



FRONTLINE JUNE 11, 2019 TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

IN THIS WEEK'S ISSUE

PAGE 1

- WINDSOR REGIONAL HOSPITAL CELEBRATES SOLIDARITY DAY WITH EVENTS IN JUNE

PAGE 2

- CERNER SNEAK PEEK COMING JUNE 18-19, 2019
- WRH MY CARE JOURNEY APP
- UPCOMING EVENTS
- NEW FACES AT WRH

PAGE 3

- DAILY RATE OPTION FOR MET STAFF UTILIZING THE SHUTTLE PARKING LOT
- TEAM CLEAN
- NATIONAL BANK FINANCIAL
- VENDORS THIS WEEK

PAGE 4

- PHILIPS LIFELINE
- RECIPE OF THE WEEK
- BRAIN INJURY ASSOCIATION EVENT

Windsor Regional Hospital Celebrates Solidarity Day With Events In June

Solidarity Day, or National Indigenous Peoples Day, is held on June 21st each year to celebrate the unique heritage and outstanding achievements of Indigenous peoples in Canada. Windsor Regional Hospital is proud to participate in the celebration of First Nations, Métis, Inuit, and Urban Indigenous people by hosting a collection of events in June.

Today, June 11, and tomorrow, June 12, Windsor Regional staff, volunteers, and visitors can tour the Indigenous Health Expo where they can learn about culturally specific services available in the community and the meaning of Solidarity Day. The Met Campus Expo will be held in the First Floor Lobby, from 9:30am until 2:00pm. The Ouellette Campus Expo will take place in the Goyeau Lobby Mezzanine from 9:30am to 2:00pm.

On Tuesday, June 18th at 10:30am, all are welcome to attend a special smudging ceremony in the atrium on the 4th floor at the Met Campus. This traditional Indigenous ceremony will recognize the newly created Indigenous Practice Protocol, which outlines steps for staff to accommodate Indigenous ceremonies such as a smudging or lighting of a Qulliq. This event will also include the passing of two eagle feathers to WRH by Mike Hopkins, a Traditional Knowledge Keeper from the region.

Later this year, the Erie St. Clair Regional Cancer Program will host the Indigenous Cancer Conference at Walpole Island. This one-day event on Friday, September 27, will showcase a variety of speakers who will educate attendees on the cancer continuum as it relates to the Indigenous population in Southwestern Ontario.

If you are interested in learning more about these events or the Indigenous Practice Policy, please contact Corinne Isaacs at extension 58794 or corinne.isaacs@wrh.on.ca.

Upcoming Events:

- Tuesday, June 11: Indigenous Health Expo (Met Campus)
- Wednesday, June 12: Indigenous Health Expo (Ouellette Campus)
- Tuesday, June 18: Smudging Ceremony (4th floor Atrium, Met Campus)
- Friday, June 21: Solidarity Day (National Indigenous Peoples Day)
- Friday, September 27: Indigenous Cancer Conference (Walpole Island)



Pictures from the Indigenous Health Expo at the Met Campus.

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:

frontlinetribune@wrh.on.ca



@WRHospital

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

JUNE 11

Indigenous Health Expo
WRH - Met Campus

JUNE 12

Indigenous Health Expo
WRH - Ouellette Campus

JUNE 14, 2019

TRANSFORM Golf Tournament
Links of Kent Golf Club
120 Indian Creek Rd W, Chatham

JUNE 19, 2019

Funkenhauser Family - A Day For A Life Golf Tournament
Kingsville Golf & Country Club
640 County Road 20, Kingsville

JUNE 20, 2019

Brain Injury Association Workshop
Hôtel-Dieu Grace Healthcare
1453 Prince Road, Windsor

JUNE 22, 2019

Sail Into Summer Dinner
Windsor Yacht Club
9000 Riverside Drive East, Windsor

JULY 4 / JULY 9, 2019

TEAM CLEAN
Ouellette Campus - July 4, 2019
Met Campus - July 9, 2019

JULY 20, 2019

Rafih Auto Group Golf Tournament
Beachgrove Golf & Country Club
14134 Riverside Drive East, Windsor

AUGUST 8/ AUGUST 13, 2019

TEAM CLEAN
Met Campus - August 8, 2019
Ouellette Campus - August 13, 2019



A team of researchers in Ontario developed a vaccine storage method which could allow vaccines to stay viable for 2-3 months at 40 degrees Celsius, without refrigeration.

Cerner Sneak Peek Coming June 18-19, 2019

Want to see a live demonstration of your future Hospital Information System? This is your chance!

The e-VOLVE Program team is holding a Cerner Sneak Peek event June 18 at Ouellette and June 19 at Met to give you a glimpse of Millennium in action.

