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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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@WRHospital

WRH's NICU Wins 1st Place For Milk Room Video

Staff of the Neonatal Intensive Care Unit attended the EPIQ Conference in Toronto, February 9-11 and won 1st Place with their presentation video on their Infant Nutrition Centre (INC). (EPIQ) stands for Evidence-Based Practice for Improving Quality in the Neonatal Intensive Care Unit. The Unit participates annually with 30 other NICUs across the country to work on initiatives to improve the outcomes of premature infants. The (INC) launched in May 2018, has enabled the staff to see amazing changes and benefits for the babies.

In keeping with the goals of (EPIQ), staff focused on prevention of NI (Nonsocomial Infection) and were able to show how the (INC) has helped in their reduction in infections which is an initiative they have been working on the last few years. The objective was to reduce the number of IV days for infants and help them to achieve full feeds as soon as possible on either mothers own breastmilk or donor milk if the infants qualified.

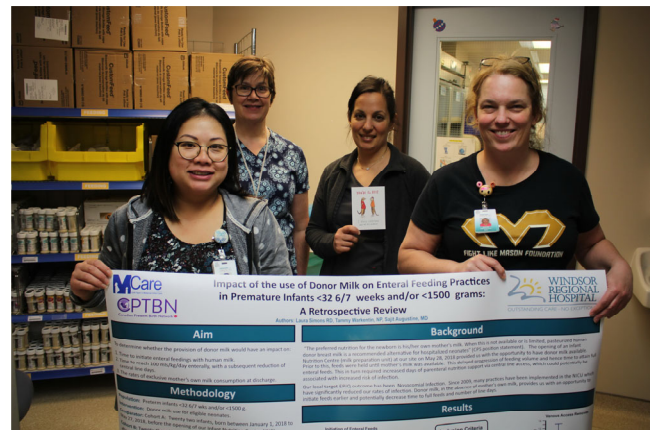
The challenge for the video was to be different from other NICU centres with only one-minute to present their case. To be inventive and with assistance from Learning Resources, a video completed. Themed from the movie 'Frozen' and using the popular song from the movie, 'Let It Go', they changed the title and lyrics to 'Let It Flow'. The concept of the video was, 'Do You Want to Build a Milk Room?' and what the Unit had to do to make it happen. In the video are: Laura Miller, RN; Laura Smith, RN; Chanthorn Sok, RN; Holly Grant, RN; Jose Piazza, Clinical Practice Coordinator and Barbara Parent, Food Service Supervisor. Denise Harpe filmed and produced the video. The video can be viewed at www.wrh.on.ca/LetItFlow.

"The NICU team worked really hard to achieve the 1st place award and everyone involved are congratulated for the success obtained," said Josie Piazza, Clinical Practice Coordinator, NICU. "The provision of donor milk and having milk prepared safely and efficiently has become a standard of care within the NICU and attaining this success every day is truly rewarding."

Thank you to the Windsor Regional Hospital Auxiliary (formerly Metropolitan General Hospital Auxiliary) for assisting to fund the NICU Milk Room.

Photo (right): Holding their poster presented at the EPIQ Conference are: NICU's, Chanthorn Sok, Barbara Parent, Josie Piazza and Laura Miller.

Congratulations!



Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

FEBRUARY 28, 2019

Hats On For Healthcare Windsor Spitfires
WFCU Centre, 7:05pm
8787 McHugh Street, Windsor

MARCH 5, 2019

Hats On For Healthcare
Windsor Regional Hospital, Windsor-Essex

MARCH 6, 2019

Hats On For Healthcare Windsor Express
WFCU Centre, 7:05pm
8787 McHugh Street, Windsor

MARCH 8, 2019

International Women's Day
Ciociaro Club Of Windsor
3745 North Talbot Road

APRIL 1-7, 2019

National Ethics Week

APRIL 3, 2019

Challenging The Myth - Consent & Capacity
Met Campus - Auditorium Side A
Ouellette Campus - Windsor Room
RSVP at Maria.Distefano@wrh.on.ca

APRIL 11, 2019

Volunteer Appreciation Party
Riverside Sportmen's Club
10835 Riverside Drive East, Windsor

MAY 23, 2019

WRHF Annual Golf Tournament
Essex Golf & Country Club
7555 Matchette Road, LaSalle

JUNE 19, 2019

Funkenhauser Family - A Day For A Life Golf Tournament
Kingsville Golf & Country Club
640 County Road 20, Kingsville

JUNE 22, 2019

Sail Into Summer Dinner
Windsor Yacht Club

WRH Staff Share Visions For A New Hospital System In The #WEareReady Video Campaign

In an effort to help move the new hospital system project forward, WRH employees are sharing the struggles they face every day due to aging infrastructure and their visions for the new Windsor-Essex Hospitals System.

Frontline staff know better than anyone the issues we face with accessibility, privacy, comfort and basic infrastructure limitations and how a new hospital system will improve these things for our patients. They know the status quo is not sustainable. Many have visited or worked in other state-of-the-art hospital environments. Our community deserves no less!

