



FRONTLINE TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

IN THIS WEEK'S ISSUE

PAGE 1

- WRH JERSEY DAY RECOGNIZING ORGAN DONATION
- ELECTRONIC PARKING PERMIT: REGISTER NOW

PAGE 2

- CELEBRATING ZERO AT BOTH CAMPUSES
- UPCOMING EVENTS
- BRAIN INJURY ASSOCIATION OF WINDSOR-ESSEX WORKSHOP
- NEW FACES AT WRH

PAGE 3

- CODE OMEGA: A NEW EMERGENCY CODE
- RUBY'S WINGS
- LOCK OUT CANCER PROMOTION
- NAME YOUR WRH INTRANET CONTEST

PAGE 4

- WRH CANCER CENTRE OPEN HOUSE
- RECIPE OF THE WEEK
- PREVENTING NEEDLESTICK INJURIES
- VENDORS ON DISPLAY
- WRH COMMUNITY GARDENS

WRH Jersey Day Recognizing Organ Donation

Windsor Regional Hospital employees, professional staff and volunteers wore their favourite jerseys on Friday – recognizing the importance of organ and tissue donation and paying tribute to a local family's winning ways to raise awareness of this issue.

Last year, WRH held a jersey day so that we could recognize the victims of the tragic Humboldt Broncos bus crash, one of whom – Logan Boulet – saved many lives through organ donation and inspired thousands across the country to register their consent to donate. Once again, we at WRH are remembering Logan and his teammates by wearing sports jerseys and recognizing the Gift of Life that Logan was able to give several individuals after his passing.

We also paid tribute today to the family of Trevor Funkenhauser, whose annual 'A Day for a Life' golf tournament continues to raise funds for medical equipment and transplant awareness.

Remember to register your consent for organ and tissue donation at www.beadonor.ca!



Photo above: Funkenhauser family presenting a donation to the Windsor Regional Hospital Foundation and Trillium Gift Of Life.



Photo above: WRH staff throughout the hospital wearing their favourite jerseys.



WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:

frontlinetribune@wrh.on.ca



@WRHospital

Electronic Parking Permit: Register Now!

For those staff who park at the Viscount Lot at Ouellette Campus, and the Shuttle Lot at Met Campus, please remember you need to register for an electronic parking permit before May 1st when changes to rates take effect.

You can find this form at www.wrh.on.ca/ElectronicParkingPermitRegistration.

Also, those who park in the Shuttle Lot will also need to register for payroll deduction in order to park at this lot. This form can be found at www.wrh.on.ca/ParkingAccessCancellationForm.

We are also continuing to update our FAQ on recent parking changes based on feedback from staff. Please visit www.wrh.on.ca/EmployeeParking to find the latest updates including questions on part-time employees, students and what to do if you have more than one vehicle.

The memo on changes was sent to staff on March 30th.

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

APRIL 21, 2019

National Medical Laboratory Week
WRH Met and Ouellette Campuses

MAY 4, 2019

Windsor Regional Cancer Centre Open House
1995 Lens Avenue, Windsor

MAY 23, 2019

WRHF Annual Golf Tournament
Essex Golf & Country Club
7555 Matchette Road, LaSalle

JUNE 9, 2019

Corvette Club Car Show
Dieppe Park, Riverside Drive, Downtown

JUNE 11

Indigenous Health Expo
WRH - Met Campus

JUNE 12

Indigenous Health Expo
WRH - Ouellette

JUNE 19, 2019

Funkenhauser Family - A Day For A Life Golf Tournament
Kingsville Golf & Country Club
640 County Road 20, Kingsville

JUNE 20, 2019

Brain Injury Association Workshop
Hôtel-Dieu Grace Healthcare
1453 Prince Road, Windsor

JUNE 22, 2019

Sail Into Summer Dinner
Windsor Yacht Club
9000 Riverside Drive East, Windsor

JULY 15, 2019

Rafih Auto Group Golf Tournament
Beachgrove Golf & Country Club
14134 Riverside Drive E, Windsor



People infected with measles can spread it to others 5 days before he or she gets a rash. It can spread for about 4 days after the rash is gone.

Celebrating ZERO At Both Campuses

A Zero Harm index is a beautiful thing. Windsor Regional Hospital's Harm Index measures the number of preventable harm incidences that occur in our facilities such as falls, health-acquired infections and irreplaceable lab specimens. A Zero Harm Index means that none of these occurred in a week's time. This remarkable achievement occurred four times in 2018 and has occurred five times in 2019 already!

Last week it occurred at both campuses for the very first time.

To celebrate, Tim Hortons at both campuses were giving two timbits (that is double Zeros by the way) to anyone who mentioned zero harm!