Experts from Cerner will demonstrate how the Millennium system seamlessly handles a patient's journey through the hospital before taking your questions.

Two presentations will be taking place in the Essex Room at Ouellette on June 18: One starting at 8:00 a.m. sharp and running until 9:30 a.m., and a second from 4:00-5:30 p.m. On June 19th, Met staff can see the system in action in the Auditorium; the session begins at 8:00 a.m. sharp and runs until 9:30 a.m.

Can't make one of these time slots? No worries; look for the e-VOLVE table in the Vendor Hallway in-between sessions where we'll be on hand to answer all your HIS questions.

This is an opportunity you won't want to miss – so book the time off in your calendar today!

More about e-VOLVE and the HIS project:

WRH will be upgrading the dated McKesson platform that's been at the heart of Met Campus for over 20 years, as well as the Siemens platform that is also nearing its end of life at Ouellette Campus, with a new, modern system integrated between the two campuses. We need the same systems at both sites – one that allows professional staff and employees to have the same access from either campus.

Formerly known as the Regional HIS Transformation Project, e-VOLVE is about the five hospitals in the Erie St. Clair region coming together to transform our clinical services by equipping the region with a single, modern hospital information system based on the Cerner Millennium platform. This project will be standardizing practice to align with a provincial model to improve patient care.



The WRH MY CARE JOURNEY App helps YOU and your FAMILY:

- ✓ Know what to expect in the hospital
- ✓ Play an active role in your treatment
- ✓ Understand next steps in your care

FREE
and
EASY
to use

DAY 1
How long
will I stay?



Download on the
App Store

GET IT ON
Google Play

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Sheereen Hassib
REGISTERED DIETITIAN
FOOD/NUTRITION
SERVICES



Manasi Suryavanshi
PHYSIOTHERAPIST
PHYSIOTHERAPY



Jordan Hockin
MAINTENANCE
MECHANIC
FACILITIES



Laura Libby
ADMINISTRATIVE
ASSISTANT
EMERGENCY

Daily Rate Option for MET STAFF Utilizing the Shuttle Parking Lot

Following a number of changes to parking fees announced several weeks ago, the main complaint we have received is from those who find themselves working so few shifts that the bi-weekly deductions are not cost effective for them to justify paying for parking privileges.

As we do have a daily option at the Ouellette Campus for staff to pay the \$7.00 daily rate if they so choose, we have been searching for a way to offer the same daily rate at the Met Campus. Throughout this process, we have wanted to ensure standardization across both sites, so we have identified a way to do this for staff who park at the Shuttle Lot for Met Campus.

Effective immediately, staff at Met now have the option to DOWNLOAD the Passport Canada app to their mobile device. Click on this link to a flyer explaining the download process here <https://www.wrhoneca/uploads/Parking/ParkingPassportCanadaAPP.pdf>.


(Please ensure you are using the Canada version of this app as there is an American version which will not work for this lot).

Once you have downloaded the app, you can register your vehicle(s) and a method of payment with the app.

Once you have set up the app with the pertinent data, you can now park in "Zones" all over the City of Windsor and provide payment via the app. A special "Zone" has been created for the Shuttle Lot which can be entered into the app, and staff will be able to provide payment via the APP to park for that day. The flat rate will be \$7.00 (same as the options at Ouellette) plus the 15 cent convenience fee charged by Passport Canada per parking session. The "Zone" for the Shuttle Lot is "3850".

Staff working at MET who have already signed up for payroll deductions and the electronic parking permit DO NOT need to download the Passport app for this daily option; however, this is being introduced for staff who would like the single use option if they think it will be their best option.

Thank you again for your patience and understanding.



Park. Pay. Be on your way.®
No more digging for coins.
This is how parking should be.

- 1 Download the app
- 2 Find a sign for Passport Canada
- 3 Pay from your phone



Pay With Your Phone Get Parking Session Alerts Add Time Remotely

ppprca.com



Ved Uppal



Lets take pride in our neighbourhood, participate in the Team Clean at Windsor Regional Hospital

TEAM CLEAN

"Be the change that you wish to see in the world". Gandhi

Ved Uppal Invites You To "TEAM CLEAN"

THURSDAY JULY 4 / OUELLETTE CAMPUS / 8:30AM - 11:30AM

TUESDAY, JULY 9 / MET CAMPUS / 8:30AM - 11:30AM

THURSDAY, AUGUST 8 / MET CAMPUS / 8:30AM - 11:30AM

TUESDAY, AUGUST 13 / OUELLETTE CAMPUS / 8:30AM - 11:30AM

Volunteers will be picking up garbage, etc.....making the environment for patients and families a little better.

