



FRONTLINE TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:

frontlinetribune@wrh.on.ca



@WRHospital

The Windsor Regional Cancer Centre Past, Present and Future Growth

By the time the Cancer Centre opened at WRH in 2001, former Cancer Centre CEO Dr. Hakam Abu-Zahra says, the space he was working in with his team in the hospital basement, was bursting at its seams. "No question there was a need. We didn't have enough space for patients."

When the new 73,000 square foot Cancer Centre opened in April 2001, Abu-Zahra says it was a dream come true for staff and patients. It had so much additional space that months later, when he became CEO of the Centre, there was enough space for him to keep TWO offices.

The building, with high-energy radiation treatment rooms, 31 chemo therapy suites, brachytherapy, a simulation suite and multiple exam rooms cost about \$22.5 million, including equipment.

On opening day there were 135 employees and in the first year there were 44,314 visits to the centre.

In the years since, those numbers have ballooned. Last year there were 71,679 patient visits and 211 employees. The number of new patients coming to the Centre each year has increased by nearly 40% since it opened and once again, space is becoming a concern.

"My concern is that we are literally growing out of our space here," says Dr. Sindu Kanjeekal, the current Chief of Oncology.

Dr. Kanjeekal has worked in the centre for 14 years and says it will always have a special place in her heart, but it's too small. "We are hiring new physicians, but we need to give them space for examination rooms and we don't have that right now."

The Centre also doesn't have enough space to accommodate an additional radiation treatment machine required to meet growing demand or a new provincially funded PET/CT scanner. Both of those will be placed in bunkers – similar to portable school classrooms – outside the Centre. Patients will access those using covered walkways.

A new Cancer Centre is included in plans for a new single-site acute care hospital at County Road 42 and the 9th Concession. Built on a 60 acre property, there will be enough space to house current patient volumes, with room to expand as needed. But that is still possibly 10 years away.



Photo (left):
Cancer Centre, 1988



Photo (right):
Cancer Centre, 2018

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

MAY 4, 2019

**Windsor Regional Cancer Centre
Open House**

1995 Lens Avenue, Windsor

MAY 23, 2019

WRHF Annual Golf Tournament

Essex Golf & Country Club
7555 Matchette Road, LaSalle

JUNE 9, 2019

Corvette Club Car Show

Dieppe Park, Riverside Drive, Downtown

JUNE 11

Indigenous Health Expo

WRH - Met Campus

JUNE 12

Indigenous Health Expo

WRH - Ouellette

JUNE 19, 2019

**Funkenhauser Family - A Day For A Life
Golf Tournament**

Kingsville Golf & Country Club
640 County Road 20, Kingsville

JUNE 20, 2019

Brain Injury Association Workshop

Hôtel-Dieu Grace Healthcare
1453 Prince Road, Windsor

JUNE 22, 2019

Sail Into Summer Dinner

Windsor Yacht Club
9000 Riverside Drive East, Windsor

JULY 15, 2019

Rafih Auto Group Golf Tournament

Beachgrove Golf & Country Club
14134 Riverside Drive E, Windsor



In 1963, measles caused 2.6 million deaths worldwide, but the number of deaths has dropped 95% since then!

The Windsor Regional Cancer Centre continued...

In the meantime, Regional Vice President Monica Staley Liang says patients are receiving top quality treatment, despite the cramped quarters. "But as volumes increase and patients live longer, and treatments become more complex, we have to think about the future," says Staley Liang.

"We never want to be in a situation where we cannot accommodate equipment or staff necessary to provide the best care for our patients."

Dr. Abu-Zahra hopes the community is proud of the way the Centre that he and his colleagues opened nearly two decades ago, continues to serve the community. He also recognizes the need to expand and progress, just as he and his colleagues did years ago.

"I think it is not a choice, but a necessity," he says. "We need to grow to have more innovative services for patients."

Cancer Centre Open House

There will be an open house at the Windsor Regional Hospital Cancer Centre on Saturday, May 4 from 10 am – 2 pm. Everyone is invited to come for a guided tour of the treatment areas, learn about the program and services and meet members of the team. For more information about the open house, please visit or click on the link www.wrh.on.ca/calendar?eventid=109&edate=2019-05-04&view=grid.