Congratulations to all staff at Windsor Regional Hospital for achieving ZERO HARM!

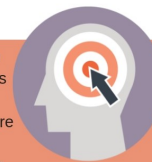


CANNABIS, ADDICTION, AND MENTAL HEALTH AFTER BRAIN INJURY

Treatment Trends, Need to Knows, Research and Clinical Best Practice, for the Health Care Provider.

SAVE THE DATE!
June 20, 2019
12pm - 5pm
HDGH

After brain injury, survivors will seek solutions to help resolve the lingering cognitive and emotional changes they experience. One of the solutions sought may be cannabis. With recent legalization of cannabis there is now easier access and less stigmatization of the product, and a renewed hope for recovery - but is this hope misplaced?



As most clinicians know: not all cannabis is created equal - some has positive impact, others negative. With increased access and common use of non-medical strains to self-medicate, it is timely for clinicians to become educated and understand their role in the process and the impact the product can have in the recovery of the brain injury survivor.

Keynote Address: ABC's of Medical Cannabis. Dr. Mark Kimmons, Medical Director - Sunniva (Calgary, Alberta).

Learn the current research that supports medical cannabis, how this differs from recreational cannabis, the role of cannabis after a brain injury (i.e. stroke, surgery, TBI, etc.) and role/expectation of the health care provider in the process.

Mental health and cognition after brain injury - Dr. Christopher Abeare, Neuropsychologist, University of Windsor.

How and why some emotional and behavioral changes tend to linger for years after the originating brain injury, regardless of cause; and how medicating may impact recovery.

Addiction and brain injury - Patrick Kolowicz, Director of Mental Health and Addiction, HDGH Health Care.

What are current trends with respect to addiction and brain injury in our region. And what supports and programming are available.
*speakers subject to change

Watch for updates on registration, sponsorship opportunities, and Workshop Outline at: <http://www.biawe.com/>

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



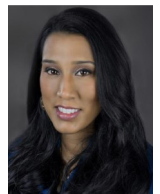
Jared Rawlings
BIOMED TECHNICIAN
BIOMEDICAL
RENAL



Melise Marrocco
REGISTERED
NURSE
NEUROSURGERY



Gabrielle O'Brien
REGISTERED
NURSE
MEDICINE



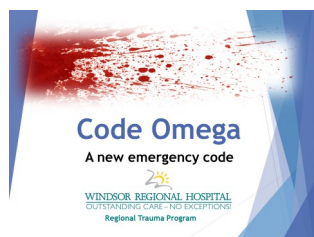
Dr. Pradeepa Yoganathan
PHYSICIAN
SURGERY-OPHTHALMOLOGY

Code Omega: A New Emergency Code

Windsor Regional Hospital is pleased to announce that, in the coming few weeks, a new emergency code will be introduced.

This new code, 'Code Omega', is supporting the activation of a critical policy and procedure. When patients in our facilities are in need of massive transfusion of blood products, in a resuscitative situation, the Code Omega will be called. Our Massive Transfusion policy, or Code Omega, was developed with extensive cooperation between our regional lab, our regional trauma program, and emergency, critical care, operating room, and women's and children's programs staff and physicians.

Please be aware that when you hear a Code Omega paged overhead, our laboratory department will utilize all personnel available to produce and deliver blood product for massive transfusion, until the 'Code Omega All Clear' page is heard overhead. We, therefore, need to avoid all non-urgent calls to the laboratory at this time. Our clinical staff are all receiving education on this process and hospital-wide notification will be provided once this code is live. We look forward to assuring outstanding care for our patients requiring massive transfusion with Code Omega, our new emergency code.



Ruby's Wings

Amanda Market is an inspiration. Having suffered an infant loss of her daughter, Ruby last year, she wanted to assist Windsor Regional Hospital in providing Outstanding Care – No Exceptions to women going through the same thing she did. She worked with the team in Family Birthing to create information and products that would help a patient who has experienced a late term miscarriage, stillbirth, and infant loss.

To accomplish this, she organized an incredibly successful Craft Show and Sale called Ruby's Wings in Kingsville and raised over \$16,000 for the project. Amanda and her family, husband Shawn and children Charley & Payton were on hand to present cheques to Family Birthing Staff and members of the Perinatal Bereavement Committee.

Thank You!



Photo: Alissa Howe-Poisson, Family Birthing Centre (left) and Amanda Market (right).

WINDSOR
CANCER
CENTRE foundation

Play a
key
role

in supporting cancer awareness, research & treatment for women living in Windsor/Essex.



Jewelry available beginning April 22nd, 2019 on-line and in the Foundation Office.

