



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:

frontlinetribune@wrh.on.ca





@WRHospital

Nursing Week: A Voice To Lead

National Nursing Week is Monday, May 6, to Sunday, May 12, 2019.

This year's theme is Nurses: A Voice to Lead – Health for All. It was developed by the International Council of Nurses (ICN). According to ICN, A Voice to Lead reflects the fact that "every nurse has a story and every story has the potential to improve the health system and enable individuals and communities to achieve their highest attainable standard of health. From these insights comes the power for change."



At WRH, we want to hear your stories. Once again we are encouraging our nursing staff to write, in 400 words or less, "What Nursing Means to Me." We will publish some of the best stories to our website and social media and all entries will be eligible for a draw for a \$50 gift card. Email your entries to steve.erwin@wrh.on.ca.

About National Nursing Week:

The week draws attention to nurses, increasing the awareness of the public, policy-makers and governments of the many contributions of nursing to the well-being of Canadians.

In 1971, the International Council of Nurses (ICN) designated May 12, the birthday of nursing pioneer Florence Nightingale, as International Nurses Day. In 1985, CNA members passed a resolution to begin negotiations with the federal government to have the week containing May 12 proclaimed as National Nurses Week annually.

Soon after, the Federal Minister of Health proclaimed the second week of May as National Nurses Week. In 1993, the name was changed to National Nursing Week to emphasize the profession's accomplishments as a discipline.

At WRH, we are proud to celebrate the role nurses play in the every day lives of patients throughout our community. Stay tuned for a schedule of events to celebrate this profession.

Congratulations To the 2019

Congratulations and thank you to the organizers of the 2019 Shoosh Shootout. Kyle Voy, Ryan Schuchard and their team do an amazing job at hosting a fun and exciting tournament supporting the Windsor Regional Hospital Cancer Program, Riverside Minor Hockey and Ronald McDonald House Charities.

Thanks to all who sponsor, support and participate in this tournament.







MAY 4, 2019

Windsor Regional Cancer Centre Open House

1995 Lens Avenue, Windsor

MAY 23, 2019

WRHF Annual Golf Tournament

Essex Golf & Country Club 7555 Matchette Road, LaSalle

JUNE 9, 2019

Corvette Club Car Show

Dieppe Park, Riverside Drive, Downtown

JUNE 11

Indigenous Health Expo

WRH - Met Campus

JUNE 12

Indigenous Health Expo

WRH - Ouellette Campus

JUNE 19, 2019

Funkenhauser Family - A Day For A Life Golf Tournament

Kingsville Golf & Country Club 640 County Road 20, Kingsville

JUNE 20, 2019

Brain Injury Association Workshop

Hôtel-Dieu Grace Healthcare 1453 Prince Road, Windsor

JUNE 22, 2019

Sail Into Summer Dinner

Windsor Yacht Club 9000 Riverside Drive East, Windsor

JULY 15, 2019

Rafih Auto Group Golf Tournament

Beachgrove Golf & Country Club 14134 Riverside Drive E, Windsor



The WHO says Malawi has become the 1st country to begin immunizing children against malaria, using the only licensed vaccine to protect against the mosquito-spread disease.

Our PET/CT Scanner Has Arrived!

Great news for our cancer patients who have needed to travel hundreds of kilometres out of town for diagnostics -our new PET/CT scanner arrived on Saturday and will be open soon!

This 68,000-pound trailer and the state-of-the-art equipment it contains was carefully positioned into place adjacent to our Cancer Centre on April 27. Following staff training over the next few weeks, the PET/CT scanner will begin providing scans to more than 600 patients every year. This means patients no longer having to travel to out of the region to Mississauga, Hamilton and elsewhere.

A PET (Positron Emission Tomography) scan is a nuclear medicine imaging test that uses a form of radioactive sugar to create 3D colour images to show how a body's cells are working. A CT (Computed Tomography) scan uses special X-ray equipment to produce multiple images or pictures of the inside of a body, which can then be interpreted by a radiologist on a computer monitor.