Eliminating Plastic Waste At WRH

In celebration of Earth Day this week, Windsor Regional Hospital would like to draw your attention to our EZH20 water bottle filling stations that provide employees easy access to filtered drinking water while minimizing plastic bottle waste in the environment.

One water station was installed last year at each campus in an effort to minimize the use of plastic water bottles and to encourage the use of reusable water bottles instead.

Monica Stanton, Director of Guest Services, says the water stations have been a welcome addition. "We get such a positive response from all employees and patients who use these stations, everybody loves them! The stations are much more convenient and so much better for the environment than plastic water bottles."

A digital display at the stations lets users know how many plastic water bottles have been saved by users filling their reusable bottles at the station. Since they were installed last year, WRH employees have saved 6,800+ plastic water bottles at Ouellette and 16,100+ plastic water bottles at Met.

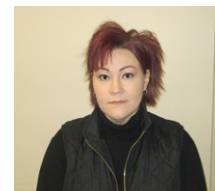
Benefits of the EZH20 station compared to plastic water bottles:

- Filtered water,
- Healthier and cleaner,
- Rapid fill,
- Easier,
- Convenient,
- Decreases plastic waste, and
- Saves you money.



If you aren't using them already, give them a try. The water stations are located in the administration hallway at the Ouellette campus and on the first floor past the main elevators at Met.

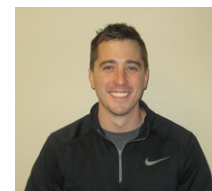
INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



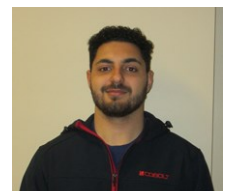
Andrea Fram
SWITCHBOARD
OPERATOR
SWITCHBOARD



Rylee Severs
MANAGER
DIAGNOSTIC
IMAGING



Stephen Durocher
REGISTERED NURSE
EMERGENCY
DEPARTMENT



Joseph Khoury
DIAGNOSTIC IMAGING
CLERK
DIAGNOSTIC IMAGING

Improving The Patient Experience With AIDET

We are pleased to report that 2,160 professional staff, employees, volunteers and affiliates have participated in AIDET to date.

AIDET (Acknowledge / Introduce / Duration / Explanation / Thank You) is a customer service framework for staff to communicate with patients and their families as well as with each other.

The program operates by using staff (employees and volunteers) to conduct 2 hour sessions open to all staff including professional staff, employees, volunteers and affiliates.

Thank you to our AIDET Trainers:

- Kelly Brisebois
- Nancy Brockenshire
- Michael Broderick
- Lise Desmarais
- Maria DiStefano
- Steve Erwin
- Allison Johnson
- Becky Langlois
- Devon Lanspeary
- Diane Marley
- Sheri McLeod
- Priyanka Philip
- April Reed
- Lisa Remington
- Anita Schawillie
- Gisele Seguin

We appreciate all the time and effort that goes into helping with this important program.

Want to be an AIDET trainer? Please contact Public Affairs at 519-985-2656 to volunteer your time.



It's The Little Things That Count

The WRH Patient Experience Task Force is excited to announce the latest winner of our "It's The Little Things" program which recognizes how what may seem little things, such as small gestures, can have a big impact on our patients.

Our latest winner is Andrea Agasse, RN, Met Campus Emergency Department.

Andrea was thanked by a grateful mother who appreciated the little things she did to help her son from being scared:

"I took my daughter Evelyn, into the ER to get stitches put in her eyebrow. Evelyn was so scared and nervous that she needed stitches, she wouldn't stop crying. Nurse Andrea did everything she could to make Evelyn feel better such as telling stories, offered prizes, making jokes. She made several visits back while we waited for the freezing to take effect. These gestures made me feel grateful that a stranger would try so hard to make my anxious daughter feel better. You are a beautiful person, Nurse Andrea! Thank you!" Great work Andrea!




It's the Little Things

Photo:

It's The Little Things winner, Andrea Agasse (left) with Lisa Gawdunyk, ED Manager at the Met Campus (right).

Electronic Parking Permit - Register Now!

For those staff who park at the Viscount Lot at Ouellette Campus, and the Shuttle Lot at Met Campus, please remember you need to register for an electronic parking permit before May 1st when changes to rates take effect.

You can find this form at www.wrh.on.ca/ElectronicParkingPermitRegistration.

