



FRONTLINE FEBRUARY 25, 2020 TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

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Stroke Team On The Road To Distinction

The stroke team at WRH held a kickoff event this week to mark the beginning of a journey toward Stroke Distinction.

The Stroke Distinction is awarded by Accreditation Canada. The work involved will build upon recent process improvements to improve stroke care and outcomes for patients.

Karen Riddell, VP Critical Care, Cardiology, Stroke, Trauma and Clinical Support Services, says this is part of the team's ongoing "journey toward excellence in stroke care."

Accreditation Canada surveyors will be on site in November 2020 to formally evaluate the stroke program in 5 key areas:

- The achievement of stroke performance indicator thresholds;
- The implementation of stroke protocols or clinical practice guidelines;
- Commitment to excellence and innovation;
- Commitment to client and family education; and
- The degree of compliance with Acute, Rehab, Education and System Standards.

Richard Beaton, who suffered a stroke on Remembrance Day last year was at the event to share his story and inspire the team as they begin this journey.

Beaton said the team's quick action saved his life and fought back tears as he thanked members of his care team. "I have some impairment on my left side, but I returned to work one month after and I'm grateful."



Stroke survivor Richard Beaton says members of his care team, including Dr. Erin Dyer, saved his life.

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:

frontlinetribune@wrh.on.ca



@WRHospital

End Of An Era: Say Goodbye To The Frontline Tribune!

This is last edition of the Frontline Tribune newsletter you will be receiving in your inbox. Starting next week, the WRH hospital newsletter will have a new look, a new format and a new name.

The Frontline Tribune news has been published weekly since the realignment of hospital services in 2013. The publication combined the names of the previous "Tribune" published by Windsor Regional Hospital and "Frontline News" published by Hôtel-Dieu Grace Hospital before the realignment.

FROM THE ARCHIVE: [First edition of Frontline Tribune, Sept. 30, 2013](#)

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

WEDNESDAY, FEBRUARY 26, 2020

Ash Wednesday

Met and Ouellette Campuses

THURSDAY, FEBRUARY 27, 2020

Windsor Spiffires Hats On Night

WFCU Centre, 8787 McHugh Street

WEDNESDAY, MARCH 4, 2020

Hats On For Healthcare Day

FRIDAY, MARCH 6, 2020

Windsor Express Cancer Awareness Night

WFCU Centre, 8787 McHugh Street

TUESDAY, MARCH 17, 2020

St. Patrick's Day

FRIDAY, MARCH 28, 2020

Give A Lift For Mental Health

St. Clair Sportsplex, 2000 Talbot Road W.

THURSDAY, MAY 21, 2020

WRH Golf Tournament

Essex Golf & Country Club

7555 Matchette Rd

SATURDAY, JUNE 27, 2020

Sail Into Summer Gala

Windsor Yacht Club, 9000 Riverside Drive E.

Run For Windsor Raises \$15,000 to Support The New Hospital System

The Ahmadiyya Muslim Jama'at presented the Windsor Regional Hospital Foundation with a \$15,000 cheque on Saturday, February 22nd at Baitul Ehsan. The money was raised through their 3rd annual Run For Windsor event that took place in September 2019. The funds will support the proposed Urgent Care Centre for Windsor Regional Hospital. To date, the Ahmadiyya Muslim Jama'at has raised \$45,000 to support this cause. We thank them for their leadership towards the health of our community.

Stay tuned for the 4th annual Run For Windsor event that will be held early June. The event is a great and active way to support the future of healthcare in Windsor-Essex.

For more information please visit www.runforwindsor.com.



DID YOU know?

The Metropolitan General Hospital Auxiliary began in 1934 (now known as the Windsor Regional Hospital Auxiliary).

The first president was Mrs. C.D. Brown from 1934 - 1935.



Birth defects related to Zika virus quadrupled in the United States between 2016 and 2017 in areas with widespread local transmission of the virus.

