



# FRONTLINE TRIBUNE

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COMPASSION is our **PASSION**



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital  
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## MORE OB Program Continues To Achieve International Recognition!

At Windsor Regional Hospital (WRH) we strive to provide each patient with an outstanding experience throughout their journey. Following the realignment of Grace Hospital and Metropolitan Hospital in December 2003, challenges of the merging cultures became evident. In order to improve the quality and safety of our patient care, promote open communication, eliminate a culture of blame, embrace a standard of common knowledge and promote trust and respect among health care providers WRH implemented Salus Global's Managing Obstetrical Risk Efficiently (MORE OB) Program. The MORE OB program is founded on High Reliability Organization (HRO) principles such as safety, communication, team effort, rehearsing emergencies, dissolving hierarchy and multidisciplinary reviews. Annually all MORE OB participants (physicians, RN staff, midwives, and clinical practice managers) complete an online exam and a culture assessment survey (CAS). From the results, the multidisciplinary core team creates the next year's goals emphasizing identified areas of weakness. "As we progress into year 12, we challenge ourselves to continue using strategies that have generated staff participation in the past, create new fresh ideas to keep the staff engaged and highlight the beneficial changes which have happened as a result of MORE OB on our unit," stated Devon Lanspeary, Clinical Practice Manager (CPM) in the Family Birthing Centre (FBC). In an effort to continue the forward movement and motivate teams to raise the bar, MORE OB offers two patient safety awards annually, the recognition award and patient safety award. "We are proud to announce that for 2016, the Family Birthing Centre is the recipient of both awards!

"This is an outstanding achievement and I am so proud of our team for all of the hard work, motivation and commitment to patient safety and implementing new ideas which have facilitated our success," stated Devon Lanspeary CPM, FBC.

The recognition award is a means of highlighting a team's success through the measurement of participation. In order to achieve the award 80% of participants must read and log a minimum of two chapters, complete 1 skills drill, 1 emergency drill, attend an annual workshop, complete an ACE (Action to Consolidate Education) and complete the CAS/post test. The program also emphasizes evidence of the utilization of audits, teamwork and communication tools, review of no harm events, regular core team meetings, a shared workload, physician engagement and senior leadership engagement to achieve the recognition award. In total FBC has been the recipient of this award for 5 consecutive years since its initiation in 2012.



Photo above: Family Birthing Centre MORE OB Team.

MORE OB story continues on Page 2.

## WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:  
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@WRHospital

Visit our website for more information at [www.wrh.on.ca](http://www.wrh.on.ca)



# UPCOMING EVENTS

- APR 22** **Country At Heart**  
Sprucewood Estate Winery  
7258 County Road 50, Amherstburg
- APR 28** **Do Good Divas Ladies Night**  
WFCU Centre  
8787 McHugh Street, Windsor
- APR 29** **Healing To The Beat**  
Fogolar Furlan Club  
1800 North Service Road, Windsor
- MAY 5-7** **Hacking Health Windsor + Detroit**  
Techtown Detroit  
440 Burroughs Street, Detroit, MI
- MAY 13** **Run For Windsor**  
Windsor Riverfront Plaza  
Downtown Windsor
- MAY 25** **WRH Annual Charity Golf Tournament**  
Essex Golf & Country Club  
7555 Matchette Road, LaSalle
- JUN 11** **Corvette Club of Windsor Show**  
Dieppe Gardens  
78 Riverside Drive West, Windsor
- JUN 21** **A Day For A Life Golf Tournament**  
Kingsville Golf & Country Club  
640 Essex County Rd 20, Kingsville
- JUL 09** **International Dragonboat Races**  
Sandpoint Beach  
10300 Riverside Drive East, Windsor
- JUL 17** **Rafih Auto Group Charity Golf Tournament**  
Beach Grove Golf & Country Club  
14134 Riverside Drive East, Windsor
- OCT 26** **Do Good Divas "A Night In Handbag Heaven" Gala**  
Giovanni Caboto Club  
2175 Parent Avenue, Windsor



A CDC study published in the journal of Paediatrics finds vaccines can help prevent at least half of influenza deaths in children with underlying medical conditions and is at least 65 percent effective in children with healthy immunity.

## MORE OB Program Continues To Achieve cont'd...

The International Patient Safety Award is an opportunity for teams to highlight how they have demonstrated an exceptional commitment to improving patient safety within their obstetrical unit. In 2012 FBC won for their submission highlighting patient safety huddles and bedside report. In 2016 they are the recipients for their "Quiet Time – Baby Bonding at It's Best" submission. Following a presentation highlighting the long-term cognitive/neurodevelopmental benefits of ongoing skin-to-skin for the first year of life, the core team identified the success of immediate skin-to-skin contact with the mother baby unit for the first two hours after birth and they variably implemented skin-to-skin following the initial two hours. The goal was clear: every mother and baby would participate in a minimum of one hour of uninterrupted skin-to-skin daily during their hospital stay to facilitate bonding, normalize maternal and infant vital signs in the early transition period, assist in establishing breastfeeding and decrease supplementation rates. Key strategies for success included involvement and education for the patients during the antenatal period and education for front-line staff within the FBC starting in March 2016.

