



FRONTLINE TRIBUNE

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COMPASSION is our **PASSION**



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
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EPIQ (Evidenced-based Practice for Improving Quality) for Windsor Regional Hospital's NICU

What EPIQ means to the Modified Level III Neonatal Intensive Care Unit at the Met Campus is a dedication to improving the outcomes of pre-term infants with respect to the major morbidities of prematurity including (IVH) intra-ventricular hemorrhage, severe brain injury in the form of bleeding, chronic debilitating lung disease of prematurity, intestinal problems of prematurity, hospital-acquired infection and eye disease of prematurity, (BPD) bronchopulmonary dysplasia, (NEC) necrotizing enterocolitis, (NI) nosocomial infection and (ROP) retinopathy of prematurity.

This not only improves quality of life, but leads to a resultant improvement in parental stress, length of hospital stay, and reduction in health care costs. This quality improvement approach combines the best available evidence with institution data to help each of the 31 participating (Level 3) NICU's across Canada identify where to focus their improvement efforts. Through the National EPIQ platform, practice bundles have been defined, identified for each of these morbidities. At Windsor Regional Hospital's NICU, the two morbidities are targeted to improve Healthcare Associated Bloodstream Infections and Healthcare Associated Central Line Related Bloodstream Infections.

The EPIQ journey began by reviewing existing recommendations and current practices. We visited other Canadian participants in site visits and sites with planned objectives. The obtained results were the culmination of a list of proposed practice improvements/changes that can be categorized into Central Line Practices, Peripheral IV Practices, Dress Code and Hand Care, Health and Wellness, Use of Personal Protective Equipment, Care of the Bedspace and Feeding.

"The NICU embarked on the EPIQ program of the Canadian Neonatal Network in order to put into place a care protocol, a code named Drive to Zero Nosocomial Infection (HAI). Quality and safety care is our aim, to achieve good long-term outcomes for our babies," stated Dr. Godfrey Bacheyie, Director of Neonatology at WRH.

"All NICU's in Canada are participating in this multidisciplinary, collaborative, multi-pronged quality improvement intervention with a common goal of reducing mortality and morbidities of extremely premature neonates in Canada and, the results so far, have been rewarding and instructive," said Dr. Prakesh Shah, Director of Canadian Neonatal Network, who recently visited our NICU and met with frontline staff engaged in some extraordinary work.

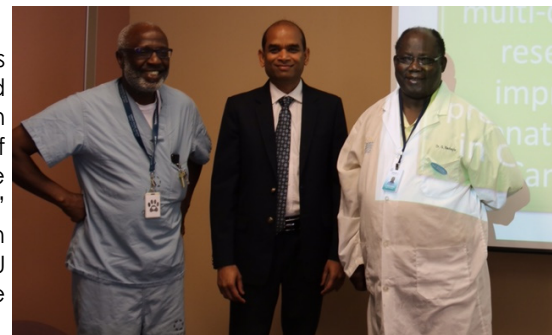


Photo (l to r): Dr. Chukwuma Nwaisei, Dr. Prakesh Shah, Dr. Godfrey Bacheyie

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

- JUN 21** **A Day For A Life Golf Tournament**
Kingsville Golf & Country Club
640 Essex County Rd 20, Kingsville
- JUN 26** **WRH Foundation Charity Golf Tournament (Rescheduled)**
Essex Golf & Country Club
- JUL 09** **International Dragon Boat Races**
Sandpoint Beach
10300 Riverside Drive East, Windsor
- JUL 17** **Rafih Auto Group Charity Golf Tournament**
Beach Grove Golf & Country Club
14134 Riverside Drive East, Windsor
- SEP 06** **WRH Pasta Night**
Riverside Sportsmen's Club
10835 Riverside Drive East, Windsor
- SEP 10** **Running From Cancer**
Lakewood Park
13451 Riverside Drive East, Windsor
- SEP 13** **WRH Pasta Night**
Riverside Sportsmen's Club
10835 Riverside Drive East, Windsor
- SEP 20** **WRH Pasta Night**
Riverside Sportsmen's Club
10835 Riverside Drive East, Windsor
- SEP 27** **WRH Pasta Night**
Riverside Sportsmen's Club
10835 Riverside Drive East, Windsor
- OCT 26** **Do Good Divas "A Night In Handbag Heaven" Gala**
Giovanni Caboto Club
2175 Parent Avenue, Windsor
- JAN 21** **EUROPRO Vertical Climb**
FCA Chrysler Facility
1 Riverside Drive West, Windsor



Diarrhea is still a leading cause of death, particularly in poor countries. In 2015, diarrhea was responsible for 1.3 million deaths worldwide, including 500,000 children under 5 years. Diarrhea is largely preventable with safe water, sanitation and adequate childhood nutrition.

Shriners Well Known For Helping Kids In Hospital

The local Moramos Shrine Club of Windsor donated \$5000 to Paediatric Services at the Met Campus last week. Since 1870, Shriners across the globe are known for funding and building sick kids hospitals. The Windsor Regional Hospital Foundation has received approximately \$250,000 from the Moramos Shrine Club over the last decade.



Photo (l to r): Windsor Shrine Club members Noble Rolf Sax, Noble Bill Chamney, Noble Morton Brodsky, Noble George Minto, Noble Kevin Wilson, Noble Don Warner, Noble Randy MacNevin, Noble Chandra Kania, Noble Maurice Howles, Noble David Kerr and (sitting) Noble Jim McDonald and Grand Noble Jim Chambers.

Employer Of Choice

Windsor Regional Hospital held two days of Job Fairs with overwhelming interest and attendance by hundreds of individuals seeking information on positions available at the two campuses. The message was "Take Your Career in the Right Direction" as stated by Melissa Simas, Manager of Human Resources.



