



FRONTLINE TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
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With interest in standardizing the Medical Devices Reprocessing Department (MDRD) at both sites and upgrading older equipment, Windsor Regional Hospital has undertaken an overhaul of the Decontamination (Decon) Room at the Ouellette Campus. This patient safety initiative includes the following:

- Two sonic machines, used to remove bio-matter from instruments, are being replaced by two state-of-the-art machines;
- An additional instrument washer has been installed to allow MDRD technicians to reprocess Neurology instruments in the main MDRD "Decontam" area;
- The reprocessing of eye instruments will be relocated back to MDRD. This process was moved to a satellite location beside the Eye Procedure Room due to the need for a quick turnover. The purchase of additional instrument sets will allow the reprocessing back into an area that supports best practice;
- MDRD will be installing two new autoclaves which will eliminate concerns over staining on instrument wrappers that resulted from old pipes. This will eliminate the need to transfer instruments back and forth between sites for sterilization;
- The addition of new metal containers will allow to upgrade the reprocessing system and standardize methods between sites;
- Several processes to meet best practice with regards to storage and access to sterile instrumentation.



To complement these steps, the Surgical Program has also introduced an MDRD-OR Practice Council. This Council meets at a minimum of once per month and addresses common issues between MDRD and the OR at both sites as well as inter-site issues. MDRD at the Ouellette site will soon be introducing the electronic tracking system to help ensure that instruments arrive to their expected destination at the appropriate time and with greater accuracy than can be achieved through current manual systems.



WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

- JAN 15** **Europro Vertical Climb**
Time: 8:30am
1 Riverside Drive West, Windsor
- JAN 28** **T2B 20th Anniversary XX Gala**
Time: 6:00pm
Caesars Windsor
377 Riverside Drive East, Windsor
- FEB 04** **In Honour of the Ones Gala**
Ciociaro Club
3745 North Talbot Road, Windsor
- MAR 01** **Hats On For Healthcare**
Throughout Windsor-Essex
www.hatonforhealthcare.com
- MAR 08** **International Women's Day**
Ciociaro Club of Windsor
3745 North Talbot Road, Windsor
- MAY 06** **Ahmaduyya Muslim Jama Fun Run**
Former Grace Hospital Site
423 Crawford Avenue, Windsor
- MAY 25** **WRH Annual Charity Golf Tournament**
Essex Golf & Country Club
7555 Matchette Road, LaSalle
- MAY 25** **Trevor Louis Funkenhauser Annual Golf Tournament**
Kingsville Golf & Country Club
640 County Rod 20, Kingsville
- OCT 26** **Do Good Divas "A Night In Handbag Heaven Gala"**
Giovanni Caboto Club
2175 Parent Avenue, Windsor



Ebola vaccine offers 100 percent protection. While not yet approved by any regulatory authority, an emergency stockpile of 300,000 doses has already been created in the event of another outbreak.

SETTING THE STAGE FOR A FRUITFUL NEW YEAR

In 2016, the team working on the Windsor-Essex Hospitals System – which is much more than just a new state-of-the-art acute care hospital - completed stage 1 of a 5-stage planning process. The Co-Chairs overseeing the project are eager to move forward with the planning in 2017. The region is well positioned to hit the ground running as soon as the province commits to funding the next stages of planning, thanks to a productive and united 2016.

Here are some highlights:

1. The Region Unites to Tell Province #WEareready for a New System of Hospital Care

In January, area MPPs, along with the Warden of Essex County and Mayor of Windsor, issued a letter to the Minister of Health and Long-Term Care outlining a regional commitment to seeing this much-needed capital investment approved for the nearly 400,000 residents of the City and County.



"I was born and raised in this region and have never seen people of all backgrounds and political stripes come together to support an initiative like they have for the new Windsor-Essex Hospitals System," said David Musyj, Co-Chair of the Program and Services Steering Committee.

In addition, there is also a growing list of community groups calling for the province to move the project forward.