Name Your Intranet Contest - Shortlist & Poll

Earlier this month we asked you to help us select a name for the new WRH Intranet. Thanks to everyone who took the challenge!

Today we are pleased to announce the shortlisted names for the new site. The finalists for the Name Your Intranet Contest are:

- The Insider
- MyWRH

Winners will be notified by email with information about collecting their \$10 Tim's cards.

Now that we have narrowed down the selection, staff are encouraged to participate in an **Online Poll** and let us know which of these names you would like to see on the new site.

The final name will be announced later this month and the winner will receive an amazon gift card.

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Brian Nicoletti

MANAGER

MENTAL

HEALTH



Felicia Girard

REGISTERED
NURSE
NEUROSURGERY



Renee Guenther

PHARMACIST
PHARMACY



Dr. Nigel Tan

PHYSICIAN

MEDICINE /
CARDIOLOGY



WINDSOR REGIONAL HOSPITAL FOUNDATION Charity

THURSDAY, MAY 23, 2019 • ESSEX GOLF & COUNTRY CLUB SHOTGUN: 10AM . LUNCH AT "THE SHACK" . DINNER: 5PM

FOR OTHER SPONSORSHIP OPPORTUNITIES, PLEASE CONTACT LINDA MCLEAN: 519.254.5577 ext. 52005 * linda.mclean@wrh.on.ca Emcee: Steve Bell, News Director, AM 800 CKLW

FEE **GRAND SLAM** GOLF FOURSOME \$5,000

Includes 18 holes of golf, cart, lunch, host bar, pre-dinner reception, dinner & wine, tournament gift, skins game, signage and a future round of golf for 4 at Essex Golf & Country Club.

GOLF FOURSOME \$2,500 Includes 18 holes of golf, cart, lunch, host bar, pre-dinner reception, dinner & wine, tournament gift, skins game and single hole signage.

GOLF TOURNAMENT 2019

• "Best Ball" Tournament

Putting Contest

- Hole-in-One Contests · Closest-to-the-Pin Contest
- "The Shack" Lunch · Pre-Dinner Reception
- Dinner & Wine
- Skins Game
- Tournament Gift
- The Keg Refreshment Tent THE KEG
- Westjet Trip

WINDSOR REGIONAL HOSPITAL FOUNDATION

SPECIAL THANKS TO ESSEX GOLF & COUNTRY CLUB AND HCA MINDBOX

WINDSOR REGIONAL HOSPITAL FOUNDATION





Doctor's Day In Ontario

Starting May 1st and continuing throughout the month of May, health-care organizations across the province will be recognizing the extraordinary contributions made by Ontario doctors in the health care system.

Every day, more than 335,000 patients across the province are treated and cared for by doctors. Whether it's in a hospital, a long-term care home, a clinic or at a patient's home, Ontario's doctors are making a positive difference in the lives of patients by providing high-quality care.

All too often, doctors are depicted as just another cog in the health care machine. It is easy to forget the real sacrifices that doctors regularly make on behalf of their patients. Whether it is forfeited time with loved ones, long work hours or the burden of the many life-and-death decisions they face; it is important to recognize and celebrate the human elements of the profession.



Works Of Art Support WRH Foundation

An amazing person has come forward to support the work of the Windsor Regional Hospital Foundation. Susan Duxter is making and donating beautiful polymer clay art jewellery pieces in support of a variety of equipment and program needs.

The beautiful works of art sell for \$10 and are available via the WRH Foundation.

Early in her career, she taught art to senior public school students, ran a pottery studio, had pieces shown at the Canadian National Exhibition and participated in Art in the Park and the Ontario Crafts Council. She studied art at the University of Windsor and attended Michigan State University and Pewabic Potterv.

In addition, Susan was a Motivational speaker for 15 years. She was the first woman to earn the certified speaking professional designation from the National Speakers Association.

She is an experienced graphic designer and the author of two books, Bridges and Wings which sold 10M copies.

