



FRONTLINE MARCH 4, 2019 TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:
frontlinetribune@wrh.on.ca

Ron Foster, Editor
ron.foster@wrh.on.ca
519-254-5577 ext. 52003

Gisele Seguin
gisele.seguin@wrh.on.ca
519-254-5577 ext. 52008

Steve Erwin
steve.erwin@wrh.on.ca
519-254-5577 ext. 33350

David Lenz
david.lenz@wrh.on.ca
519-254-5577 ext. 32539



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[@WRHospital](https://twitter.com/WRHospital)

Hats On For Healthcare - Your Support Matters!

Every year we ask you to help support local healthcare by putting on a hat and donating \$2. Since it began in 2010, the campaign has raised more than \$300,000 to support different programs and services at Windsor Regional Hospital.

That support goes a long way to improving the patient experience at WRH.

This year, funds raised will support the Diagnostic Imaging (DI) Departments at both Campuses. "We have a lot of sophisticated machines in DI and the cost of those machines are quite high," says Colleen Nelson, Director of Diagnostic Imaging. We can only replace one or two items every year on average, even though there is a high demand."

The money donated will go to machines like a new digital mammography and tomography unit that the hospital is in the process of acquiring. The new machine will have the capacity to produce a 3D image of the breast. Right now the mammography technology at WRH is only capable of doing a 2D image.

These three dimensional image sets help minimize the tissue overlap that can hide cancers or make it difficult to distinguish normal overlapping breast tissue from tumors. The cost of the machine is in the area of \$750,000.

Last year, the Hats On For Healthcare campaign raised more than \$47,000 for the Neonatal Intensive Care Unit (NICU). More than 150 organizations participated in the event and WRH staff from a variety of departments joined in on the fun. We hope you will consider joining in this year. It is an easy way to help our patients have the best possible experience at WRH.

Since this year's event falls on Shrove Tuesday, March 5, the theme is Mardi Gras, but you can wear any type of hat you like! For more information or to sign up your team, department, etc. please visit www.hatsonforhealthcare.com. Your support matters. Thanks!



Money from this year's HATS ON FOR HEALTHCARE campaign will help fund DI machines like a new digital mammography and tomography unit that the hospital is in the process of acquiring.



HATS ON FOR HEALTHCARE 2018: More than \$47,000 was raised to support the hospital's youngest patients in the NICU unit.

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

MARCH 5, 2019

Hats On For Healthcare

Windsor Regional Hospital, Windsor-Essex

MARCH 6, 2019

Hats On For Healthcare Windsor Express

WFCU Centre, 7:05pm
8787 McHugh Street, Windsor

MARCH 8, 2019

International Women's Day

Ciociaro Club Of Windsor
3745 North Talbot Road

APRIL 1-7, 2019

National Ethics Week

APRIL 3, 2019

Challenging The Myth - Consent & Capacity

Met Campus - Auditorium Side A
Ouellette Campus - Windsor Room
RSVP at Maria.Distefano@wrh.on.ca

APRIL 11, 2019

Volunteer Appreciation Party

Riverside Sportmen's Club
10835 Riverside Drive East, Windsor

MAY 23, 2019

WRHF Annual Golf Tournament

Essex Golf & Country Club
7555 Matchette Road, LaSalle

JUNE 19, 2019

Funkenhauser Family - A Day For A Life Golf Tournament

Kingsville Golf & Country Club
640 County Road 20, Kingsville

JUNE 22, 2019

Sail Into Summer Dinner

Windsor Yacht Club
9000 Riverside Drive East, Windsor



Vaccination is the best way to prevent measles. Two doses of measles vaccine are recommended for all children. The first dose of the measles, mumps, rubella vaccine (MMR) should be given at 12-15 months of age and the second dose before a child enters kindergarten (4-6 years of age).

It's The Little Things That Count!

The WRH Patient Experience Task Force is excited to announce the latest winner of our "It's The Little Things" program – which recognizes how some things may seem little, such as small gestures, can have a big impact on our patients.

