



FRONTLINE TRIBUNE

APRIL 1, 2019

VOLUME 7 / EDITION 11



COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

IN THIS WEEK'S ISSUE

PAGE 1

- WEAR GREEN APRIL 8, WEAR A JERSEY APRIL 12 FOR ORGAN DONATION

PAGE 2

- FIGHT LIKE MASON FOUNDATION GOES THE EXTRA MILE
- LOIS FAIRLEY NURSING AWARD
- UPCOMING EVENTS
- NEW FACES AT WRH

PAGE 3

- RUN FOR WINDSOR
- WHERE'S MY FRONTLINE TRIBUNE?
- VENDORS ON DISPLAY
- BRAIN INJURY ASSOCIATION OF WINDSOR & ESSEX COUNTY

PAGE 4

- SAIL INTO SUMMER FUNDRAISER
- RECIPE OF THE WEEK
- RUBY'S WINGS CRAFT SHOW
- NAME YOUR WRH INTRANET

Wear Green April 8, Wear A Jersey April 12 for Organ Donation

WRH is proud to support organ and tissue donation awareness! Every April, our hospital supports the province-wide efforts of Trillium Gift of Life Network to raise awareness of this life-saving issue and promote the importance of registering your consent to donate online. Clinically, we have also been recognized by Trillium for our the dedication and engagement of all Critical Care, Emergency and Operating Room teams, Trillium Gift of Life coordinators, and the generosity of donor families, in working together to save the lives of people who are waiting for a second chance through organ donation.

This year there are lots of ways in which our entire team at WRH can participate and work together to raise awareness in our community!

On Monday, April 8th, we will join thousands of Canadians on "Green Shirt Day" by wearing green in memory of former Humboldt Bronco hockey player, Logan Boulet, and celebrating the Gift of Life he gave through organ donation. This coincides with the one-year anniversary of the Humboldt bus tragedy.

We at WRH will take this celebration a step further on Friday, April 12th by further recognizing Logan and his teammates with Jersey Day. This was a big hit last year with staff who wanted to do something to show support for the Humboldt Broncos and we encourage staff to wear their favourite uniform (of any support) in an extra and fun effort to raise awareness about organ and tissue donation. It's also right around the time that the NHL playoffs are getting started so don't be afraid to wear your favourite team's colours!

Also this month, WRH and its local hospital partners at Hôtel-Dieu Grace Healthcare and Erie Shores Healthcare will be trying to see if we can walk the talk ourselves when it comes to this important life-saving issue! We will be encouraging our teams within our organizations to register consent on a special link. Keep an eye out for an email on how to register through this new link!

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:

frontlinetribune@wrh.on.ca



facebook.com/windsorregionalhospital



@WRHospital



Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

APRIL 1-7, 2019

National Ethics Week

APRIL 3, 2019

Challenging The Myth - Consent & Capacity

Met Campus - Auditorium Side A
Ouellette Campus - Windsor Room
RSVP at Maria.Distefano@wrh.on.ca

APRIL 7, 2019

Ruby's Wings Craft Show

Kingsville Arena, 1741 Jasperson Dr, Kingsville

APRIL 11, 2019

Volunteer Appreciation Party

Riverside Sportmen's Club
10835 Riverside Drive East, Windsor

MAY 23, 2019

WRHF Annual Golf Tournament

Essex Golf & Country Club
7555 Matchette Road, LaSalle

JUNE 9, 2019

Corvette Club Car Show

Dieppe Park, Riverside Drive, Downtown

JUNE 19, 2019

Funkenhauser Family - A Day For A Life Golf Tournament

Kingsville Golf & Country Club
640 County Road 20, Kingsville

JUNE 22, 2019

Sail Into Summer Dinner

Windsor Yacht Club
9000 Riverside Drive East, Windsor

JULY 15, 2019

Rafih Auto Group Golf Tournament

Beachgrove Golf & Country Club
14134 Riverside Drive E, Windsor



The CDC recently reported that from 2005 and 2016, community-onset MRSA rates declined 6.9 percent annually, primarily due to reductions in healthcare-associated infections.

Fight Like Mason Foundation Goes The Extra Mile

The Fight Like Mason Foundation once again has reached out to Paediatric Services at the Met Campus with another amazing item, customized wheelchairs for young patients.

