



FRONTLINE JUNE 4, 2019 TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

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Speedy and Coordinated Stroke Treatment

People experiencing a stroke in Windsor/Essex are getting quicker access to potentially life-saving treatment thanks to a coordinated effort led by WRH and Essex-Windsor Emergency Medical Services (EMS).

Door-to-needle time measures the time it takes patients arriving in the emergency department after having a stroke to receive a clot-busting drug known as tPA. The drug can prevent brain damage and significantly increase a patient's chance of a full recovery, but only if given within a narrow window of 4.5 hours after symptoms begin.

Dr. Michael Winger, Medical Director of the Enhanced District Stroke Centre for Windsor-Essex says when treating stroke patients, every second counts. "We say, 'time is brain,' because every minute it takes to get blood circulating back to a patient's brain, 2 million brain cells die."

Thanks to recent process improvements, patients arriving at the hospital after a stroke are being diagnosed and receiving the treatment 53% faster than they were just three years ago.

The opportunity to begin improving the stroke treatment process came with the realignment of hospital services in 2013.

"With both acute care campuses under the same leadership, we could standardize stroke care and ensure patients are directed to the right place for quick, specialized services," says Denise St. Louis, Manager of the District Stroke Centre at WRH.

One of the first changes was to direct all patients experiencing stroke symptoms within the time window for treatment, to the District Stroke Centre, at the Ouellette Campus.

"By creating one Centre of Excellence where all stroke patients are treated, we ensure we have the right team and equipment in place to obtain the best outcomes for our patients," says St. Louis.

Another change to the process includes a phone call from paramedics in the field to the neurologist on call when a potential stroke patient is identified. This activates the process so the neurologist is notified earlier and can expedite testing so treatment decisions, including the use of tPA, can be made quickly.

Thanks to these changes, the door-to-needle time has dropped from 95 minutes to 49 minutes in two years.

Story continues on Page 2.



Photo: When a patient is having a stroke, every second counts! As part of the District Stroke Centre's new protocol for treating potential stroke cases, paramedics alert the hospital as soon as they identify a potential stroke patient so the team at the Ouellette Campus ED can get ready.

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:

frontlinetribune@wrh.on.ca



@WRHospital

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

JUNE 9, 2019

Corvette Club Car Show

Dieppe Park, Riverside Drive, Windsor

JUNE 11

Indigenous Health Expo

WRH - Met Campus

JUNE 12

Indigenous Health Expo

WRH - Ouellette Campus

JUNE 14, 2019

TRANSFORM Golf Tournament

Links of Kent Golf Club
120 Indian Creek Rd W, Chatham

JUNE 19, 2019

Funkenhauser Family - A Day For A Life Golf Tournament

Kingsville Golf & Country Club
640 County Road 20, Kingsville

JUNE 20, 2019

Brain Injury Association Workshop

Hôtel-Dieu Grace Healthcare
1453 Prince Road, Windsor

JUNE 22, 2019

Sail Into Summer Dinner

Windsor Yacht Club
9000 Riverside Drive East, Windsor

JULY 20, 2019

Rafih Auto Group Golf Tournament

Beachgrove Golf & Country Club
14134 Riverside Drive East, Windsor

SEPTEMBER 13, 2019

Cancer Education Days

Ciociaro Club, Salon A
3745 North Talbot Road, Windsor



Vaccinations to children born over a 20-year period will save nearly \$295 billion in direct costs, which includes avoided hospitalizations and other medical care and \$1.38 trillion in total costs to society.

Speedy and Coordinated Stroke Treatment cont'd...

"We now have a system where we can treat stroke patients quickly in order to improve their outcomes, prevent disability and limit and sometimes reverse devastating effects," says St. Louis.

Because of the quicker response times, more patients are now able to receive the drug within the very short window of time after symptoms begin. The percentage of patients eligible for the treatment has doubled since work on process improvements began and is now above the provincial average.

Dr. Winger says the new process works because it is simple, straight forward and automatic. In addition, he says the door-to-needle time will only improve when the centre moves to a new single-site acute care hospital.

Last year, WRH saw 1435 potential stroke cases. Sixty four percent of the cases were from within the City of Windsor, while 36% were from locations in Essex County.

"The central location of the new hospital will allow us to get people in from all areas of Essex County quickly and start treatment," says Dr. Winger.

The central location will also benefit patients who travel from outside the region to receive a surgical treatment called Carotid Endarterectomy. This year, 37% of patients who received this surgical procedure to reduce the risk of a stroke came from Chatham-Kent and Sarnia Lambton.

