



# FRONTLINE JANUARY 28, 2019

# TRIBUNE



VOLUME 7 / EDITION 3

COMPASSION is our  
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

## IN THIS WEEK'S ISSUE

- 1 • HATS ON FOR BABY JACK  
• WE CARE PHARMACY SELLING SIGVARIS COMPRESSION STOCKINGS
- 2 • WRH DIVERSITY COMMITTEE TO EDUCATE ON WORLD HIJAB DAY  
• SCHEDULE OF EVENTS  
• NEW FACES AT WRH
- 3 • HATS ON FOR HEALTHCARE WINDSOR SPITFIRES NIGHT  
• INTERNATIONAL WOMEN'S DAY  
• WORLD CANCER DAY  
• HUMAN TOUCH AWARDS
- 4 • HATS ON FOR HEALTHCARE RECIPE OF THE WEEK  
• HATS ON FOR HEALTHCARE WINDSOR EXPRESS NIGHT  
• NEW ITEMS AT WRH GIFT SHOP

## WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:  
[frontlinetribune@wrh.on.ca](mailto:frontlinetribune@wrh.on.ca)

**Ron Foster, Editor**  
[ron.foster@wrh.on.ca](mailto:ron.foster@wrh.on.ca)  
519-254-5577 ext. 52003

**Gisele Seguin**  
[gisele.seguin@wrh.on.ca](mailto:gisele.seguin@wrh.on.ca)  
519-254-5577 ext. 52008

**Steve Erwin**  
[steve.erwin@wrh.on.ca](mailto:steve.erwin@wrh.on.ca)  
519-254-5577 ext. 33350

**David Lenz**  
[david.lenz@wrh.on.ca](mailto:david.lenz@wrh.on.ca)  
519-254-5577 ext. 32539



[facebook.com/windsorregionalhospital](https://facebook.com/windsorregionalhospital)



@WRHospital

## Hats On For Baby Jack

The media launch for the 2019 Hats On For Healthcare campaign was held in the new City of Windsor lobby last Wednesday where, a group of enthusiastic participants showed off their best hats.

Speakers included Mayor Drew Dilkens, congratulating Windsor Regional Hospital for this fundraiser and the impact it has now and in the future for healthcare. Harvey and Elaine Snaden, co-chairs of the event, thanked the many companies, schools and organizations for already signing up, indicating this is the 10th year anniversary for Hats On For Healthcare. This year's endeavor will support the Diagnostic Imaging Departments at Met and Ouellette Campuses.

Baby Jack was the centre of attention when emcee, Gord Orr, from Tourism Windsor, Essex and Pelee Island articulated the story of parents, Scott, Emily and their little Jack. When Emily was attending ultrasound appointments, the technician, Lisa discovered a transposition of the great arteries in the baby at only 20 weeks of pregnancy. Every appointment thereafter, from Windsor to Toronto, Emily was told how lucky their family was due to the fact that the ultrasound tech had found the issue, which was rare. Jack has had open heart surgery and doing well.

A fashion show of hats was part of the launch, worn by Windsor Spitfire players, City of Windsor employees and others with three prizes awarded.

Shrove Tuesday, March 5 is the official day for Hats On For Healthcare. For information on how to participate, go to [www.hatsonforhealthcare.com](http://www.hatsonforhealthcare.com).



Windsor Spitfire, Chris Playfair; City Hall employee, Tavares; Emily and Scott Limarzzi with Baby Jack.



Harvey and Elaine Snaden, Co-Founders; Kevin Oliver, Topper; Mayor Drew Dilkens and Windsor Spitfires.

## WE Care Pharmacy Selling Sigvaris Compression Stockings

We Care Pharmacy will be at the Ouellette Campus fitting and selling Sigvaris Compression Stockings. These are covered by most WRH insurance plans. Stop by to find out and get fitted.

