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TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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@WRHospital

Windsor Regional Hospital Prepares For Legislated 100% Smoke-Free On Hospital Property

Windsor Regional Hospital and the Windsor-Essex Health Unit have collaborated to inform staff, patients, families and the community coming to Windsor Regional Hospital that as of January 1, 2018, no one is allowed smoke on hospital property grounds.

Provincial legislation comes into effect on January 1, 2018 and will prohibit smoking cigarettes, e-cigarettes, medical marijuana or any other tobacco product on hospital property!

Currently, the Smoke-free Ontario Act allows for one designated smoking area for every hospital in Ontario. These locations will be removed effective the New Year at both the Met Campus and Ouellette Campus.

The Windsor Essex Health Unit Tobacco Enforcement Officers Unit, which gives their enforcement officers reasonable grounds to lay charges, have been proactively inspecting hospitals and have worked with WRH Security since regulations were first introduced in 2016. Violators are subject to a fine of \$305 for a first offence. "We feel we have made great progress in protecting the health of WRH patients, staff, guests and volunteers and look forward to our successful partnerships with staff and security in the New Year." stated Eric Nadalin, Manager of Chronic Disease and Injury Prevention for the Health Unit.

"We want to remind the community about what the legislation dictates and also to be mindful and courteous of those around them," said David Musyj, President and CEO. "It is challenging for security to have to enforce smoking restrictions constantly around our campuses. Whether you are staff, a patient or visitor; if you choose to smoke, please do so in the designated areas, remembering that as of January 1st, you will not be allowed to smoke anywhere on our hospital property."

In additional, Ed Duda, Clinical Practice Manager, Respiratory Therapy, helps patients who want to stop smoking, offering nicotine replacement therapy products to patients who are struggling to quit smoking. WRH also offers smoking cessation programs. The Windsor Essex Health Unit also has several educational programs to help those who want to quit the habit of smoking.

At a recent media event, recognition was given to Ved Uppal, Coordinator of Team Clean. Ved was a patient and saw the need for improving the outdoor environment of each hospital site, including that of unsightly cigarette butts. The Team Clean volunteers began cleaning up both campuses last summer and have continued this season with great success.

With the total smoke free legislation in place on January 1, it is anticipated some smokers will venture off to private property and those individuals are reminded to be respectful of residents who live around both campuses.

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

- SEP 10** **Running From Cancer**
Lakewood Park
13451 Riverside Drive East , Windsor
- SEP 15** **India Canada Association Dinner**
Fogolar Furlan Club of Windsor
1800 N Service Rodd, Windsor
- SEP 30** **W.E. Care For Kids Toy Raffle**
Ciociaro Club
3745 North Talbot Road, Windsor
- OCT 14** **Baby Steps Annual 5K Walk**
Essex Arena
60 Fairview Ave West, Essex
- OCT 15** **Essex County Chinese Association Walkathon**
Dieppe Park
78 Riverside Drive West, Windsor
- OCT 26** **Do Good Divas "A Night In Handbag Heaven" Gala**
Giovanni Caboto Club
2175 Parent Avenue, Windsor
- NOV 03** **W.E. Care For Kids Gala**
St. Clair Centre For The Arts
201 Riverside Drive West, Windsor
- NOV 03** **City of Roses Emergency Medicine Conference**
Ciociaro Club
3745 North Talbot Road, Windsor
- JAN 21** **EUROPRO Vertical Climb**
FCA Chrysler Facility
1 Riverside Drive West, Windsor
- MAR 07** **Hats On For Healthcare Day**
www.hatsonforhealthcare.com



The recently released 2015 Global Burden of Disease Study estimates that in 2015 lower respiratory tract infections were responsible for 2.74 million deaths and resulted in 103 million lost disability-adjusted life years in 195 countries.

Coming Soon To WRH: A New Mobile-Friendly Recovery Guide For Patients And Families!

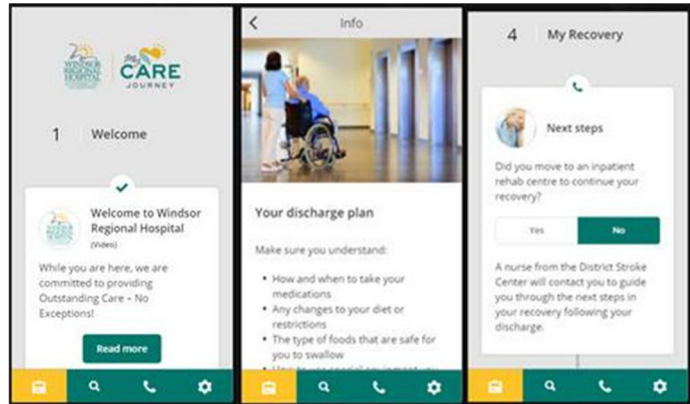
This summer, members of the SOP QBP Program have been working on a new tool to make the recovery process a little easier for patients and loved ones. The WRH Patient Journey App provides helpful information about a patient's medical condition, a daily guide to what they can expect while in the hospital and tips to prepare them for next steps after discharge.

