



FRONTLINE JANUARY 14, 2019 TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

IN THIS WEEK'S ISSUE

- 1** • JANUARY IS DEDICATED AS ALZHEIMER'S AWARENESS MONTH
- 2** • EVERYBODY LOVES TEDDY BEARS
• SCHEDULE OF EVENTS
• NEW FACES AT WRH
- 3** • SHARE OUR VISIONS FOR A NEW HOSPITAL SYSTEM
• MEDICAL ASSISTANCE IN DYING
• HATS ON FOR HEALTHCARE
- 4** • WINDSOR EXPRESS HATS ON FOR HEALTHCARE TICKETS
• RECIPE OF THE WEEK
• FREE FALL PREVENTION CLINIC
• PATIENT SAFETY SYMPOSIUM

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

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@WRHospital

January Dedicated As Alzheimer's Awareness Month

Dr. Alois Alzheimer first identified the disease in 1906. He described the two hallmarks of the disease as 'plaques' which are numerous, tiny, dense deposits scattered throughout the brain that become toxic to brain cells at excessive levels. And 'tangles' which interfere with vital processes, eventually chocking off the living cells. When brain cells degenerate and die, the brain markedly shrinks in some regions.

In healthy brain areas, Tau proteins make sure that nutrients can reach their destination. In unhealthy brain areas, the Tau protein collapses and twists, forming tangles which prevent nutrients from reaching brain cells, resulting in cell death. Alzheimer's disease is a fatal disease that eventually affects all aspects of a person's life. How they think, feel, and act. Each person is affected differently and it is difficult to predict symptoms, the order in which they will appear, or the speed of their progression. Changes one may expect as the disease progresses include cognitive and functional abilities limited; emotions and moods more prevalent; behavior change becomes obvious and physical abilities begin to be limited.

Regarding treatment, there are several medications that can help with symptoms such as memory decline, changes in language, thinking abilities and motor skills. Although there is still no cure for Alzheimer's disease, those who respond to these treatments can experience improvements in their quality of life for several years.

With January being Alzheimer's Awareness Month, it is time for understanding. That's why the association is shining a light on the facts about people living with Alzheimer's and other forms of dementia. Misconceptions are being challenged so that the stigma that surrounds the disease can be reduced. It is not an 'old person's disease'! And, it does not signal the end of a life. The fact that it happens in stages, people are still living their lives and pursuing their dreams.

Canadians living with dementia are entitled to the same human rights as every other Canadian, as outlined in the Canadian Charter of Rights and Freedoms. The Alzheimer Society of Canada itself officially launched the first-ever Canadian Charter of Rights for People with Dementia. As a person with dementia, their rights include:

- To be free from discrimination of any kind;
- To benefit from all of Canada's civic and legal rights;
- To participate in developing and implementing policies that affect their life;
- To access support so that they can live as independently as possible and be as engaged as possible in their community;
- To obtain the information and support they need to participate as fully as possible in decisions that affect them, including care decisions from the point of diagnosis to palliative and end-of-life care; and
- To access affective compliant and appeal procedures when their rights are not protected or respected.

For more information, contact the Alzheimer Society of Windsor and Essex County, located at 2135 Richmond Street, Windsor or call 519-974-2220 or email generalinformation@aswecare.com.

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

JANUARY 26, 2019

T2B Gala

Caesars Windsor
377 Riverside Drive East, Windsor

FEBRUARY 2, 2019

In Honour Of The Ones We Love Gala

Ciociaro Club
3745 North Talbot Road, Oldcastle

MARCH 5, 2019

Hats On For Healthcare Day

Windsor Regional Hospital, Windsor-Essex

MARCH 8, 2019

International Women's Day

Ciociaro Club Of Windsor
3745 North Talbot Road

APRIL 19, 2019

Volunteer Appreciation Party

Riverside Sportmen's Club
10835 Riverside Drive East, Windsor

MAY 23, 2019

WRHF Annual Golf Tournament

Essex Golf & Country Club
7555 Matchette Road, LaSalle

JUNE 19, 2019

Funkenhauser Family - A Day For A Life Golf Tournament

Kingsville Golf & Country Club
640 County Road 20, Kingsville

JUNE 22, 2019

Sail Into Summer Dinner

Windsor Yacht Club
9000 Riverside Drive East, Windsor

JULY 20, 2019

Rafih Auto Group

Annual Golf Tournament

Beachgrove Golf & Country Club



Carbapenemase-producing Enterobacteriaceae (CPE) are Enterobacteriaceae (e.g. E. coli, Klebsiella pneumoniae) that are resistant to almost all antibiotics. They are found in the gastrointestinal tract and are spread through direct and indirect contact through the fecal-oral route.

