

The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital Met Campus-1995 Lens Avenue, Windsor, N8W 1L9 / Ouellette Campus-1030 Ouellette Avenue, Windsor, N9A 1E1

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## WINDSOR REGIONAL HOSPITAL

To contribute a news tip, story or advertisement in the next issue, please email us at: frontlinetribune@wrh.on.ca

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Given the inpatient volumes at both Windsor Regional Hospital campuses over the past few weeks, we want to recognize the outstanding hard work and commitment displayed by our employees and professional staff through this very busy period.

We have continued to provide local media with daily updates on our status including identifying the number of "Admit No Bed" patients we have at both campuses above our regular census, our number of "ALC" (alternate level of care) patients in hospital, and the number of surgical postponements we have been forced to make because there was no bed available for them after surgery.

We have also been providing daily updates on our overall capacity, which continues to run over 100%. Ideally, we should be at 85 - 90% bed occupancy at both campuses combined.

"In the wake of this tremendously busy period, we are thankful for the hard work of our staff each and every day despite the long hours and pressure," said President and CEO, David Musyj. "I congratulate everyone for a job well done and for a great team effort in doing our best, despite challenging circumstances, to live our motto of providing Outstanding Care ... No Exceptions!"

It's worth noting that while overall volumes are about the same for this time of the year, overall acuity is higher. This means admission rates are slightly higher than this time of the year; however,

the big pressure is caused by longer lengths of stay, once these high acuity patients are admitted.. This is what's behind in the increase in "Admit No Bed" numbers.

As for surgery postponements, the good news is we have already begun the process to reschedule many of them, with some rescheduled procedures having occurred by the end of last week.

Once again, thank you to all employees and professional staff for their dedication and commitment during a time of very high patient volumes.



## WRH Transit Windsor Bus Pass

Transit Windsor Passes are now available through payroll deduction for WRH employees. The monthly cost of a city of Windsor pass is \$81.35 or \$976.20 annually. This is a 15% savings on the regular price of \$95.70 monthly.

For more information contact **publicaffairs@wrh.on.ca**. \* Please note passes are for employees only. Family members are not eligible.



Visit our website for more information at www.wrh.on.ca

# **UPCOMING EVENTS**

FEB In Honour of the Ones Gala **Ciociaro** Club 3745 North Talbot Road, Windsor MAR Hats On For Healthcare Throughout Windsor-Essex www.hatonforhealthcare.com MAR International Women's Day Ciociaro Club of Windsor 3745 North Talbot Road, Windsor APR Country At Heart Sprucewood Estate Winery 7258 County Road 50, Amherstburg MAY **Run For Windsor** Grace Site, Future Urgent Care Centre 330 Riverside Drive East, Windsor MAY WRH Annual Charity Golf Tournament Essex Golf & Country Club 7555 Matchette Road, LaSalle JUL International Dragonboat Races To be announced

Do Good Divas "A Night In ОСТ Handbag Heaven" Gala Giovanni Caboto Club 2175 Parent Avenue, Windsor

### **VENDORS ON DISPLAY** (JANUARY 30 - FEBRUARY 3, 2017)

**MET CAMPUS:** Kidbits; Unique Books; Berkshire Investments

> **OUELLETTE CAMPUS: Kidbits**

Please note: Vendors subject to change



Cleaning best practices are designed with the primary focus being the protection of patients, staff and visitors, and the practices must help minimize the spread of infections.

## An Incentive To Benefit From

The use of sick time throughout the organization continues to increase and understanding that sick time is valid, it is still very costly. Windsor Regional Hospital has tried different initiatives to mitigate sick time; however it continues to rise.

Several staff have indicated that if we permitted people to have some ownership of the sick time issue, it would reduce.

Ten departments have been identified by sick time cost and hours. The sick time cost of these departments was \$3,079,856. The costs, total hours, and FTE equivalents listed in the table below show the magnitude of the issue.

Department	Campus	Sick Dollars	Total Hours	FTE Equivalent
FAMILY BIRTHING CENTRE	Met	719,571	22,327	11
INTENSIVE CARE UNIT	OUE	464,631	15,228	8
EMERGENCY ROOM	OUE	365,575	10,166	5
INTENSIVE CARE UNIT	Met	339,247	10,413	5
SURGICAL UNIT	Met	235,621	8,366	4
NICU	Met	232,827	10,048	5
EMERGENCY DEPARTMENT	Met	231,288	8,541	4
O.R. GENERAL	Met	218,202	8,366	4
ENVIRONMENTAL SERVICES	Met	121,161	10,048	5
HOUSEKEEPING	OUE	151,733	12,735	7

Windsor Regional Hospital has an Attendance At Work Policy that addresses sick time management; however, a pilot project is being proposed to assist with the reduction of sick time for the next calendar year, effective January to December 2017. What is proposed is a comparison in sick time hours and costs related to 2016 versus improvements achieved in 2017 that will be divided by 50/50 between the hospital and the department. The department on a consensus basis, will agree on the 50% supporting its department toward capital equipment needs for their program or a staff appreciation event to be decided upon. Each department in the pilot project will receive regular updates as to how much it is progressing towards the goal.