2. Region Commits to \$200 million Local Share

There are several other communities in Ontario working on similar sized new hospital system projects. Windsor-Essex is the only one that has already committed to paying its share. In April, Essex County Council and Windsor City Council each committed to cover a portion of the \$200 million local share. This generous contribution from residents in Windsor-Essex demonstrates to the province a strong desire to make the Windsor-Essex Hospitals System a reality.

3. Many More Voices Added to the Discussion

Community engagement is an essential part of this planning process. This year alone, project leaders have attended 20+ information session/town hall events and participated in several radio phone-in programs. At a town hall event in January, Lucy Brun, a healthcare and facility planner who has worked on hundreds of hospitals worldwide stated the community engagement process in Windsor-Essex is unprecedented and far exceeds anything she has ever seen before.

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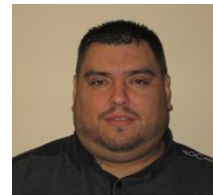
INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Cheryl Bechard
WARD HELPER
INTENSIVE CARE UNIT



Aina Chen
REGISTERED NURSE
4M MEDICAL



Brandon Lawhead
REGISTERED NURSE
PSY PRE-DISCHARGE



Katrina Blanchard
REGISTERED NURSE
CORONARY CARE UNIT

SETTING THE STAGE FOR A FRUITFUL NEW YEAR (continued)

4. Start of Rezoning Process

In order to continue with the planning for a new state-of-the-art, acute care hospital at County Rd. 42 and the 9th Concession, Windsor Regional Hospital has submitted an application to the City of Windsor, requesting an amendment to the city's Official Plan and Zoning By-laws.

This is the natural next step to ensure we can proceed with the planning process when the Ministry of Health and Long-Term Care gives approval to move to the next stage.

5. Creating a Vision for Education and Research

From the beginning of this project, education and research have been among the main drivers. An expanded focus on clinical research strengthens the research and scholarship culture and puts Windsor-Essex in a better position to recruit and retain top physicians, professional healthcare staff and medical leaders.

At a visioning session in early December, leaders in the field started work on a shared vision for the future in this area.

What's next?

The project requires approval from the Ministry of Health and Long-Term Care in order to move forward to the next planning stage.

Stage 2 is where the rubber hits the road for a project of this size. It includes detailed planning of how programs and services will function. It also looks at what staffing, space and equipment will be required and will require considerable input from users.

Approval to move to stage 2 means additional funding for planning and signals a commitment from the province to move the project forward.

"In 2016 Windsor-Essex demonstrated a true commitment to this project," said David Musyj. "Everything we are hearing from the Ministry is positive, but we cannot become apathetic. We must continue to press it and make it become a reality."

For more information on the Windsor-Essex Hospitals System, please visit www.windsorhospitals.ca.



Yoga Ouellette Campus

Winter 2017

Provided by **Tammy Blaze** from **Breathe**
Thursday, January 19th - Tuesday, March 28th

Tues/Thurs 12:00 - 12:45 (dates subject to change)
Location: Multi Purpose Room (Former Chapel)

\$120 Cost to be deducted from your pay
**Attend 80% of the classes; get
reimbursed 50% of the
cost!**

Registration Deadline:
January 11th, 2017

A minimum of 10 participants
required.

**Visit Healthy
Lifestyles
online to register now!**



Greg Monforton AND PARTNERS INJURY LAWYERS

EUROPRO

VERTICAL CLIMB 2017

EUROPRO **WINDSOR REGIONAL HOSPITAL FOUNDATION**

EVERYONE CAN "RUN VERTICAL" - AGES 12 & UP!

STEP UP YOUR GAME AND REGISTER TODAY!

SUNDAY, JANUARY 15, 2017

ONE RIVERSIDE DRIVE WEST, DOWNTOWN WINDSOR

WWW.VERTICALCLIMB.CA

Yoga Met Campus Winter 2017

provided by Tammy Blaze from Breathe

Wednesday January 18th – Monday April 3rd

Mon/Wed 12:00 – 12:30 (dates subject to change)

Location schedule to be emailed out

\$100 Cost to be deducted from your pay

Attend 80% of the classes, get reimbursed 50% of the cost!

