



FRONTLINE TRIBUNE

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COMPASSION is our **PASSION**



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
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Windsor Regional Pharmacy Residency Receives Accreditation

Congratulations to Christine Donaldson, Director of Pharmacy Services at Windsor Regional Hospital and her team for achieving Accreditation status as a result of a survey review by the Canadian Hospital Pharmacy Residency Board. The Pharmacy Residency Program was awarded a four-year term – Accreditation with Review (annual) to December 2020.

In its response as a result of the survey report, the Canadian Hospital Pharmacy Residency Board commended Windsor Regional Hospital Pharmacy Services for its continued support and participation in residency training and encouraged the department to continue with enhancements to the residency program and pharmacy services. The Board also looks forward to the ongoing contributions of Windsor Regional Hospital to residency training within pharmacy services.



WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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facebook.com/windsorregionalhospital



@WRHospital

WINDSOR EXPRESS TICKETS WEDNESDAY, MARCH 8 - 7:00PM

WFCU CENTRE • TICKETS: \$5 EACH

Tickets available for purchase at the Public Affairs / Foundation Office at both Met and Ouellette Campuses



Visit our website for more information at www.wrh.on.ca

UPCOMING EVENTS

- MAR 08** **International Women's Day**
Ciociaro Club of Windsor
3745 North Talbot Road, Windsor
- MAR 08** **Windsor Express Game**
For "Hats On For Healthcare"
7:00PM, WFCU Centre
8787 McHugh Street, Windsor
- APR 22** **Country At Heart**
Sprucewood Estate Winery
7258 County Road 50, Amherstburg
- MAY 06** **Run For Windsor**
Windsor Waterfront Plaza
330 Riverside Drive East, Windsor
- MAY 25** **WRH Annual Charity Golf Tournament**
Essex Golf & Country Club
7555 Matchette Road, LaSalle
- JUL 09** **International Dragonboat Races**
Sandpoint Beach
10300 Riverside Drive East, Windsor
- OCT 26** **Do Good Divas "A Night In Handbag Heaven" Gala**
Giovanni Caboto Club
2175 Parent Avenue, Windsor

Survivor Day Celebrates Critical Care Excellence In Our Community

It was a proud afternoon for our community's first responders at "Survivor Day," an annual event that connects patients whose lives were in danger with the paramedics, hospital staff, firefighters, police officers and sometimes bystanders who saved them.

Remarkable stories were told of how our region's emergency personnel responded to patients in critical need. Many of those patients got to meet their rescuers for the first time at the event held at St. Clair Centre for the Arts.

"Once you get discharged and go home, we don't know what the outcome is," EMS Chief Bruce Krauter said in his welcoming remarks. "The survivors want to now who helped them out."

Stories were told that begin the moment a call is received about a critical incident, all the way to the point where the individual is receiving care at either of Windsor Regional Hospital campuses.

Windsor Regional Hospital's Dr. Paul Bradford acted as MC for the event and Dr. Michael Winger and District Stroke manager Denise St. Louis spoke to the importance of recognizing the signs of a stroke. Dr. Winger noted that there are some 400 stroke patients every year in Windsor and Essex County, and noted that we all need to learn and recognize the signs someone may be having a stroke, broken down by the acronym FAST. It stands for "Face" (does one side of the face droop?); "Arms" (is one arm weak or numb?); Speech (is it slurred?) and "Time" (if the person shows any of these symptoms, don't waste time, call 911 immediately).

Dr. Bradford said the number of stories told at the annual event has increased significantly and that it's an important opportunity each year to "celebrate" success in rescuing patients from critical injury and illness.

"The first time we did this we had five survivors. Now we have 31," he said. "It's days like today that show us why it's all worth it."



NATIONAL MEDICAL LABORATORY WEEK

APRIL 24 - 28, 2017



WHO recently published a list OFR antibiotic-resistant "priority pathogens" – a catalogue of bacteria that pose the greatest threat to human health. The "Priority 1" or critical list includes carbapenem-resistant Acinetobacter, Pseudomonas, and Enterobacteriaceae.

VENDORS ON DISPLAY (MARCH 6, 2017 – MARCH 10, 2017)

MET CAMPUS: Coconut Oil of Canada, Moniques Boutique, Just Jewellery, Hook & Needlecraft, Azara Boutique, Funky Living

OUELLETTE CAMPUS: Lories Glass, Home Instead, Little Red Door

Please note: Vendors subject to change

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Eva Siniarska
ADMINISTRATIVE ASSISTANT
HUMAN RESOURCES



Ryley Reis
REGISTERED NURSE
ANONYMOUS TESTING



Stephanie Eagen
REGISTERED DIETICIAN
CLINICAL NUTRITION



Mohammed Alhakani
PAEDIATRICS
VOLUNTEER SERVICES

2017 Hats On For Healthcare

DANgemus
REAL ESTATE TEAM LTD. Brokerage
presents

COUNTRY AT HEART

A Country Party to Benefit Windsor Regional Hospital's Intensive Care Unit

WINDSOR REGIONAL HOSPITAL FOUNDATION

April 22 2017 | **Sprucewood Estate Winery**

BBQFeast Dinner
Chicken & Ribs
Baked Potato Bar
Smores Bar
Candy Table

Entertainment
Pre-Dinner
Adam Butcher
Headliner
Ashley Lynn & The Spurs

TICKETS \$85 | **COUNTRYATHEART.CA** | **519-566-5565**

PROUDLY SUPPORTED BY



Safety Spotlight Presents...