Friday, February 8, 2019 / 10am to 3pm  
Vendor area behind Tim Horton's kiosk  
Ouellette Campus

Visit our website for more information at [www.wrh.on.ca](http://www.wrh.on.ca)



# UPCOMING EVENTS

**FEBRUARY 28, 2019**

**Hats On For Healthcare Windsor Spitfires**  
WFCU Centre, 7:05pm  
8787 McHugh Street, Windsor

**MARCH 5, 2019**

**Hats On For Healthcare**  
Windsor Regional Hospital, Windsor-Essex

**MARCH 6, 2019**

**Hats On For Healthcare Windsor Express**  
WFCU Centre, 7:05pm  
8787 McHugh Street, Windsor

**MARCH 8, 2019**

**International Women's Day**  
Ciociaro Club Of Windsor  
3745 North Talbot Road

**APRIL 11, 2019**

**Volunteer Appreciation Party**  
Riverside Sportmen's Club  
10835 Riverside Drive East, Windsor

**MAY 23, 2019**

**WRHF Annual Golf Tournament**  
Essex Golf & Country Club  
7555 Matchette Road, LaSalle

**JUNE 19, 2019**

**Funkenhauser Family - A Day For A Life Golf Tournament**  
Kingsville Golf & Country Club  
640 County Road 20, Kingsville

**JUNE 22, 2019**

**Sail Into Summer Dinner**  
Windsor Yacht Club  
9000 Riverside Drive East, Windsor

**JULY 20, 2019**

**Rafih Auto Group Annual Golf Tournament**  
Beachgrove Golf & Country Club  
14134 Riverside Dr E, Windsor



Effective communication regarding Additional Precautions is essential when a patient goes to another department for testing, to another unit or to other settings/facilities. This communication must include transport staff.

## WRH Diversity Committee Seeks To Educate On Friday, February 1st – World Hijab Day

WRH's Diversity Committee is proud to announce that on Friday February 1st, 2019, we will be participating in World Hijab Day (WHD). This is the annual event in its sixth year that is recognized at workplaces around the world.

It's important to be clear about what WHD is all about – and why it is important for us to improve understanding about the Hijab head covering within our workplace to support members of our team who wear the Hijab themselves, and in serving our diverse community of patients.

According to WorldHijabDay.com, the overall mission of WHD is to create a more peaceful world where global citizens respect each other.

The brainchild of this movement is a New York resident, Nazma Khan, who came up with the idea as a means to foster religious tolerance and understanding by inviting women (non-Hijabi Muslims/non-Muslims) to experience the hijab for one day.

For many people, the Hijab is a symbol of oppression and segregation. By opening up new pathways to understanding, Nazma hopes to counteract some of the controversies surrounding why Muslim women choose to wear the hijab.

Canada is a multicultural nation. WHD has thousands of volunteers worldwide and 70+ WHD Ambassadors from over 45 countries. WHD Ambassadors come from all walks of life from a high school student to a Congresswoman in the Philippines. Last year alone, 150 countries partook in WHD. In addition to that, WHD has been endorsed by many world renowned individuals including scholars, politicians, and celebrities worldwide.

WRH is a reflection of the world in our place of employment. At WRH, the Diversity Committee is planning to host World Hijab Day booths at each campus for February 1st. The booths will explain why the Hijab is worn and in what regions of the world. We encourage anyone who visits the booths to learn about the Hijab, try one on and share in the experience.

We hope that WRH employees, volunteers and professional staff, as well as our hospital guests, take the time to stop by these booths at either campus. We believe that understanding our different cultures will assist us in our mission of Compassion is our Passion.



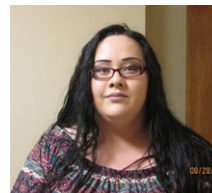
## INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



**Michael Fehr**  
REGISTERED PRACTICAL  
NURSE  
MENTAL HEALTH



**Kristina Nicoletti**  
REGISTERED  
NURSE  
SURGICAL UNIT



**Miranda Chau**  
RETAIL SERVER  
GUEST  
SERVICES



**Casey Day**  
REGISTERED NURSE  
EMERGENCY  
DEPARTMENT



**I SUPPORT HATS ON FOR HEALTHCARE**  
 WINDSOR REGIONAL HOSPITAL FOUNDATION



**HATS ON FOR HEALTHCARE NIGHT!**  
 WINDSOR SPITFIRES vs. PETERBOROUGH PETES

**THURSDAY, FEBRUARY 28 / 7:05 PM**  
**WFCU CENTRE - 8787 MCHUGH STREET**  
**TICKETS: \$20 EACH**

Partial proceeds from ticket sales benefit the 2019 Hats On For Healthcare campaign raising funds towards the purchase of Diagnostic Imaging equipment at Windsor Regional Hospital.

**hatsonforhealthcare.com**

Have you checked out the new Windsor Regional Hospital website yet?  
**www.wrh.on.ca**

2/4/2019

**WORLD CANCER DAY**

**#IAmAndIWill**

On Monday, February 4th, please wear purple to support our patients and families affected by cancer.