Quiet time posters were placed in the OB/GYN office waiting rooms, OB triage and all patient rooms. Information about quiet time was posted on a popular local "All 4 Mamas" facebook page. Since the implementation, data has been gathered through leadership rounding on patient's emotional support and satisfaction as well as tracking supplementation rates through BORN. "As an organization that strives to be the best, both of these awards are incredible achievements which highlight the teamwork, communication and drive that is necessary to truly make a difference that results in an outstanding patient experience with no exceptions," said Devon Lanspeary CPM, FBC.



Photo above (l to r): Deb Parent, Devon Lanspeary, Jonna Hogan and Dr. Josh Polsky

(Story content provided by Nikodem Rybarczyk, Coop Student and Devon Lanspeary, Clinical Practice Manager, Family Birthing Centre)



**PRESENTS THE 6TH ANNUAL**

# Healing to the Beat

An evening of fabulous music to benefit the Oncology Unit at Windsor Regional Hospital

**SATURDAY, APRIL 29, 2017**  
FOGOLAR FURLAN CLUB | 1800 NORTH SERVICE ROAD (E.C. ROW)  
DOORS OPEN @ 7:30PM | SHOWTIME 8:30PM



**WITH SPECIAL GUEST**



CANADA SOUTH BLUES SOCIETY

WINNERS OF THE 2016 CANADA SOUTH BLUES SOCIETY BLUES CHALLENGE

**TICKETS \$25**    INCLUDES PIZZA BUFFET    PURCHASE 10 TICKETS TO RESERVE A TABLE, PLEASE CALL 519-903-0318 OR 519-791-5240

TICKETS AVAILABLE AT:



SPONSORED BY:

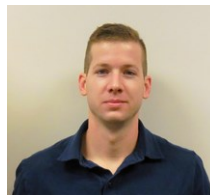


In loving memory of Todd Smith.  
Clayton Moore, Sandy Gillis, Don Venus & Ralph Travenetti

## INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



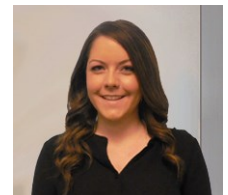
**Jacqueline Noel**  
PAEDIATRICS  
VOLUNTEER SERVICES



**Christopher Elliott**  
SUPERVISOR, GUEST SERVICES  
HOUSEKEEPING



**Paula Pajak**  
REGISTERED NURSE  
7 MEDICINE



**Katharen Bortolin**  
EDUCATION COORDINATOR  
CANCER CENTRE

## You Want To Save 8 Lives? Sign Up To Be A Donor!

"What Gives, Windsor?" is Windsor Regional Hospital's latest effort to support organ and tissue donation awareness throughout our region.

Did you know Windsor ranks 160th out of 170 in the province when it comes to the percentage of health card users who are registered as potential organ donors?

This seems odd ... Most of us know Windsor as a giving and very charitable community ... so we know we can do better when it comes to saving lives through transplant!

Whether you live in Windsor or Essex Count, we want to increase our rates and show the rest of Ontario we care!

It's easy to do – all you need is two minutes of time and your health card number and a visit to [beadonor.ca](http://beadonor.ca). It's a quick process and also allows you to check to see if you are registered if you're not sure.

You can also stop by our organ donor awareness booths this week:

- Ouellette campus: Tuesday, April 18 from 10 am to 2 pm, in the cafeteria.
- Met campus: Friday, April 21 from 10 am to 2 pm, in the vendor hallway (leading to cafeteria).

Still not sure if you want to register, or have questions about organ donation? Visit WRH's page on the topic at [whatgiveswindsor.ca](http://whatgiveswindsor.ca) – and while you're there check out our new CTV commercial with local media personality Arms Bumanlag!

Thanks for supporting our campaign on behalf of the 1,500 Ontarians who are on a waiting list for a transplant. Register your consent and potentially save eight lives!

# beadonor.ca

## VENDORS ON DISPLAY (APRIL 17 - APRIL 21, 2017)

### MET CAMPUS:

Coconut Oil of Canada, Custom Essentials,  
Scrub Shop, Azara Boutique, Sweets XS

### OUELLETTE CAMPUS:

Home Instead, Magnolia & Vine, Stuffin Bear

Please note: Vendors subject to change

## Look Who "Hit It Out Of The Park"

Met Campus Intensive Care Unit (ICU) is congratulated for achieving 12 weeks of keeping Hospital Acquired Infections (HAIs) under target.