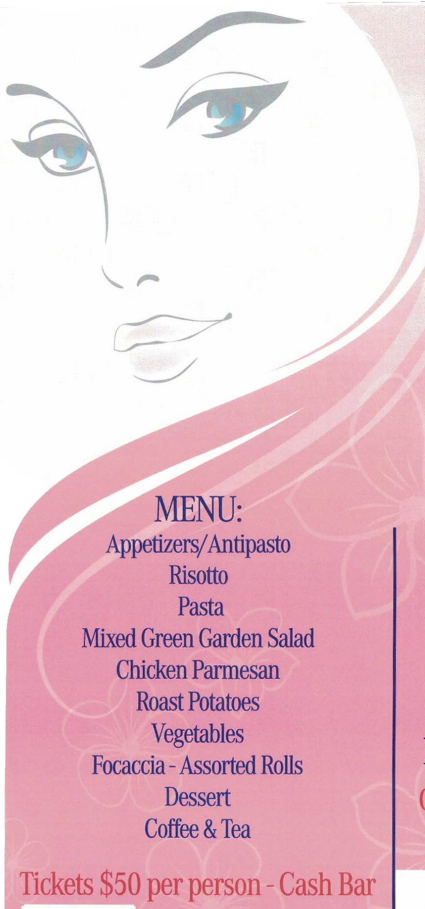
Kevin

Meet Kevin,

Kevin has been with WRH for 25 years, of which 15 years have been spent as a member of the Joint Health & Safety Committee (JHSC). Kevin is the Director of Corporate Services and currently acts as the Management Co-Chair of the Ouellette JHSC, and as a certified management representative at the Met JHSC.

Kevin enjoys being part of making the hospital safe, and if he could choose one safety word to describe himself, it would be diligent. His favorite line from a movie is "That rug really tied the room together".

Thanks Kevin for your time and dedication to both JHSCs!



CIOCIARO CLUB OF WINDSOR
CELEBRATES INTERNATIONAL WOMEN'S DAY
Wednesday March 8th, 2017



Proceeds to:
WINDSOR REGIONAL HOSPITAL
BREAST HEALTH CENTRE

Doors Open at 6:00pm
Dinner to Follow
Walk Through Fashion Show

Explore Our Fabulous Beauty & Accessory Vendors

One roundtrip flight for two guests, to any regularly scheduled WestJet destination donated by:



- MENU:**
- Appetizers/Antipasto
 - Risotto
 - Pasta
 - Mixed Green Garden Salad
 - Chicken Parmesan
 - Roast Potatoes
 - Vegetables
 - Focaccia - Assorted Rolls
 - Dessert
 - Coffee & Tea

Tickets \$50 per person - Cash Bar



For Tickets and Information please call:

- Anna Vitti** (519) 254-3355
Ilde Mariani (519) 991-2743
Anna Vozza (519) 919-3960
Rita Petrilli (519) 735-9496



UPCOMING AIDET TRAINING SESSIONS

- March 8, 2017 - Ouellette Campus, Essex Room**
- March 20, 2017 - Met Campus, Auditorium A & B**
- April 4, 2017 - Met Campus, Auditorium A & B**

Sign up for the next session today!

Email Linda McLean or Gisele Seguin at linda.mclean@wrh.on.ca or gisele.seguin@wrh.on.ca

BLACK TIE TAIL GATE

DUST OFF YOUR BOOTS

April 7th | WFCU Centre
GET YOUR TICKETS

call: 519-985-2608 email: Ashley.Weeres@wrh.on.ca
wecareforkids.org

Featuring Nashville Star
Jake Maurer



Follow US ON BTGWindsor @BlackTieTailgate



Nutrition Month



Eat Smart, Get Fit and Feel Great

FOOD FIGHT #1: Food Fads: Ugh! How do I know which information to trust?

Have you ever heard or read nutrition advice and thought, "wow that almost sounds too good to be true?"

We are all hungry for information about nutrition and health, but not all advice we see online or in media is evidence-based. In fact, much of it isn't; many recommendations aren't based on the best available science or may only tell you part of the story.

HOW DIETITIANS CAN HELP: As nutrition experts, dietitians can help you decide on and find factual information.

SPOT THE PROBLEM: There is so much nutrition information hitting me from all sides! I don't know what to believe. I'm not sure which online nutrition information is credible and which is not.

To help you sort through the noise and find the best available nutrition information, here are 5 tips to help you spot misinformation:

- Is the person or product promising a quick fix like fast weight loss or a miracle cure? If it sounds too good to be true, then it likely is! Making changes to your health means a commitment to eating well and exercising regularly. Check out the 'Your Health' section at www.dietitians.ca.
- Are they trying to sell you products such as special foods or supplements instead of teaching you how to make better food choices at home, at play, at work or while eating out?
- Do they provide information based on personal stories rather than on facts? Although it's nice to hear about a success story from a celebrity, it's not proof that something works or is true. Nutrition advice should be based on the best available scientific research. Dietitians are university trained, regulated health professionals who use tools such as PEN® to make sure they are basing their advice on the best available information.
- Is their claim based on a single study or a few research studies? Were the studies with animals or humans? Are you similar to the humans that were studied (age, gender etc.)? The stronger the study design, and the more studies available that draw the same conclusions, the stronger the evidence that something is true.
- What are the person's qualifications? Think about it: You wouldn't ask a celebrity how to build a safe bridge, you'd ask a professional engineer. You also wouldn't ask a celebrity to fill your cavity, you'd ask a dentist. The same thinking should apply for nutrition advice. Dig a little deeper and ask for credentials. The title "Dietitian" is protected by law, just like a nurse, dentist or pharmacist. Look for the initials "RD or PDT" to identify a Registered Dietitian