



FRONTLINE MARCH 20, 2017 TRIBUNE



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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
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Dr. Godfrey S. Bacheyie to Receive Herb Gray Champion Award

Medical Director of the Neonatal Intensive Care Unit (NICU) at Windsor Regional Hospital, Dr. Godfrey S. Bacheyie, has been nominated by the Multicultural Council of Windsor & Essex County to receive the 2017 Herb Gray Champion Award.

Dr. Bacheyie came to Canada in 1976 to join the Hospital For Sick Children in Toronto and in 1982 moved to Windsor to lead the development of the Neonatal Intensive Care Unit at the former Salvation Army Grace Hospital.

He has been the leading professional at Windsor Regional Hospital in the Neonatal Department, with a team which cares for about 500 premature babies annually.

The Champion Award is given to exceptional individuals who have shown their ability to promote the social equality of all cultures within their community. Dr. Bacheyie was fortunate enough to be able to further expand his medical credentials by utilizing the opportunities for education available here in Canada. He states that in Ghana, "The opportunity wasn't there. The best medical education I could get in Ghana was my MD degree. Canada gave me a chance to become a specialist in Paediatrics."

The Champion Award is for those who overcome the hardships faced when moving to a new country and give back to the community; however, Dr. Bacheyie has gone a step further by making progress in both Windsor-Essex and Ghana. On his feelings about receiving the award, Dr. Godfrey states that "I feel honoured. When people see what you're doing and recognize your work as positive enough to receive an award, that makes me feel honored."

This is not the first time Dr. Bacheyie is being praised for his contributions: he had received the Award for Excellence in Clinical Teaching for his work with the Hospital For Sick Children, the medal for the Relief of Poverty through MEDA Charitable Trust, amongst others.

Dr. Bacheyie's record of positive contributions even goes beyond the Windsor community, as he made several efforts in Ghana to help those in need after he witnessed the death of a little girl caused by dehydration. "The fact that the hospital, which was the only hospital in the area, wasn't able to provide basic medical care to save this little girl's life made me want to create change."



Photo above:
Dr. Bacheyie, Medical Director of the Neonatal Intensive Care Unit (NICU) at Windsor Regional Hospital.

Story continues on Page 2...

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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@WRHospital



Visit our website for more information at www.wrh.on.ca

UPCOMING EVENTS

- APR 22** **Country At Heart**
Sprucewood Estate Winery
7258 County Road 50, Amherstburg
- APR 29** **Healing To The Beat**
Fogolar Furlan Club
1800 North Service Road, Windsor
- MAY 13** **Run For Windsor**
Windsor Riverfront Plaza
Downtown Windsor
- MAY 25** **WRH Annual Charity Golf Tournament**
Essex Golf & Country Club
7555 Matchette Road, LaSalle
- JUL 09** **International Dragonboat Races**
Sandpoint Beach
10300 Riverside Drive East, Windsor
- JUL 17** **Rafih Auto Group Charity Golf Tournament**
Beach Grove Golf & Country Club
14134 Riverside Drive East, Windsor
- OCT 26** **Do Good Divas "A Night In Handbag Heaven" Gala**
Giovanni Caboto Club
2175 Parent Avenue, Windsor



NATIONAL MEDICAL LABORATORY WEEK

APRIL 24 - 28, 2017



Diarrhea is defined as loose/watery stools that are unusual for the patient without any other recognized cause (e.g. laxative use)

Dr. Godfrey S. Bachehie cont'd...

With the help of Windsor's Rotary Club 1918, he commissioned a Neonatal Intensive Care Unit at St. Joseph Hospital in Jirapa. He has also been seen working with the Star of God Children's Center in Ghana, which aims to relieve suffering and bring hope to children who are orphaned or vulnerable because they have lost one or both of their parents.

Along with providing outstanding medical care to sick individuals, Dr. Bachehie was involved with education. Since his work in Ghana, the number of qualified doctors in the region went from 10 to 25 in only a year. Hospitals received expansion in their education infrastructure, boreholes and recreational facilities to the education sector by the Rotarians, and an improvement in education performance from 31% in 2013 to 36.3% in 2014.

The ceremony will be held on Thursday, May 4th, 2017 at 6:15 pm at the Ciociaro Club of Windsor. Tickets and all other information is available at www.herbgraygala.com. If you would like to purchase a ticket(s) and be at a table with other hospital staff, please contact Gisele Seguin or email her at Gisele.Seguina@wrh.on.ca.

