

The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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# WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at: frontlinetribune@wrh.on.ca

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### **Goals Of Care**

Windsor Regional Hospital is introducing a new concept in patient care called "Goals of Care!" Every patient has different wants, needs, and values; therefore, the hospital is implementing a new way for patients to receive the appropriate type of care which they require.

Upon introducing Goals of Care, it is a new process which places the patients needs first! Goals of Care standardizes the process for documentation of the patient's values, wishes, and goals in the context of medically appropriate treatment in advanced-care planning. This can involve specific health interventions, transfer decisions, locations of care, and limitations on interventions for a patient as established after consultation with the Most Responsible Health Professional and the patient.

Goals of Care is the best plan used to accommodate patients, providing resources for patients and their families to engage in advance care planning as early as possible in a patient's course of care and/or treatment. A designation order form by the patient will be attached to their medical record and will be applied each time after they attend the hospital. This order will be reviewed on a regular basis and be available to the patient to review and change within certain limits. If somehow a patient is not able to communicate their treatment needs, it will be communicated through a selected substitute decision maker.

This is another example of Windsor Regional Hospital providing Outstanding Care - No Exceptions!





# UPCOMING EVENTS

**APR** Country At Heart

22 Sprucewood Estate Winery 7258 County Road 50, Amherstburg

APR Do Good Divas Ladies Night

WFCU Centre
8787 McHugh Street, Windsor

APR Healing To The Beat

Fogolar Furlan Club
1800 North Service Road, Windsor

MAY Hacking Health Windsor + Detroit

5-7 Techtown Detroit440 Burroughs Street, Detroit, MI

**MAY** Run For Windsor

Windsor Riverfront Plaza
Downtown Windsor

MAY WRH Annual Charity Golf Tournament

25 Essex Golf & Country Club 7555 Matchette Road, LaSalle

JUN Corvette Club of Windsor Show

11 Dieppe Gardens
78 Riverside Drive West, Windsor

JUN A Day For A Life Golf Tournament Kingsville Golf & Country Club

21 640 Essex County Rd 20, Kingsville

JUL International Dragonboat Races
Sandpoint Beach
10300 Riverside Drive East, Windsor

Rafih Auto Group Charity

JUL Golf Tournament

17 Beach Grove Golf & Country Club 14134 Riverside Drive East, Windsor

Do Good Divas "A Night In Handbag Heaven" Gala
Giovanni Caboto Club
2175 Parent Avenue, Windsor



Measles is still common in other countries in Europe, Asia, the Pacific, and Africa and the Americas. Make sure your vaccinations are up-to-date before travelling!

### **New Acute Stroke Clinic Opens**

Windsor Regional Hospital opened a new 16-bed Acute Stroke Unit on the 8th Floor West of the Ouellette Campus on April 3 and made and announcement to the public in a media event on April 6th. With this program being established, it concentrates all Windsor-Essex stroke patients in a dedicated unit providing specialized care toward better patient outcomes.

The new stroke unit is staffed by an inter-professional stroke team with a specialized interest in stroke care, including nurses, physiotherapists, occupational therapists and speech language pathologists.

"Rather than having patients dispersed throughout the region, this unit allows us to concentrate our local stroke care expertise on one floor, on one unit, to realize better patient outcomes," said Denis St. Louis, Coordinator, Windsor-Essex District Stroke Centre.

Windsor Regional Hospital is the District Stroke Centre in Windsor-Essex and provides leadership, development, implementation and integration of stroke care for residents throughout their Erie-St. Clair Local Health Integration Network, and includes all points of the spectrum of stroke care from promotion and primary and secondary prevention, to acute care, rehabilitation and home care.

"Research has shown that patients admitted to a dedicated stroke unit have better survival rates and reduced lengths of stay in hospital," stated Dr. Michael Winger. "We know that specialized care in dedicated units improves the ability of the patient to return home with regained independence."

"The Windsor Regional Hospital District Stroke Program believes that the citizens of Windsor-Essex deserve and have a right to access of a specialized Acute Stroke Unit with an aim to create a collaborative stroke strategy with a team that is committed to ongoing improvements in stroke care," said Janice Dawson, Vice President, Critical Care, Cardiology and District Stroke.



Photo above: Acute Stroke Unit Team

### INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Shady Sleiman RPN 6W - INPATIENT SURGICAL



Kaitlyn Swift SERVICE WORKER HOUSEKEEPING



Philip Dudok
PATIENT ADVOCATE
PATIENT REPRESENTATIVE



Briana Trihey

RPN
7 - MEDICINE

### Switchboard Announcement

On May 1, 2017 Windsor Regional Hospital will consolidate to one central switchboard. The switchboard will be located at the Met Campus and will service all Windsor Regional Hospital sites. This will assist in making telecommunications more efficient and safer for patients. Centralized switchboards are common in Ontario Hospitals and Health Sciences Centres serving much larger populations and diverse sites.

Remember, It is important to dial Ext. 3333 for all Emergency Codes. By dialing 3333 your call will be answered immediately. If you dial "0" for an Emergency Code, your call is placed into a queue delaying the response.

Also, you can reach the Nuance Voice Activated Calling System by dialing Ext. 56660 to be connected to staff and departments. If you discover a name or Department that does not work well in the nuance system, contact ext. 52410 to have this recorded again.

