



FRONTLINE TRIBUNE

AUGUST 7, 2017

VOLUME 5 / EDITION 30



COMPASSION is our
PASSION

The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

IN THIS WEEK'S ISSUE

1 • GUEST SPEAKER AT INDIA CANADA DINNER RENOWNED

2 • GET INTO THE TEAM CLEAN SPIRIT
• SAFETY SPOTLIGHT PRESENTS
• SCHEDULE OF EVENTS
• NEW FACES AT WRH

3 • TEAM CLEAN
• WRH PHARMACY PROGRAM CONGRATULATED
• INDIA CANADA GALA DINNER
• RUNNING FROM CANCER

4 • OVERSEAS MOTORS CAR CLINIC
• RECIPE OF THE WEEK
• W.E. CARE FOR KIDS FALL MUM SALE
• VENDORS ON DISPLAY

Guest Speaker for India Canada Dinner Renowned!

The India Canada Association's Annual Fundraising Dinner Gala, again supporting Windsor Regional Hospital and the future state-of-the-art acute care hospital will be held on Friday, September 15 at the Fogolar Furlan Club.

The guest speaker will be Madam Justice Manjusha Pawagi. She is a judge, mother, author and stem cell cancer survivor.

Judge Pawagi was born in India and as a South Asian, was raised in Canada as a Canadian citizen. She earned her Masters of Art of Journalism from Stanford University and began her career as a journalist and a children's author.

Manjusha worked in both Canada and the United States. She was called to the Bar in 1997 and practiced law in Ontario, primarily as a children's rights lawyer. She was appointed to the Bench in 2009 and presides at the Ontario Court of Justice, Family Court in Brampton, Ontario.

Her first children's book, "The Girl Who Hates Books" was made in a award-winning animated short film by the National Film Board of Canada. Married, Manjusha has twins, a boy and girl, now 14 years of age.

Unfortunately, Manjusha contacted leukemia during her career however, an opportunity arose when, after an extensive search, a matching stem cell donor was found. Her likelihood of championing leukemia increased from 50% to just over 65% with chemotherapy alone. Today, she is doing well, working, raising her family, and accepting speaking engagements. The India Canada Association Committee is proud to have her speak at their annual fundraising dinner on September 15th.

In their efforts to support Windsor Regional Hospital and the future Acute Care Hospital, the India Canada Association Committee is seeking sponsorships and ticket sales to the gala. For information, contact Jason Sekhon at 519-981-1579 or Paresh Jariwala at 519-317-7301.

Also see Gala Dinner flyer in this issue or go to www.icadinner.ca



Photo above: Madam Justice Manjusha Pawagi

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:
frontlinetribune@wrh.on.ca

Ron Foster, Editor
ron.foster@wrh.on.ca
519-254-5577 ext. 52003

Gisele Seguin
gisele.seguin@wrh.on.ca
519-254-5577 ext. 52008

Steve Erwin
steve.erwin@wrh.on.ca
519-254-5577 ext. 33350

David Lenz
david.lenz@wrh.on.ca
519-254-5577 ext. 32539



facebook.com/windsorregionalhospital



@WRHospital

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

- AUG 15** **Team Clean**
Met Campus: 8:30am -11:30am
Windsor Regional Hospital
- AUG 17** **Team Clean**
Ouellette Campus: 8:30am -11:30am
Windsor Regional Hospital
- SEP 10** **Running From Cancer**
Lakewood Park
13451 Riverside Drive East , Windsor
- SEP 15** **India Canada Association Dinner**
Fogolar Furlan Club of Windsor
1800 N Service Rodd, Windsor
- SEP 30** **W.E. Care For Kids Toy Raffle**
Ciociaro Club
3745 North Talbot Road, Windsor
- OCT 14** **Baby Steps Annual 5K Walk**
Essex Arena
60 Fairview Ave West, Essex
- OCT 26** **Do Good Divas "A Night In Handbag Heaven" Gala**
Giovanni Caboto Club
2175 Parent Avenue, Windsor
- NOV 03** **W.E. Care For Kids Gala**
St. Clair Centre For The Arts
201 Riverside Drive West, Windsor
- JAN 21** **EUROPRO Vertical Climb**
FCA Chrysler Facility
1 Riverside Drive West, Windsor
- MAR 07** **Hats On For Healthcare Day**
www.hatsonforhealthcare.com



To date in 2017, 43 cases of measles have been reported in Canada.