OFFICIAL SPONSOR:

LISA & BRIAN SCHWAB

WINDSOR
REGIONAL
HOSPITAL
OUTSTANDING CARE - NO EXCEPTIONS

Purchase & Donate now:
www.lockoutcancer.com

CONTEST

Name Your WRH Intranet

1

CREATE
a catchy name
for the new
WRH Intranet.

2

SUBMIT
your entry

You can submit up to
3 different names.

3

WIN

The BEST name
wins a \$100 gift
card!

**WIN A \$100
AMAZON GIFT CARD!**

VISIT ↘

www.wrh.on.ca/NameYourIntranet

To submit your best WRH Intranet name.

WINNER REVEALED IN MAY!

All participants with shortlisted submissions will receive a
\$10 Tim's gift card.

Deadline to submit- Midnight of April 19, 2019.



OPEN HOUSE

WINDSOR REGIONAL CANCER CENTRE

Saturday, May 4, 2019 ~ 10:00am to 2:00pm

Join us for a unique *behind the scenes* guided tour of the Windsor Regional Cancer Centre:

- Learn about the services offered and meet members of the team
- See treatment areas and learn how the machines work
- Connect with our local community partners

No registration is required. Free & open to everyone!

The Cancer Centre is located at Windsor Regional Hospital Met Campus (1995 Lens Avenue, Windsor).

Enter from the Alsace Ave. entrance. **FREE PARKING** is available in the Cancer Centre lot on Alsace Ave. and in the Main Hospital Visitor lot on Lens Ave.

Questions? Call 519-253-5253.



APRIL 2019 SAFETY THEME

PREVENTING NEEDLESTICK INJURIES

IMPORTANT REMINDERS:

- Never recap needles
- Use safety shield/locks properly
- Always dispose of needles promptly in sharps container
- Never overfill or reach into a sharps container



SAFE WORK PRACTICES:

- Be aware of your surroundings and any potential hazards
- Anticipate patient reactions and behaviours (care plan?)
- Avoid distractions when using needles
- Take extra care when passing needles to others

IF YOU SUSTAIN A NEEDLESTICK INJURY:



1. Squeeze and allow wound to bleed freely
2. Cleanse site immediately with soap and water
3. Report incident to supervisor/manager
4. See Employee Health or Emergency Department
5. Complete RL6 injury report

#RECIPEOFTHEWEEK

Roasted Veggie Bowls

Makes 4 servings.
Preparation: 35 min



INGREDIENTS

- 4 cups cauliflower florets
- 454 g pkg precut peeled butternut squash (diced)
- 1 red onion, cut in wedges
- 4 cloves garlic (skins on)
- 1 tbsp extra-virgin olive oil
- 1 tsp cumin seeds, crushed
- 1 tsp salt, divided
- 4 eggs
- 3 tbsp red wine vinegar
- 1 tsp granulated sugar
- 4 cups mixed baby greens
- 1/3 cup olive oil
- 1 1/2 cup quick-cooking five-grain blend
- 1/2 cup chopped natural almonds
- 1/2 cup prepared beet hummus (optional)

DIRECTIONS

Preheat oven to 425°F. On baking sheet, toss together cauliflower, squash, red onion, garlic, extra-virgin olive oil, cumin seeds and 1/2 tsp of the salt; arrange in single layer. Bake until tender and browned, 20 to 25 minutes. Let cool slightly. Meanwhile, in saucepan, cook grains according to package directions. Drain. Meanwhile, fill small saucepan with water; bring to boil over high heat. Add eggs; cook for 6 minutes. Drain and rinse under cold water until chilled, about 2 minutes; drain again. Peel off shells; halve eggs lengthwise. In bowl, whisk together vinegar, sugar and remaining salt; gradually whisk in olive oil in thin steady stream. Squeeze garlic into vinegar mixture to release from skins; discard skins. Whisk vinaigrette to combine. Divide grains, cauliflower mixture, eggs, microgreens and almonds among 4 bowls; drizzle each with 2 tbsp of the vinaigrette. Top with beet hummus (if using).

NUTRIENTS Per Serving:

Calories: 752, Protein: 23g, Total Fat: 42g, Carbohydrates 48g, Sugar 10g, Fibre 15g, Sodium 663mg

VENDORS ON DISPLAY THIS WEEK!

Met Campus:

Sweet Moments, Just Jewellery, Little Red Door, Crystal Clear Jewellery, Alice & Betty Designs.

Ouellette Campus:

Silver 'n Such' Freak Parade, Magnolia & Vine, Ruellands Stuff 'n Bears.

Please Note: Vendors subject to change.

WRH Community Gardens

Volunteers are itching to get their hands in the dirt. If you are interested in helping tend the community garden at either campus, please contact Renee Hopes at 519-254-5577 ext. 33184

Produce from the garden is used in patient meals and given to local food banks.