Written by Nikodem Rybarczyk, High School Co-Op Student

IMPORTANT INFORMATION

EMERGENCY CODES

It is important to dial **Ext.3333 for all Emergency Codes**. By dialing 3333, your call will be answered immediately. If you dial "0" for an Emergency Code, your call is being placed into a queue delaying the response.

NEED A DEPARTMENT EXTENTION?

Instead of calling the switchboard for an extension, you can reach the Nuance Voice Activated Calling System by dialing Ext.56660 to be connected to staff and departments.

VENDORS ON DISPLAY

(MARCH 20, 2017 – MARCH 24, 2017)

MET CAMPUS: Azara Boutique, Coconut Oil of Canada, Costco, Just Jewellery, Express Uniforms, Absolute Fitness, Sunlife, Smarts Last Call

OUELLETTE CAMPUS: Azara Boutique, Express Uniforms, Magnolia & Vine, Smarts Last Call

Please note: Vendors subject to change

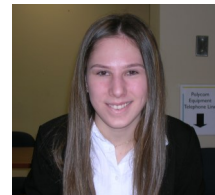
INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Kelly Riccardi
REGISTERED NURSE
INPATIENT PAEDIATRICS



Felecia Menard
REGISTERED NURSE
INTENSIVE CARE UNIT



Alivia Pillon
HELP DESK / CLINICS
VOLUNTEER SERVICES/COOP



China Davis-Milburn
SWITCHBOARD OPERATOR
COMMUNICATIONS

Parish Donates 2000th Blanket to WRH

On March 14, 2017, representatives from Our Lady of the Atonement Parish presented their 2000th blanket to the Spiritual Care department.

While we may consider them 'blankets', June Laforet and Annemarie Bondy educated us on the Prayer Shawl Ministry of which they are a part of. Prayer Shawl Ministry began when a group of women who were studying together put their hands on the scarf draped shoulders of a friend to pray with her and to show support for her very ill husband. Inspired by this, the Prayer Shawl Ministry at Our Lady of the Atonement Parish extends their support to our patients through knitted, crocheted and quilted blankets.



Photo above (l to r)

Karen Riddell, Director Professional Practice and Operations, Pat Slavik, Chaplain Spiritual Care, patient Richard Randell, June Laforet and Annemarie Bondy from Our Lady Of The Atonement Parish.



PERKS FOR YOUR EMPLOYEES!

Be rewarded with Great Wolf Perks. You're going to love winding down our water slides, dining in one of our Northwoods-themed restaurants and building great family traditions.

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Cincinnati/Mason, OH
Colorado Springs, CO
Grand Mound, WA
Grapevine, TX
Georgia/La Grange, GA (Opening Spring 2018)

Kansas City, KS
New England/Fitchburg, MA
Niagara Falls, Canada
Pocono Mountains, PA
Sandusky, OH

Southern California/Garden Grove, CA
Traverse City, MI
Williamsburg, VA
Wisconsin/Dells, WI

Great Wolf Lodge® amenities include:

- 84-degree colossal indoor water park
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For more information or reservations, visit greatwolf.com or call 800.905.WOLF (9653).

USE CORPORATE CODE: WIND819A



Valid through December 30, 2017.

Includes water park admission the day you arrive through the day you depart.

Must present valid membership ID or documentation at check-in.



Offer valid at the properties and dates listed above. Valid on a per night basis and must be mentioned at time of reservation based on 2017 standard rates. Limited number of rooms available for each date. May not be valid during holiday and blackout periods or combined with any other discount or promotional offers. Multiple night minimum stay may apply. Offer based on 4 guests per room and must have one individual 21 years of age or older staying in each room. Offer may be terminated at any time without notice. Offer is not transferable and is not redeemable for cash. Must present valid work ID or documentation at check-in. Limit of 2 rooms per valid ID. Additional charges may apply for themed and premium suites, weekends, and/or holidays.



WINDSOR REGIONAL HOSPITAL SPECIAL

APRIL 2 - 6 • \$129

Join us at Kalahari Waterpark Resort in Sandusky, Ohio for a special family getaway weekend! Package includes a Hut or Desert Room for a family of 4 plus Waterpark admission for each registered guest. Start your registration by calling 877.525.2427 and mention Booking Code "Windsor Regional Hospital"

ALL GUESTS RESPONSIBLE FOR ALL APPLICABLE TAXES. RESORT FEE \$19.99 PER ROOM. BASED ON AVAILABILITY ON THE 2016 DATES LISTED ABOVE.