To learn more about World Cancer Day, please visit <https://www.worldcancerday.org/>

**CIOCIARO CLUB CELEBRATES**

**International Women's Day**

15 Year ANNIVERSARY

Proceeds to: WINDSOR REGIONAL HOSPITAL BREAST HEALTH CENTRE

**Friday, March 8th, 2019**  
**\$55 per person**

*Doors Open at 6:00 pm, Dinner to Follow*

- |                          |                           |              |
|--------------------------|---------------------------|--------------|
| Appetizers/Antipasto     | Chicken Parmesan          | Dessert      |
| Risotto                  | Roasted Potatoes          | Coffee & Tea |
| Pasta                    | Vegetables                | Cash Bar     |
| Mixed Green Garden Salad | Focaccia - Assorted Rolls |              |

**Fashion Show**

*Plus Explore Our Fabulous Beauty & Accessory Vendors*



**For tickets and more information please contact:**

- |                              |                                |                              |                                 |
|------------------------------|--------------------------------|------------------------------|---------------------------------|
| Anna Vitti<br>(519) 254-3355 | Ildi Mariani<br>(519) 991-2743 | Anna Vozza<br>(519) 919-3960 | Rita Petrilli<br>(519) 735-9496 |
|------------------------------|--------------------------------|------------------------------|---------------------------------|

**human touch awards**

2019

**Call For Nominations!**

Do you know someone who exhibits exemplary and compassionate patient care? Nominate them for a Human Touch Award and celebrate the unsung heroes of the healthcare system who provide the true 'human touch' to patients across Ontario every day. All individuals who work or volunteer with patients receiving cancer or kidney care are eligible to be nominated.

- Nominations close on **Tuesday, March 12, 2019.**
- For more information, contact [communications@cancercare.on.ca](mailto:communications@cancercare.on.ca).

[ccohealth.ca/HumanTouchNomination](http://ccohealth.ca/HumanTouchNomination)

# #RECIPEOFTHEWEEK

## Greek Chicken Skillet

Makes 4 servings / Preparation/Cooking: 20 min

### INGREDIENTS

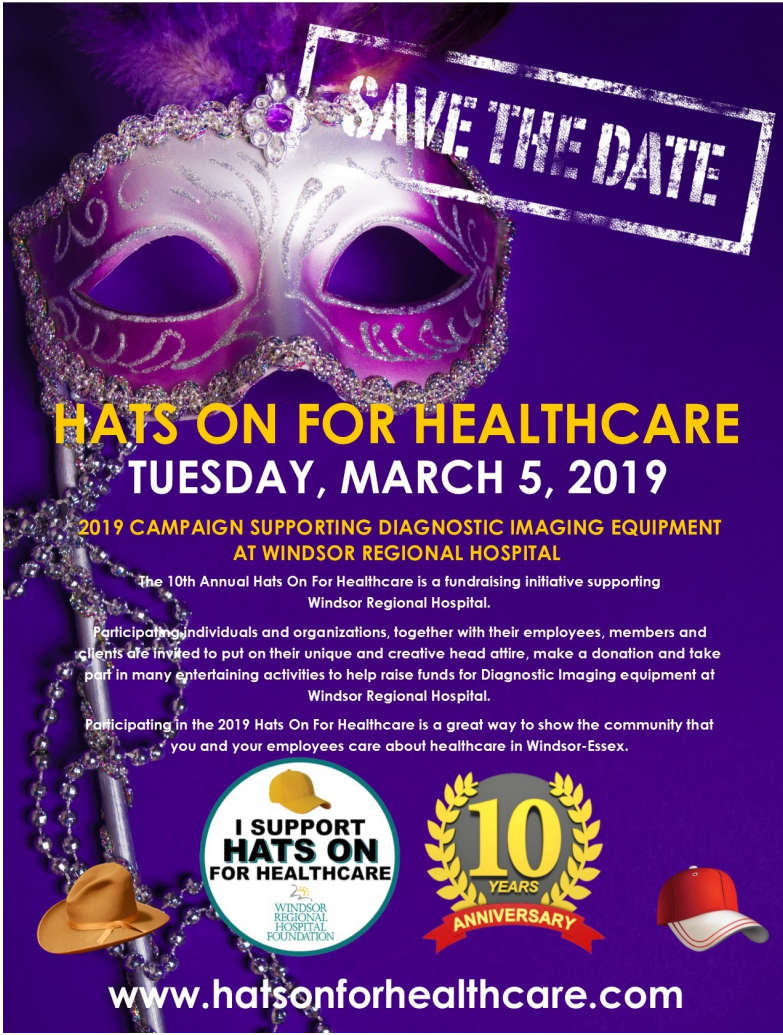
- 2 boneless skinless chicken breasts
- 1/2 tsp each salt & pepper
- 1/3 cup all-purpose flour
- 1 sweet yellow pepper chunks
- 2 cups cherry tomatoes
- 1/2 cup dry white wine
- 1 cup low sodium chicken broth
- 1/4 cup shaved Parmesan cheese
- 1/4 cup coarsely chopped fresh parsley
- 1/2 tsp garlic powder
- 3 tbsp unsalted butter
- 1/4 large red onion, sliced
- 4 sprigs fresh rosemary
- 20 Kalamata olives, pitted
- 2 tablespoons capers

