



FRONTLINE DECEMBER 12, 2016 TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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@WRHospital

INTRODUCING CANSWERS CENTRE LIVE! An Interactive, live webcast discussion from the Windsor Regional Hospital Cancer Centre

Last week, Windsor Regional Hospital and the Erie St. Clair Regional Cancer Program launched CANSWERS CENTRE LIVE!, a monthly, live Facebook discussion for anyone affected by cancer. The live webcast offers patients, survivors and their loved ones an opportunity to connect directly with others who understand what they are going through and can answer questions in real time.

CANSWERS CENTRE LIVE will stream monthly on the Windsor Regional Hospital and Erie St. Clair Cancer Program Facebook pages. Windsor Regional Hospital Communications Manager, Allison Johnson will host the discussion which will feature a new topic and different guests each month.

The idea stemmed from a discussion at the Cancer Program's retreat earlier this year during a brainstorm session about how to better meet patients' emotional needs.

"We want to be there for people. We have an awesome team," said Monica Staley Liang, Regional VP, Erie St. Clair Cancer Program during the launch, "But a lot of our patients questions and concerns are specific to them. They need to speak to someone who has experienced their journey."

The topics chosen will address the most common questions/concerns identified by patients at the centre and guests will include patients whenever possible.

The launch had more than 3,000 views in the first day. The pilot webcast entitled "I HAVE CANCER, NOW WHAT?" will stream live on Facebook on Wednesday, December 14, 2016 at 7 pm and the first regularly scheduled webcast entitled CANCER AT CHRISTMAS will follow on Wednesday, December 21, 2016 at 7 pm.

Individuals can ask questions on Facebook during the live webcast or in advance. Email questions to CanswersCentre@wrh.on.ca.

CANSWERS CENTRE Live!



Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

DEC 13 **WRH Holiday Social**
2:00pm - 4:00pm / 11:00pm - 1:00am
Met, Clinical Ed Room, Lobby
Ouellette, Boardroom / Mezzanine

DEC 15 **Dedicated Years of Service**
Time: 1:30pm - 4:30pm
6:00pm - 9:00pm
Ouellette Campus, Tecumseh Room

DEC 16 **Dedicated Years of Service**
Time: 1:30pm - 4:30pm
6:00pm - 9:00pm
Met Campus, Clinical Education
Conference Room

DEC 16 **Ugly Holiday Sweater Day**
Wear your ugly sweater and win!
Met and Ouellette Campuses

JAN 15 **Europro Vertical Climb**
Time: 8:30am
1 Riverside Drive West, Windsor

JAN 28 **T2B 20th Anniversary XX Gala**
Time: 6:00pm
Caesars Windsor
377 Riverside Drive East, Windsor

FEB 04 **In Honour of the Ones Gala**
Ciociaro Club
3745 North Talbot Road, Windsor

Congratulations to the Winners of the "Quality of WorkLife" Survey Draw!

Diego Betancourt, Pharmacy
Jackie Sarafinchin, Paediatrics



The seasonal influenza vaccine is designed to protect against the 3 or 4 influenza viruses that are most likely to spread and cause illness among people during the upcoming flu season. Flu viruses change constantly, so the strains that go into the vaccine are reviewed yearly and updated as needed, based on which viruses are making people sick, how much those viruses are spreading, and how well the previous vaccine protects against them.

Massey Health Care Science Course

The future of healthcare looks bright, judging by the two groups of Vincent Massey Secondary School students that visited Windsor Regional Hospital last week. The school offers a health care science course, so students have the opportunity to learn about their healthcare system. The experience and knowledge they receive from this course will help further their health care career paths. Students are excited about our healthcare system.

During their visit, Windsor Regional Hospital CEO David Musyj talked to the students about the new Windsor-Essex Hospitals System plan. "This hospital is for you and your families," Musyj told the students, "You are the future of healthcare."

Dr. Jeff Charron, the Massey Secondary School teacher supervisor, says the students are all interested in healthcare and the new hospital system offers them plenty to look forward to.

"When we first opened up this course, we were aiming at only 2 sections of students and exceed that with 4 sections. The students who signed up for this course have an interest in the healthcare system and are aware of the new mega hospital taking place. They are intrigued in what the new hospital entails, the details behind it and to have a better understanding of how it is going to help their future," said Charron.

Overall the presentation was successful and very informative for the students. They learned a lot, were engaged and seemed very intrigued in knowing when the next step of the mega hospital will be taking place.

Student Sarah Lewis says she is ready for a new hospital because of the anticipated use of technology and improved infection control. She's hoping, if all goes well, to be graduating from a medical related field around the same time the new hospital opens.



