



FRONTLINE DECEMBER 11, 2017 TRIBUNE

VOLUME 5 / EDITION 46



COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

IN THIS WEEK'S ISSUE

- 1 • ONTARIO'S HEALTH MINISTER ON MOVING FORWARD WITH THE NEW WINDSOR-ESSEX HOSPITALS SYSTEM
- 2 • RECOGNIZING THE MEANING OF GIVING
• SCHEDULE OF EVENTS
• NEW FACES AT WRH
- 3 • BUTT OUT JAN. 1
• LOCAL GYM DISCOUNTS & MEMBERSHIPS
• SAFETY SPOTLIGHT
- 4 • HOLIDAY SOCIAL
• RECIPE OF THE WEEK
• ONE CAN MAKE A DIFFERENCE
• GIVING TIME

Ontario's Health Minister On Moving Forward With The New Windsor-Essex Hospitals System

Following the announcement that planning for the new Windsor-Essex Hospitals System is moving forward, the Minister of Health and Long-Term Care, Dr. Eric Hoskins, spoke to members of the media and answered questions about the future of the project. He called the community engagement process for the project exemplary and commented on the passion, commitment and enthusiasm in Windsor-Essex.



Here are some highlights from that discussion:

THE ANNOUNCEMENT

"I'm so proud that we've reached this point today, where we, as a province, the government, has, absolutely committed to the investment necessary for creating a new hospital that will serve the population of both Windsor and Essex ... There are a lot of layers to this announcement. But two things are sure; Windsor-Essex is getting a new hospital and the government has committed to investing in it to make that happen."

COMMUNITY ENGAGEMENT

"The community process that has been undertaken throughout this over the years with regards to the new hospital has been exemplary. I don't know if I've seen a stronger community process in the province, quite frankly. So that community engagement needs to continue."

SITE SELECTION

"Typically at the Ministry, we look to the LHIN and the local hospital to make decisions with regards to siting of new hospitals. There's an expectation, however, you know, that there is a strong community process that underpins that recommendation. I'm confident that that process was undertaken here in Windsor."

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:

frontlinetribune@wrh.on.ca

Ron Foster, Editor

ron.foster@wrh.on.ca

519-254-5577 ext. 52003

Gisele Seguin

gisele.seguin@wrh.on.ca

519-254-5577 ext. 52008

Steve Erwin

steve.erwin@wrh.on.ca

519-254-5577 ext. 33350

David Lenz

david.lenz@wrh.on.ca

519-254-5577 ext. 32539



facebook.com/windsorregionalhospital



[@WRHospital](https://twitter.com/WRHospital)

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

- DEC 12** **WRH Holiday Social**
Windsor Regional Hospital
Ouellette and Met Campuses
- DEC 17** **Children's Christmas Party**
Ciociaro Club
3745 North Talbot Road, Windsor
- JAN 21** **EUROPRO Vertical Climb**
FCA Chrysler Facility
1 Riverside Drive West, Windsor
- JAN 27** **Transition To Betterness Gala**
Caesars Windsor
377 Riverside Drive East, Windsor
- FEB 03** **In Honour Of The One We Love Gala**
Ciociaro Club
3745 North Talbot Road, Windsor
- FEB 09** **W.E. Care For Kids Under The Big Top Gala**
Caboto Club
2175 Parent Avenue, Windsor
- MAR 03** **Windsor Express Game For Hats On For Healthcare**
WFCU Centre
8787 McHugh Street, Windsor
- MAR 07** **Hats On For Healthcare Day**
www.hatsonforhealthcare.com
- MAR 07** **WRH Charity Pasta Night**
Riverside Sportmen Club
10835 Riverside Drive East, Windsor
- MAR 08** **International Women's Day**
Ciociaro Club
3745 North Talbot Road, Windsor



Delivering fecal transplants by capsule may be as effective as colonoscopy for treating patients with recurrent Clostridium difficile infections (RCDI). Researchers found that fecal microbiota transplantation via oral capsule led to similar improvements and resulted in fewer adverse events.

Recognizing the Meaning of Giving!

The Association of Fundraising Professionals (AFP) Canada South Chapter recently honored AFP Day by recognizing a number of individuals whose contributions are noted. Through National Philanthropy Day, participants are able to show appreciation for all that has been accomplished in the name of giving. First held in 1986, this special day celebrates the endless contributions individuals and organizations across the world make to countless causes and missions.

Most notably recognized were, Eddie Francis and Michelle Prince receiving the Outstanding Fundraising Volunteer Award, nominated by Windsor Regional Hospital Foundation. Both co-chaired the Starry Night event held at Augustus 27 a year earlier, raising an estimated \$1 million dollars on behalf of the future state-of-the-art acute care hospital.

