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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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@WRHospital

An Award Designation Well Deserved

Congratulations to Erikka Johnson, RN Oncology Nurse who became the first recipient in Windsor-Essex of the de Souza Institute Nurse Designation, one of just 20 nurses in Ontario to receive the prestigious recognition.

The de Souza Institute is an innovative learning centre dedicated to cancer care excellence. Erikka had to complete extensive course work including a 75-hour fellowship, all designed to improve the knowledge and skills nurses require to care for cancer patients.

"Erikka is a shining example of our commitment to high quality patient care, professional development and outstanding nursing practice," stated Monica Staley, Vice President, Windsor Regional Cancer Services. "We feel her impact every day at the centre."

Established in 2008, the de Souza Institute in partnership with University Health Network, Cancer Care Ontario and funded by Ontario's Ministry of Health and Long Term Care, provides ongoing educational support, professional development and career counseling to nurses caring for cancer patients and families. It is an innovative learning centre dedicated to cancer care excellence, providing ongoing educational support and professional development to more than 9,000 clinicians.

"I have worked with Erikka for the last three years, mentoring her toward higher achievement," said Dr. Sindu Kanjeeal, Medical Oncologist with the Cancer Program. "She is an RN full of energy with a zest for life, absorbing all the information from everyone around her."

"This is so fitting for Erikka as the designation recognizes a nurse who can improve patient care, answer the questions patients may have and to educate the people around her to improve patient care," said Komal Patel, an advanced practice nurse educator with de Souza.

The demand for nurses with specialized skills in cancer care is continuing to grow. According to the Canadian Cancer Society, 2 in 5 Canadians will develop cancer within their lifetime and 1 in 4 Canadians will die of cancer.

For more information about the de Souza Institute, visit www.desouzainstitute.com



PHOTO ABOVE: (l to r)
Komal Patel and Erikka Johnson

UPCOMING EVENTS

MAR 02 **Hats On For Healthcare**
Locations throughout Windsor-Essex
www.hatsonforhealthcare.com

APR 12 **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Met Campus, Vendor Hallway

MAY 10 **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Ouellette Campus, Vendor Hallway

MAY 14 **Car Seat Clinic**
Time: 10:00am
Amherstburg Fire Station #1
271 Sandwich Street South

JUN 09 **WRH Annual Golf Tournament**
Essex Golf & Country Club
7555 Matchette Road, LaSalle

JUN 11 **Car Seat Clinic**
Time: 10:00am
Formula First Collision
9420 Tecumseh Road East

JUL 09 **International Dragonboat Races**
Tecumseh Waterfront Park
Riverside Drive. E at Manning Road

JUL 12 **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Met Campus, Vendor Hallway

AUG 09 **Blood Pressure Screening Clinic**
Time: 12:00pm - 3:00pm
Ouellette Campus, Vendor Hallway

SEP 10 **Car Seat Clinic**
Time: 10:00am
Windsor Fore Station 7
1380 Mathew Brady Avenue



Health care providers should maintain an increased awareness that, during influenza season, individuals presenting with acute, apparently non-infectious cardiopulmonary illnesses (e.g. congestive heart failure, exacerbations of chronic obstructive pulmonary disease or asthma) may have influenza and only half of patients admitted to hospital for influenza exhibit classic symptoms.



Employees are invited to take their chance – have \$5 per pay (per chance) deducted from their pay cheque and have an opportunity to win cash in a 50/50 Draw. The amount of the prize will vary each pay and is half of the pool of money contributed by employees. Draws will be held bi-weekly and the names of winners will be posted to the Windsor Regional Hospital website.

All funds raised will support WRH equipment purchases.

Employees who complete the form will be entered into the draw for the next pay. The names of winners are posted regularly to the Hospital's website. Please allow 45 days for posting. Winners will be notified by Foundation Office staff and monies will then be deposited to the employee's account.

For more information regarding the 50/50 draw please contact:

Brandon Osborne
519-254-5577 ext. 52449 Email: Brandon_Osborne@wrh.on.ca



We Care Pharmacy is now an authorized fitter and provider of Sigvaris Compression Stockings.

