

The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

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# WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:

frontlinetribune@wrh.on.ca





# **WRH Warriors Play for a Cure**

Congratulations and thanks are extended to the WRH Warriors — the WRH Hockey team that participated in **Play for a Cure**. Led by Dr. Roy Diklich (Emergency Services), the team was part of a first time ProAm Hockey tournament that raised over \$280,000 for the Cancer Research Collaboration Fund. The Fund established through the Windsor Community Foundation supports education, outreach, internships, training and capital investments for Cancer Research within the Windsor-Essex Community.

Dr. Roy was on hand recently to accept recognition from Event Chair, Harvey Snaden.



#### Many thanks to all the WRH Warriors:

Andre Gringras, Brent Mahon, Craig Mahon, David Boyd 'C', Eli Malus (goalie), Eric Vandal, Jake Belski, Matt Shaw, Mike Nedzelski, Rob Woodall, Roy Dicklich 'C', Ryan Carlone, Ryan McNorton, Sean O'Neil, Tyler Kirby







#### SUNDAY, SEPTEMBER 8, 2019

Essex County Chinese Association Moon Festival Celebration

Ciociaro Club of Windsor 3475 Talbot Road, Windsor

#### **SEPTEMBER 13. 2019**

**Cancer Education Days** 

Ciociaro Club, Salon A 3745 North Talbot Road, Windsor

#### **SEPTEMBER 14, 2019**

India Canada Association Gala

Caesars Windsor 377 Riverside Drive East, Windsor

#### SATURDAY, SEPTEMBER 21, 2019

Flapjack Fundraiser Breakfast

Applebee's Neighbourhood Grill & Bar 2250 Division Road, Windsor

#### FRIDAY, SEPTEMBER 27, 2019

The 2019 Cancer Conference

The Arena, Walpole Island 770 Tecumseh Road, Wallaceburg, Ontario

#### THURSDAY, OCTOBER 24, 2019

**Do Good Divas** 

A Night Out In Handbag Heaven

Caboto Club

2175 Parent Avenue, Windsor

#### FRIDAY, NOVEMBER 16, 2019

**Universal Kids Day** 

Adventure Bay Waterpark 401 Pitt Street West, Windsor



Results from a clinical trial testing the effectiveness of two Ebola drugs in 499 patients showed improved survival for the first time. They were tested in the hotspots of the current Democratic Republic of Congo Ebola outbreak.

#### Accreditation 2019: Required Organizational Practices (ROP)

We are now 3 months away from our on-site Accreditation Canada survey, starting November 25th to the 29th! Work is well underway in addressing the accreditation standards that need improvement based on our self-assessments.

Every week, we will be emailing to everyone the latest "ROP of the Week" featuring Required Organizational Practices. This week's theme is "Accountability for Quality," which looks at how we handle patient complaints, our policies and resources when it comes to ethics, and an overview of some of the indicators we track. These are areas which everyone who works or volunteers at WRH should be aware of since knowing how to address patient concerns, understand ethical issues, and how to track our progress through indicators improve our ability to deliver quality patient care and a great patient experience, as well as our workplace culture.

Please check your email for this latest ROP of the Week which was sent by email on Monday, August 26th.

Don't forget to check out our bi-weekly newsletter as well. Our next Accreditation 2019 newsletter will be sent out on Tuesday, September 3rd following Labour Day Weekend. Each newsletter also features an Accreditation 2019 quiz. Complete it online and you will be eligible for a \$25 President's Choice gift card!

Remember that all of these links and information about our Accreditation preparedness is available on our intranet, including an ROP

handbook, an overview of the process, facts and FAQs and contact information. Just click on the Accreditation 2019 icon found on the WRH Intranet home page.



# **VENDORS ON DISPLAY IN THE COMING WEEKS!**

August 26-30, 2019

**Met Campus:** Puretrim; Monique's Boutique, Home Instead; Janet Fashions, She's got Leggzz, Funky Living, Chartwell, Financial Diva, Alice & Betty Designs, Jacob's Woodwork

Ouellette Campus: Freak Parade, Janet Fashions, HML Fashion

September 2-6, 2019

Met Campus: Edgukids, Just Jewellery, Alice & Betty Designs, Galaxy Medical,
Monique's Boutique, Puretrim
Ouellette Campus: Norwex; Lories Glass; Umbi Fashion

Please note: Vendors subject to change.

#### **INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL**



Nicole Burns
DISCHARGE TEAM
VOLUNTEER
SERVICES



Allison Budgell
REGISTERED NURSE
WRCC MEDICAL
ONCOLOGY CLINIC



Cheryl Okoroafor

WELLCOME MATT
VOLUNTEER
SERVICES

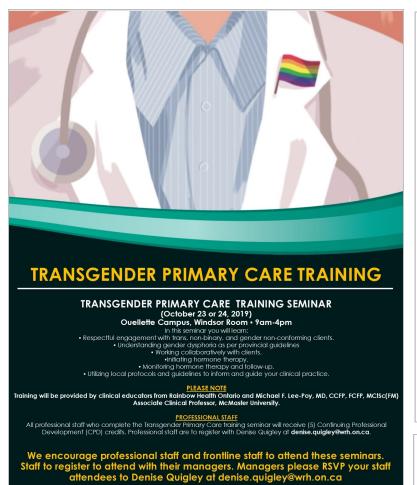


Dr. Darren Weaver

PHYSICIAN

DEPARTMENT OF

MEDICINE



# Enjoy a short stack for a tall cause.

WINDSOR REGIONAL HOSPITAL OUTSTANDING CARE-NO EXCEPTIONS!

You're invited by Dr. Norman A. McCormick Chapter, IODE to an Applebee's Flapjack Fundraiser breakfast. Funds raised will support the Windsor Regional Hospital Foundation - Women's and Children's Services.