Dr. Winger says he is also looking forward to the functional planning stage of the new facility, where the process of treating stroke patients can be further enhanced. He says with the right layout, efficiencies can be built into the design to speed up the flow of patients from emergency department to diagnostic imaging and then to the stroke unit.

The improved process is one piece of the work the District Stroke Centre is doing to improve patient care. They are also working with partners in the community including HDGH and the LHIN to improve the journey after stroke patients are discharged from WRH.

The team is now pursuing Accreditation Canada's Stroke Distinction for stroke care.

The WRH MY CARE JOURNEY App helps YOU and your FAMILY:

- ✓ Know what to expect in the hospital
- ✓ Play an active role in your treatment
- ✓ Understand next steps in your care

FREE and EASY to use

Download on the App Store | GET IT ON Google Play

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Ahmed Said
HELP DESK
VOLUNTEER
SERVICES



Tammy Clifford
COORDINATOR,
DIAGNOSTIC IMAGING
AMBULATION PROGRAM



Katie Sich
UNIT CLERK
OPERATING
ROOM



Dr. Scott Rieder
PHYSICIAN
SURGICAL
DEPARTMENT

Survivors Day

Last week we celebrated Survivor's Day and Windsor Regional Hospital is proud to support our partners at Essex-Windsor EMS on this incredible event every year that recognizes the contributions of our frontline medical respondents and allows the patients they saved to give them thanks in person.

WRH was also pleased to be able to take the opportunity to recognize our EMS partners for their assistance with a life-saving cardiac care program.

In October 2014, the WRH Cardiac Catheterization Lab implemented phase 1 of our goal of providing emergency cardiac angioplasty to our community 24/5 (Monday to Friday) by way of what we call our "Code STEMI" program. This is where our paramedics can identify the type of heart attack their patient is having based on their EKG and can bring them directly to the cath lab at Ouellette Campus to get the blocked artery open. It wasn't until September 2015 that we expanded to full 24/7 coverage, which meant our community would have access to the cath lab 24 hours a day 7 days a week if they were classified as a Code STEMI.

For the period of January 2015 - March 2019, we have seen over 1100 STEMI patients come through our lab.

For this program to work we needed the assistance of Essex-Windsor EMS. They truly play a pivotal role in not only the roll out of the STEMI program, but also the ongoing upkeep of ensuring this program thrives.

On behalf of the WRH Cardiac Cath Lab team, we would like to recognize EMS for their support with a team award. Thank you to the paramedics who have had to endure many changes to our protocols and who have done an amazing job at recognizing the EKG's as a STEMI. This award is for all of you!

WRH also gave specific awards to recognize Justin Lammers, Deputy Chief, Professional Standards; and Stacey Shepley, Captain, Professional Standards, for being integral in the ongoing support and education with the STEMI program. We look forward to continuing to work alongside our #paramedic partners! #survivorsday @essex_windsor



SUNDAY, June 9th, 2019
The Corvette Club of Windsor - Annual Waterfront Corvette Show (8:00am - 3:00pm)
78 Riverside Dr W, Windsor, Ontario N9A 0A3



We will be at our original location at the Detroit River on the grass at Dieppe Park (Across the river from the GM Headquarters Building)



Further info: www.corvetteclubofwindsor.com
Dan Reaume: (519) 819-3425
Gary J. McGuinness: (519) 250-3112
events@corvetteclubofwindsor.com

Class	Model Year
S1	1953 - 1962 Stock
S2	1963 - 1967 Stock
S3	1968 - 1975 Stock
S4	1976 - 1982 Stock
S5	1984 - 1990 Stock
S6	1991 - 1996 Stock
S7	1997 - 2000 Stock
S8	2001 - 2004 Stock
S9	2005 - 2009 Stock
S10	2010 - 2013 Stock
S11	2014 - Present Stock
C1	1953 - 1982 *Custom
C2	1984 - present *Custom
NJ	Not Judged
K	Kid's Power Wheels

*more than three (3) mods and at Judge's discretion at registration



To benefit the Windsor Regional Hospital - Pediatric Oncology Satellite Unit. Since 2011 we have donated over \$35,000.00. Thank you to our sponsors, attendees and members.

Registration forms available on our website now or at the registration desk, day of show. Register at the show for \$30.00. Register by May 25th and receive your show shirt for free.



Rain or Shine
8:00 AM Registration Opens
8:00 AM Vendors Open
11:00 AM Registration Closes
3:00 PM Awards & Presentations



SUPPORT WINDSOR REGIONAL HOSPITAL FOUNDATION THROUGH THE NATIONAL BANK FINANCIAL WEALTH MANAGEMENT COMMUNITY SUPPORT PROGRAM

Receive world class investment advice and financial planning help and support Windsor Regional Hospital Foundation at the same time.