Most of the hospital Green Shield plans pay for compression stockings and there are a lot of newer styles to choose from including athletic and running, casual, dress socks, etc.

Visit the We Care Pharmacy at the Ouellette Campus for more information.
(Reminder free parking in the garage for staff visiting from the Met Campus)

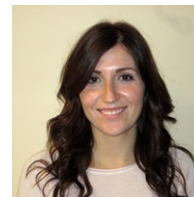
INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Shabbir Boxx
VOLUNTEER
VOLUNTEER SERVICES



Melissa St. John
RETAIL SERVER
GUEST SERVICES



Suzana Radonjic
REGISTERED NURSE
8 EAST NEUROSURGERY



Elizabeth Holding
RPN
6 WEST SURGERY



GET YOUR TICKETS FOR THE

"HATS ON" FOR HEALTHCARE NIGHT WITH WINDSOR EXPRESS

2016 CAMPAIGN SUPPORTING THE MENTAL HEALTH PROGRAM AT WINDSOR REGIONAL HOSPITAL

THURSDAY, MARCH 3, 2016 / 7:30PM

WINDSOR EXPRESS vs. LONDON LIGHTENING
WFCU Centre - 2727 McHugh Street

\$2.00 TICKETS

Purchase your tickets at the following locations:

Met Campus / Ouellette Campus
Public Affairs / Foundation Office



BBQ Pulled Chicken Sandwich

Makes 4 servings
Preparation: 30 min
Total Time: 40 min



INGREDIENTS

- 1 pound boneless, skinless chicken breast
- 1 3/4 cups cider vinegar
- 1/2 tsp crushed red pepper
- 3/4 tsp salt, divided
- 1/4 cup low-fat mayonnaise
- 1/4 tsp ground pepper
- 4 small soft buns or rolls
- 2 tablespoons sugar, divided
- 1/2 tsp cayenne pepper
- 1/2 cup buttermilk
- 1/2 tsp celery seed
- 1 package coleslaw mix

METHOD

Place chicken in a medium skillet or large saucepan and cover with 1 inch of water. Bring to a boil. Reduce heat and simmer gently, turning once or twice, until the chicken is no longer pink in the middle, 12 to 15 minutes. Meanwhile, combine vinegar, 1 tbsp sugar, crushed red pepper, cayenne and 1/4 teaspoon salt in a large saucepan over high heat. Bring to a boil. Cook until reduced by half, 8 to 10 minutes. Transfer 1 tablespoon of the sauce to a large bowl. Cover the pan and set aside. Shred the chicken into bite-size pieces with two forks. Stir into the sauce in the pan until well combined. Cover and let marinate for 10 minutes. Meanwhile, add the remaining 1 tablespoon sugar and 1/2 teaspoon salt to the sauce in the bowl; whisk in buttermilk, mayonnaise, celery seed and pepper. Add coleslaw mix and toss to combine. Serve the chicken on buns (or rolls) with the slaw and any extra sauce on the side.

NUTRIENTS Per Serving :

Calories: 327; Protein: 28g; Total Fat: 8 g; Carbohydrates: 32g; Sodium 798mg; Potassium 571 mg

CIOCIARO CLUB OF WINDSOR
CELEBRATES INTERNATIONAL WOMEN'S DAY
Friday March 4th, 2016

Proceeds to:

WINDSOR REGIONAL HOSPITAL
BREAST HEALTH CENTRE

Door Open at 6:00pm - Dinner to Follow
Walk Through Fashion Show:
Explore our Fabulous Beauty and Accessories Vendors
Tickets \$50 per person - Cash Bar

Kids Supporting Kids

Thanks to Grade 6 and 7 students at Our Lady of Perpetual Help Catholic School, a grant will support their request to provide art supplies to assist children in Paediatric Services at the Met Campus.

The grant of \$500 from the Windsor Essex Community Foundation will support an idea to work with the art therapy expert in Paediatrics Child Life Services, Jennifer Burton Liang and develop an interactive project with students participating and children in the hospital benefitting.

Grade 6/7 teacher, Teresa LaPorte states that the children want to help kids in the hospital and came up with an idea of art work as it provides a calming and soothing environment.