#### TICKETS ARE \$10.00 EACH

Saturday, September 21, 2019 / 8am - 10am Applebee's Neighbourhood Grill & Bar / 2250 Division Road, Windsor (Corner of Walker Road and Division Road)



# New Little Free Library @ Met Campus

Windsor Regional Hospital has a new Little Free

**Library (LFL)** located the Met Campus near the Community Garden on the west side of the property near Kildare and Lens. The new LFL was donated by Ronald McDonald House Charities.

LFLs play an essential role by providing 24/7 access to books and encouraging a love of reading. WRH has 2 other LFLs – one is a book bus that visits patient rooms at the Met Campus and another in the

Goyeau lobby at the Ouellette Campus.

Thank You Ronald McDonald House Charities!



## Donate Blood during Childhood Cancer Awareness Month

September is Childhood Cancer Awareness Month – and bookings for blood donations in the weeks ahead of us and are in need of more supply.

Canadian Blood Services is encouraging you to donate in the upcoming weeks at the Windsor Blood Donor Centre, located at 3909 Grand Marais Road East.

Hours for operation are as follows:

- Monday to Wednesday 3 pm to 7 pm
- Thursday 11 am to 7 pm
- Friday and Saturday 8 am to noon

The Centre is open regular hours through the Labour Day long weekend including Labour Day Monday.

For Childhood Cancer Awareness Month this September, Canadian Blood Services is noting that every year, approximately 1,500 children are diagnosed with cancer. They will need up to five blood donors to help treat their illness. Every donation can make a lifesaving impact on a child cancer patient.

To donate, you must be:

- 17 years or older
- In good general health
- Carry government-issued ID or Canadian Blood Services ID
- Meet height and weight requirements and other eliaibility requirements

Take the eligibility quiz or visit **blood.ca** to learn more.





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WINDSOR REGIONAL

**ESSEX COUNTY CHINESE CANADIAN ASSOCIATION** 



#### INDIA CANADA ASSOCIATION (Windsor Essex County)

in association with

WINDSOR REGIONAL HOSPITAL FOUNDATION FOUN

# SATURDAY, SEPTEMBER 14, 2019

Caesars Windsor, Augustus Ballroom • Reception: 6:00pm/ Program: 7:00pm Tickets are \$100.00 per person

Join the India Canada Association (Windsor Essex County) for an evening of delicious East Indian food, live Bollywood style entertainment, inspiration, socializing and fundraising



Proceeds from this event will raise much needed funds for a new 3D Diagnostic Mammography Machine to detect Breast Cancer earlier and more accurately.



For tickets and sponsorship information, please contact:

Taskeen Jamali, Vice President: 519-566-9560 Purnima Kumar, President: 519-903-7237 Nishtha Sharma, Past President: 226-975-5666 Khushali Parikh, Secretary: 519-992-8277

Sharda Yadav, Treasurer: 519-965-0479

# #RECIPEOFTHEWEEK

# Sheet Pan Chicken & Broccoli Stir Fry

Makes 4 servings / Prep Time: 15 min / Total Time: 35 min

- 3 tablespoons soy sauce
- 2 tablespoons Chinese cooking wine or dry sherry
- 1 tablespoon grated ginger
- 2 cloves garlic , grated
- 1 tablespoon liquid honey
- 1 tablespoon sesame oil
- 1-1/2 teaspoon cornstarch
- 450g boneless skinless chicken breasts, cut in 1-1/2-inch chunks
- 1 head broccoli, cut in florets and stems peeled, thinly sliced
- 1 large carrot, sliced diagonally
- 1 sweet red pepper, sliced
- 2 cups sugar snap peas, trimmed
- 2 teaspoons each black and white sesame seeds
- cilantro leaves and/or lime wedges (optional)

Preheat oven to 425°F. Sauce: In bowl, whisk together soy sauce, cooking wine, ginger, garlic, honey, sesame oil and cornstarch. On baking sheet, toss together chicken, broccoli, carrot, red pepper and Sauce; toss to coat. Arrange in single layer. Bake for 12 minutes; flip chicken and vegetables. Add snap peas; bake until vegetables are tender and chicken is no longer pink inside, 5 to 7 minutes. Sprinkle with sesame seeds and cilantro (if using). Serve with lime wedges (if using).

#### **NUTRIENTS Per Serving**

Calories: 280; Protein: 32g; Total Fat:8g; Carbohydrates 22g; Sugar 11g; Fibre 6g; Sodium 786mg





# FRIDAY THE

**CANCER EDUCATION DAYS** 

FRIDAY, SEPTEMBER 13, 2019 7:30 AM - 2:30 PM

CIOCIARO CLUB (SALON A), WINDSOR, ON

VIA WEBCAST: BLUEWATER HEALTH (HURON ROOM) - CHATHAM-KENT HEALTH ALLIANCE (THAMES ROOM) NORTH LAMBTON CHC - CHATHAM-KENT CHC - WALLACEBURG SITE

TARGET AUDIENCE: PRIMARY CARE PROVIDERS, ONCOLOGISTS, RNs, RPNs, RADIATION THERAPISTS. MEDICAL LEARNERS, AND OTHER ALLIED HEALTH PROFESSIONALS

RECISTRATION FEE: \$25 (COVERS BREAKFAST & LUNCH)

REGISTER AND PAY ONLINE BEFORE AUGUST 30, 2019:

WWW.WRHCANCEREDUCATIONDAY.CA

QUESTIONS? CONTACT KAREN REAUME AT 519-254-5577 EXT. 58517 OR KAREN.REAUME@WRH.ON.CA This **Group Learning** program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 5.00 Mainpro+ credits.