Two outbreaks have been confirmed is one that began in February and has since concluded, and the other began in March and involved five provinces.

Get into the Team Clean Summer Spirit!

It's been a great summer for Team Clean – the weather is warm and the smiles are bright as volunteers help clean up all around our two campuses!

This past July, more than 30 people attended Team Clean sessions on alternate days at both the Met and Ouellette campuses in July. Thank you to all of those who participated!

Initiated by Ved Uppal, a former pharmacist and WRH patient, Team Clean is your chance to enjoy a day outside where we can all pitch in to clean up around the hospital grounds. It's all about taking pride in our neighbourhoods and making the environment for patients and families a little better.

The environment around us is very important to Ved, who quotes Gandhi when he thinks of the work of Team Clean: "Be the change that you wish to see in the world."

If you missed the July dates, you can join the fun for the following days this month:

- Tuesday, August 15 - Met Campus – 8:30am to 11:30 am
- Thursday, August 17 - Ouellette Campus – 8:30am to 11:30 am

If you have a couple of hours or more to give, you are invited to join in this initiative. Participants will receive supplies, bottled water and an appreciation gift. Students needing to complete hours are encouraged to participate!

To register for Team Clean, please call Renee Hopes at 519-254-5577 ext.33184 or email renee.hopes@wrh.on.ca



Safety Spotlight Presents...



Meagan

Meet Meagan,

Meagan has been with WRH for 10 years and on both Joint Health & Safety Committee's (JHSC) for over 2 years as the Committee Recorder. Meagan indicates that she has learned so much about the inner workings of the hospital at both sites, more than what she knew before becoming the committee recorder. She finds it very interesting to see how every area of the hospital interacts with one another.

Meagan's favorite line from a movie is "Toe Pick!!" and if she ever won the lottery, she would take her whole family to Australia for a vacation.

Thank you Meagan for your time and dedication to the JHSC!

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL

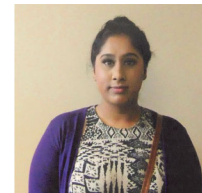


Jennifer Barry
REGISTERED
NURSE

FAMILY BIRTHING CENTRE



Chantel Simas
RADIOLOGY
TECHNOLOGIST
RADIOGRAPHY



Neema Kapadia
VOLUNTEER
PRE ADMISSION
DEPARTMENT



Dr. Neel Malhotra
PHYSICIAN
MEDICINE
GASTROENTEROLOGY



Lets take pride in our neighbourhood, participate in the Team Clean at Windsor Regional Hospital

TEAM CLEAN



Ved Uppal

"Be the change that you wish to see in the world"
Gandhi



Ved Uppal Invites You To "TEAM CLEAN"

TUESDAY, AUGUST 15 / MET CAMPUS / 8:30AM - 11:30AM

THURSDAY, AUGUST 17 / OUELLETTE CAMPUS / 8:30AM - 11:30AM

Volunteers will be picking up garbage, etc....making the environment for patients and families a little better.

If you have two hours or more to give, you are invited to join in this initiative - participants will receive supplies, bottled water and an appreciation gift.
(Students needing to complete hours are encouraged to participate)

To register call Renee Hopes at 519-254-5577 ext.33184 or email renee.hopes@wrh.on.ca to sign up to help.

WRH Pharmacy Residency Program Congratulated!