Also honored were, Brian and Lisa Schwab for the Outstanding Philanthropists Award. Cypher Systems, a firm that Brian is a partner, have been very generous to the Windsor Cancer Foundation through their support of the 'It's In Your Jeans' Campaign and assisting to establish a Comprehensive Regional Men's Health Program at Windsor Regional Hospital.

We extend congratulations to all nominees and winners of this year's National Philanthropy Day through the AFP Canada South Chapter.



Photo above: (left) Eddie Francis and Michelle Prince and (right) Brian and Lisa Schwab.

VENDORS ON DISPLAY

DECEMBER 11 - 15, 2017

Met Campus: Grandmothers 2, Express Uniforms, Custom Essentials, Sweet Occasion Chocolates, Diane's Gifts, Brands 4 Less, Lories Glass, Hook & Needle Crafts, Those Shortbread, EVB Jewellery.

Ouellette Campus: Coconut Oil of Canada, Silver n Such, A Touch of Swede, Freak Parade, Just Jewellery, Little Red Door, Stuffin Bears.

*Please note: Vendors subject to change.

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Kristen Light
RADIOLOGY
TECHNOLOGIST
DIAGNOSTIC IMAGING



Veasna Leng
REGISTERED
NURSE
4 MEDICAL



Taylor Pardo
REGISTERED
NURSE
7 MEDICINE



Lindsay Martin
REGISTERED
PRACTICAL NURSE
DAY SURGERY



BUTT OUT BY JAN. 1

Enforcing No Smoking Laws: A Team Approach

As noted in previous editions of our newsletter, due to Ontario law taking effect on January 1, 2018, there will be no smoking allowed of cigarettes, e-cigarettes, medical marijuana or any other tobacco product on hospital property. This means, by law, we also must close ALL remaining Designated Smoking Areas on hospital grounds by New Year's Day.

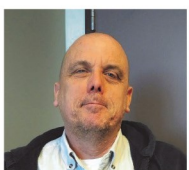
Recently, an employee who has asthma asked "what is being done" about patients and visitors who smoke adjacent to the entrances of our campuses. "It seems almost daily that I have to walk through someone's second hand smoke to enter the hospital in the mornings ... What is the point of saying 'No smoking' if there is no enforcement? The signs obviously do not deter people. Each day I see the number of cigarette butts accumulating on the ground outside the doors which is just proof of the illegal smoking occurring outside the doors."

We understand this concern. Our WRH Security Team faces the daily challenge of re-directing and educating the public regarding the legislation governing smoking on Hospital property. Unfortunately, they can't be everywhere, which is why the problem never completely goes away. We do receive assistance from the Windsor-Essex Health Unit and their Tobacco Enforcement Officers, who are mandated to enforce compliance. We will continue to rely on their assistance effective Jan. 1st.

When the guards identify repeat offenders or members of the public who are less than polite to a guard, they try to educate them on why they cannot smoke near an entrance. However, our security guards are limited in terms of our own resources, and when it comes to enforcement against the public. They continue to strive to remain vigilant and enforce the Smoke-Free policy and as a hospital we continue to make efforts to educate the public through the local media and the Health Unit.

All of us at WRH can work together, though, to enforce no smoking restrictions. If you see someone smoking where they shouldn't – and as of January 1st, that will mean ANYWHERE on our hospital properties – report them to the security guards in each lobby so that we can coordinate a response by a member of our security team immediately so we can identify violators more quickly and respond appropriately.

Safety Spotlight Presents...



**Al
McIntyre**

Meet Al! Al has been with WRH for over 15 years, working in the Facilities Department and has been on the Met Campus Joint Health & Safety Committee (JHSC) for approximately 2 years representing the UNIFOR Skilled Trades Union. Al's favorite hobby is fishing and if he could only eat one meal every day for the rest of his life, he said it would be prime rib.

Thank you Al for your time and dedication to the JHSC!

Local Gym Discounts and Memberships

In order to help us support our upcoming New Years Resolutions for 2018 to live a healthier lifestyle, the Healthy Lifestyles Committee has put together some information regarding local gyms in the area offering training and memberships.

The following is the information on each individual fitness facility and their contact information.

True Fitness

True Fitness has two locations: Downtown location and Tecumseh location. The Downtown location phone number is 519-915-5885 and the Tecumseh location phone number is 519-945-0612.

True Fitness is aimed at providing members with a world-class experience ensuring phenomenal service from all associates and staffing knowledgeable, accredited trainers and lifestyle consultants whose main goal is to positively impact and change the lives of our member base. As a personal training forward health and fitness facility we guarantee a personal, down-to-earth experience and are on a first name basis with all our members. We want the experience to be family-like and the relationships that we build with our clients to be significant and meaningful in their lives.

www.truefitnesswindsor.com

Refine Fitness

Special offer for all Windsor Regional Staff and Employees through Refine Fitness Studio (3 locations – Walkerville, Tecumseh and LaSalle). Refine Fitness is celebrating 10 years in business. They specialize in working with adults and busy professionals and are known for their Personal Training.