Once patients install the app from the App Store, they will simply choose their diagnosis and the date of admission. When they press start, a personal timeline will be created and they will receive notifications with tips that will help them remain active role in their recovery.

A soft launch/pilot is planned for early September for patients with Ischemic Stroke. If all goes well, the app will be available later this fall in the Apple App Store and Google Play store for patients who are admitted with COPD, Community Acquired Pneumonia, CHF, and Hip fracture, with more diagnoses to follow.

The App is another tool being used as part of the QBP Patient Pathway Improvement Bundles that were launched in August. These bundles include information for clinical staff, physicians, patients and family members to ensure everyone is on the same page with clear expectations of care. The goal is to keep patients better informed about what to expect during their hospital stay and properly prepare them for discharge.

"QBP is helping to standardize the care patients receive across the organization," said Sharra Hodgins, Operations Manager of the Cath Lab. "It allows structure and some predictability to the care patients are receiving, all while keeping the patients more informed and involved in their care."



VENDORS ON DISPLAY

SEPTEMBER 4 - 8, 2017

Met Campus - Funky Living, Scrub Shop.

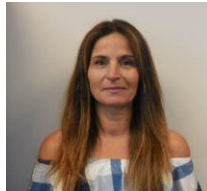
Ouellette Campus - Robert Bishop Artist, Royal Marquis, Coconut Oil of Canada

* Please note that vendors are subject to change.

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Anish Krishnan
PHARMACY
RESIDENT
PHARMACY



Angela Agostini
ENVIRONMENTAL
SERVICE WORKER
HOUSEKEEPING



Catherine Ciampa
MRD TECHNICIAN
MEDICAL DEVICE
REPROCESSING DEPARTMENT



Jake Nussey
FOOD SERVICE
WORKER
FOOD AND NUTRITION

Aboriginal Relationship & Cultural Competency Courses

Complete all 9 courses online at your own pace by September 29, 2017 for a chance to

Win 1 of 5 \$100 gift cards

Open to all healthcare providers and administrators
Accredited by the College of Family Physicians of Canada and the Ontario Chapter

Strengthen your cultural competency and understanding of First Nation, Inuit and Metis history to improve patient health outcomes and improve patient-centred care

It's easy to participate!

- Register and access the courses online for free at elearning.cancercare.on.ca
- Each course takes approximately 1 hour to complete
- After completing all 9 courses, you will receive a Certificate of Completion
- Email your certificate to Audrey.Logan@wrh.on.ca and indicate your department
- You will be entered to win!

Previously completed these courses? You're still eligible to win!
Email your certificate to Audrey.Logan@wrh.on.ca

Questions? Contact Audrey Logan at Audrey.Logan@wrh.on.ca or 519-995-9523



RECIPE OF THE WEEK

Picnic Bento Lunch

Makes 1 servings
Preparation: 30 min
Cook Time: 30 min



INGREDIENTS

- 3 peach slices, halved
- 6 pearl-size mozzarella balls
- 2 thin slices prosciutto, cut into 6 pieces
- ½ cup cooked cheese tortellini (see Tip)
- 2 tbsp. diced carrot
- 2 tbsp. corn
- 1 tbsp chopped fresh basil
- 1 tbsp white balsamic vinegar
- 1 tsp extra-virgin olive oil
- 1 tsp grated Parmesan cheese
- 1 cup cherries
- 3-5 mini bell peppers
- 1 tablespoon sunflower seeds

DIRECTIONS:

On each of three 4-inch skewers, alternate a peach slice, mozzarella ball and prosciutto slice, then repeat. Pack the skewers in a medium container. Toss tortellini, carrot, corn, basil, vinegar, oil and Parmesan together in a medium bowl. Pack in a medium container. Pack cherries, bell peppers and sunflower seeds in small-to-medium containers.

NUTRIENTS Per serving:

Calories: 455 kcal, Protein: 19 g, Fat: 16g, Carbohydrate: 59 g, Sugar 31g, Fibre: 8g, Sodium: 723mg

Chloe To The Rescue!

4 year old, Chloe had her birthday recently and with her mom's help, asked if family and friends would donate so she could go shopping for items that kids in the hospital would like. She accomplished her mission with up to \$100 in a variety of items and activities purchased that Child Life staff can use in the Treasure Chest. The Treasure Chest is a way to reward young patients while going through a procedure or treatment in the hospital.

Thank you Chloe for paying it forward through the donations in lieu of birthday gifts.



Photo above: Chloe, with Holly Whitehead, Child Life Services accepting a table full of gifts.

INDIA CANADA ASSOCIATION (WINDSOR-ESSEX COUNTY)
in association with
WINDSOR REGIONAL HOSPITAL FOUNDATION

Gala Dinner

Friday, September 15, 2017

Fogolar Furlan Club • Reception: 6:00pm/ Program: 7:00pm

Tickets are \$60.00 each or \$550 for a table of 10

India Canada Association would like to thank all those who enabled us in the past to change the lives of people around the world. Help us continue our work and join us for an enchanting evening of delicious Indian food, live Bollywood style entertainment, inspiration, socializing and fundraising.