Also, those who park in the Shuttle Lot will also need to register for payroll deduction in order to park at this lot. This form can be found at www.wrh.on.ca/ParkingAccessCancellationForm.

We are also continuing to update our FAQ on recent parking changes based on feedback from staff. Please visit www.wrh.on.ca/EmployeeParking to find the latest updates including questions on part-time employees, students and what to do if you have more than one vehicle.

The memo on changes was sent to staff on March 30, 2019.



More about It's The Little Things

Our Little Things program is a way to recognize that as a member of the WRH staff - employee, a physician affiliate or volunteer - we all have the potential to make a difference in a patient or loved one's experience at Windsor Regional Hospital. Whether you let a tired father step in front of you in the Tim's line, or you hold the door for a youngster struggling to walk on crutches, or you take a moment to sit with the woman who just said goodbye to her mother, you are helping to ease their burden.

Winners are selected from monthly Above and Beyond submissions. Staff are reminded that it is the Little Things that matter. In stressful situations, your kindness and consideration may mean the world to a patient or even a co-worker. This is not just a staff recognition program - it is an opportunity to learn from others.

VENDORS ON DISPLAY THIS WEEK!

Met Campus:

Freak Parade, Funky Living, Silver 'n Such, Ruellands Stuff 'n Bears, Janet Fashions

Ouellette Campus:

Robert Bishop Artwork, Home Instead, Qualicare, Janet Fashions, Silver 'n Such

Please note: Vendors subject to change.

Play a key role

in supporting cancer awareness, research & treatment for women living in Windsor/Essex.



Jewelry available beginning April 22nd, 2019 on-line and in the Foundation Office.

OFFICIAL SPONSOR:

LISA & BRIAN SCHWAB



Purchase & Donate now:
www.lockoutcancer.com

PREVENTING NEEDLESTICK INJURIES

IMPORTANT REMINDERS:

- Never recap needles
- Use safety shield/locks properly
- Always dispose of needles promptly in sharps container
- Never overfill or reach into a sharps container



SAFE WORK PRACTICES:

- Be aware of your surroundings and any potential hazards
- Anticipate patient reactions and behaviours (care plan?)
- Avoid distractions when using needles
- Take extra care when passing needles to others

IF YOU SUSTAIN A NEEDLESTICK INJURY:



1. Squeeze and allow wound to bleed freely
2. Cleanse site immediately with soap and water
3. Report incident to supervisor/manager
4. See Employee Health or Emergency Department
5. Complete RL6 injury report

#RECIPEOFTHEWEEK

Spring Pea Spaghetti Carbonara

Makes 4 servings.
Preparation: 25 min



INGREDIENTS

- 225 g spaghetti
- 6 strips bacon, cut in chunks
- 2 cups fresh green peas
- 6 egg yolks
- 1 cup grated Parmesan/Pecorino-Romano cheese , divided
- 1 teaspoon pepper
- 1/4 teaspoon salt
- 1 cup pea shoots (optional)

DIRECTIONS

In large pot of boiling water, cook pasta according to package directions. Reserving 1 cup of the cooking liquid, drain. Meanwhile, in large nonstick skillet, cook bacon over medium heat, stirring occasionally, until crisp, 6 to 8 minutes. Using slotted spoon, transfer bacon to paper towel-lined plate.

Drain all but 2 tbsp fat from pan. Return half of the bacon to pan; add peas and cook over medium heat, stirring, until heated through, about 1 minute. Remove from heat. Add pasta and 1/2 cup of the cooking liquid; toss to coat.

In bowl, whisk egg yolks with 3/4 cup of the Parmesan. Working quickly, scrape egg yolk mixture, pepper and salt into pasta mixture; toss until sauce is thickened, adding additional cooking liquid if needed to reach desired consistency. Divide among plates; sprinkle with remaining 1/4 cup Parmesan and bacon. Top with pea shoots (if using).

NUTRIENTS Per Serving:

Calories: 531; Protein: 25g; Total Fat:24g; Carbohydrates 54g; Sugar 5g; Fibre 6g; Sodium 890mg

Are You Interested In Helping With The WRH Community Gardens?

Volunteers are itching to get their hands in the dirt. If you are interested in helping tend the community garden at either campus, please contact Renee Hopes at 519-254-5577 ext. 33184

Produce from the garden is used in patient meals and given to local food banks.

