



FRONTLINE TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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First Students In Canada Test Da Vinci Robotics At WRH Met Campus

Students from schools around Windsor and Essex County had a rare opportunity this month to get a hands-on, up close look at the state-of-the-art technology that is saving the lives of many cancer patients.

The event on November 26, 2016 allowed students to perform simulated surgeries based on the Da Vinci SI robotic technology that has been used on more than 100 prostate surgeries since 2014 as part of the Dr. Richard Boyd Regional Comprehensive Men's Health Program at Windsor Regional Hospital (WRH).

The event was organized by WEtech Alliance in partnership with WRH and Minogue Medical, which is the exclusive distributor of the Da Vinci robotics technology in Canada.

Danny Minogue, CEO of Minogue Medical stated, "These were the first high school students in Canada to get this hands-on opportunity," adding that the company was "delighted to have been able to help; the future looks very bright for your students."

Irek Kusmierczyk, Director of Partnerships at WEtech Alliance and also a Windsor City Councillor, said the event was "not just about advancing health care, its about inspiring young people to go into science, technology, engineering and the mathematics fields. This is economic development!" Kusmierczyk stated in an interview with The Windsor Star: "Inspiring these young people to be the next innovators, to be the next job creators, to be the next surgeons, the next doctors and the next nurses indicates that it is a phenomenal program."

Stacey Dusik, OR Manager, Met Campus, joined Windsor Regional Hospital after working at Detroit's Henry Ford Hospital, which is where she got the idea for the student event. She said the da Vinci SI Robot, which has been in use at Met Campus since 2014, is the 'community's robot' and has been used for more than 110 prostatectomies to date.

Thank you to Irek Kusmierczyk, our guests from Minogue Medical and the Schulich School of Medicine and Dentistry, and our own Stacey for taking time on a Saturday to help educate bright young clinical minds of the future!



WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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@WRHospital



Visit our website for more information at www.wrh.on.ca

UPCOMING EVENTS

- DEC 07** **Provincial Stroke Rounds**
Time: 8:00am
Ouellette, Harrow Room
Met, Admin Conference Room #1
- DEC 13** **WRH Holiday Social**
2:00pm - 4:00pm / 11:00pm - 1:00am
Met, Clinical Ed Room, Lobby
Ouellette, Boardroom / Mezzanine
- DEC 15** **Dedicated Years of Service**
Time: 1:30pm - 4:30pm
6:00pm - 9:00pm
Ouellette Campus, Tecumseh Room
- DEC 16** **Dedicated Years of Service**
Time: 1:30pm - 4:30pm
6:00pm - 9:00pm
Met Campus, Clinical Education
Conference Room
- JAN 15** **Europro Vertical Climb**
Time: 8:30am
1 Riverside Drive West, Windsor
- JAN 28** **T2B 20th Anniversary XX Gala**
Time: 6:00pm
Caesars Windsor
377 Riverside Drive East, Windsor
- FEB 04** **In Honour of the Ones Gala**
Ciociaro Club
3745 North Talbot Road, Windsor
- MAR 01** **Hats On For Healthcare Day**
hats-on@wrh.on.ca
www.hatsonforhealthcare.com
- MAY 25** **WRH Annual Charity Golf Tournament**
Essex Golf & Country Club
7555 Matchette Road, LaSalle



An emerging disease is one that has appeared in a population for the first time, or that may have existed previously but is rapidly increasing in incidence or geographic range.

