

SAVE THE DATE

20th W.E. CARE FOR KIDS GALA

FRIDAY, NOVEMBER 3, 2017
ST. CLAIR COLLEGE CENTRE FOR THE ARTS
201 RIVERSIDE DRIVE WEST, WINDSOR, ON

Reminder To Complete Your Quality Of Worklife Survey

This is an opportunity for staff to provide their feedback and opinions about working at Windsor Regional Hospital. The survey provides valuable information about how we, as a leadership team, are perceived by staff and achieving results on initiatives. The data can really drive additional improvements moving forward. Everyone completing a survey is entered into a draw for a FITBIT at each campus. If you need to complete a survey manually, contact Human Resources at Ext. 32532 and it will be provided to you. To access the survey link go to www.wrhone.ca

JOIN US FOR THE ULTIMATE CULINARY CONCERT!



PRESENTED BY THE WINDSOR KENT SUN LIFE FINANCIAL CENTRE

Thursday, November 2, 2017
11:00 a.m. - 2:00 p.m.
St. Clair College Centre for the Arts
201 Riverside Drive West, Windsor

Tickets available at the door or in advance at the Windsor Kent Sun Life Financial Centre, Windsor Symphony, and W.E. Care

Windsor Kent Sun Life Financial Centre
519-974-3200 | sunlife.ca/windsorkent
Greenwood Centre
3200 Deziel Drive, Suite 508,
Windsor, ON N8W 5K8

Life's brighter under the sun

Sun Life Assurance Company of Canada is a member of the Sun Life Financial group of companies. © Sun Life Assurance Company of Canada, 2017.

FEATURING: **WYO**
Windsor Symphony Youth Orchestra

IN SUPPORT OF
WINDSOR SYMPHONY YOUTH ORCHESTRA
AND
W.E. CARE FOR KIDS
Windsor Essex Care For Kids Foundation



RECIPE OF THE WEEK

Ravioli & Vegetable Soup

Makes 4 Servings - 2 cup servings
Preparation: 25 min / Cook Time: 25 min



INGREDIENTS

- 1 tablespoon extra-virgin olive oil
- 2 cups frozen bell pepper and onion mix, thawed and diced
- 2 cloves garlic, minced
- ¼ teaspoon crushed red pepper, or to taste (optional)
- 1 28-ounce can crushed tomatoes, preferably fire-roasted
- 1 15-ounce can vegetable broth or low sodium chicken broth
- 1½ cups hot water
- 1 teaspoon dried basil or marjoram
- 1 (8 ounce) package fresh or frozen cheese (or meat) ravioli, preferably whole-wheat
- 2 cups diced zucchini, (about 2 medium)
- Freshly ground pepper to taste

DIRECTIONS

Heat oil in a large saucepan or Dutch oven over medium heat. Add pepper-onion mix, garlic and crushed red pepper (if using) and cook, stirring, for 1 minute. Add tomatoes, broth, water and basil (or marjoram); bring to a rolling boil over high heat. Add ravioli and cook for 3 minutes less than the package directions. Add zucchini; return to a boil. Cook until the zucchini is crisp-tender, about 3 minutes. Season with pepper.

NUTRIENTS Per serving:

Calories: 261 kcal, Protein: 11 g, Fat: 8g, Carbohydrate: 33 g, Sugar 12g, Fibre: 7g, Sodium: 354mg

NOVEMBER 09

FREE

BRAIN INJURY ASSOCIATION OF WINDSOR & ESSEX COUNTY PRESENTS

USE YOUR HEAD

FREE SPORTS CONCUSSION WORKSHOP

09 NOVEMBER TWENTY-SEVENTEEN [2017]

Caboto Club 2175 Parent Ave., Windsor ON. (Marconi Room)

6:30 - 8:30pm
(doors open at 6pm)

To register please use the following eventbrite link
<https://useyourhead2017.eventbrite.ca>

WWW.BIAWE.COM

GUEST SPEAKERS

- **Amanda O'Brien:** Pre-Season Concussion Education
- **Dave Stoute:** Sideline Head Injury Recognition and Identification
- **Dr. Erin Picard:** Return to Learn and Return to Play Steps
- **Dr. Dana Sestija:** Medical Assessment and Concussion Management



Funded by a WFCU Community Grant

FRONTLINE TRIBUNE

OCTOBER 30, 2017

VOLUME 5 / EDITION 40

COMPASSION is our PASSION

WINDSOR REGIONAL HOSPITAL
OUTSTANDING CARE - NO EXCEPTIONS

The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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WRH Captures Another Healthy Workplace Award

October is Canada's Healthy Workplace Month and it was created to increase awareness of the value of a comprehensive approach to workplace health. The Windsor-Essex County Health Unit, in collaboration with the Working Toward Wellness Committee developed the workplace awards in 2001. Now known as the Gord Smith Healthy Workplace Awards, it was named after Mr. Smith due to his outstanding leadership to improve the health of our community.