Registration Deadline:

January 11th, 2017

A minimum of 10 participants required.

**Visit Healthy Lifestyles
online to register now!**



Recipe of the Week

Sweet Potato and Kale Salad

Makes 4-6 servings

Prep Time: 15 min / Cooking Time: 50 min

INGREDIENTS

- 1 medium sweet potato (1 lb.)
- 1 Tbsp olive oil
- ¼ tsp thyme
- a pinch salt & pepper
- 1 bunch kale
- ¼ cup balsamic dressing
- ¼ cup raw sunflower seeds
- ¼ cup dried cranberries

METHOD

Preheat the oven to 400 degrees. Peel the sweet potato and then cut it into small, ¾-inch cubes. Toss the cubes with the olive oil, thyme, and a pinch each of salt and pepper. Spread the seasoned sweet potato cubes out on a baking sheet covered with parchment paper. Roast the sweet potato in the preheated oven for about 35 minutes, or until the sweet potato is just barely golden brown on the edges (the exact time will depend on how large or small your sweet potato cubes are). Meanwhile, tear the kale leaves from their woody stems. Take a handful of leaves at a time and chop them into thin strips (don't stress about making this perfect, just try to slice it thinly). Place the sliced kale leaves in a colander and rinse well with water. Allow the kale to drain while the sweet potato finishes roasting (or use a salad spinner to dry the kale well). Place the washed and well drained kale in a large salad bowl. Starting with just two tablespoons, add dressing to the kale and toss to coat. You can use ¼ cup of dressing total, but if you have a smaller bunch, you may want to use less. Make sure to stir well before adding more because it will take a bit to get the dressing to coat all of the curly bits of kale. After the sweet potato has finished roasting, pile it on top of the dressed kale leaves. Sprinkle the sunflower seeds and cranberries over top as well. Serve immediately or refrigerate until ready to eat.

NUTRIENTS Per Serving: Calories: 392; Protein: 22g; Total Fat: 13 g; Carbohydrates: 59g; Sodium 337mg

As Simple As a Step at a Time!

That sums up what the Europro Vertical Climb is all about. Stepping forward, one step at a time and getting good exercise at the same time.

The fundraising event supporting the WRO Neurosciences Program takes place this coming weekend, on Sunday, January 15 at the FCA Chrysler facility, 1 Riverside Drive West.

"Any challenge is a good challenge." says Dr. Dante Morassutti, Neurosurgeon at WRH. "If you are a person who can only take a few steps, challenge yourself to 5 or 10 more, then continue each floor until you reach the 13th floor. You can do it! And think of what the exercise will accomplish for you."

If you really want to challenge yourself, by completing 7 rounds (of the 13 floors), you will have climbed the equivalent of the CN Tower (1,776 steps). To register and obtain more information, go to www.verticalclimb.ca. Prizes and incentives are offered for those who wish to collect pledges.

Registration opens on January 15th at 8:00am, with the first competitive individual climb at 10:00am and the regular individual climb at 10:15am. The afternoon competitive team climb begins at 2:00pm and the regular team climb at 2:15pm.

Note that parking is available on streets, free on Sundays and, parking in the 1 Riverside Dr. W. building off Ferry St. and in the City Lot off Pitt St. W.

Come on out to Europro Vertical Climb 2017. A great way to start a healthy new year!



Register Today!

HATS ON FOR HEALTHCARE WEDNESDAY, MARCH 1, 2017

2017 CAMPAIGN SUPPORTING MENTAL HEALTH SERVICES AND MEDICAL EQUIPMENT FOR SURGICAL AND MEDICINE PROGRAMS AT WINDSOR REGIONAL HOSPITAL

The 8th Annual "Hats On For Healthcare" is a fundraising initiative supporting Windsor Regional Hospital.

Participating individuals and organizations, together with their employees, members and clients are invited to put on their unique and creative head attire, make a donation and take part in many entertaining activities to help raise funds for Mental Health Services and medical equipment for Surgical and Medicine Programs at Windsor Regional Hospital.

DIRECT LINE: 519-973-4433 / 519-985-2656

www.hatsonforhealthcare.com