



FRONTLINE AUGUST 21, 2017 TRIBUNE



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COMPASSION is our
PASSION



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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:
frontlinetribune@wrh.on.ca

Ron Foster, Editor
ron.foster@wrh.on.ca
519-254-5577 ext. 52003

Gisele Seguin
gisele.seguin@wrh.on.ca
519-254-5577 ext. 52008

Steve Erwin
steve.erwin@wrh.on.ca
519-254-5577 ext. 33350

David Lenz
david.lenz@wrh.on.ca
519-254-5577 ext. 32539



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@WRHospital

Ongoing Car Seat Safety

With so many new babies born at Windsor Regional Hospital and all of us are either new parents, relatives, acquaintances or our friends having babies; an effort is underway to remind us about Car Seat Safety and placing one's new baby in a car seat for the first time.

For infant car seats, there are two safety steps: Harnessing your baby in the seat and, placing the seat in your vehicle. Basic steps include reading the manufacturer's instructions for your particular vehicle. Newborn infants must travel in a rear-facing car seat. Never use a car seat that has been in a vehicle accident. Note that all car seats have an expiry date and it is not safe to use items or accessories that did not come with the car seat such as bunting bags, trays or comfort straps.

Positioning and securing baby in the car seat is very important. Tuck your baby's bottom into the back of the car seat, as snug to the back of the seat as possible. The chest clip should be at baby's arm pit level. This prevents the straps from slipping off your baby's shoulders. The straps must be tight. You should not be able to pinch a horizontal fold at the collarbone known as "the pinch test". If you can pinch up the straps, then they must be tightened. Dress the baby in an outfit that is not bulky. This will allow for access to the buckle between the baby's legs and ensures that the car seat can be adjusted to the correct position. Any blanket can be put on top of the baby after they are properly secured.

Harness Straps are important when installing car seat. Use the slot position that is at or just below the baby's shoulders. Lay the straps flat across the baby's body, ensuring that there are no twists or wrinkles in the straps. Ensure the straps are snug with no sagging. And to add further safety, place rolled towels or receiving blankets on either side of the infant to help support the torso.

Important Tips related to Car Seat Safety. Legally, babies and children must be buckled up in a child restraint appropriate to their weight, height and age. There are many varieties of infant seat or stroller combinations. Assess the car seat and stroller separately and note that your baby will often outgrow the infant car seat long before they will stop using the stroller. Remember to register your car seat with the manufacturer to be informed of any recalls or safety notifications. There is a National Safety Mark sticker on any approved infant or child car seat.

For additional information on Car Seat Safety, go to:

- Transport Canada at www.tc.gc.ca
- Infant & Toddler Safety Association www.infantandtoddlersafety.ca
- www.cpsac.org
- www.gbhs.ca
- Ontario Ministry of Transportation (MTO) www.mto.gov.on.ca



Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

- AUG 26** **Car Care Clinic**
Rafih Auto Group
Various location, see flyer page 3
- SEP 10** **Running From Cancer**
Lakewood Park
13451 Riverside Drive East, Windsor
- SEP 15** **India Canada Association Dinner**
Fogolar Furlan Club of Windsor
1800 N Service Road, Windsor
- SEP 30** **W.E. Care For Kids Toy Raffle**
Ciociaro Club
3745 North Talbot Road, Windsor
- OCT 14** **Baby Steps Annual 5K Walk**
Essex Arena
60 Fairview Ave West, Essex
- OCT 26** **Do Good Divas "A Night In Handbag Heaven" Gala**
Giovanni Caboto Club
2175 Parent Avenue, Windsor
- NOV 03** **W.E. Care For Kids Gala**
St. Clair Centre For The Arts
201 Riverside Drive West, Windsor
- NOV 03** **City of Roses Emergency Medicine Conference**
Ciociaro Club
3745 North Talbot Road, Windsor
- JAN 21** **EUROPRO Vertical Climb**
FCA Chrysler Facility
1 Riverside Drive West, Windsor
- MAR 07** **Hats On For Healthcare Day**
www.hatsonforhealthcare.com



Globalization has accelerated the rate at which microbes travel around the world, leading to increasing numbers of infectious disease outbreaks, such as SARS, Ebola, and Zika.