ONE CAN

MAKE A DIFFERENCE FOOD DRIVE CAMPAIGN



DECEMBER 1 - 24, 2016
MET CAMPUS - MAIN LOBBY
OUELLETTE CAMPUS - MAIN LOBBY
CANCER CENTRE LOBBY

VENDORS ON DISPLAY (DECEMBER 5 - 9, 2016)

MET CAMPUS: Kidbits, Azara Boutique, Coconut Oil of Canada, Sarah's leggings, Those Shortbread, Home Instead, Shopping Services, Quick Wicks, Just Jewellery, Unique Books, Lories Glass, Funky Living

OUELLETTE CAMPUS: Grandmothers 2, Unique Books & Gifts, Little Red Door, Kidbits

Please note: Vendors subject to change

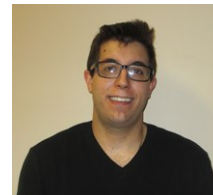
INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Breanna Marchand
RPN
8E NEUROSURGERY



Scott Hale
BUS DRIVER / PORTER
CENTRAL SUPPLY ROOM



Matt Wisby
CSR TECH
MED. DEVICE REPROCESSING



Allison Sprague
REGISTERED NURSE
INPATIENT SURGERY



HOLIDAY SOCIAL

TUESDAY, DECEMBER 13

ALL EMPLOYEES, PROFESSIONAL STAFF & VOLUNTEERS

Windsor Regional Hospital will be holding a Holiday Social with sandwiches, vegetables with dip, fruit, coffee and tea in exchange for a small \$2.00 donation. Proceeds will benefit the Unemployed Help Centre, which provides programs and services to assist local unemployed and underemployed individuals and their families.

SANDWICHES • VEGGIE TRAYS • DESSERTS • COFFEE/TEA

2PM - 4PM

MET CAMPUS
(Clinical Education Conference Room)

OUELLETTE CAMPUS
(Boardroom)

MCDUGALL & LEAMINGTON (special delivery times)

11PM - 1AM

MET CAMPUS
(Lobby Level)

OUELLETTE CAMPUS
(Mezzanine)

Windsor ComiCon Online Auction Coming Soon

On Thursday, December 8, 2016 from 3:00 pm to 9:00 pm, Windsor Regional Hospital staff will have an opportunity to bid on some fantastic autographed posters of personalities who attended ComiCon 2016 at Caesars Windsor.

There are a total of 13 posters from such notables as Lou Ferrigno, known for his title television series The Incredible Hulk; Tia Carrere, who was in Wayne's World and in General Hospital as Jade Soong Chung as well as in the 1985 American television series, Airwolf; Ann Mahoney, for her role as Olivia in The Walking Dead; Ryan Hurst, who was Opie Winston in Sons of Anarchy and Marina Sirtis, best known as Counselor Deanna Troi on television's Star Trek: The Next Generation series and many more!

To bid on one or more of the posters on December 8th, 2016 go to www.wrhone.ca.



Windsor Airport Staff Support Children At WRH

They are not just flying around the country everyday! The YQG Windsor Airport staff held barbeques during the summer and raised over \$1500, donating to Paediatric Child Life Services. They went on a shopping spree and purchased ten DVD players, DVDs, gift certificates and stuffed animals to help kids cope when in the hospital for treatment and surgeries.



Photo above:
Donating their gifts are Joan Dunn with YQG Air Canada Jazz;
Jennifer Burton Liang, Paediatric Child Life specialist; and Donna Bartlett,
YQG Gateway (Windsor) Inc.



The Toronto Stroke Networks invite you to participate in Provincial Stroke Rounds via videoconference or webcast:

Title: *Driving and Stroke: A Clinical Roadmap for Rehabilitation across the Continuum of Care*

Date/Time: **Wednesday, December 7, 2016**
0800-0900 hours EST

Room: **Ouellette Campus: Harrow Room**
Met Campus: Met Admin Conference Room #1

Presenter: **Michael Cammarata**
OT Reg. (Ont.), Ph.D. student, McMaster University

Host Site: **St. Michael's Hospital**
(Site 0228 System 03)

Objectives: **At the end of this presentation, the target audience will be able to:**

1. Describe the experience of license suspension after stroke and (potential) return-to-driving from a patient's point of view
2. Utilize practical tips to help clients with transportation and/or driving needs after stroke
3. Describe a brief overview or strategy for assessment and intervention, using the Dr. Shawn Marshall et al.'s conceptual model of driving as a guide

Target Audience: **Physicians, health care professionals** interested in stroke care

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 1 Mainpro+ credits.