VENDORS ON DISPLAY (DECEMBER 12 - 16, 2016)

MET CAMPUS:

Lories Glass, Crafty Lady, Dianas Gifts, Debs Designs, Hooks & Needles, Thermal Clothing, Quick Wicks, Little Red Door, Sweet Occasion Chocolates, Just Jewellery, Azara Boutique

QUELLETTE CAMPUS: Thermal Clothing, Lories Glass, Debs Designs, Little Red Door

Please note: Vendors subject to change

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



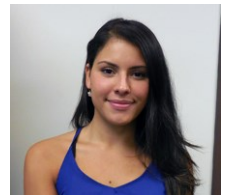
Amber Michaluk
RPN
6E INPATIENT SURGICAL



Paul Corscadden
BIOMED TECHNICIAN
BIO-MED RENAL



Meghan Wightman
RETAIL SERVER
CAFETERIA



Kimberly Salazar
REGISTERED NURSE
8E NEUROSURGERY



HOLIDAY SOCIAL TUESDAY, DECEMBER 13

ALL EMPLOYEES, PROFESSIONAL STAFF & VOLUNTEERS

Windsor Regional Hospital will be holding a Holiday Social with sandwiches, vegetables with dip, fruit, coffee and tea in exchange for a small \$2.00 donation. Proceeds will benefit the Unemployed Help Centre, which provides programs and services to assist local unemployed and underemployed individuals and their families.

SANDWICHES • VEGGIE TRAYS • DESSERTS • COFFEE/TEA

2PM - 4PM

MET CAMPUS
(Clinical Education Conference Room)

OUELLETTE CAMPUS
(Boardroom)

MCDUGALL & LEAMINGTON (special delivery times)

11PM - 1AM

MET CAMPUS
(Lobby Level)

OUELLETTE CAMPUS
(Mezzanine)

Kids Xmas Party A Blast

The Annual Christmas Holiday Party, held on December 4, 2016 at the Ciociaro Club saw kids engage in cookie decorating, making crafts and writing letters to Santa. And who should appear at the right time, Santa Claus himself! The 140 staff members and 128 children enjoyed an afternoon of holiday fun during the season of joy!



WRH Take Your Kids To Work Day An Eye Opener

A total of 52 children of parents who work at Windsor Regional Hospital attended the 'Take Your Kids To Work' Day held on November 2, 2016. Kids were welcomed in areas to see firsthand where their parents worked that included the Operating Room, Laboratory, Endoscopy, Pharmacy, Diagnostic Imaging, Mental Health, Physiotherapy and Facilities. From the photos, the kids seemed both very curious and appreciative of what their parents do for a living and by taking care of patients in many ways.



Greg Monforton AND PARTNERS INJURY LAWYERS

EUROPRO

VERTICAL CLIMB 2017

EUROPRO WINDSOR REGIONAL HOSPITAL FOUNDATION

EVERYONE CAN "RUN VERTICAL" - AGES 12 & UP!

STEP UP YOUR GAME AND REGISTER TODAY!

SUNDAY, JANUARY 15, 2017

ONE RIVERSIDE DRIVE WEST, DOWNTOWN WINDSOR

WWW.VERTICALCLIMB.CA

Employee & Retiree Recognition Open House

You are invited to join us for a reception tea recognizing your years of service & dedication to our patients, our hospital, and our community. Pick up your recognition pin and enjoy light refreshments and snacks

Ouellette Campus Boardroom
 Wednesday, December 14th, 2016
 2:00pm-4:00pm or 7:00pm-9:00pm

Met Campus Clinical Education Centre
 Friday, December 16th, 2016
 2:00pm-4:00pm or 7:00pm-9:00pm



Brussels Sprouts with Honey Garlic Glaze

Makes 4 servings
 Preparation: 20 min
 Cooking Time: 12 min



INGREDIENTS

- 1 lb Ontario Brussels Sprouts, trimmed
- 3 slices bacon, cut into 1/2-inch pieces
- 1/4 cup minced Ontario Onion or shallots
- 1 small clove Ontario Garlic, minced
- 1/4 cup liquid honey
- 1 tbsp red wine vinegar or cider vinegar
- 2 tsp Dijon mustard

METHOD

Cook Brussels sprouts in boiling water for 5 to 6 minutes or until tender-crisp; drain and let cool slightly. Cut in half through stems; drain well on paper towel. In large skillet over medium heat, cook bacon and onion for about 3 minutes or until onion is softened. Add garlic; cook for 1 minute. Stir in honey, vinegar and mustard; cook, stirring, until syrupy. Stir in Brussels sprouts to coat well; cook for 1 to 2 minutes or until heated through.

NUTRIENTS Per Serving :

Calories: 144; Protein: 6g; Total Fat: 3 g; Carbohydrates: 26g



Ugly Holiday Sweater Day At Windsor Regional Hospital

FRIDAY, DECEMBER 16, 2016

'TIS THE SEASON TO BE TACKY!

JOIN IN ON THE FESTIVITIES AND WIN A PRIZE FOR THE UGLIEST SWEATER



Tweet pictures to **@WRHospital** or email photos to **frontlinetribune@wrh.on.ca**
 First place goes to the best UGLY HOLIDAY SWEATER
 Winners at both campuses WIN AN OLD NAVY GIFT CARD



ONE CAN MAKE A DIFFERENCE FOOD DRIVE CAMPAIGN



DECEMBER 1 - 24, 2016
 MET CAMPUS - MAIN LOBBY
 OUELLETTE CAMPUS - MAIN LOBBY
 CANCER CENTRE LOBBY