Let's work together with our teams to help reduce sick time and achieve benefits as a result.

Staff that have perfect attendance can also submit their name for a monthly or annual draw. Prizes include Entertainment and Family and Night on the Town packages!

Visit the WRH Intranet or contact Public Affairs at publicaffairs@wrh.onca.

## Get your "Hats On For Healthcare! WEDNESDAY, MARCH 1, 2017

Hats On For Healthcare is a simple but fun and fashionable way to raise money. Making a donation gives you the privilege to wear your favorite hat on Wednesday, March 1, 2017 – Hats On For Healthcarel Thousands of dollars are raised by organizations, companies, schools, retail and municipalities, participating and encouraging their staff to join in and raise awareness and funds for Mental Health Services and medical equipment for Suraical and Medicine Programs at Windsor Regional Hospital.

Visit hatsonforhealthcare.com for more information or to register!

#### **INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL**



Kendall Butler RN FAMILY BIRTHING CENTRE 6E - INPATIENT SURGICAL



RPN

**Christofer Mariani** REGISTERED NURSE HEMODIAL YSIS



2017

FOR HEALTHCARE

**Yordanus Tecle** MDRD TECH MDRD

## Safety Spotlight Presents...



Jen works in the Housekeeping Department at the Met Campus and is a worker representative for the Joint Health and Committee representing Safety the Unifor - General Union group. Jen has been with Windsor Regional Hospital since 2009 and on the JHSC since October 2015 and helping to make a safe workplace is what she likes best about being on the JHSC.

Jennifer Wilson

If Jen only had one meal to eat, everyday for the rest of her life, it would be pizza, and her favorite vacation spot is Vegas!!

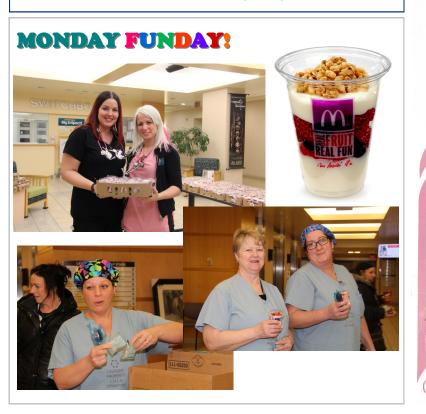
Thanks Jen for the time you dedicate to helping ensure Windsor Regional Hospital is a safe and healthy workplace.



Erika is the Manager of Infection Prevention and Control (IPAC) and is an IPAC resource on the Joint Health and Safety Committee. Erika has been with Windsor Regional Hospital for 4 years, and has been serving on the JHSC for the same length of time Supporting the committee and frontline staff is what she enjoys most about being on the JHSC. If only one 'safety' word could be used to describe Erika, it would be passionate. Her favorite motto is "Alcohol kills germs!"

Frika Vitale

> Thanks Erika for the time you dedicate to helping ensure Windsor Regional Hospital is a safe and healthy workplace.



#### **Thank You Penelope**

Penelope is 5 years old and wanted to help kids while they were in the hospital. With help from mom, her 5th birthday recently was celebrated with an indoor pool party. Guests provided funds resulting in Penelope donating \$700 to Paediatric Services at Windsor Regional Hospital.



Photo above: Penelope, Maggie and her mom, Teresa Coulter with Erika Lanoue, Program Manager, Paediatric Services.

MENU: Appetizers/Antipasto Risotto Pasta Mixed Green Garden Salad **Chicken Parmesan Roast Potatoes** Vegetables Focaccia - Assorted Rolls Dessert Coffee & Tea

Tickets \$50 per person - Cash Bar

For Tickets and Information please call: Anna Vitti Ilde Mariani (519) 254-3355 (519) 991-2743 (519) 919-3960 (519) 735-9496

Anna Vozza

VEST

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Wednesday March 8th, 2017 Proceeds to:

Doors Open at 6:00pm

**Dinner to Follow** 

Walk Through

**Fashion Show** 

**Explore Our Fabulous** 

**Beauty & Accessory Vendors** 

One roundtrip flight for two guests.

to any regularly scheduled WestJet destination donated by

REGIO HOSPITAL

BREAST HEALTH CENTRE

WOMEN'S D

Rita Petrilli

### **Volunteer And Become An Expert** In Car Seats!

One of the most important ways parents can keep their kids safe is by making sure their child or infant is secure in the back seat of a motor vehicle. How can they be certain they've installed the right seat, and properly?