Everybody Loves Teddy Bears

Thanks to Peoples – Canada's #1 Diamond Store, located in Devonshire Mall and Tecumseh Mall who give back to their community annually. Again this year, they held their Teddy Bear sales, giving purchasers the opportunity to buy a bear and then donate it back to Paediatric Child Life Services at Windsor Regional Hospital.

Representatives from Peoples Jewellers visited just after the holidays and donated 37 of the furry, fun bears. The jewellery outlet collects the bears from outlets throughout Canada and chooses a hospital in their region to donate them.



Photo: Store Manager, Krystal Deschamps with Jennifer Burton Liang, and Fatima Mehdi, Assistant Store Manager, Peoples Canada's #1 Diamond Store, Devonshire Mall.



Photo: Eight year old, Dominec Nicodemo was one of the first children in Paediatric Services to receive a teddy bear.

VENDORS ON DISPLAY JANUARY 14 - JANUARY 19, 2019

Met Campus: Freak Parade, Alice & Betty Designs, Funky Living, Crystal Clear Jewellery.

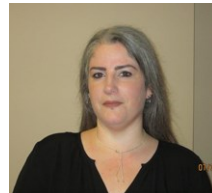
Ouellette Campus: Lifetimes on Riverside. Puretrim Nutrition

Please note: Vendors subject to change.

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Angela Prantera
RADIATION THERAPIST
WINDSOR REGIONAL
CANCER CENTRE



Adriane Filter
LABORATORY
TECHNOLOGIST
LABORATORY



Emily Laliberte
INJURY PREVENTION ADVISOR
OCCUPATIONAL
HEALTH & SAFETY



Nick Saad
EYE CLINIC
VOLUNTEER
SERVICES

Share our visions for a new hospital system in the #WEareReady Video Campaign

WRH employees often ask "what can we do to move the new hospital system project forward?" This is your chance!

We are looking for employee video commentaries (anywhere from 10 seconds to 3 minutes) about why we need this investment, what you struggle with now as a result of our infrastructure and how it affects patient care.

As frontline staff, you know the issues we face everyday with accessibility, privacy, comfort and basic infrastructure limitations and how a new hospital system will improve these things for our patients. Many of you have visited or worked in other state-of-the-art hospital environments. Our community deserves no less! Record your video today!

You can record your own video and send it to publicaffairs@wrh.on.ca or connect with Public Affairs via email to schedule a recording session with you and/or your coworkers.

We are also holding drop in recording sessions (see schedule below) where you can drop in and record a commentary.

Use specific examples of things you see each day and share your vision of how you think a new hospital system can help resolve those issues.

Don't worry if you stumble or have to start over, we will edit your voices together and send a collective message that #WEAREREADY to move forward with this project and our community needs it now.

DROP IN VIDEO RECORDING SCHEDULE - OUELLETTE

Tuesday, January 15, 2019 / 2:30pm - 4:30pm
Belle River Room, Ouellette Campus

Thursday, January 17, 2019 / 11:30am - 2:00pm
LaSalle Room, Ouellette Campus

DROP IN VIDEO RECORDING SCHEDULE - MET

Tuesday, January 22 / 10:30am - 1:00pm
Clinical Education Room, Met Campus

Tuesday, January 22 / 2:30pm - 4:30pm
Conference Room 1, Met Campus

The videos will be posted online at www.wrh.on.ca/WEareReady.

Visit the site today and see videos of other WRH employees explaining why they feel #WEareReady for a new hospital system.

WE ARE READY

WRH employees share their visions for the future new Windsor-Essex Hospitals System as well examples of how the current aging infrastructure negatively affects hospital patients and visitors.

Brittany Genovese, RPN

Vision: More private rooms with plenty of space to care for patients



Sigma
GLOBAL NURSING
EXCELLENCE

Palliative Care Nurses Perspective on Medical Assistance in Dying

Dr's L. Freeman & K. Pfaff presenting

Thursday January 24, 2019 at 6pm

Pasta and salad dinner included!

Location: Windsor Regional Hospital

Metropolitan Campus: Clinical Education Center

1995 Lens Ave

Tickets sold on Eventbrite for \$10

Link: <https://www.eventbrite.ca/e/palliative-care-nurses-perspective-on-medical-assistance-in-dying-tickets-53668380571>

HATS ON FOR HEALTHCARE

TUESDAY, MARCH 5, 2019

2019 CAMPAIGN SUPPORTING DIAGNOSTIC IMAGING EQUIPMENT
AT WINDSOR REGIONAL HOSPITAL

The 10th Annual Hats On For Healthcare is a fundraising initiative supporting Windsor Regional Hospital.

Participating individuals and organizations, together with their employees, members and clients are invited to put on their unique and creative head attire, make a donation and take part in many entertaining activities to help raise funds for Diagnostic Imaging equipment at Windsor Regional Hospital.