The non-for-profit registered charity, established by Iain Macri and Chantelle Bacon-Macri to recognize their son's legacy. Mason Bacon-Macri was only four years old when he lost his life as a result of cancer. His legacy is well known during his fight with the disease. He was a super-hero, being diagnosed in 2015 with Rhabdomyosarcoma, an uncommon and challenging form of childhood cancer.

In 2018, the Foundation donated 39 inspiring IV poles with favorite superhero images, deemed Mason's Power Poles. Now, the Fight Like Mason Foundation has donated 5 new customized wheelchairs.



Photo: Paediatric Staff surround Chantelle and Iain as they present the customized wheelchairs.

"Through the donation of IV poles, and now these customized wheelchairs, we are so proud to continue to carry on Mason's name and legacy, providing children with chronic illness a means to be proud of their fight," stated Iain Macri.



RNAO
ESSEX CHAPTER

Registered Nurses' Association of Ontario
L'Association des infirmières et infirmiers autorisés de l'Ontario

Do you know an Outstanding Nurse in Windsor & Essex County?

Nominate a nurse in 500 words or less explaining how their care impacted a life.
www.windsor-essexrnao.org

Nominations are accepted until Fri., April 26 for The 12th Annual Lois Fairley Nursing Award.

YourTV
truly local

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Dr. Jeffrey Keilman
PHYSICIAN
ANESTHESIA
DEPARTMENT



Zeinab Hamka
REGISTERED PRACTICAL
NURSE
MEDICINE



Corrine Isaacs
ABORIGINAL PROJECT
COORDINATOR
WRCC



Sarah Harris
REGISTERED PRACTICAL
NURSE
MEDICINE

Run For Windsor

The annual event held by the Ahmadiyya Muslim Jama'at, in partnership with the City of Windsor and Windsor Regional Hospital raised \$15,000 for the future Urgent Care/Emergency Satellite Centre.

The Windsor Chapter made a commitment to support the Windsor Essex Hospitals System in 2017 as part of their community endeavors. The Ahmadiyya Muslim Jama'at have been in Canada over 50 years, supporting their communities through initiatives such as Run for Windsor. The motto is, Love For All, Hatred For None. They live it daily and are excited to announce this year's run will take place on Saturday, September 21st at Windsor's Riverfront Plaza. For information on the 2019 Run for Windsor, go to www.runforwindsor.com.



Photo: Met Campus Emergency Manager, Lisa Gawdunyk with Clinical Practice Manager, Lourdes Brothers, joining Dr. Aleem Khan, President of the Ahmadiyya Muslim Jama'at, along with race organizer, Pasha Qureshi presenting their donation to Windsor Regional Hospital Foundation.

Where Is My Frontline Tribune?

Starting this week, Windsor Regional Hospital will no longer be publishing hard copies of the Frontline Tribune. Since the realignment of hospital services in 2013, the Frontline Tribune has been the source for WRH news and information with 185 copies delivered to departments each week.

Employees will continue to receive Frontline Tribune by email. You can also visit our website at www.wrh.on.ca/publications to view the current and archived versions of the weekly newsletter. For easy reading at your convenience, you can subscribe online using your personal email address and have Frontline Tribune and other WRH publications sent to an email of your choice.

If you have any questions, thoughts or story ideas, please share them with us by email at PublicAffairs@wrh.on.ca.



VENDORS ON DISPLAY: APRIL 1-5, 2019

Met Campus: Puretrim, Windsor Hearing Centre, Unique Books, Tupperware, Magnolia & Vine, Adrian's Kids, MR Boutique.

Ouellette Campus: Freak Parade, Funky Living, Epicure.

Please Note: Vendors subject to change.



CANNABIS, ADDICTION, AND MENTAL HEALTH AFTER BRAIN INJURY

Treatment Trends, Need to Knows, Research and Clinical Best Practice. for the Health Care Provider.

SAVE THE DATE!
June 20, 2019
12pm - 5pm
HDGH

After brain injury, survivors will seek solutions to help resolve the lingering cognitive and emotional changes they experience. One of the solutions sought may be cannabis. With recent legalization of cannabis there is now easier access and less stigmatization of the product, and a renewed hope for recovery - but is this hope misplaced?



As most clinicians know: not all cannabis is created equal – some has positive impact, others negative. With increased access and common use of non-medical strains to self-medicate, it is timely for clinicians to become educated and understand their role in the process and the impact the product can have in the recovery of the brain injury survivor.

