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TRIBUNE

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COMPASSION is our
PASSION

The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital
Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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Holiday Message From The President & CEO

I extend to all, the Professional Staff, Management, Frontline Staff and Volunteers, the best during this Holiday Season and, good health and happiness in the coming New Year.

We have much to be thankful for and, 2018 will be an exciting year for us as we move forward with the planning for the Windsor-Essex Hospitals System and most notably, the new state-of-the-art acute care hospital.

David Musy
President & CEO

Happy Holidays



BUTT OUT BY JAN. 1

New Year Means Strict Change In Smoking Laws

As noted in previous editions of our newsletter, due to Ontario law taking effect on January 1, 2018, there will be no smoking allowed of cigarettes, e-cigarettes, medical marijuana or any other tobacco product on hospital property. This means, by law, we also must close ALL remaining Designated Smoking Areas on hospital grounds by New Year's Day.

In order to comply with this legislation, many of you will have noticed the dismantling of the final Designated Smoking Areas, including the removal of the white fence that surrounded the smoking section at Met campus (near Lens and Kildare) and the "bus shelter" that had been located on the southeast corner of the Ouellette campus (off Goyeau St.).

Further changes this week will include the removal of all benches at both Designated Smoking Areas, while ashtrays and garbage cans are scheduled to be removed on Dec. 29th. Also, after January 1st there will no longer be any snow removal in these areas.

As a reminder to those who choose to smoke, remember to be neighbourly. Homeowners, particularly in the area around Met campus, have complained in the past when staff are seen smoking in close proximity to their houses, often leaving behind a trail of cigarette butts. Please be respectful of our neighbours.

We know change is difficult and so is quitting smoking. For tips and resources on how to successfully kick the habit, visit www.wrhubbutout.ca

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

- JAN 21** **EUROPRO Vertical Climb**
FCA Chrysler Facility
1 Riverside Drive West, Windsor
- JAN 27** **Transition To Betterness Gala**
Caesars Windsor
377 Riverside Drive East, Windsor
- FEB 03** **In Honour Of The One We Love Gala**
Ciociaro Club
3745 North Talbot Road, Windsor
- FEB 09** **W.E. Care For Kids Under The Big Top Gala**
Caboto Club
2175 Parent Avenue, Windsor
- MAR 03** **Windsor Express Game For Hats On For Healthcare**
WFCU Centre
8787 McHugh Street, Windsor
- MAR 07** **Hats On For Healthcare Day**
www.hatsonforhealthcare.com
- MAR 07** **WRH Charity Pasta Night**
Riverside Sportmen Club
10835 Riverside Drive East, Windsor
- MAR 08** **International Women's Day**
Ciociaro Club
3745 North Talbot Road, Windsor
- MAR 14** **WRH Charity Pasta Night**
Riverside Sportmen Club
10835 Riverside Drive East, Windsor
- MAR 21** **WRH Charity Pasta Night**
Riverside Sportmen Club
10835 Riverside Drive East, Windsor



Staff who consume food or beverages in care areas (patient environment, nursing station, charting areas) are at increased risk for acquiring serious foodborne gastrointestinal infections. Institutional outbreaks involving staff have been reported, particularly with hepatitis A, cryptosporidiosis and norovirus.

Holiday Donations In Full Swing!

Many reach out to support children in the hospital around the holidays and throughout the year. Their generosity is gratefully received and appreciated. Here are some highlights over the last week.

Pet Smart

Thanks for the 250 stuffed animals named Lucky, Chance and Hope from Pet Smart, South Windsor and Manager Nicole Viger.

Photo (right): Jennifer Burton Liang, Child Life Specialist, Pet Smart staff, Anthony DeSilva and Hailey Roszel.



Kayley's Bears and Blankets

A tradition, Kayley's family donate annually to the Ronald McDonald House Windsor, NICU and Paediatric Services at the Met Campus.

Photo (left): A variety of items being donated by Darryl (dad), Kim (mother), and (daughters) Braelyn and Kayley.



South Windsor Optimist Club

In their 30th year of giving back to their community, the South Windsor Optimist Club present their annual donation of toys, games, and other items, valued at \$1500.

Photo (right): Jennifer Burton Liang, Paediatric Child Life with Dee Renaud, Secretary and Bill Smith, President, South Windsor Optimist Club; Kelly Bartnik, Manager and Deanne Licati, Clinical Practice Manager, Paediatric Services.



The Calendar Store – Devonshire Mall

Almost 650 teddy bears were delivered to the Met Campus for children in hospital throughout the year from Dorothy Ladeouceur, of The Calendar Store in Devonshire Mall.

Photo (left): Charlene (daughter), Ryan (grandson) and Dorothy Ladeouceur with Jennifer Burton Liang, Paediatric Child Life Specialist accepting the teddy bears.



Scotiabank Employees

Thanks to the employees of Scotiabank, Central & Tecumseh Branch, they selected Paediatric Child Life Services at Windsor Regional Hospital to donate gifts for children in hospital over the holidays and after.

Photo (right): Scotiabank representatives Angela and Sonia with Sonia's son Dominic.



INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Emily Ditty
REGISTERED
NURSE
MEDICINE



Avery Sherk
REGISTERED
NURSE
MEDICINE



Dr. Baisi Olaogun
PHYSICIAN
EMERGENCY
DEPARTMENT



Lindsay Martin
FRACTURE CLINIC
VOLUNTEER
SERVICES



YOU HAVE THE POWER TO GIVE LIFE

Donate blood and join the movement today.



Canadian Blood Services
it's in you to give

Windsor Blood Donor Clinic

3909 Grand Marais Road East, Windsor

Monday: 3 p.m. – 7 p.m.

Tuesday & Wednesday: 3 p.m. – 7 p.m.

Thursday: 11:30 a.m. – 7:30 p.m.

Friday & Saturday: 8 a.m. – 12 NOON

OPEN BOXING DAY: 9 a.m. – 1 p.m.

Donate blood and join the movement

www.blood.ca

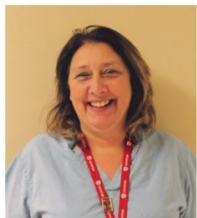
VENDORS ON DISPLAY DECEMBER 18 - 22, 2017

Met Campus: Chartwell, Thermal Clothing; Silver n Such, Coconut Oil of Canada, Custom Essentials, Little Red Door, Unique Books, Funky Living, Stuffin Bears, Robert Bishop Artist

Ouellette Campus: Lories Glass, Coconut Oil of Canada, Home Instead, Robert Bishop Artist, Little Red Door

*Please note: Vendors subject to change.

Safety Spotlight Presents...



Darlene Marcuz

Meet Darlene,

Darlene has been with the hospital since 1983 and on the Joint Health & Safety Committee (JHSC) Ouellette Campus, for 17 years! She currently works in MDRD and is both the Worker Co-chair and OPSEU union representative. What she likes most about being on the JHSC is when the committee helps resolve a safety issue that staff have struggled with. Darlene's personal motto is "work smarter, not harder" and she is inspired by other women who have come from very difficult situations and have come out stronger.

Thank you Darlene for your time and dedication to the JHSC!

REMINDER, There's Still time To Complete The Quality Of Worklife Survey

All staff who have not done so as yet, please complete your Quality of Worklife Survey soon. This survey gives you a voice and input on Windsor Regional Hospital. The information will help drive additional improvements in the workplace.

You can complete on line or inquire with Human Resources for a survey to complete. By completing the survey, you qualify for a FITBIT, a winner will be selected from the Met Campus and one from the Ouellette Campus. Deadline is December 22, 2017.



Holiday Receptions Well Received!

It was a constant flow of staff, enjoying food and beverages last week during the annual Holiday Receptions held at the Ouellette and Met Campus. Holiday time is always a special time for many to reflect on the good things that have occurred and the upcoming things that give us hope for an even brighter future.



May the course be with you.



SAVE THE DATE AND STEP UP TO THE CHALLENGE!
SUNDAY, JANUARY 21, 2018
ONE RIVERSIDE DRIVE WEST, DOWNTOWN WINDSOR
WWW.VERTICALCLIMB.CA

RECIPE OF THE WEEK

Curried Red Lentil Soup

Makes 6 servings

Preparation: 15 min / Cook Time: 60 min



INGREDIENTS

- 1 tablespoon canola oil
- 1 large onion, chopped
- 3 cloves garlic, minced
- 2 tablespoons minced fresh ginger
- 1 jalapeño pepper, seeded and minced
- 1½ tablespoons curry powder
- 1/3 cup plain nonfat yogurt
- 1 teaspoon cinnamon
- 1 teaspoon ground cumin
- 2 bay leaves
- 1½ cups red lentils, rinsed
- 8 cups low sodium broth
- 2 tablespoons lemon juice
- 2 tablespoons mango chutney
- Salt & freshly ground pepper
- 3 tablespoons chopped fresh cilantro, or parsley

DIRECTIONS

Heat oil in a Dutch oven over medium heat. Add onion and cook, stirring occasionally, until softened, 3 to 5 minutes. Add garlic, ginger, jalapeno, curry powder, cinnamon, cumin and bay leaves and cook, stirring often, for about 5 minutes more. Stir in lentils and broth and bring to a boil. Reduce heat to low and simmer, partially covered, until the lentils are tender, about 45 minutes. Discard bay leaves. Stir in cilantro (or parsley) and lemon juice. Season with pepper. Ladle the soup into bowls and garnish with yogurt and chutney (if using).

NUTRIENTS Per serving (1 ½ cup)

Calories: 233 kcal, Protein: 18 g, Fat: 3g, Carbohydrate: 35 g, Sugar 6g, Fibre: 13g, Sodium: 756mg



ONE CAN

MAKE A DIFFERENCE FOOD DRIVE CAMPAIGN

DECEMBER 4 - DECEMBER 29, 2017



CANNED GOODS • BOXED FOOD ITEMS

DONATIONS WILL BE ACCEPTED AT THE FOLLOWING DROP OFF LOCATIONS
OUELLETTE CAMPUS - WE CARE PHARMACY (GOYEAU ENTRANCE)
MET CAMPUS - WELCOME DESK (MAIN ENTRANCE)
MET CAMPUS - CANCER CENTER (MAIN LOBBY)