Check out their visions and videos at: www.wrh.on.ca/weareready.

We will continue to update this page as more videos come in. If you would like to submit a video or would like to suggest something to highlight in this series, please email publicaffairs@wrh.on.ca.

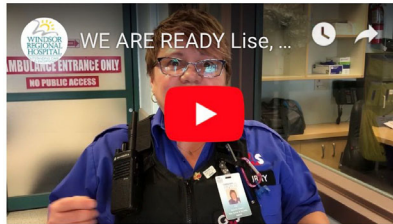
Diane Bradford, Manager, Trauma Program and Injury Prevention
Vision: Safe and visible patient entrances



Dr. Americo Liolli, Chief of the Department of Anesthesiology
Vision: Single-site acute care hospital with all surgeons and anesthesiologists at the same location



Lise, Security Guard
Vision: State-of-the-art security system



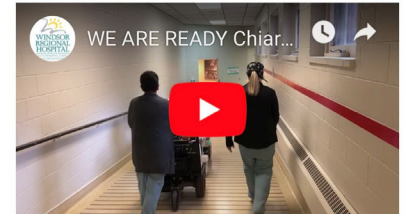
Kaitlyn Sheehan, Intensive Care Unit
Vision: Appropriate space and privacy for patients in the ICU



Dr. Caroline Hamm
Vision: Single-site acute care hospital



Chiara, RN, Cardiac Catheterization Lab
Vision: Quick and seamless transfers of patients from the Emergency Department to Cath Lab



N95 respirator fit testing is required every 2 years. They prevent inhalation of small particles that may contain infectious agents transmitted via the airborne route.

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Michelle Nicholas
REGISTERED
NURSE
ONCOLOGY



Melanie Renaud
REGISTERED
NURSE
NICU



Sheereen Hassib
REGISTERED
DIETITIAN
CLINICAL NUTRITION



Dr. Dino Shukla
PHYSICIAN
INTERVENTIONAL
CARDIOLOGY

1ST ANNUAL CONFERENCE

RARE DISEASE DAY WINDSOR

EARLY DETECTION, SPECIAL CARE, & BARRIERS

FEBRUARY 28TH, 2019 7PM
BEACH GROVE GOLF & CC

RAREDISEASEDAY2019.SQUARESPACE.COM

WRH Supports Raising Awareness About Rare Diseases

Canadians living with rare diseases encounter a multitude of barriers that can cause a burden on everyday life.

WRH is proud to promote Rare Diseases Day 2019, an opportunity to learn about creating meaningful change and awareness for those living with rare diseases in Canada.

On Thursday, February 28th, from 7 pm to 10:30 pm at Beach Grove Golf and Country Club, a cocktail evening and seminar will be held. Issues surrounding rare diseases will be brought to the forefront of discussion among medical professionals, educators, policymakers, and the community. The goal is to explore solutions with key players that can bring about meaningful change in the most timely manner possible.

The main speaker this year will be the fantastic Dr. Joseph Clarke. Dr. Clarke is a Professor Emeritus at the University of Toronto and will be joining the event via Skype to discuss early recognition of rare diseases. He worked as an associate clinical researcher at Sick Kids for over two decades as well as serving as the Director for the genetic metabolic diseases program. Dr. Clarke is the author of A Clinical Guide to Inherited Metabolic Diseases.

Upon arrival, get to know the people behind the cause and meet professionals, enjoy a cocktail and bid on raffle prizes before the main event begins. Guest speakers will be sharing medical information pertaining to early detection and treatment, policy-making options to overcome the financial barrier associated with rare diseases, and stories of triumph that are sure to inspire the community to overcome the social barriers. Raffle prizes will be drawn at the end of the night, and we will be sharing a few words from our event supporters before saying goodbye.

Tickets are available at the door, or you can send an email to reserve your tickets at rarediseaseday2019@gmail.com or visit <https://rarediseaseday2019.squarespace.com/>.

TICKETS AVAILABLE NOW!

HATS ON FOR HEALTHCARE NIGHT!
WINDSOR SPITFIRES vs. PETERBOROUGH PETES

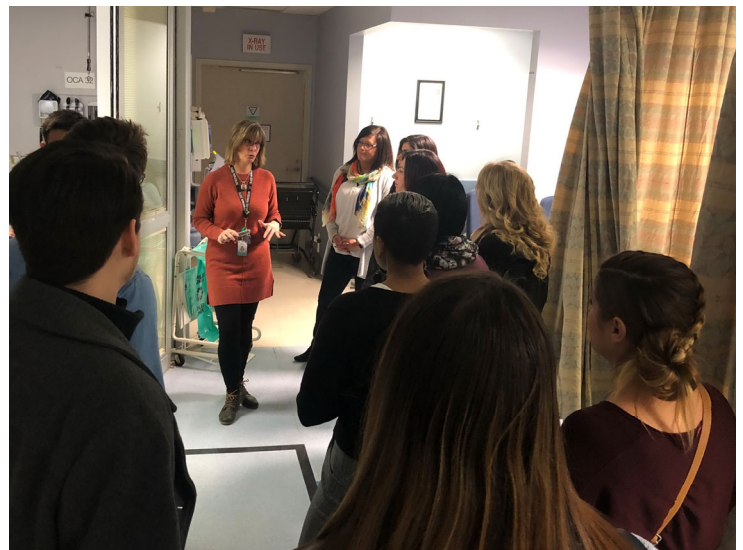
THURSDAY, FEBRUARY 28 / 7:05 PM
WFCU CENTRE • 8787 MCHUGH STREET
TICKETS: \$20 EACH