VENDORS ON DISPLAY February 25– March 2, 2020

MET CAMPUS:

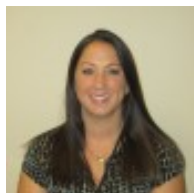
Freak Parade, Zesty Boutique, Unique Books, Funky Living, Ruellands Stuff 'n' Bears, Ava's Beautiful Creations, Alice and Betty Designs

OUELLETTE CAMPUS:

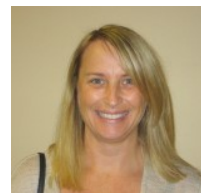
Baggz N Bling, What's Poppin, Zesty Boutique, Silver 'n Such

Please note: Vendors subject to change.

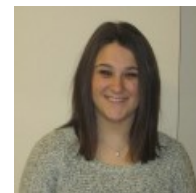
INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Erika Brown
Social Worker
SOCIAL WORK



Jaqueline Sinasac
Pharmacy Technician
PHARMACY



Megan Hudson
Registered Practical Nurse
DAY SURGERY



Morgan Carter
Registered Nurse
MEDICINE

TICKETS AVAILABLE NOW!



**HATS ON FOR HEALTHCARE NIGHT!
WINDSOR SPITFIRES vs. SOO GREYHOUNDS**

**THURSDAY, FEBRUARY 27 / 7:05 PM
WFCU CENTRE - 8787 MCHUGH STREET**

SPECIAL PRICE TICKETS:

\$18 tickets available through the Windsor Regional Hospital Foundation. Tickets can be purchased in the Foundation Office at both Met and Ouellette campuses. \$5 from every ticket will support Hats On For Healthcare benefitting the Critical Care Program.

HATS ON FOR HEALTHCARE WINDSOR SPITFIRES PACKAGE:

A special \$25 ticket package that includes a Red Zone ticket and a Windsor Spitfires baseball cap. \$5 from every ticket package will be donated to Hats On For Healthcare. This ticket package can only be purchased online at www.windsorspitfires.com/special-themed-events.

French Friday “Edition Spéciale” Offers Lunch And A Look At Francophone Web Resources

Parlez-vous français?

We have a special edition of our latest French Friday events taking place Friday, February 28th where you can learn about a new website that offers information and resources for French service delivery over a complimentary lunch for attendees!

The event in the Met Campus Auditorium (Side B) will offer a Lunch and Learn opportunity hosted by the Community of Practice for Bilingual Professionals (CPBP). This session will take a look at a new online shared space where bilingual professionals working with Francophones can enhance their ability to deliver services in French, access resources and tools, network with their peers, and work towards developing pathways and strategies that will improve accessibility to French language services.

This online interactive resource supports members to connect and share lessons learned, best practices, documents, policies, and resources. The site content will be in French and English, but uses Google Translate to allow users to translate content into other languages.

Not bilingual and looking for guidance on how to improve your French language skills? Come to the event and you will find many local experts willing to help guide you in the right direction!

Please RSVP for this event by registering at the link below: www.cppbsud-ouest.ca.

A similar session is being planned for Ouellette Campus this spring.

We Care Gift Shoppe - Ouellette Campus

Windsor Regional Hospital is pleased to announce the opening of the new We Care Gift Shoppe at the Ouellette Campus of Windsor Regional Hospital. This new entity is a partnership between We Care Pharmacy and the WRH Foundation staffed by Volunteers.

The hours of operation are Monday thru Friday 9:00am to 5:00pm and the store can be reached at ext. 33171.

The new “Shoppe” carries mobility aids (canes, crutches, walkers, wheelchairs, etc) and Home Health Care products (bathroom assistive devices, specialty braces, lumbar aids) for sale in addition to snacks and gift items.

Please assist by visiting the shop and recommending it to patients. A 15% discount is available to staff.

There is also a new line of compression stockings called Odd Duck with lots of fun colors and patterns.

Please stop in and take a look around and watch for the Grand Opening soon.