Vendor Program Expands At Ouellette Campus

Things are looking up for the Vendor Program at the Ouellette Campus with expanding the area for showcasing vendors and their products.

The current area on the 1st Floor, adjacent the stairwell is now a secondary area with the main vendor area now located on the first floor, right of the Ouellette Avenue entrance/Cashiers office, just down the hallway, past the Resource Library. The area is a throughway to the Jeanne Mance Building and has sufficient space to accommodate any vendor requesting an opportunity to showcase their products to patients, families, staff and volunteers.

As a reminder, the Vendor Program at the Met Campus continues to service customers on the 1st Floor West Hallway between the main elevators and the cafeteria.

VENDORS ON DISPLAY

AUGUST 21 - 25, 2017

MET CAMPUS: Coconut Oil of Canada, Azara Boutique, Creative Kids

OUELLETTE CAMPUS: Magnolia & Vine, Stuffed Bears

** Please note that vendors subject to change.*

Summer is a typically challenging time for blood donations especially leading into and out of a long weekends. Our Windsor Blood Donor Clinic is booked at only 56% of its need.

Windsor Blood Donor Clinic

3909 Grand Marais Road East, Windsor

*Monday: 3 p.m. – 7 p.m.

Tuesday: 3 p.m. – 7 p.m.

Wednesday: 3 p.m. – 7 p.m.

Thursday: 11:30 a.m. – 7:30 p.m.

Friday: 8 a.m. – 12 NOON

Saturday: 8 a.m. – 12 NOON

Safety Spotlight Presents...



Tina

Meet Tina,

Tina is a Radiation Therapist and has been with Windsor Regional Cancer Center for 28 years and has represented the PIPSC union group on the Joint Health & Safety Committee (JHSC) for 15 years. If there was only one 'safety' word Tina would use to describe herself, it would be – prevention. Her favorite food is pizza and brownies, and she is inspired by her mother, a strong woman who worked as an RN in healthcare.

Thank you Tina for your time and dedication to the JHSC!

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL

Jennifer Barry

REGISTERED
NURSE
FAMILY BIRTHING CENTRE

Chantel Simas

RADIOLOGY
TECHNOLOGIST
RADIOGRAPHY

Neema Kapadia

VOLUNTEER
PRE ADMISSION
DEPARTMENT

Dr. Neel Malhotra

PHYSICIAN
MEDICINE
GASTROENTEROLOGY

Rafih Auto Group Serving Ontario For Over 40 Years

Terry Rafih has been in the automotive industry since 1985. He has accomplished much with his dedicated and trained professional team. The Rafih Team is ready to assist each and every client with excellent customer service and satisfaction at all times. The automotive industry is not only Terry's way of doing business, it is also his passion! Married to his wife, , they have four children. Mr. Rafih is known to state, "I work eight days a week to ensure customer satisfaction is reached beyond expectations."

The Rafih Auto Group of Windsor represents all of the great domestic and foreign brands you've come to know and trust. The upcoming Car Care Clinic on August 26 at many dealerships listed in the adjoining advertisement, is a testament to the diversity of products available to any client looking for a reliable, stylish, affordable vehicle.

Windsor Regional Hospital and Windsor Regional Hospital Foundation are pleased to be associated with the Rafih Auto Group as it continues to provide a significant donation toward the future Windsor-Essex Hospitals System and direct support to the future state-of-the-art single site acute care hospital through its many annual events. Their Employee Incentive Program provides staff with opportunities to save on service or on the purchase or lease of a new or pre-owned vehicle.

The Rafih Auto Group is dedicated to making it easy for you to obtain information you require, call 1-888-356-3062 or go to www.rafihautogroup.com for quick and reliable service.