If you have two hours or more to give, you are invited to join in this initiative - participants will receive supplies, bottled water and an appreciation gift.
(Students needing to complete hours are encouraged to participate)

To register call Renee Hopes at **519-254-5577 ext.33184** or email renee.hopes@wrh.on.ca to sign up to help.



SUPPORT WINDSOR REGIONAL HOSPITAL FOUNDATION THROUGH THE NATIONAL BANK FINANCIAL WEALTH MANAGEMENT COMMUNITY SUPPORT PROGRAM

Receive world class investment advice and financial planning help and support Windsor Regional Hospital Foundation at the same time.

Contact me at 519-258-7349 or larry.sandre@nbc.ca and I will meet with you to determine if this program will be right for you.

Larry Sandre, CPA, CA, IA



VENDORS ON DISPLAY THIS WEEK!

MET CAMPUS

Lorie's Glass, Alice and Betty Designs, Magnolia and Vine, Crystal Clear Jewelry, Just Jewelry

OUELLETTE CAMPUS

Qualicare, Robert Bishop Artwork, Monique's Boutique, Unique Books

Please note: Vendors subject to change.

PHILIPS

Lifeline

Medical Alert Service

It's your life.
It's your freedom.
It's your choice.



HomeSafe

Canada's most trusted medical alert system

Now! No phone line needed

GoSafe

Gives you freedom to go where you want, when you want



Medication Dispensing Service

A simple, affordable and automated way to manage multiple medications with 24/7 monitoring

For more information, call

Philips Lifeline

519-252-4100

1-888-339-6563

WINDSOR REGIONAL HOSPITAL FOUNDATION

www.lifeline.ca

#RECIPEOFTHEWEEK

Sheet Pan Greek Chicken and Lemony Potatoes



Makes 4 servings.

Total Time: 45 min

INGREDIENTS

- 8 bone-in skin-on chicken thighs (about 1.1 kg)
- 4 yellow-fleshed potatoes, cleaned & cut in 1-inch thick rounds
- 3 cloves garlic, smashed
- 3 tablespoons olive oil
- 1/4 cup Greek seasoning
- 1/2 teaspoon each salt and pepper
- 1 lemon, halved
- 4 cups watercress or arugula

DIRECTIONS

Preheat oven to 450°F. Line baking sheet with parchment paper. On pan, toss together chicken, potatoes, garlic and oil to coat; sprinkle with Greek seasoning, salt and pepper. Arrange in single layer with chicken skin side up. Add lemon, cut side up. Roast, rotating pan halfway through, until juices run clear when chicken is pierced and potatoes are tender, 35 to 40 minutes. Add watercress; toss to combine. Return to oven; roast just until watercress is wilted, 1 to 2 minutes. Squeeze lemon over top; discard lemon halves. Divide chicken, potatoes and watercress among plates.

NUTRIENTS Per Serving

Calories: 524, Protein: 56g, Total Fat: 18g, Carbohydrates 42g, Sugar 2g, Fibre 7g, Sodium 999mg.



CANNABIS, ADDICTION, AND MENTAL HEALTH AFTER BRAIN INJURY

Treatment Trends, Need to Knows, Research and Clinical Best Practice. for the Health Care Provider.



After brain injury, survivors will seek solutions to help resolve the lingering cognitive and emotional changes they experience. One of the solutions sought may be cannabis. With recent legalization of cannabis there is now easier access and less stigmatization of the product, and a renewed hope for recovery - but is this hope misplaced?



As most clinicians know: not all cannabis is created equal – some has positive impact, others negative. With increased access and common use of non-medical strains to self-medicate, it is timely for clinicians to become educated and understand their role in the process and the impact the product can have in the recovery of the brain injury survivor.

Keynote Address: ABC's of Medical Cannabis. Dr. Mark Kimmons, Medical Director - Sunniva (Calgary, Alberta).

Learn the current research that supports medical cannabis, how this differs from recreational cannabis, the role of cannabis after a brain injury (i.e. stroke, surgery, TBI, etc.) and role/expectation of the health care provider in the process.

Mental health and cognition after brain injury - Dr. Christopher Abeare, Neuropsychologist, University of Windsor.

How and why some emotional and behavioral changes tend to linger for years after the originating brain injury, regardless of cause; and how medicating may impact recovery.

Addiction and brain injury - Patrick Kolowicz, Director of Mental Health and Addiction, HDGH Health Care.

What are current trends with respect to addiction and brain injury in our region. And what supports and programming are available.

*speakers subject to change

Watch for updates on registration, sponsorship opportunities, and Workshop Outline at: <http://www.biawe.com/>