Contact me at 519-258-7349 or larry.sandre@nbc.ca and I will meet with you to determine if this program will be right for you.

Larry Sandre, CPA, CA, IA

Windsor Regional Hospital ANNOUNCEMENT

Please be advised that there is a WRH staff holiday that will take place on **Monday, June 10** at both campuses of Windsor Regional Hospital.

Check with your manager for more details!

VENDORS ON DISPLAY THIS WEEK!

Met Campus:
Accessorize it, Love to Resale, Unique Books, Funky Living, G&D Jewellery, Envy Boutique, Amy's Helping Hands, Epicure.

Ouellette Campus:
Lories Glass, Umby Fashion, Freak Parade, SweetLegs.

Please note: Vendors subject to change.



Ved Uppal



Lets take pride in our neighbourhood, participate in the Team Clean at Windsor Regional Hospital

TEAM CLEAN

"Be the change that you wish to see in the world". Gandhi

Ved Uppal Invites You To "TEAM CLEAN"

THURSDAY JULY 4 / OUELLETTE CAMPUS / 8:30AM - 11:30AM

TUESDAY, JULY 9 / MET CAMPUS / 8:30AM - 11:30AM

THURSDAY, AUGUST 8 / MET CAMPUS / 8:30AM - 11:30AM

TUESDAY, AUGUST 13 / OUELLETTE CAMPUS / 8:30AM - 11:30AM

Volunteers will be picking up garbage, etc....making the environment for patients and families a little better.

If you have two hours or more to give, you are invited to join in this initiative - participants will receive supplies, bottled water and an appreciation gift.
(Students needing to complete hours are encouraged to participate)

To register call Renee Hopes at 519-254-5577 ext.33184 or email renee.hopes@wrh.on.ca to sign up to help.

#RECIPEOFTHEWEEK

Snap Pea Salad with Japanese Sesame Dressing



Makes 4 servings.
Total Time: 25 min

INGREDIENTS

- 2/3 cups mayonnaise
- 2 tbsp soy sauce
- 2 tbsp minced ginger
- 2 tsp granulated sugar
- 4 tsp toasted sesame seeds
- 1 package mixed leaf lettuce, torn (16 cups)
- Half of an English cucumber, thinly sliced
- 3 sugar snap peas, halved lengthwise
- 10 cherry tomatoes, halved
- 1 avocado, sliced
- 2 green onions, thinly sliced
- 2 tbsp rice vinegar
- 2 tsp sesame oil
- 2 thinly sliced red cabbage
- 10 cherry tomatoes, halved

DIRECTIONS

Sesame Dressing: In bowl, whisk together mayonnaise, vinegar, soy sauce, ginger, sugar and sesame oil until smooth. Stir in sesame seeds. Set aside. In large bowl, toss together lettuce, cucumber, snap peas, cabbage, tomatoes and avocado. Sprinkle with green onions. Drizzle with 1/4 cup of the Sesame Dressing; toss to coat.

NUTRIENTS Per Serving:

Calories: 182; Protein: 4g; Total Fat: 14g; Carbohydrates 13g; Sugar 6g; Fibre 5g; Sodium: 180mg

SAIL INTO SUMMER SATURDAY, JUNE 22, 2019



Windsor Regional Hospital will host a fundraising dinner at the Windsor Yacht Club (WYC) to raise much needed funds for a new 3D Diagnostic Mammography Machine to detect Breast Cancer earlier and more accurately.

Tickets are \$100.00 per person or reserved tables of 10 for \$1,000 which includes dinner with wine, entertainment and a silent auction. This is a very worthy cause and we can all make a difference to accomplish this goal!

For tickets please contact the Windsor Regional Hospital Foundation by email at wrhfoundation@wrh.on.ca, by phone 519-985-2656.

Cocktails: 6:00 pm / Dinner: 7:00 pm



Carol Parent

Chairperson, Sail Into Summer Event
Hospital Retiree, Volunteer and
Chair of the WRH Family Giving Campaign



INDIGENOUS HEALTH EXPO

All healthcare professionals:
Come learn about Indigenous Solidarity Day and the many culturally specific services available to the Indigenous community.

•••••
June 11: Met Campus - First Floor Lobby
June 12: Ouellette Campus - Goyeau Lobby Mezzanine

- Both days from 9:30am-2:00pm -

The Bear is a uniform symbol for healing for Indigenous people.



Erie St. Clair Regional Cancer Program
in partnership with Cancer Care Ontario