Positions of interest included Allied Health, Clerical, General Service, Leadership, RNs and RPNs and Skilled Trades.

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Joshua Meidinger
SUPERVISOR
GUEST SERVICES



Jia Qadeer
CLINICAL RESEARCH ASSOC.
CANCER PROGRAM



Samuel Tomen
AMBULATION ASSISTANT
AMBULATION TEAM



Colleen Webb
RPN
MENTAL HEALTH

Working in healthcare can be stressful, but **needing healthcare is worse.** Part of our job is to ease the burden of our patients and their loved ones.



The WRH Patient Experience Task Force reminds you that often, **it's the little things** that have the greatest impact.



COMPASSION is our **PASSION**

It's The Little Things That Count!

The WRH Patient Experience Task Force is excited to introduce a new program which reminds us that often, "it's the little things" that can have the greatest impact on those we're privileged to care for.

Employee, physician, or volunteer – we all have the potential to make a difference in a patient or loved one's experience at Windsor Regional Hospital. Whether you let a tired father step in front of you in the Tim Horton's line, or you hold the door for a youngster struggling to walk on crutches, or you take a moment to sit with the woman who just said goodbye to her mother; you are helping to ease their burden.

These buildings are familiar and comfortable for us on a daily basis because we're accustomed to working here. However, we have to keep in mind that most of our patients and their loved ones would rather be anywhere else. Let's show them our compassion as we try to make their time here a little less scary, and a little less stressful!

The campaign is as simple as it sounds; a poster campaign theme throughout our hospital walls meant to remind staff that sometimes it's the little things we do for those around us that have the greatest impact.

One staff member (volunteer, employee, professional staff or affiliate) will receive a WRH umbrella selected through the "Above and Beyond" submission every month.

The campaign reminds us that recognizing staff contributions to the patient experience can be large or small!



It's the Little Things

"A kind gesture can reach a wound that only compassion can heal." Steve Maraboli

15TH ANNUAL WINDSOR • ESSEX DRAGON BOAT FESTIVAL FOR THE CURE

SUNDAY JULY 9TH 2017 • SANDPOINT BEACH

REGISTER YOUR TEAM AT DRAGONBOATSONLINE.COM

PROCEEDS TO SUPPORT BREAST CANCER TREATMENT AT WINDSOR REGIONAL HOSPITAL



Country At Heart Party

Amherstburg based, Dan Gemus Real Estate Team Brokerage sponsored an event recently to support the ICU at Met Campus. Country At Heart was an evening party featuring a BBQ Feast, entertainment and dancing held at Sprucewood Estate Winery. The result was a \$23,010 donation to refurbish the ICU Waiting Room on 3West.



Photo (l to r): Nicole and Dan Gemus with Ron Foster, presenting the proceeds from Country At Heart.

Art From The Heart

Spearheaded by Navia Novasel, Art from the Heart's ultimate purpose is bringing positive experiences of art to children in the hospital. Navia raises funds with friends and purchases easy-to-use art packages, provided to Paediatric Child Life Services. They offer the art activity in Emergency or in the Paediatric Outpatient and Inpatient units.



Photo (l to r): Navia Novasel with Jennifer Burton Liang viewing the many different art packages recently donated.

VENDORS ON DISPLAY (JUNE 12 - JUNE 16, 2017)

MET CAMPUS:

Coconut Oil of Canada, Unique Books, G&D Jewellery, Little Red Door

OUELLETTE CAMPUS:

Lories Glass, Home Instead, Little Red Door, Lifetimes on Riverside, Azara Boutique

Please note: Vendors subject to change

Canada's Wonderland

Exclusive Ticket Offer!



Windsor Regional Hospital Employees, Family & Friends

Tickets as low as \$37.99 + HST

To purchase tickets & print from Home:

www.canadaswonderland.com

Promo Code: WRH2017



Top right corner of Website

For Groups of 15+ or Teambuilding Activities Please Contact
Michelle.Newhook@canadaswonderland.com

May the course be with you.

**VERTICAL
CLIMB** PRESENTED BY:
EUROPRO

WINDSOR
REGIONAL
HOSPITAL
FOUNDATION

EUROPRO



SAVE THE DATE AND STEP UP TO THE CHALLENGE!

SUNDAY, JANUARY 21, 2018

ONE RIVERSIDE DRIVE WEST, DOWNTOWN WINDSOR

WWW.VERTICALCLIMB.CA

RECIPE OF THE WEEK

Chicken Waldorf Salad

Makes 4 servings

Preparation: 20 min

Cooking Time: 5 min

INGREDIENTS

- 1/2 cup chopped walnuts
- 2 cooked chicken breasts, cubed
- 1 cup seedless red grapes, halved
- 1/2 cup dried cranberries
- 1/2 Granny Smith apple, cored and cubed
- 1/4 cup chopped red onion
- 1/2 cup mayonnaise
- 1/2 cup vanilla yogurt
- 2 teaspoons lemon juice



DIRECTIONS

Preheat oven to 325 degrees F (165 degrees C). Spread chopped walnuts onto a baking sheet. Roast walnuts in the preheated oven until they are fragrant and browned, 3 to 5 minutes. Remove and let cool. Lightly toss chicken with grape halves, cranberries, apple, walnuts, and onion in a salad bowl. Whisk mayonnaise, vanilla yogurt, and lemon juice in a separate bowl. Pour dressing over salad and toss again to coat.

NUTRIENTS Per serving:

Calories: 476 kcal, Protein: 17.8 g, Fat: 33.5g, Carbohydrate: 29.9g, Sugar 23.6g, Fibre: 2.6g, Sodium: 210 mg