Guest Speaker: Manjusha Pawagi
Judge, Mother, Cancer Survivor and Author



For tickets and sponsorships please call:

Shrenik Parikh, President: 313-655-1658
Jason Sekhon: 519-981-1579 Paresh Jariwala: 519-317-7301
Nishtha Sharma: 226-975-5666 Taskeen Jamali: 519-566-9560
Gisele Seguin: 519-987-3160 Anju Bhatia: 519-566-8109
Purnimaji Kumar: 519-903-7237



www.icadinner.ca



United Way Campaign 2017 Offering Prizes, Pledges and Commitment To The Community

United Way Campaign 2017 – Offering Prizes, Pledges and Commitment to Community!

The Windsor Regional Hospital United Way Campaign will commence on September 13, 2017.

United Way of Windsor/Essex County supports thousands of people across the community in need. Currently, United Way supports three key priorities – reducing poverty, supporting kids and families and, strengthening neighbours across Windsor and Essex County.

For all those making a donation, you are entered into a draw for several prizes being offered that include Days off with pay, Adventure Bay Passes, Tim Horton gift cards and more. A donation of only \$1 a pay for 26 weeks makes you eligible for all prizes.

Pledge forms will be distributed to all staff during the first week of the campaign. Look for your personal letter in your department mailbox.

Visit the WRH Intranet to learn more about the United Way Campaign. Note that those who already donate through payroll deduction, you need to renew your annual commitment by simply checking off the Continuous Giving Option on the donor card.

For further information, go to www.weareunited.com.

TOGETHER WE CAN
MAKE A DIFFERENCE!



United Way
Centraide
Windsor-Essex County



WINDSOR
REGIONAL
HOSPITAL
OUTSTANDING CARE – NO EXCEPTIONS



2017 UNITED WAY CAMPAIGN

Look for your United Way Pledge Card on September 13th
in Mail Slots, on the Intranet or on Display Tables in Lobbies

EARLY
BIRD
DRAW

Return your pledge card and raffle ticket (see below) by

NOON, THURSDAY, SEPTEMBER 21, 2017

to Linda McLean, Public Affairs (Ext. 52005) OR

David Lenz, Public Affairs (Ext 32539) and you will be **ELIGIBLE TO WIN:**

\$600 in Gift Cards of Your Choice!

(Get yourself an Apple TV, the latest fashion or free groceries for a month!)

EARLY
BIRD
DRAW

All pledge cards and raffle tickets returned by

Noon - Thursday, September 28th

Will be eligible to WIN one of the following prizes:

- (7) Different Prizes Each of One Day Off With Pay
- (2) Rafin Auto Group Gold Detail Certificates (Value \$250 each)
- (2) Adventure Bay 4-Pack Family Passes
- (1) Betty Crocker Chopper and 3 piece Colander set
- (1) George Foreman Multi Cooker
- (1) 4 Piece Silicone Bakeware and Set of Non Stick Baking Pans
- (1) Free Oil Change Compliments of Maple Lube
- (5) \$20 Tim Hortons Gift Cards

Minimum \$26 (\$1 per pay or Cheque/Cash/Credit Card) donation to be eligible

DETACH Ticket for Draw: **Return WITH Pledge Card** to the Public Affairs/Foundation Offices:
Met Campus: Linda McLean; Ouellette Campus: David Lenz. Pledge card must accompany raffle ticket.

Name: PLEASE PRINT

Department:
(please print)

Extension:

You did it!
Congratulations

To All Staff On Surviving The Great Flood Of 2017!

All staff are thanked for going above and beyond last week during the flooding at Met and Ouellette Campuses and working tirelessly to get us back to normal operations.

All Windsor Regional Hospital (Professional Staff, Employees, Volunteers and Affiliates) are invited to enjoy a specialty drink such as a "Floody Mary, High Water Mule or Sink or Swim Sling". (while supplies last)

WEDNESDAY, SEPTEMBER 6 / 2PM - 4PM
Ouellette Campus Cafeteria
(11PM 1st Floor Main Hallway)

THURSDAY, SEPTEMBER 7 / 2PM - 4PM & 11PM
Met Campus Lobby

12th Annual running from CANCER

Sunday
September 10/17

WHERE:
Lakewood Park
13451 Riverside Dr. E.
Tecumseh, ON

TIME:

| | |
|---------------|-------|
| Half Marathon | 08:00 |
| 5k Start | 08:00 |
| Disney 1k | 09:00 |
| Disney Dash | 09:00 |
| Awards | 09:30 |

Thank you to our sponsors:

LEAD SPONSORS
Johnny's Gas Bar & Car Wash
Domino's Pizza • Brooks

GOLD SPONSORS
New Balance Windsor • Running Factory
Sobeys • Tim Horton's
Wolverine Freight Systems • Mucci Farms



www.runningfromcancer.com

For further information contact (519) 735-4742

Proceeds benefit:

WINDSOR REGIONAL HOSPITAL
OUTSTANDING CARE – NO EXCEPTIONS!
Oncology Unit