She began watercolours and acrylics after retirement at the age of 55 and then began working with polymer clay in lieu of painting several years ago and founded a Canadian Clay Association.

Her husband was diagnosed with a rare form of non Hodgkin's cancer called Waldenstrom and is in treatment. She has had open heart surgery and is recovering. One day it occurred to her that she could give back by doing something - she loves.

We are grateful for her and her family's support and look forward to promoting and selling these beautiful pieces.

And instead at the bottom – Watch for opportunities to purchase these works of Art for Mother's Day coming soon at both campuses?





VENDORS ON DISPLAY THIS WEEK!

Met Campus

Freak Parade, Barb's Healthcare Apparel, Aerus, Tupperware, Unique Books, Silver 'n Such

Ouellette Campus

Windsor Hearing Centre, Accessorize it, Aerus, **Funky Living**

Please note: Vendors subject to change.



Electronic Parking Permit - Register Now!

For those staff who park at the Viscount Lot at Ouellette Campus, and the Shuttle Lot at Met Campus, please remember you need to register for an electronic parking permit before May 1st when changes to rates take effect.

You can find this form at www.wrh.on.ca/ ElectronicParkingPermitRegistration.

Also, those who park in the Shuttle Lot will also need to register for payroll deduction in order to park at this lot. This form can be found at www.wrh.on.ca/ParkingAccessCancellationForm.

We are also continuing to update our FAQ on recent parking changes based on feedback from staff. Please visit www.wrh.on.ca/EmployeeParking to find the latest updates including questions on part-time employees, students and what to do if you have more than one vehicle.

The memo on changes was sent to staff on March 30, 2019.



#RECIPEOFTHEWEEK

Spice Rubbed Barbeque Chicken

Makes 6 servings.
Preparation: 30 min
Total Time: 5 hrs and 30 min



INGREDIENTS

- 1 tablespoon dried Greek or Mexican oregano
- 1 tablespoon garlic salt
- 1 tablespoon coriander seeds, toasted and ground
- 2 teaspoons smoked paprika
- 1 teaspoon freshly ground pepper
- 1/2 teaspoon kosher salt
- •1 whole chicken (about 1.7 kg)
- 3 tablespoons lemon juice
- 1 batch each Alabama Sauce and Texas-Style Barbecue Sauce (link to recipes in directions)

DIRECTIONS

In small bowl, stir together oregano, garlic salt, coriander seeds, paprika, pepper and kosher salt; set aside. Using kitchen shears, cut chicken along each side of backbone; remove backbone and discard or reserve for another use. Turn chicken breast side up; press firmly on breastbone to flatten. Place chicken on baking sheet; drizzle with lemon juice. Sprinkle all over with oregano mixture and press to adhere; cover with plastic wrap. Refrigerate for 4 to 24 hours. Bring chicken to room temperature before grilling. Meanwhile, preheat barbecue to medium heat (about 350°F); grease grill. Place chicken, skin side down, on grill; close lid and cook, flipping once, until juices run clear when chicken is pierced and instant-read thermometer inserted in thickest part of thigh reads 165°F, 40 to 50 minutes. Transfer chicken to cutting board; tent with foil. Let rest for 10 minutes before carving. Serve with Alabama Sauce and Texas-Style Barbecue Sauce (if using).

NUTRIENTS Per Serving

Calories: 249, Protein: 26g, Total Fat:15g, Carbohydrates 3g, Sugar 0g, Fibre 1g, Sodium 796mg

Learning Resources Is On The Move!

As of Monday, April 22, 2019 the Learning Resources office has moved to the WFCU Centre on Tecumseh Road.

Multimedia staff are still onsite at both Met and Ouellette campuses to assist with OTN and multimedia needs.

Please note that all the phone extensions for Learning Resources staff remain the same:

- Sam Geier, secretary X 31630
- Jennifer Cipkar-Youssef X 31631
- Liz Vaughan X 31632
- Sherri Ann Franz X 37041 cell: 519-991-1856