Partial proceeds from ticket sales benefit the 2019 Hats On For Healthcare campaign raising funds towards the purchase of Diagnostic Imaging equipment at Windsor Regional Hospital.

Purchase tickets online at www.fevo.me/hats

Leadership Windsor Essex Visits WRH

On February 20, participants from this year's Leadership Windsor-Essex team visited the Ouellette Campus for a presentation and tour. The tour included a stop in the Emergency Department where Diane Bradford presented to the group more about the Trauma Program.



WINDSOR SPITFIRES FIRST RESPONDERS NIGHT



VS



KINGSTON
FRONTENACS

SUNDAY MARCH 3RD @ 2:05PM
+ POST GAME: SKATE WITH THE SPITS



WRH TICKETOFFER:
\$20 PER TICKET

PROCEEDS FROM TICKET GOES TO WRH FOUNDATION

**FEATURING SPECIAL FIRST
RESPONDERS JERSEYS**

**JERSEYS WILL BE AUCTIONED OFF
ONLINE FOLLOWING THE GAME**



FOR TICKETS VISIT:
fevo.me/wrh

TICKETS WILL BE LOCATED IN BLUE ZONE, ONLINE FEES APPLY

#RECIPEOFTHEWEEK

Speedy Beef Stroganoff

Makes 4-6 servings.
Preparation: 40 min
Cooking: 15 min



INGREDIENTS

- 450 g top sirloin grilling steaks , cut in 1/4-inch thick slices
- 1 teaspoon each salt and pepper
- 1 tablespoon olive oil
- 1 tablespoon unsalted butter
- 2 pkg (each 227 g) button mushrooms , quartered
- 1 teaspoon garlic powder
- Half red onion , thinly sliced
- 1 1/2 teaspoon dried thyme
- 2 cups sodium-reduced beef broth
- 1 tablespoon Dijon mustard
- 1 tablespoon Worcestershire sauce
- 2 tablespoons cornstarch
- 2 tablespoons water
- 1/2 cup sour cream
- 1 pkg (340 g) broad egg noodles
- 1/2 cup coarsely chopped fresh parsley

DIRECTIONS

Sprinkle beef with 1/2 tsp each of the salt and pepper. In large nonstick skillet, heat oil over high heat; working in 2 batches, cook beef, stirring frequently, until browned, 6 to 7 minutes. Transfer to bowl; set aside. In same pan, melt butter over medium heat; cook mushrooms, garlic powder and remaining salt and pepper, stirring frequently, until mushrooms are browned, 8 to 10 minutes. Add red onion and thyme; cook, stirring, for 1 minute. In bowl, whisk together broth, mustard and Worcestershire sauce; pour into pan. Simmer, stirring occasionally, for 5 minutes. In small bowl, whisk cornstarch with water; stir into pan. Cook, stirring often, until slightly thickened, 4 to 6 minutes. Remove from heat; stir in sour cream. Meanwhile, in large saucepan of boiling water, cook noodles according to package directions; drain. Fold beef and parsley into sour cream mixture; serve over noodles.

NUTRIENTS Per Serving (1/6 of recipe):

Calories: 326; Protein: 21g; Total Fat: 10g; Carbohydrates 38g; Sugar 3g; Fibre 3g; Sodium 730mg

HATS ON FOR HEALTHCARE TUESDAY, MARCH 5, 2019

2019 CAMPAIGN SUPPORTING DIAGNOSTIC IMAGING EQUIPMENT
AT WINDSOR REGIONAL HOSPITAL

The 10th Annual Hats On For Healthcare is a fundraising initiative supporting Windsor Regional Hospital.

Participating individuals and organizations, together with their employees, members and clients are invited to put on their unique and creative head attire, make a donation and take part in many entertaining activities to help raise funds for Diagnostic Imaging equipment at Windsor Regional Hospital.

Participating in the 2019 Hats On For Healthcare is a great way to show the community that you and your employees care about healthcare in Windsor-Essex.



www.hatsonforhealthcare.com

VENDORS ON DISPLAY Feb. 25 - Mar. 1, 2019

Met Campus: Chartwell, Funky Living,
Custom Essentials, Crystal Clear Jewellery.

Ouellette Campus: Freak Parade, Sweet Legs,
Workfit Scrubs.

Please note: Vendors subject to change.