### DIRECTIONS

Place 1 chicken breast on cutting board. Holding knife blade parallel to board and with opposite hand on top of chicken, slice horizontally all the way through breast to form 2 thin cutlets; repeat with remaining breast. Using meat mallet or bottom of heavy pan, flatten chicken to even thickness. Sprinkle chicken all over with salt, pepper and garlic powder. Place flour in shallow dish; lightly coat each cutlet with flour, shaking off excess. In large skillet, melt 1 tbsp of the butter over medium-high heat; cook chicken, turning once, until golden brown, 2 to 3 minutes. Transfer to plate. In same pan, melt remaining butter over medium heat; cook yellow pepper and red onion, stirring often, for 1 minute. Stir in tomatoes and rosemary; cook for 1 minute. Pour in wine, scraping up browned bits with wooden spoon. Add broth; bring to boil. Return chicken to pan, partially nestling; add olives and capers. Reduce heat to medium; simmer, stirring often and turning chicken once, until chicken is cooked through and sauce is slightly thickened, 5 to 8 minutes.

### NUTRIENTS Per Serving (1/4 of Recipe)

Calories: 327; Protein: 27g; Total Fat: 17g; Carbohydrates: 16g; Sugar 5g; Fibre 3g; Sodium 932mg



**HATS ON FOR HEALTHCARE**  
**TUESDAY, MARCH 5, 2019**

2019 CAMPAIGN SUPPORTING DIAGNOSTIC IMAGING EQUIPMENT AT WINDSOR REGIONAL HOSPITAL

The 10th Annual Hats On For Healthcare is a fundraising initiative supporting Windsor Regional Hospital.

Participating individuals and organizations, together with their employees, members and clients are invited to put on their unique and creative head attire, make a donation and take part in many entertaining activities to help raise funds for Diagnostic Imaging equipment at Windsor Regional Hospital.

Participating in the 2019 Hats On For Healthcare is a great way to show the community that you and your employees care about healthcare in Windsor-Essex.

**I SUPPORT HATS ON FOR HEALTHCARE**  
WINDSOR REGIONAL HOSPITAL FOUNDATION

**10 YEARS ANNIVERSARY**

[www.hatsonforhealthcare.com](http://www.hatsonforhealthcare.com)



**SAVE THE DATE!!!**

**HATS ON FOR HEALTHCARE**  
WINDSOR EXPRESS TICKETS

**WEDNESDAY, MARCH 6, 2019**  
**WFCU CENTRE - TICKETS: \$15 EACH**

PURCHASE YOUR TICKETS FROM THE PUBLIC AFFAIRS/FOUNDATION OFFICE AT THE OUELLETTE AND MET CAMPUSES.

PROCEEDS FROM TICKET SALES FROM THE GAME BENEFIT THE 2019 HATS ON FOR HEALTHCARE CAMPAIGN SUPPORTING THE WINDSOR REGIONAL HOSPITAL FOUNDATION AND DIAGNOSTIC IMAGING EQUIPMENT AT WINDSOR REGIONAL HOSPITAL.

[hatsonforhealthcare.com](http://hatsonforhealthcare.com)

**VENDORS ON DISPLAY**  
**January 28 - February 1, 2019**

Met Campus: Custom Essentials, Alice & Betty Designs, Thermal Corp.

Ouellette Campus: Thermal Corp.

*Please note: Vendors subject to change.*

**New Items At WRH Gift Shops**

The WRH Gift shop at the Met and Ouellette campuses will now be carrying ladies and men's scrub hats.