**WINDSOR
CANCER
CENTRE foundation**

**DINNER & DANCING
Fundraiser**

APRIL 18 2020

**RIVERSIDE BANQUET HALL
(AVERAGE JOE'S) 1286 LAUZON ROAD**

**DOORS OPEN 6PM
DINNER 7PM**

TICKETS \$35 EACH

GENERAL SEATING

CASUAL DRESSWEAR

**MEAL INCLUDES:
SALAD, PASTA, CHICKEN,
POTATOES, ROLLS & BUTTER
COFFEE DESSERT**

SPONSORED BY
**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.
COUNCILS 4924, 9528, 9793, 12494



ENTERTAINMENT PROVIDED BY
**CRYSTAL GAGE &
RYAN ST DENIS**

ALL PROCEEDS TO BENEFIT THE WINDSOR CANCER CENTRE FOUNDATION

**FOR TICKETS
CONTACT:**

4924 - JOHN PAWLOWSKI @ 519-944-6710
9528 - LOU LONFONTAINE @ 519-948-2599
9793 - KRIS MASK @ 226-280-1083
12494 - DONNY THIVERGE @ 226-757-4773

Rogers Hometown Hockey Visits WRH Paediatric Department

Rogers Hometown Hockey made its way to LaSalle recently with a great weekend of FREE hockey-related activities. Part of this great event included a visit to the Windsor Regional Hospital Paediatric Department.

"Hometown Hank" the event's mascot was a big hit with everyone!!! Thank you to the town of LaSalle for including Windsor Regional Hospital in this event.



Oatmeal Protein Pancakes

Prep Time: 5 minutes | Cook Time: 10-15 minutes
Total Time: 5-20 minutes / Makes 4-5 servings

INGREDIENTS

- 2 cups rolled oats
- 2 ripe bananas
- 4 eggs
- 1 cup cottage cheese
- 1 tsp baking powder



DIRECTIONS

Make the rolled oats into a flour. To do so, add the 2 cups of rolled oats into a blender or food processor and blend until the oats are broken up into a fine powder. Keep the oats in the blender or food processor and add the bananas, eggs, cottage cheese and baking powder and blend until smooth. Heat a nonstick pan over medium heat. Melt a small amount of butter or oil and let it cover the pan. Pour in about 1/3 cup portions onto the pan. Cook for a few minutes until you start to see bubbles forming around the top and edges. Use a spatula to flip the pancake and cook another 1-3 minutes until the pancake is fully cooked through. Repeat this process for the remainder of the batter. Enjoy immediately with your favourite toppings. Store leftovers in the fridge for up to 4 days. Some topping ideas: maple syrup, mashed berries, sliced bananas, peanut butter, dollop of yogurt or cottage cheese.

Nutrition facts per serving (1/5 of the recipe, no toppings) : 260 calories, 7g Total Fat, 15g Protein, 34g Total Carbohydrates, 4.5g Fibre, 8g Sugar, 333mg Sodium

GIVE A LIFT

For Mental Health

Charity Bench Press Competition

10:00am March 28, 2020
St. Clair College Sportsplex
2000 Talbot Rd W, Windsor, Ontario
Registration begins at 9:00am

Join Your Community and The Rotary Club of Windsor Roseland's Young Rotary Leaders in giving a lift for those in need! All proceeds benefit the Mental Health Unit of the Windsor Regional Hospital.

Competitive and Non-Competitive Categories!

Join us | Raise Dollars | Lift Spirits

Registration Deadline is March 21!

For more information contact:
yrl.wrr@gmail.com 519-990-1919



Can't Decide What Hat To Wear? You've Still Got Time! Save The Date!

HATS ON FOR HEALTHCARE WEDNESDAY, MARCH 4, 2020

THE 2020 CAMPAIGN SUPPORTING CRITICAL CARE PROGRAM EQUIPMENT
AT WINDSOR REGIONAL HOSPITAL



The 11th Annual Hats On For Healthcare is a fundraising initiative supporting Windsor Regional Hospital.

Participating individuals and organizations, together with their employees, members and clients are invited to put on their unique and creative head attire, make a donation and take part in many entertaining activities to help raise funds for Critical Care Program equipment at Windsor Regional Hospital.

Participating in the 2020 Hats On For Healthcare is a great way to show the community that you and your employees care about healthcare in Windsor-Essex.

REGISTER TODAY AT

hatsonforhealthcare.com