Claiming your credits: Please submit your credits for this activity online at www.cfpc.ca/oggln. Please retain proof of your participation for six (6) years in case you are selected to participate in credit validation or auditing.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, approved by the Continuing Education and Professional Development Office Northern Ontario School of Medicine for up to 1 hour.

Audio line (long distance rates apply): 905-415-6663

Webcast: **Live and Archived Webcast**
<http://webcast.otn.ca/mywebcast?id=55008228>



Greg Monforton AND PARTNERS INJURY LAWYERS

EUROPRO

VERTICAL CLIMB 2017

EUROPRO WINDSOR REGIONAL HOSPITAL FOUNDATION

EVERYONE CAN "RUN VERTICAL" - AGES 12 & UP!

STEP UP YOUR GAME AND REGISTER TODAY!
SUNDAY, JANUARY 15, 2017
 ONE RIVERSIDE DRIVE WEST, DOWNTOWN WINDSOR
WWW.VERTICALCLIMB.CA

Eating At Holiday Work Parties



Appetizers and Hors d'oeuvres

- Get involved. There's usually a list for coworkers to volunteer to bring dishes for the party, so sign up! You can make a heart-healthy item, giving yourself at least one good option to enjoy.
- Come prepared. If the party is during lunch, eat a healthy breakfast followed in midmorning. Buy a high-fiber snack, such as an apple or a small handful of almonds. If the party is after work, enjoy a protein-packed lunch like grilled fish or chicken with a salad and then later in the afternoon have another high-fiber snack. If you're not too hungry attending the party, it's easier to avoid over eating.
- Map it out. Avoid loading up on foods that are fried, buttered or have a lot of cheese and cream. Even though the portions may be small, these fat-laden bites can really pack a punch. Look for fruit, veggies and dip, whole-grain crackers, and baked or grilled items.

Desserts

- Use the buddy system. By splitting a dessert with someone, you can cut the calories and fat in half and avoid being wasteful. It's a win-win!

Beverages

- Mix it up. If alcohol is being served, alternate each glass with a glass of water. This will help reduce your thirst while filling your stomach and you'll consume fewer calories.
- Watch seasonal drinks. Many holiday beverages have so much added sugar, they may as well be a dessert. Keep in mind what else you've eaten; it may be best to enjoy these drinks on another day.

Remember to Stay Physically Active!

The holiday season is about family and food – and all too often, adding a few extra pounds to our waistlines. Being physically active throughout the entire year is important to maintaining a healthy weight. The American Heart Association recommends that children (up to age 18) get at least 60-minutes per day and adults get at least 150-minutes per week of moderately vigorous physical activity. Keep your family physically active when the weather gets chilly with these tips:

- Go sledding, Ice skate or just shovel the snow.
- Go for an afternoon or evening walk, jog or run – and bring the dog! As long as you're dressed warmly (see our tips on dressing warm for cold weather workouts), any time of day can be enjoyable weather for taking a stroll or a jog. Winter days are shorter, so start early enough to finish before it gets dark.
- Visit the local community center for a game of indoor basket ball with friends and family. This is also a great way to entertain out-of-town guests. Grab a basketball, some jump ropes or a volleyball for a couple of hours of fun physical activity!

Fina

WITNESS THE STARS OF RIO AND OUR OWN KYLIE MASSE. RIGHT HERE!

WINDSOR ONTARIO CANADA 2016

Fina WORLD SWIMMING CHAMPIONSHIPS (25M)

Photo Credit: Swimming Canada/Doreen Colbourne

This past summer, they swam for glory in Rio. This December, they'll do it right here in Windsor!

See the world's best swimmers from 176 countries as they compete for world championship glory at the **2016 FINA World Swimming Championships (25m)**.

Don't miss your chance to experience this once-in-a-lifetime event up close and in person at the WFCU Centre. Tickets are available online at finawindsor2016.com.

Get 20% off
 (Use promocode [WINDSORWORLDS](#))

GET YOUR TICKETS NOW!