They did it again, achieving another residency research poster award! Congratulations to the Windsor Regional Hospital Pharmacy Residency Program for capturing another poster presentation citation on July 18th at St. Clair Centre for the Arts.

The annual event is part of the Canadian Hospital Pharmacists Association (CSHP) Southwestern Chapter requirement for all pharmacy residency programs to showcase their yearly research projects. At this year's conference, resident Afshin Azami took the first place prize with his research project entitled, 'Comparison of Weight-Based Versus Fixed-Dose Norepinephrine Dosing in Patients with Septic Shock'. Assisted by his two preceptors and coordinators of the program, Antoinette Duronia and Lidia Yrigoyen-DaCruz, Afshin's project won first place over 13 other research projects across Southwestern Ontario.



Photo above (l to r): Displaying their poster at the conference are Antoinette, Lidia and Afshin.

INDIA CANADA ASSOCIATION (WINDSOR-ESSEX COUNTY)
in association with
WINDSOR REGIONAL HOSPITAL FOUNDATION

Gala Dinner

Friday, September 15, 2017

Fogolar Furlan Club • Reception: 6:00pm/ Program: 7:00pm

Tickets are \$60.00 each or \$550 for a table of 10

India Canada Association would like to thank all those who enabled us in the past to change the lives of people around the world. Help us continue our work and join us for an enchanting evening of delicious Indian food, live Bollywood style entertainment, inspiration, socializing and fundraising.

Guest Speaker: Manjusha Pawagi

Judge, Mother, Cancer Survivor, Organ Donor Recipient and Author



For tickets and sponsorship please call:

Shrenik Parikh, President: 313-655-1658

Jason Sekhon: 519-981-1579 Paresh Jariwala: 519-317-7301
Nishitha Sharma: 226-975-5666 Taskeen Jamali: 519-566-9560
Gisele Seguin: 519-987-3160 Anju Bhatia: 519-566-8109

www.icadinner.ca



12th Annual running from

CANCER

Sunday
September 10/17

WHERE:
Lakewood Park
13451 Riverside Dr. E.
Tecumseh, ON

TIME:

Half Marathon	08:00
5k Start	08:00
Disney 1k	09:00
Disney Dash	09:00
Awards	09:30

Thank you to our sponsors:

LEAD SPONSORS
Johnny's Gas Bar & Car Wash
Domino's Pizza • Brooks

GOLD SPONSORS
New Balance Windsor • Running Factory
Sobeys • Tim Horton's
Wolverine Freight Systems • Mucci Farms

www.runningfromcancer.com
For further information contact (519) 735-4742

Proceeds benefit:

WINDSOR REGIONAL HOSPITAL
OUTSTANDING CARE - NO EXCEPTIONS!
Oncology Unit



WOULD LIKE TO INVITE YOU TO A
CAR CARE CLINIC
SATURDAY, AUGUST 26, 2017
8:00AM - 2:00PM

ATTENDEES WILL RECEIVE:

- A COMPLIMENTARY 55 POINT INSPECTION
- A CHOICE OF 25% OFF ESSENTIAL 1 OR 2, **OR** 15% OFF PARTS & LABOUR. If repairs are booked from inspection. Coupon supplied.

PLUS! For every service customer that attends that day, the Rafih Auto Group will donate \$10 to the



Customers can also make a donation and the Rafih Auto Group will match their donation.

Bring your family! Kids bouncy castle on-site!
 Enjoy a complimentary barbecue as well as coffee, donuts, & cold beverages

Plus! Free Gifts for Everyone!