Overseas Motors BMW



WINDSOR



WOULD LIKE TO INVITE YOU TO A
CAR CARE CLINIC
SATURDAY, AUGUST 26, 2017
8:00 AM - 2:00 PM

ATTENDEES WILL RECEIVE:

- A COMPLIMENTARY 55 POINT INSPECTION
- A CHOICE OF 25% OFF ESSENTIAL 1 OR 2, OR
15% OFF PARTS & LABOUR. If repairs are booked from inspection. Coupon supplied.

PLUS! For every service customer that attends that day, the Rafih Auto Group will donate \$10 to the



Customers can also make a donation and the Rafih Auto Group will match their donation.

Bring your family! Kids bouncy castle on-site!
Enjoy a complimentary barbecue as well as
coffee, donuts, & cold beverages

Plus! Free Gifts for Everyone!

To RSVP to our Car Care Clinic, please contact: Andrea Fera
Call 1-855-346-4678 or email afera@rafihautogroup.com

519.254.4303 9425 Tecumseh Rd E, Windsor, ON

www.overseasbmw.com



Aboriginal Relationship & Cultural Competency Courses

Complete all 9 courses online at your own pace
by September 29, 2017 for a chance to

Win 1 of 5 \$100 gift cards

Open to all healthcare providers and administrators
Accredited by the College of Family Physicians of Canada
and the Ontario Chapter

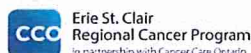
Strengthen your cultural competency and understanding of
First Nation, Inuit and Metis history to improve patient health
outcomes and improve patient-centred care

It's easy to participate!

- Register and access the courses online for free at elearning.cancercare.on.ca
- Each course takes approximately 1 hour to complete
- After completing all 9 courses, you will receive a Certificate of Completion
- Email your certificate to Audrey.Logan@wrh.on.ca and indicate your department
- You will be entered to win!

Previously completed these courses? You're still eligible to win!
Email your certificate to Audrey.Logan@wrh.on.ca

Questions? Contact Audrey Logan at
Audrey.Logan@wrh.on.ca or 519-995-9523



The Rafih Auto Group Car Care Clinic on Saturday, August 26th is
also offered at the following dealerships from 8:00 am to 2:00 pm:

Windsor Mazda, 9275 Tecumseh Rd. E. Windsor
519-835-9275 www.windsormazda.com

Leamington Buick GMC, 108 Erie St. N. Leamington
519-326-3206 www.leamingtongm.com

Jacuar of Windsor, 1150 Provincial Rd. Windsor
519-972-6561 www.jacuarwindsor.com

Essex Countryside Chrysler, 458 Talbot Rd. N. Essex
519-776-5287 www.countrysidechrysler.com

Eastway Toyota, 9375 Tecumseh Rd. E. Windsor
519-979-1900 www.eastwaytoyota.com

Performance Ford, 1150 Provincial Rd. Windsor
519-972-6500 www.performancefordwindsor.com

Overseas Motors Mercedes-Benz, 9225 Tecumseh Rd. E. Windsor
519-254-0538
www.mercedes-benz-overseasmotors.ca

Lexus of Windsor, 9375 Tecumseh Rd. E. Windsor
519-979-1900 www.lexusofwindsor.com

Overseas Motors BMW, Mini, 9475 Tecumseh Rd. E. Windsor
519-254-4303 www.oversieashmw.com

www.rafihautogroup.com

INDIA CANADA ASSOCIATION (WINDSOR-ESSEX COUNTY)
in association with
WINDSOR REGIONAL HOSPITAL FOUNDATION

Gala Dinner

Friday, September 15, 2017

Fogolar Furlan Club • Reception: 6:00pm/ Program: 7:00pm
Tickets are \$60.00 each or \$550 for a table of 10

India Canada Association would like to thank all those who enabled us in the past to change the lives of people around the world. Help us continue our work and join us for an enchanting evening of delicious Indian food, live Bollywood style entertainment, inspiration, socializing and fundraising.