PHOTO ABOVE:
Grade 6/7 students at Our Lady of Perpetual Help Catholic School



Take part in the
"HATS ON" FOR HEALTHCARE DAY
WEDNESDAY, MARCH 2, 2016
 2016 CAMPAIGN SUPPORTING THE MENTAL HEALTH PROGRAM AT WINDSOR REGIONAL HOSPITAL

The 7th Annual "Hats On For Healthcare Day" is a fundraising initiative supporting Windsor Regional Hospital where individuals, organizations and companies can either participate by fundraising or sponsoring the event.

Participating individuals and organizations, together with their employees, members and clients are invited to put on their unique and creative head attire, make a \$2.00 donation for stickers or \$5.00 for buttons and take part in many entertaining activities to help raise funds for the Mental Health Program at Windsor Regional Hospital.

Participating in the 2016 "Hats On" For Healthcare is a great way for your department or unit to support Windsor Regional Hospital and show the community that our employees care about healthcare in the community.

Register your department or unit today and make a difference!
www.hatsonforhealthcare.com



ORDER A HEART SHAPED PIZZA
NUTELLA PIZZA OR CINNAMON STICKS
FEBRUARY 1ST - FEBRUARY 28, 2016

SUPPORT THE CARDIAC-ANGIOPLASTY PROGRAM



SOUTH WINDSOR
 519-969-1959
 4310 Howard Avenue
 (North Talbot Rd)



TECUMSEH
 519-979-9759
 1695 Manning Road
 (EC Row & Manning Rd)

*The Best Pizza in town or
 your money back...Every Penny!*

***\$1.00 from the sale of each heart-shaped menu item will be donated to
 Windsor Regional Hospital Cardiac-Angioplasty Program**

www.wrhone.ca



**WINDSOR REGIONAL
 HOSPITAL SPECIAL**

	MARCH 15 - 19
HUT OR DESERT ROOM	\$119
NOMAD ROOM	\$139
AFRICAN QUEEN SUITE	\$239
COMBINATION SUITE	\$289

Join us at Kalahari Waterpark Resort in Sandusky, Ohio for a special family getaway weekend! All standard reservations include waterpark passes for each registered guest. Start your registration by calling 877.525.2427 and mention Booking Code 23647.

ALL GUESTS RESPONSIBLE FOR ALL APPLICABLE TAXES. RESORT FEE \$14.99 PER ROOM. BASED ON AVAILABILITY ON THE 2015 DATES LISTED ABOVE.



KALAHARIRESORTS.COM / 1-877-KALAHARI / SANDUSKY, OHIO
 LOCATED ON RT. 250, JUST NORTH OF I-80, EXIT 118



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**PERKS FOR YOUR
 EMPLOYEES!**

Be rewarded with Great Wolf Perks. You're going to love winding down our water slides, dining in one of our Northwoods-themed restaurants and building great family traditions.

Windsor Regional Hospital

Save
20% OFF
 Best Available Rates

- Great Wolf Lodge® amenities include:
- 84-degree colossal indoor water park
 - Daily Wolf Walk™ and Story Time
 - Spacious Northwoods family suites
 - Fantastic specialty-themed restaurants – and much more!

So clear your calendar, pack the swimsuits and head to Great Wolf Lodge.

For more information or reservations, visit greatwolf.com or call 866.925.WOLF (9653).

USE CORPORATE CODE: WIND819A



Great Wolf Lodge- Sandusky
 4600 Milan Road
 Sandusky, OH 44870

Valid through December 30, 2016.

Includes water park admission the day you arrive through the day you depart.

Must present valid work ID or documentation at check-in.



Offer valid only at the property and dates listed above. Valid on a per night basis and must be mentioned at time of reservation based on 2016 best available rates. Limited number of rooms available for each date. May not be valid during holiday and blackout periods or combined with any other discount or promotional offers. Multiple night minimum stay may apply. Offer based on 4 guests per room and must have one individual 21 years of age or older staying in each room. Offer may be terminated at any time without notice. Offer is not transferable and is not redeemable for cash. Must present valid work ID or documentation at check-in. Limit of 2 rooms per valid ID. Additional charges may apply for themed and premium suites, weekends, and/or holidays.