Participating in the 2019 Hats On For Healthcare is a great way to show the community that you and your employees care about healthcare in Windsor-Essex.

I SUPPORT HATS ON FOR HEALTHCARE

10 YEARS ANNIVERSARY

WINDSOR REGIONAL HOSPITAL FOUNDATION

www.hatsonforhealthcare.com

PURCHASE YOUR TICKETS TODAY!



I SUPPORT HATS ON FOR HEALTHCARE



HATS ON FOR HEALTHCARE WINDSOR EXPRESS TICKETS

**WEDNESDAY, MARCH 6, 2019
WFCU CENTRE - TICKETS: \$15 EACH**

PURCHASE YOUR TICKETS FROM THE PUBLIC AFFAIRS/FOUNDATION OFFICE AT THE OUELLETTE AND MET CAMPUSES.

PROCEEDS FROM TICKET SALES FROM THE GAME BENEFIT THE 2019 HATS ON FOR HEALTHCARE CAMPAIGN SUPPORTING THE WINDSOR REGIONAL HOSPITAL FOUNDATION AND DIAGNOSTIC IMAGING EQUIPMENT AT WINDSOR REGIONAL HOSPITAL.

hatsonforhealthcare.com

#RECIPEOFTHEWEEK

Tuna Casserole

Makes 8 servings
Preparation/Cooking: 35 min



INGREDIENTS

- 450 g rigatoni
- 2 tbsp unsalted butter
- 2 stalks celery, diced
- 2 tsp dried thyme
- 3 3/4 cups 2% milk
- 1/2 tsp each salt and pepper
- 2 cans (each 160 g) oil-packed tuna, drained
- 1 pkg (320 g) shredded Italian cheese blend (about 3 cups)
- 1 cup crushed potato chips
- 1 pkg (140 g) baby kale mix
- Half onion, diced
- 3 cloves garlic, finely grated
- 4 tbsp all-purpose flour

DIRECTIONS

Spray 13- x 9-inch baking dish. In large saucepan of boiling water, cook pasta for 2 to 3 minutes longer than package directions. Reserving 1/2 cup of the cooking liquid, drain. Return pasta to saucepan; add kale. Let stand for 2 minutes; toss to combine. Set aside. Meanwhile, in separate large saucepan, melt butter over medium-high heat; sauté onion and celery, stirring frequently, until onion is softened, about 4 minutes. Add garlic and thyme; cook, stirring, for 30 seconds. Sprinkle in flour; stir, scraping bottom of pan, just until combined. Add milk, salt and pepper; cook, stirring constantly and scraping bottom of pan, until sauce is thick enough to coat back of spoon, 7 to 8 minutes. Preheat broiler to high. Stir reserved cooking liquid, sauce, tuna and 2 cups of the cheese into pasta mixture. Scrape into prepared dish; sprinkle with remaining cheese. Broil until cheese is golden and bubbly, 30 seconds to 1 minute. Top with potato chips.

NUTRIENTS Per Serving (1/8 of Recipe)

Calories: 563; Protein: 33g; Total Fat: 22g; Carbohydrates: 59g; Sugar 8g; Fibre 3g; Sodium 839mg



Free Fall Prevention Clinic

The Fall Prevention Clinic is a free screening that will assess what may be putting you at risk for falls, educate you on how to reduce your risk of falling and connect you to community programs and health services. Following your visit, you will receive a plan to lower your risk of falling.

YOU SHOULD COME TO A CLINIC IF:

- You are 60 years of age or older
- Want to remain independent
- Have had a fall or a near fall
- Have a fear of falling
- Want to maintain or improve balance

NEXT CLINIC

Thurs. Jan. 17th, 2019
St. Clair Beach Community Centre
18731 St. Gregory's
Tecumseh, ON
N8N 1K8
9am-12noon



To register contact:
519-997-2823 ext. 417
PreventFalls@wechc.org

www.wechc.org

Save the Date



2019 International Patient Safety Symposium Detroit-Windsor

Partners: ST. CLAIR COLLEGE, HOTEL-DIEU GRACE HEALTHCARE, DMC DETROIT MEDICAL CENTER, DOUGLAS MARKETING GROUP

Sponsors: Children's Hospital of Michigan Foundation, Canadian Mental Health Association, FamiliesFirst WE CELEBRATE LIFE, JAMIE DANIELS FOUNDATION, CHM FOUNDATION

Communication Partners: WindsorEssex ECONOMIC DEVELOPMENT, CUSBA, BellMedia, MIX 96.7, WE-tech

DATE FEB 8th 2019

St. Clair College Centre for the Arts | 201 Riverside Dr W, Windsor, ON
Registration & Continental Breakfast 8:00 a.m.
Sessions 9:00 a.m. - 4:30 p.m. Lunch included.
ipssdetroitwindsor.com