KALAHARIRESORTS.COM / 1-877-KALAHARI / SANDUSKY, OHIO
LOCATED ON RT. 250, JUST NORTH OF I-80, EXIT 118



UPCOMING AIDET TRAINING SESSIONS

- April 4, 2017 - Met Campus, Auditorium A & B
- April 17, 2017 - Ouellette Campus, Essex Room
- May 4, 2017 - Ouellette Campus, Essex Room
- May 15, 2017 - Met Campus, Auditorium A & B

Sign up for the next session today!

Email Linda McLean at linda.mclean@wrh.on.ca

BLACK TIE TAIL GATE

DUST OFF YOUR BOOTS

April 7th | WFCU Centre
GET YOUR TICKETS

call: 519-985-2608 email: Ashley.Weeres@wrh.on.ca
wecareforkids.org

Featuring Nashville Star
Jake Maurer



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DANgemus

REAL ESTATE TEAM LTD. Brokerage

presents

COUNTRY AT HEART

A Country Party to Benefit Windsor
Regional Hospital's Intensive Care Unit

WINDSOR
REGIONAL
HOSPITAL
FOUNDATION

April 22 2017

Sprucewood
Estate Winery

BBQFeast Dinner

Chicken & Ribs
Baked Potato Bar
Smores Bar
Candy Table

Entertainment

Pre-Dinner
Adam Butcher
Headliner
Ashley Lynn & The Spurs

TICKETS \$85 COUNTRYATHEART.CA 519-566-5565

PROUDLY SUPPORTED BY



SATURDAY, MAY 13, 2017

**Riverfront Festival Plaza
Downtown Windsor**

The Ahmadiyya Muslim Jama'at in Windsor alongside the City of Windsor and the Windsor Regional Hospital (WRH) is delighted to hold the first annual Run for Windsor charity event this spring on Saturday, May 13, 2017 at the beautiful Windsor Riverfront trail. This run aims to help raise funds for the WRH Urgent Care Centre.

www.runforwindsor.com



FOOD FIGHT #2: Picky Eating: Eeek! Why is family mealttime such mayhem?

As a parent, you play an important role in shaping your children's eating habits. You have a big influence over the family environment where meals take place and the types of foods your children eat. Positive experiences about food early on may help your children develop healthy eating habits later in life. Read on to learn how to positively influence your children's eating habits by creating a positive eating environment and being a good role model.

GET THE FACTS: Mealttime tension can often be eased by following these guidelines:

- Adults decide what, when, and where to feed the children
- Children decide how much and whether to eat

Creating a positive eating environment

Family meals take place in the home (or the "eating environment"). This eating environment can have a positive or negative impact on your children's eating habits. Here are a few tips to help you create a positive eating environment for your children.

Have regular meal and snack times

Having regular meal and snack times everyday creates a healthy routine. If your children eat whenever they feel like it, they may not be hungry when it's time for a scheduled meal or snack. They may also overeat during the day.

Eat together as a family

Children who eat meals with their family tend to eat healthier foods like fruits, vegetables and whole grains. They are also at lower risk for becoming overweight. However, children who eat in front of the TV tend to make poorer food choices. Eating meals in front of the TV should be avoided as this can lead to overeating and a higher risk of childhood obesity. Learn more about why it is important to eat together without TV.

Avoid pressuring your children to eat

Insisting that your children eat certain foods may actually cause them to eat less. As a parent, you are responsible for providing healthy food choices to your children. Your children should be allowed to decide how much to eat based on how hungry they feel. Are mealtimes a struggle? Say goodbye to picky eating with these tips.

Make healthy foods the usual choice

What you eat sets an example for what your children will eat. Enjoy foods from the four Food Groups in Canada's Food Guide every day such as vegetables, fruit, whole grain products, low fat dairy products, lean meats, legumes, eggs and fish. When your children see you eating these foods, they are more likely to want to eat them too. Check out these videos on how to make quick and easy breakfasts, lunches and snacks.

The bottom line

As a parent, you have an important role in shaping your children's eating habits. By creating a positive eating environment and being a good role model, you can help your children develop healthy eating habits that can make a lasting impact on their health. Have questions about healthy eating and your kids? Call an EatRight Ontario Registered Dietitian at 1-877-510-5102 or contact us at www.eatrightontario.ca/en/askadietitian