Guest Speaker: Manjusha Pawagi
Judge, Mother, Cancer Survivor, Organ Donor Recipient and Author



For tickets and sponsorships please call:

Shrenik Parikh, President: 313-655-1658
Jason Sekhon: 519-981-1579 Paresh Jariwala: 519-317-7301
Nishtha Sharma: 226-975-5666 Taskeen Jamali: 519-566-9560
Gisele Seguin: 519-987-3160 Anju Bhalifa: 519-566-8109

www.icadinner.ca



RECIPE OF THE WEEK

Corn & Mushroom Risotto

Makes 4 servings
Preparation: 10 min
Cook Time: 30 min



INGREDIENTS

- 2 cobs of sweet corn, husked
- 1 can (10 oz/284 mL) condensed chicken broth
- 4 tsp (20 mL) olive oil
- 1 cup (250 mL) sliced Mushrooms
- 1 large onion, chopped
- 1/4 cup (50 mL) finely chopped prosciutto
- 1 cup (250 mL) arborio rice
- 3 tbsp (45 mL) chopped fresh Ontario Parsley
- Pepper and freshly grated Parmesan cheese

DIRECTIONS

With sharp knife, cut corn kernels from cobs to make 2 cups (500 mL); set aside. In large glass measure, combine broth and equal amount of water; set aside. In nonstick Dutch oven, heat oil over medium heat. Add mushrooms, onion and prosciutto; cook, stirring for 3 minutes. Stir in rice and 1-3/4 cups (425 mL) of the broth; bring to boil. Reduce heat, cover and simmer 8 to 10 minutes, stirring occasionally or until most of the liquid is absorbed. Stir in corn and remaining broth; return to boil. Reduce heat, cover and simmer 10 to 12 minutes or until rice is creamy but still slightly firm in centre. Stir in parsley and season with pepper to taste. Serve immediately sprinkled with Parmesan cheese.

NUTRIENTS Per serving:

Calories: 342 kcal, Protein: 10 g, Fat: 7g, Carbohydrate: 60 g, Sugar 10g, Fibre: 5g, Sodium: 500mg

NEW

Quality Based Procedures (QBPs) Pathway Bundles

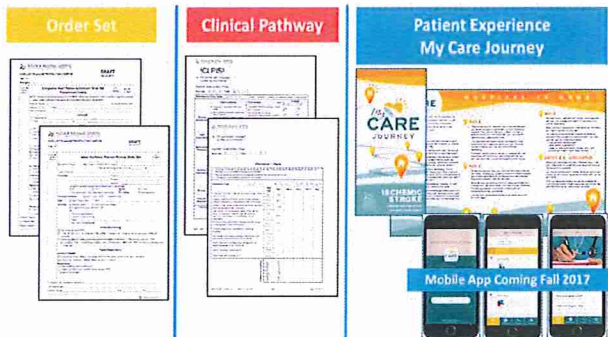
On August 21st, new patients with these primary diagnoses must receive the QBP Pathway Bundle.

When the Order Set is used, it will come with the Clinical Pathway and My Care Journey booklet.

Order Set: Transitional & Inpatient Phase
Clinical Pathway: Review q shift & at Care Rounds
My Care Journey: Provide to soon after admission and explain it is a typical patient journey

Starts August 21st

**COPD
Pneumonia (CAP)
CHF
Ischemic Stroke
Hip Fracture**



If you have further questions, ask your Operations Manager or CPM or email future@wrh.on.ca



12th Annual running from CANCER

Sunday
September 10/17

WHERE:
Lakewood Park
13451 Riverside Dr. E.
Tecumseh, ON

TIME:
Half Marathon 08:00
5k Start 08:00
Disney 1k 09:00
Disney Dash 09:00
Awards 09:30

Thank you to our sponsors:

LEAD SPONSORS
Johnny's Gas Bar & Car Wash
Domino's Pizza • Brooks

GOLD SPONSORS
New Balance Windsor • Running Factory
Sobeys • Tim Horton's
Wolverine Freight Systems • Mucci Farms



www.runningfromcancer.com
For further information contact (519) 735-4742

Proceeds benefit:

