses current research and clinical practice.

#### **OBJECTIVES**

By the end of the program, participants will be able to:

1. Summarize the parameters that determine the results of both intravenous thrombolytic treatment acute ischemic stroke

2. Identify strategies for optimizing the parameters for such treatments

3. Implement recent changes in guidelines for treatment of acute ischemic stroke

#### Ontario **OTN Site Coordinators Only** Telemedicine

Please self-register your site Network (OTN) https://schedule.otn.ca/ tsm/portal/nonclinical/ Contact details.do?request. requestId=62503769 your OTN Telehealth Coordinator

If participating from outside Ontario OR to claim Mainpro+ or Group Learning Activity (Section 1) credits when viewing on Live Webcast, you are

OTN Live and Archived Webcast

http://webcast.otn.ca/

NOSM Live and Archive Webcast

> Requires pre-registration Register by December 1, 2016

(Long apply)

Audio

line

1-905-415-6676

your system



















## Spicy Thai Squash Soup

Makes 6 servings Preparation: 45min

#### **INGREDIENTS**

- 1/4 cup Kraft Asian Sesame Dressing
- 1 onion, chopped
- 1 tsp. red curry paste
- 3 cans (10 fl oz/284 mL each) 25%-less-sodium chicken broth
- 1 butternut squash (2 lb./900 g), peeled, cubed
- 1/2 cup Philadelphia Light Cream Cheese Product
- 1/4 cup chopped fresh cilantro

#### **METHOD**

Heat dressing in large saucepan on medium-high heat. Add onions; cook and stir 5 min. or until crisp-tender. Stir in curry paste, then gradually stir in broth until blended. Add squash; stir. Bring to boil; cover. Simmer on medium heat 15 min. or until squash is tender, stirring occasionally. Blend vegetable mixture, in small batches, in blender until smooth. Return to saucepan. Add cream cheese product and cilantro; stir. Cook 3 to 5 min. or until cream cheese is completely melted and mixture is well blended, stirring frequently with whisk.

#### NUTRIENTS Per Serving (1 cup):

Calories: 160; Protein: 5g; Total Fat: 6 g; Carbohydrates: 22g; Sodium 530mg



SUNDAY, JANUARY 15, 2017

ONE RIVERSIDE DRIVE WEST, DOWNTOWN WINDSOR

WWW.VERTICALCLIMB.CA



IN HONOUR OF THE ONES WE LOVE

## **BAKED POTATO BAR**

Oven Baked Russet Potatoes, Whipped Butter, Fresh Chives, Bacon Bits, Cheddar Cheese, Sour Cream, Sauteed Button Mushrooms

#### FRESH CUT FRIES

Chili, Ch<mark>eese, Sauce, Green Onion, Black Olives, Sour Cream, Ch</mark>eese Curds, Gravy

#### SALAD BAR

Baby Potato Salad with Sour Cream and Chive, Nicose with Tuna, French Beans and Olives, Warm Potato Salad with Dijon Vinaigrette

Come join the fun, bring family and friends! For Tickets Call 519-966-2960 or Email tina@inhonour.ca

Proceeds to benefit In Honour of The Ones We Love