Keynote Address: ABC's of Medical Cannabis. Dr. Mark Kimmons, Medical Director - Sunniva (Calgary, Alberta).

Learn the current research that supports medical cannabis, how this differs from recreational cannabis, the role of cannabis after a brain injury (i.e. stroke, surgery, TBI, etc.) and role/expectation of the health care provider in the process.

Mental health and cognition after brain injury - Dr. Christopher Abeare, Neuropsychologist, University of Windsor.

How and why some emotional and behavioral changes tend to linger for years after the originating brain injury, regardless of cause; and how medicating may impact recovery.

Addiction and brain injury - Patrick Kolowicz, Director of Mental Health and Addiction, HDGH Health Care.

What are current trends with respect to addiction and brain injury in our region. And what supports and programming are available.

*speakers subject to change

Watch for updates on registration, sponsorship opportunities, and Workshop Outline at: <http://www.biawe.com/>

SAIL INTO SUMMER SATURDAY, JUNE 22, 2019



Windsor Regional Hospital will host a fundraising dinner at the Windsor Yacht Club (WYC) to raise much needed funds for a new 3D Diagnostic Mammography Machine to detect Breast Cancer earlier and more accurately.

Tickets are \$100.00 per person or reserved tables of 10 for \$1,000 which includes dinner with wine, entertainment and a silent auction. This is a very worthy cause and we can all make a difference to accomplish this goal!

For tickets please contact the Windsor Regional Hospital Foundation by email at wrfoundation@wrh.on.ca, by phone **519-985-2656**.



Cocktails: 6:00 pm / Dinner: 7:00 pm

Carol Parent

Chairperson, Sail Into Summer Event
Hospital Retiree, Volunteer and
Chair of the WRH Family Giving Campaign



#RECIPEOFTHEWEEK

Bruschetta Fish

Makes 4 servings.
Preparation: 10-15 min
Cooking Time: 20 min



INGREDIENTS

- 2 Tbsp canola oil
- 4 firm white fish fillets (4 oz)
- 2 cups chopped tomatoes
- 1 garlic clove, minced
- 1 Tbsp canola oil
- 1/4 tsp pepper
- 1/2 cup fresh basil leaves chopped
- 1/4 tsp pepper
- 1/2 cup crumbled feta
- 1/2 cup minced red onion
- 1 tbsp balsamic vinegar
- 1/4 tsp salt

DIRECTIONS

Preheat oven to 400°F (200°C). Pour 1 Tbsp (15 mL) canola oil in the bottom of a 9 x 13 inch (23 x 33 cm) baking dish and place fish fillets on top. Drizzle with remaining 1 Tbsp (15 mL) of canola oil and sprinkle with 1/4 tsp (1 mL) pepper. In a medium bowl, combine tomatoes, feta, red onion, garlic, balsamic vinegar, canola oil, salt and pepper. Mix to evenly combine. Top fillets evenly with tomato mixture and bake in the oven for 20 minutes, until fish is cooked through and flakes easily with a fork. Sprinkle basil evenly over top before serving.

NUTRIENTS Per Serving

Calories: 195; Protein: 8.9g; Total Fat: 15g; Carbohydrates 6.6g; Sugar 4.4g; Fibre 1.3g; Sodium 349mg

CONTEST

Name Your WRH Intranet

1
CREATE
a catchy name
for the new
WRH Intranet.

2
SUBMIT
your entry
You can submit up to
3 different names.

3
WIN
The BEST name
wins a \$100 gift
card!

**WIN A \$100
AMAZON GIFT CARD!**

VISIT ↘

www.wrh.on.ca/NameYourIntranet

To submit your best WRH Intranet name.

WINNER REVEALED IN MAY!

All participants with shortlisted submissions will receive a \$10 Tim's gift card.

Deadline to submit- Midnight of April 19, 2019.

CRAFT SHOW FUNDRAISER

Proceeds to benefit Perinatal Loss and Bereavement at Windsor Regional Hospital (Met Campus).

Sunday April 7 | 10:00am-3:00pm
Kingsville Arena 1741 Jasperson Dr, Kingsville



This event is free to attend and will have 30 vendors, food for purchase, a silent auction, and children's activities and entertainment. We will be accepting donations.

For more information please email rubyswingsfundraiser@gmail.com or find us on

THANK YOU TO OUR SPONSORS