To RSVP to our Car Care Clinic, please contact: Andrea Fera
 Call 1-855-346-4678 or email afera@rafihautogroup.com

519.254.4303 9425 Tecumseh Rd E, Windsor, ON

www.overseasbmw.com



The Rafih Auto Group Car Care Clinic on Saturday, August 26th is also offered at the following dealerships from 8:00 am to 2:00 pm:

Windsor Mazda, 9275 Tecumseh Rd. E. Windsor
 519-835-9275 www.windsormazda.com

Leamington Buick GMC, 108 Erie St. N. Leamington
 519-326-3206 www.leamingtongm.com

Jacuar of Windsor, 1150 Provincial Rd. Windsor
 519-972-6561 www.jarguarwindsor.com

Essex Countryside Chrysler, 458 Talbot Rd. N. Essex
 519-776-5287 www.countrysidechrysler.com

Eastway Toyota, 9375 Tecumseh Rd. E. Windsor
 519-979-1900 www.eastwaytoyota.com

Performance Ford, 1150 Provincial Rd. Windsor
 519-972-6500 www.performancefordwindsor.com

Overseas Motors Mercedes-Benz, 9225 Tecumseh Rd. E. Windsor
 519-254-0538
www.mercedes-benz-overseasmotors.ca

Lexus of Windsor, 9375 Tecumseh Rd. E. Windsor
 519-979-1900 www.lexusofwindsor.com

Overseas Motors BMW, Mini, 9475 Tecumseh Rd. E. Windsor 519-254-4303 www.oversieashmw.com

www.rafihautogroup.com

RECIPE OF THE WEEK
Peaches & Cream Charlotte

Makes 8-10 servings
Preparation: 45 min
Chilling Time: 3 hrs



INGREDIENTS

- 2 pkgs (85 g each) orange or lemon flavoured gelatin
- 1 cup (250 mL) boiling water
- 4 Ontario Peaches
- 3/4 cup (175 mL) pure liquid egg whites
- 1/3 cup (75 mL) granulated sugar
- 1/2 cup (125 mL) 35% Ontario Whipping Cream
- 20 to 25 ladyfinger cookies, about 4" (10 cm) in length
- 2 tbsp (25 mL) fresh lemon juice

DIRECTIONS

In medium bowl, combine gelatin and water; stir until gelatin is completely dissolved. Peel, halve and pit 3 peaches. In food processor or blender, purée peaches. Add to gelatin; stirring well. Place bowl containing peach mixture over large bowl of ice water and stir constantly until mixture cools and begins to thicken. Meanwhile, in large bowl, using electric mixer, beat egg whites until soft peaks form. Gradually beat in sugar and continue beating until stiff peaks form. In separate medium bowl, using electric mixer, whip cream until soft peaks form. Fold into egg whites. Remove bowl from ice water and whisk one-third of egg white-cream mixture into peach mixture. Gently fold in remaining egg white-cream mixture until well combined. Line bottom and sides of 8-inch (20 cm) springform cake pan with ladyfingers, arranging rounded side towards pan and cutting to fit, if necessary. Carefully spoon in peach mixture. Refrigerate until firm, about 3 hours. Place on serving plate and release sides of pan. Slice and pit remaining peach; dip in lemon juice. Garnish with peach slices, blueberries and mint..

NUTRIENTS Per serving (using 10 servings):

Calories: 265 kcal, Protein: 5 g, Fat: 6g, Carbohydrate: 49 g, Sugar 25g, Fibre: 2g, Sodium: 160mg

Submit your story to be considered for inclusion in next Frontline Tribune!

Email us at frontlinetribune@wrh.on.ca

VENDORS ON DISPLAY

AUGUST 8-11

MET CAMPUS: Home Instead, Hook & Needle Crafts, Scrub Shop, Funky Living

OUELLETTE CAMPUS: Robert Bishop Artist, Just Jewellery, Scrub Shop

AUGUST 14-18

Met Campus: Coconut Oil of Canada, Kidbits, Royal Marquis, Lories Glass, Little Red Door, Funky Living, Azara Boutique

Ouellette Campus: Lories Glass, Diane's Gifts, Little Red Door, Funky Living, Azara Boutique, Kidbits

* Please note that vendors subject to change.