WRH is proud to once again sponsor Safe Seats Save Children (SSSC), a local group of dedicated volunteers who are trained to inspect car seats to make sure they are installed and positioned safely. The group also checks seats to make sure they haven't been subject to a manufacturer's recall, and haven't passed their expiry date.

WRH is sponsoring a downtown clinic being held Saturday, February 11th from 10am to 2pm at the Windsor Fire Station at 815 Goyeau Street. "Our goal is to make sure every child car seat or infant car seat is installed correctly," says longtime volunteer and WRH social worker Gioia Levesque. "We want to keep kids safe."

The group is also looking for new volunteers who want to be trained on car seat safety and volunteer at future clinics, which take place monthly at various locations around Windsor and Essex County. Staff interested in volunteering can contact Gioia Levesque at Ext. 57201.

#### Car Seat Clinic Schedule 2017

We're here to help. 519-258-2146 ext. 1350 facebook.com/safeseats or safeseats2013@gmail.com

		<i></i>
Clinic Date	Location	Sponsor
January 14, 2017 10:00 am – 2:00 pm	Windsor Fire Station 7 1380 Matthew Brady Ave, Windsor	
February 11, 2017 10:00 am – 2:00 pm	Windsor Fire Station, Main 815 Goyeau Street, Windsor	WINDSOR REGIONAL HOSPITAL
March 4, 2017 10:00 am – 2:00 pm	Lakeshore EMS 419 Renaud Line, Lakeshore	
April 22, 2017 10:00 am – 2:00 pm	Lasalle Fire Station 1900 Normandy St. Lasalle	TE SACE
May 27, 2017 10:00 am – 2:00 pm	Amherstburg Fire Station #1 271 Sandwich St. S Amherstburg	
June 24, 2017 10:00 am – 2:00 pm	Formula First Collision 9420 Tecumseh Rd. E, Windsor	FORMULAFIRST
July and August 2017	Please note there are no clinics held in July and August	Please contact us for help if needed: 519-258-2146 ext. 1350 facebook.com/safeseats safeseats2013@gmail.com
September 16, 2017 10:00 am – 2:00 pm	Windsor Fire Station 7 1380 Matthew Brady Ave, Windsor	CHECKER "Andly Court of Grand of the Court of Strand
October 14, 2017 10:00 am – 2:00 pm	Lasalle Fire Station 1900 Normandy St. Lasalle	HEALTH UNIT Bureu de sant de Windsur-conit d'Essex
November 18, 2017 10:00 am – 2:00 pm	Tecumseh EMS Base 975 Lesperance Rd. Tecumseh	
December 9, 2017 10:00 am – 2:00 pm	Windsor Fire Station, Main 815 Goyeau Street, Windsor	



### Roasted Vegetable Mac 'N' Cheese

#### Makes 12 servings

Preparation: 10 min / Cooking Time: 20 min

#### INGREDIENTS

- 1 lb. plum tomatoes
- 6 c. broccoli florets
- 2 tbsp. extra-virgin olive oil
- 3 tbsp. butter
- 3 tbsp. all-purpose flour
- 4 c. milk
- 2<sup>1</sup>/<sub>3</sub> c. grated aged Asiago
- 21/2 c. grated sharp Cheddar
- 11/2 tsp. salt
- 2 tbsp. chopped fresh thyme

#### DIRECTIONS



- 2 tbsp. chopped fresh thyme
- 1 lb. penne
- 2 tbsp. Dijon mustard
- 2 tsp. fresh black pepper

Heat the oven to 400 degrees. Slice the tomatoes 1/4 inch thick. Toss the tomatoes and broccoli with the oil and roast separately on parchment-lined baking pans for 30 minutes. Whisk the butter and flour in a medium-size pot over medium-high heat until foamy. Add the milk. Whisk until thickened and bubbling, about 3 minutes. Remove from the heat. Whisk in the cheeses, mustard, salt, pepper, and thyme. Stir in the pasta and broccoli and transfer to a 9- by 13-inch baking dish. Top with the tomatoes and bake about 30 minutes.

#### **NUTRIENTS Per serving:**

Calories: 420 kcal, Protein: 22 g, Fat: 16 g, Carbohydrate: 51 g, Sugar 14a, Fibre: 8a, Sodium: 598 ma



AMBOO



devonshire