## <+> HACKING HEALTH

WINDSOR + DETROIT III

MAY 5-7, 2017



TECHTOWN DETROIT 440 BURROUGHS STREET, DETROIT MI

### WANTED:

DESIGNERS	TRANSFORM EVERYDAY HEALTHCARE CHALLENGES INTO REAL SOLUTIONS
DEVELOPERS	CONNECT TO CREATE HOLISTIC SOLUTIONS WITH PATIENTS, NOT JUST FOR PATIENTS
HEALTHCARE PRACTITIONERS	CONTRIBUTE TO IMPACTFUL HEALTHCARE CHALLENGES AND IMPROVE THE EXPERIENCE
COACHES & MENTORS	OFFER YOUR IDEAS AND CONCEPTS TO HELP CATALYZE INNOVATION IN HEALTHCARE

**Hacking Health Windsor-Detroit** breaks down barriers to healthcare innovation by bringing together IT and healthcare professionals across the US-Canada border to collaborate, dream up & design apps for patient-centric care.

Building on the success of the first ever cross-border Hacking Health held at TechTown Detroit in 2015 and the University of Windsor in 2016, Hacking Health Windsor-Detroit III will be returning to **TechTown Detroit May 5-7, 2017**.

REGISTER TODAY!

[HHWinDet3.Eventbrite.ca](http://HHWinDet3.Eventbrite.ca)

WE·tech  
ALLIANCE



[HACKINGHEALTH.CA](http://HACKINGHEALTH.CA)

[f/HHWINDSORDETROIT](https://www.facebook.com/HHWINDSORDETROIT)

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## MEDICAL LABORATORY WEEK APRIL 16-22, 2017

Windsor Regional Hospital Ouellette Campus  
Integrated Laboratory Services

### OPEN HOUSES

(Open house tours for hospital staff and students)

Tuesday, April 18 (10:00am - 11:00am / 1:00pm - 2:00pm)

Thursday, April 20 (10:00am - 11:00am / 1:00pm - 2:00pm)



For more information, please call 519-254-5577 ext.34414

Our mission is to deliver an outstanding patient care experience driven by a passionate commitment to excellence.

DANgemus

REAL ESTATE TEAM LTD. Brokerage

presents

# COUNTRY AT HEART

A Country Party to Benefit Windsor Regional Hospital's Intensive Care Unit

WINDSOR REGIONAL HOSPITAL FOUNDATION

April 22 2017

Sprucewood Estate Winery

### BBQFeast Dinner

Chicken & Ribs  
Baked Potato Bar  
Smores Bar  
Candy Table

### Entertainment

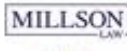
Pre-Dinner  
**Adam Butcher**  
Headliner  
**Ashley Lynn & The Spurs**

TICKETS \$85

COUNTRYATHEART.CA

519-566-5565

PROUDLY SUPPORTED BY



WINDSOR EXPRESS vs HALIFAX HURRICANES

FRI APRIL 28 2017

WFCU CENTRE | 7:00PM



# LADIES NIGHT

PRE-GAME MIXER IN THE CROWN ROYAL ROOM

STARTS AT 6:00PM

The Do Good Divas are incorporated as a non-profit organization for the purpose of supporting health related causes in Windsor-Essex through fund-raising initiatives.

PURSE AUCTION BY THE



Funds raised at the game from the handbag auction will be donated by the Divas for the care and comfort of patients at Windsor Regional Hospital

FOR TICKETS CONTACT  
INFO@DOGOODDIVAS.COM



## Recipe of the Week



### Baked Springtime Risotto

Makes 8 servings  
Preparation: 15 min  
Cook Time: 40 min



#### INGREDIENTS

- 1 Tbsp Olive oil
- 1 Small onion, diced
- 1 Clove garlic, minced
- 1 cup Arborio rice
- 3 cups Hot chicken broth, divided
- 1/2 tsp Salt (or to taste)
- 10 Thin spears asparagus, cut into short pieces
- 1 Red bell pepper, cut into thin strips
- 1/4 cup Freshly grated Parmesan cheese
- 1/4 cup Minced fresh parsley
- Freshly ground black pepper

#### DIRECTIONS

Preheat oven to 350° F (180° C). In a medium saucepan, heat oil over medium heat. Sauté onion and garlic for 5 minutes or until softened. Add rice and cook, stirring, for about 1 minute or until evenly coated. Add 2 cups (500 mL) of the broth and salt; bring to a simmer. Transfer to casserole dish, cover and place on baking sheet. Bake in preheated oven for 15 minutes. Remove from oven and stir in the remaining broth, asparagus and red pepper. Cover and bake for 15 minutes or until rice is al dente (tender to the bite) and most of the liquid is absorbed. Ladle into serving bowls and sprinkle each serving with cheese, parsley and pepper to taste.

#### NUTRIENTS Per serving:

Calories: 138 cal, Protein: 4 g, Fat: 3g, Carbohydrate: 23 g, Sugar 3.6g, Fibre:1.7g, Sodium: 551 mg



SATURDAY, MAY 13, 2017

Riverfront Festival Plaza  
Downtown Windsor

The Ahmadiyya Muslim Jama'at in Windsor alongside the City of Windsor and Windsor Regional Hospital (WRH) is delighted to hold the first annual Run for Windsor charity event this spring on Saturday, May 13, 2017 at the beautiful Windsor Riverfront trail. This run aims to help raise funds for the WRH Urgent Care Centre.

www.runforwindsor.com