A great way to kick start your health and fitness goals. Our programs are great for anyone looking to lose weight, improve their health or for those that just need the accountability and education of professionally trained Personal Trainers. Contact Mike Bates at mike@refinefitness.com or call him at 519-253-9400 for more information.

www.refinefitness.ca

Windsor Regional Hospital Campus Gyms

Don't forget our onsite facilities for \$10 per month or \$100 for the year, located in both the Ouellette and Met Campuses.

Visit the WRH Intranet page for more details.

FL3X

We have a wide range of wellness programs and consulting expertise, we can help you design and execute a plan specific to your organization's unique needs and objectives. Our wellness strategy design and program implementation ensures we can adapt, engage and inspire across all settings. Contact them at 519-979-6622 or at their website www.fl3xlife.com.

Goodlife

With several locations in Windsor-Essex working out at GoodLife Fitness gives you access to everything you need to reach your fitness goals, from Fitness Classes to certified Personal Trainers. Workout at Canada's leading gym, you'll wonder why you didn't start sooner. Proof of employment must be shown when joining to save up to 15% off GoodLife Fitness Plus memberships. www.goodlifefitness.com

**Commit yourself to a healthier lifestyle
in 2018 and get active!**



HOLIDAY SOCIAL TUESDAY, DECEMBER 12

ALL EMPLOYEES, PROFESSIONAL STAFF & VOLUNTEERS

Windsor Regional Hospital will be holding a **Holiday Social** with sandwiches, vegetables, desserts, coffee and tea in exchange for a small **\$2.00 donation**. Proceeds will benefit the Downtown Mission, which provides emergency shelter, a hot meal or other basic necessities.

SANDWICHES • VEGGIES & DIP • PASTRIES • COFFEE/TEA

2PM - 4PM

MET CAMPUS
(Clinical Education Conference Room)

OUELLETTE CAMPUS
(Essex Room)

WFCU & LEAMINGTON (special delivery times)

11PM - 1AM

MET CAMPUS
(Lobby Level)

OUELLETTE CAMPUS
(Mezzanine)

RECIPE OF THE WEEK

Apple, Walnut & White Chocolate Cookies

Makes 40 servings
Preparation: 20 min
Cook Time: 15 min



INGREDIENTS

- 1/2 cup (125 mL) butter, softened
- 1 cup (250 mL) packed brown sugar
- 1 Ontario Egg
- 1-3/4 cups (425 mL) all-purpose flour
- 1/2 tsp (2 mL) each nutmeg and baking soda
- Pinch salt
- 1 Ontario Apple, cored and finely chopped
- 1/2 cup (125 mL) chopped toasted walnuts
- 4 oz (125 g) white chocolate, coarsely chopped

DIRECTIONS

In large bowl, cream butter, sugar and egg until blended. Combine flour, nutmeg, baking soda and salt. Add to creamed mixture, mixing well. Stir in chopped apple, walnuts and chocolate. Drop by small spoonfuls, about 2 inches (5 cm) apart, onto greased cookie sheets. Bake in 375°F (190°C) oven for about 15 minutes or until golden brown. Let cool on racks.

NUTRIENTS Per serving

Calories: 97 kcal, Protein: 1 g, Fat: 4g, Carbohydrate: 12 g, Sugar 8g, Fibre: 1g, Sodium: 43mg



ONE CAN

MAKE A DIFFERENCE FOOD DRIVE CAMPAIGN

DECEMBER 4 - DECEMBER 29, 2017



CANNED GOODS • BOXED FOOD ITEMS

DONATIONS WILL BE ACCEPTED AT THE FOLLOWING DROP OFF LOCATIONS

OUELLETTE CAMPUS - WE CARE PHARMACY (GOYEAU ENTRANCE)

MET CAMPUS - WELCOME DESK (MAIN ENTRANCE)

MET CAMPUS - CANCER CENTER (MAIN LOBBY)

Giving Time

It's that time of year where many in our community give so that others will benefit and Paediatric Services is a main focus every holiday season. Thanks to 'Comfort Quilts', part of the Windsor Quilt Guild, a donation of 40 pillowcases was received, many of them with Christmas themes.

"Our young patients receive a pillowcase to take home and it always brings a smile to their faces to receive something they can take with them after being discharged," said Jennifer Burton Liang, Child Life Specialist at the Met Campus.



Photo above: Delivering and donating their pillowcases are, Edith Lechien and Carrie Ruston with 'Comfort Quilts'.