Our latest winner is **Mary Oliva, inpatient mental health/3S, Ouellette.**

Mary was thanked by a grateful family who appreciated the little things she did to help ease the anxiety of a patient:

"I would like to thank Mary O for her outstanding care and compassion in my time of distress. When she saw I was upset, she took the time to comfort me, even though the nurses are on a busy and hectic floor. She made herself available to me and my family, even staying after her shift to help us figure out the discharge process. She gave me hope when all felt hopeless, and for that I believe she is an invaluable member of your team."

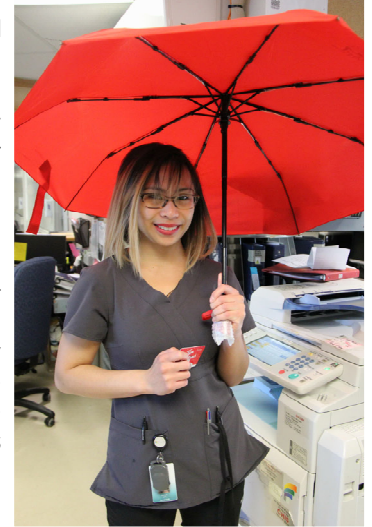
Great work Mary!

More about It's The Little Things

Our Little Things program is a way to recognize that as a member of the WRH staff - employee, physician affiliate or volunteer – we all have the potential to make a difference in a patient or loved one's experience at Windsor Regional Hospital. Whether you let a tired father step in front of you in the Tim's line, or you hold the door for a youngster struggling to walk on crutches, or you take a moment to sit with the woman who just said goodbye to her mother, you are helping to ease their burden.

Winners are selected from monthly Above and Beyond submissions.

Staff are reminded that it is the Little Things that matter. In stressful situations, your kindness and consideration may mean the world to a patient or even a co-worker. This is not just a staff recognition program - it is an opportunity to learn from others.



Winner: Mary Oliva



SUPPORT WINDSOR REGIONAL HOSPITAL FOUNDATION THROUGH THE NATIONAL BANK FINANCIAL WEALTH MANAGEMENT COMMUNITY SUPPORT PROGRAM

Receive world class investment advice and financial planning help and support Windsor Regional Hospital Foundation at the same time.

Contact me at 519-258-7349 or larry.sandre@nbc.ca and I will meet with you to determine if this program will be right for you.

Larry Sandre, CPA, CA, IA



INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Veronica Morris

CALL CENTRE
CLERK

WRCC ON CALL TRIAGE



Dr. Sajit Augustine

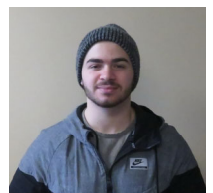
PHYSICIAN
PAEDIATRICS
DEPARTMENT



Sivetha Sivanathan

RADIATION
THERAPIST

WRCC RADIATION THERAPY



Nick Saad

EYE CLINIC
VOLUNTEER
SERVICES

ZERO Harm - Sweet!!!



A Zero Harm index is something to celebrate at Windsor Regional Hospital. The Harm Index measures the number of preventable harm incidences that occur in our facilities such as falls, health-acquired infections and irreplaceable lab specimens. A Zero Harm Index means that none of these occurred in a week's time. This remarkable achievement occurred four times in 2018 and already has occurred twice in 2019.

All those involved in patient care at every level should be proud of this achievement. Departments, at both campuses, received cookies (Image) to mark the occasion.



WRH At Coldest Night Of The Year

A team of WRH hospital friends and family with warm hearts walked downtown for the Coldest Night of the Year event in support of our homeless population.

Our team of Health Care Walkers led by Sharon Morris, our Director of Human Resources, raised more than \$3500 - second among all teams who participated.

In total, more than \$50,000 was raised from the event for The Downtown Mission.

The annual event has teams and individuals walk 2, 5 or 10 kilometre routes downtown to raise funds and also awareness about the homeless.



TICKETS AVAILABLE NOW!