The purpose of the awards program is to recognize local workplaces that provide comprehensive workplace wellness programs. The idea is available to all workplaces in Windsor and Essex County, regardless of company size or how established a workplace program may be. Award recipients must demonstrate a strong commitment to improve health by promoting and supporting a robust approach to wellness for employees and ideally, for families and retirees.

Windsor Regional Hospital received a Platinum Award this year from the Gord Smith Healthy Workplace Awards and Bike Friendly Workplace Awards ceremony held on October 18, 2017.



Photo (l to r): Melissa Simas, Krista Miller, Karen Watson, Mitali Kapadia, Denise Harpe and Jon Beveridge receiving the Platinum Award on behalf of Windsor Regional Hospital.

Windsor Regional Hospital is dedicated to the welfare of its employees through physical activities and proper nutrition. As a hospital, we believe in "practicing what we preach" and encouraging all staff to live the best lives they can. It is for this reason that we have committed to many programs and services that support physical activity at work and provide healthy food choices throughout the hospital. During lunch, WRH Healthy Lifestyles offers Yoga for 45 minutes with sessions five times per year and Pilates and Stretch & Tone for one-hour. Staff has indicated that Yoga has helped them balance their work and lifestyle, assisting with physical and mental balance, resulting in a direct effect on their work.

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:
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@WRHospital

Visit our website for more information at www.wrhone.ca



OUTSTANDING CARE - NO EXCEPTIONS!

UPCOMING EVENTS

- NOV 03** **W.E. Care For Kids Gala**
St. Clair Centre For The Arts
201 Riverside Drive West, Windsor
- NOV 03** **City of Roses Emergency Medicine Conference**
Ciociaro Club
3745 North Talbot Road, Windsor
- NOV 09** **Use Your Head Concussion Workshop**
Caboto Club
2175 Parent Avenue, Windsor
- DEC 12** **Dedicated Years Of Service**
Ouellette Campus
1030 Ouellette Avenue
- DEC 17** **Dedicated Years Of Service**
Met Campus
1995 Lens Avenue
- DEC 17** **Children's Christmas Party**
Ciociaro Club
3745 North Talbot Road, Windsor
- JAN 21** **EUROPRO Vertical Climb**
FCA Chrysler Facility
1 Riverside Drive West, Windsor
- JAN 27** **Transition To Betterness Gala**
Caesars Windsor
377 Riverside Drive East, Windsor
- FEB 03** **In Honour Of The One We Love Gala**
Ciociaro Club
3745 North Talbot Road, Windsor
- MAR 03** **Windsor Express Game For Hats On For Healthcare**
WFCU Centre
8787 McHugh Street, Windsor



A recent study found that climate change has likely spurred infectious disease outbreaks, including Zika, malaria, and dengue. Extra rainfall and warm temperatures contributed to higher transmission rates.

Get the **FLU SHOT** not the flu!

METROPOLITAN CAMPUS



- Oct 30** - 10:30am - 12:30pm - Admin Conf #1
2:30-4:30pm - Admin Conf Rm #1
- Oct 31** - 10:30am - 12:30pm - 2East Classroom
2:30-4:30pm - Admin Conf Rm #1
- Nov 1** - 10:30am-12:30pm - Critical Care (ICU)
2:30-4:30pm - Volunteer Desk (Bsmt)
- Nov 2** - 6:30am-8:30am - Vendor Hallway
- Nov 3** - 6:30am-8:30am - Vendor Hallway



QUELLETTE CAMPUS

Starting in **NOVEMBER**, flu shots will also be available at



Ouellette Campus, ext. 32181
Monday to Friday, 9am-5pm



1909 Tecumseh Rd E
M-F 9am-5pm, 519-977-0090

VENDORS ON DISPLAY OCTOBER 30 - NOVEMBER 3, 2017

Met Campus: Scrub Shop, Thermal Clothing Co., Diane's Gifts, Little Red Door, Azara Boutique, Funky Living, Monique's Boutique, CRG Jewellery, Dr. Vizirakis

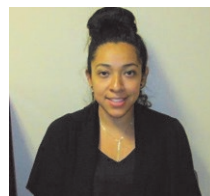
Ouellette Campus: Lories Glass, Thermal Clothing Co., CRG Jewellery, Little Red Door

Please note: Vendors subject to change.