To facilitate the work of the switchboard and to aid in internal communication, remember to be sure that your complete signature (with contact information) appears on all emails including those on your phone. Visit the Intranet for instructions on how to update your signature. This will avoid unnecessary calls to switchboard.

### **VENDORS ON DISPLAY**

(APRIL 10 - APRIL 14, 2017)

**MET CAMPUS: Sweet Occasion Chocolates,** Home Instead, Janet Fashions, Dianes Gifts, Just Jewellery, Glad Renaud

**OUELLETTE CAMPUS: Dianes Gifts, Little Red Door, Funky Living** 

Please note: Vendors subject to change

### Safety Spotlight Presents...



Sandra

Meet Sandra.

Sandra is a worker representative on the Met Joint Health & Safety Committee representing the OPSEU membership, and works in the Nuclear Medicine department. Sandra has spent 2 of her 15 year employment with WRH on the JHSC and employees being involved in helping with employee concerns.

If Sandra were to win the lottery, she would buy her dream cottage in the Muskokas, and her motto is "Be positive, complaining doesn't achieve results".

Thank you Sandra for your time and dedication to the JHSC!

### <+> HACKING HEALTH

WINDSOR + DETROIT III



### TECHTOWN DETROIT 440 BURROUGHS STREET, DETROIT MI

### **WANTED:** TRANSFORM EVERYDAY DESIGNERS HEALTHCARE CHALLENGES INTO REAL SOLUTIONS CONNECT TO CREATE HOLISTIC SOLUTIONS WITH PATIENTS, NOT JUST FOR PATIENTS **DEVELOPERS** CONTRIBUTE TO IMPACTFUL HEALTHCARE CHALLENGES AND HEALTHCARE PRACTITIONERS IMPROVE THE EXPERIENCE OFFER YOUR IDEAS AND CONCEPTS TO HELP CATALYZE INNOVATION IN HEALTHCARE COACHES

Hacking Health Windsor-Detroit breaks down barriers to healthcare innovation by bringing together IT and healthcare professionals across the US-Canada border to collaborate, dream up & design apps for patient-centric care.

Building on the success of the first ever cross-border Hacking Health held at TechTown Detroit in 2015 and the University of Windsor in 2016, Hacking Health Windsor-Detroit III will be returning to TechTown Detroit May 5-7, 2017.

> **REGISTER TODAY!** HHWinDet3.Eventbrite.ca











## MEDICAL LABORATORY WEEK **APRIL 16-22, 2017**

Windsor Regional Hospital Ouellette Campus Integrated Laboratory Services

### **OPEN HOUSES**

(Open house tours for hospital staff and students)

Tuesday, April 18 (10:00am - 11:00am / 1:00pm - 2:00pm) Thursday, April 20 (10:00am - 11:00am / 1:00pm - 2:00pm)



For more information, please call 519-254-5577 ext.34414



### WINDSOR EXPRESS vs HALIFAX HURRICANES

WFCU CENTRE | 7:00PM







PRE-GAME MIXER IN THE CROWN ROYAL ROOM STARTS AT 6:00PM

The Do Good Divas are incorporated as a non-profit organization for the purpose of supporting health related causes in Windsor-Essex through fund-raising initiatives.



Funds raised at the game from the handbag auction will be donated by the Divas for the care and comfort of patients at Windsor Regional Hospital

### FOR TICKETS CONTACT

INFO@DOGOODDIVAS.COM









WINDSOREXPRESS.CA

### Roasted Pepper Spinach **And Feta Flatbreads**

Makes 4 servinas Preparation: 15 min Cook Time: 8 min



#### **INGREDIENTS**

- 1 cup (250 mL) unsalted cooked or rinsed canned chickpeas
- 1 1/2 cups (375 mL) baby spinach leaves, divided
- 1 small clove garlic
- 2 tbsp (25 mL) freshly squeezed lemon juice
- 1 tbsp (15 mL) tahini or other nut or seed butter
- Pepper
- 1 roasted sweet red pepper (about 3/4 cup/175 mL strips)
- 4 6- to 8-inch (15 to 20 cm) whole wheat pita breads
- 4 oz (120 g) lower fat feta cheese, crumbled or 3 1/2 oz (100 g)
- regular feta cheese, crumbled

#### **DIRECTIONS**

Preheat oven to 400°F (200°C). In a food processor, combine chickpeas, 1 cup (250 mL) of the spinach, garlic, lemon juice and tahini. Process until fairly smooth, adding 1 to 2 tsp (5 to 10 mL) water, if necessary, to make a spreadable hummus. Season to taste with pepper. Pat roasted red pepper strips dry. Arrange pita breads on a large baking sheet or 2 sheets, as necessary. Spread with hummus, dividing equally. Arrange strips of roasted red pepper on top; sprinkle evenly with cheese. Bake for about 8 minutes or until pitas are toasted and toppings are hot. Remove pitas from oven and sprinkle with remaining spinach.

#### **NUTRIENTS Per serving:**

Calories: 342 kcal, Protein: 18 g, Fat: 9g, Carbohydrate: 51 g,

Sugar 5g, Fibre: 8g, Sodium: 655 mg











IN ORGAN **DONATION REGISTRATION WE RANK** 160<sup>th</sup> OUT OF 170











Register at: beadonor.ca