HATS ON FOR HEALTHCARE WINDSOR EXPRESS TICKETS

WEDNESDAY, MARCH 6, 2019
WFCU CENTRE - TICKETS: \$15 EACH

PURCHASE YOUR TICKETS FROM THE PUBLIC AFFAIRS/FOUNDATION OFFICE AT THE OUELLETTE AND MET CAMPUSES.

PROCEEDS FROM TICKET SALES FROM THE GAME BENEFIT THE 2019 HATS ON FOR HEALTHCARE CAMPAIGN SUPPORTING THE WINDSOR REGIONAL HOSPITAL FOUNDATION AND DIAGNOSTIC IMAGING EQUIPMENT AT WINDSOR REGIONAL HOSPITAL.

hatsonforhealthcare.com



The Public Affairs team is in the process of redeveloping the WRH intranet to give you easier access to the information and resources you require at Windsor Regional Hospital.

Please take a few minutes to help us best meet your communication needs as we move forward with this project by filling out the communication/intranet use survey at the link below.

It can be completed in 5 minutes or less.

Communications/Intranet Use Survey:

www.wrh.on.ca/IntranetSurvey

LUNCH AND LEARN

CHALLENGING THE MYTH - CONSENT AND CAPACITY

April 3, 12-1pm
Auditorium Side A (Met)
video conferenced to
Windsor Room (Ouellette)

RSVP: Maria Distefano x 37617
Lunch will be provided



Dr. Wally Liang

Presented by: The Patient Experience Task Force and The Ethics Committee

National Ethics Week April 1-7, 2019



#RECIPEOFTHEWEEK

Overnight Hearty Oatmeal Breakfast

Makes 2 servings.

Preparation: 5 min

Refrigeration time: 8hrs min



INGREDIENTS

- 1 cup (250 mL) milk
- 1 cup (250 mL) plain yogurt
- ¼ tsp (1 mL) vanilla extract
- 1 tbsp (15 mL) natural peanut butter
- 2 tsp (10 mL) honey
- 1 ripe banana, mashed
- 1 cup (250 mL) large flake oats
- 1 cup (250 mL) fresh mixed berries (blueberries, raspberries and blackberries)

DIRECTIONS

In a medium sized bowl, mix together milk, yogurt, vanilla, peanut butter, honey, banana, and oats until well blended. Split in two and pour in two separate Mason jars. Top each jar with ½ cup (125ml) mixed berries. Refrigerate for at least 8 hours. Enjoy!

TIPS

This recipe can be served warm as well. To enjoy hot, microwave for 1 minute with mason jar lid off.

NUTRIENTS Per Serving

Calories: 465; Protein: 21g; Total Fat:12g; Carbohydrates 72g;
Sugar 7g; Fibre 10.8g; Sodium 146mg

SAVE THE DATE!!!

Windsor Regional Volunteers

WRH Volunteers are invited to attend a Volunteer Recognition event to thank you for your support of hospital patients, families and staff.

Thursday April 11, 2019 / 3:00pm to 6:00pm
Games, Food, Fun and Prizes
Riverside Sportsmen Club
10835 Riverside Drive East, Windsor, ON, N8P 1A5

VENDORS ON DISPLAY March 4-8, 2019

Met Campus:

Kidbits; Lories Glass; Alice & Betty Designs;
Silver n Such; Monique's Boutique; Freak Parade

Ouellette Campus:

Costco; Kidbits

Please note: Vendors subject to change.



HATS ON FOR HEALTHCARE TUESDAY, MARCH 5, 2019

2019 CAMPAIGN SUPPORTING DIAGNOSTIC IMAGING EQUIPMENT
AT WINDSOR REGIONAL HOSPITAL

The 10th Annual Hats On For Healthcare is a fundraising initiative supporting Windsor Regional Hospital.

Participating individuals and organizations, together with their employees, members and clients are invited to put on their unique and creative head attire, make a donation and take part in many entertaining activities to help raise funds for Diagnostic Imaging equipment at Windsor Regional Hospital.

Participating in the 2019 Hats On For Healthcare is a great way to show the community that you and your employees care about healthcare in Windsor-Essex.



www.hatsonforhealthcare.com