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Cheryl Davies
ENVIRONMENTAL SERVICE
WORKER
HOUSEKEEPING



Cindy Juarez
REGISTERED PRACTICAL
NURSE
8W NEUROLOGY



Rachel Richard
FOOD SERVICE
WORKER
FOOD & NUTRITION



Katherine Deschamps
REGISTERED
NURSE
MENTAL HEALTH



WRH HEALTH SCIENCES LIBRARY

OPEN HOUSE

TUESDAY, 31 OCTOBER / 8am-4pm
OUE & MET CAMPUS LIBRARIES

TOURS, RESOURCE DEMOS & SERVICE ENROLLMENT

SPINE CHILLING
ACTIVITIES

DOOR PRIZES
AND
BEST COSTUME
PRIZE

BEVERAGES
SWEETS &
SNACKS

WRH STAFF ARE INVITED
TO MEET THE LIBRARY TEAM AND JOIN US IN CELEBRATING
NATIONAL MEDICAL LIBRARIANS / LIBRARIES MONTH!

1st Floor Oue Campus (Oue entrance) - 1st Floor Met Campus (escalators)
For more info contact: Orien Duda ext. 33178 / orien.duda@wrh.on.ca

Family Giving Campaign Update

Windsor Regional Hospital's Family Giving Campaign kicked off last week with excitement, goodies and plenty of optimism that we would achieve the \$100,000 goal.

Congratulations to all those who made a commitment early as you will have an opportunity to win an iPhone8 valued at \$1200. As well, there are four prizes each week to win. Note that the earlier you make a donation, the more prize draws you qualify for.

You may donate by returning the tear-off of your brochure through interoffice mail. You may also email or, go on-line to www.wrhfamilypledge.ca. to complete your donation. For questions, call Brandon Osborne in the Foundation Office at Ext. 52449.

Everyone who makes a donation online also qualifies for the Travel Package (Via Rail \$1000 voucher, \$250 Valente Travel voucher and a Samsonite Luggage Set).

2017 Honourary Chair, Dr. Louie Brisson states, "Giving Starts from Within!" Thank you for considering the 2017 WRH Family Giving Campaign.



WRH Staff Awarded For Transplant Success

WRH staff were recognized Thursday for their dedication to the Gift of Life!

WRH was presented with the Provincial Conversion Rate Award for exceeding the target of a 58 per cent conversion rate set by the Trillium Gift of Life Network. Conversion rate is the number of patients who went on to become donors out of all potential donors. In 2016/17, 63 per cent of potential donors referred by Windsor Regional Hospital went on to give the Gift of Life. Organ donation is a complex process and the conversion rate reflects how well the Trillium Gift of Life Network and hospitals work together to save lives. Since the end of the fiscal year, WRH has performed even better in this regard, with a 100 per cent conversion rate in the first quarter of this year (April to June period).



Dr. Natalie Malus, Medical Director for the ICU and Hospital Donation Physician, Trillium Gift of Life Network, attributes a "strong culture" of support for organ and tissue donation that led to these "amazing results."

"The dedication and engagement of all Critical Care, Emergency and Operating Room teams, Trillium Gift of Life coordinators, coupled with the generosity of the donor families, allows us to save the lives of people who are waiting for a second chance," said Dr. Malus.

Dr. Malus said that in the last fiscal year, WRH staff worked to save 50 lives through organ donation and an additional 62 people in Ontario received the gift of sight through tissue donation.

Janice Beitel, Trillium Gift of Life Network's Director of Hospital Programs, said the team at Windsor Regional Hospital "should be proud of reaching their achievements and their continued dedication to help others through donation and transplantation."

The results reported by Dr. Malus delighted those in attendance today including the family of Trevor Funkenhauser, who have raised over \$200,000 toward awareness-raising programs and initiatives as well as WRH's Intensive Care Unit. Thank you to Trevor's parents, Gunther and Judith, and the entire Funkenhauser family and friends - through your efforts, we are able to reach more people in our community about the importance of registering consent to give the Gift of Life.

There are more than 1,500 people in Ontario waiting for a life-saving organ transplant and every three days someone dies waiting. Register your consent for organ and tissue donation at www.BeADonor.ca and talk to your family about your wishes. Windsor still trails the province with a registration rate of 28 per cent, ranking 157 out of 170 communities in Ontario.