



# FRONTLINE MAY 14, 2019 TRIBUNE

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COMPASSION is our  
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

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## WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:

[frontlinetribune@wrh.on.ca](mailto:frontlinetribune@wrh.on.ca)



@WRHospital

## Rapid Assessment Centres at Windsor Regional Hospital A new approach to reducing wait times for patients with hip, knee and low back pain

WRH is offering patients with hip, knee and low back pain quicker access to specialized care at two new Rapid Assessment Centres (RACS) that opened this week.

The centres use a coordinated intake and triage process to reduce wait times and get patients access to the right education and treatment options which could include referrals to a surgeon or other non-surgical options like physiotherapy or injections.

At the centres, patients are assessed by specially-trained Advanced Practice Physiotherapists who determine the most appropriate individual treatment plan. Patients who may require surgery are referred to the surgeon of their choice, or the first available surgeon. Patients who don't require surgery receive education, resources, a self-management plan and follow-up visits to monitor their progress.

Previously, patients waited in pain for months or even years for a consultation with a surgeon, sometimes only to find out they did not need or qualify for surgery. Now, all referrals go to one location – the RAC – where patients receive an appointment with the Advance Practice Physiotherapist within weeks.

"It is a quicker way to get patients into the system and get them started down the right care path," says Rosemary Petrakos, Vice President of Peri-Operative, Surgery, Women's and Children's. "It will take pressure off the system by removing patients who don't need surgery from already long waiting lists and get them appropriate treatment early on, when it can have the greatest impact."

The RACS are part of a provincial healthcare initiative to provide all Ontarians with timely access to care, close to home. Windsor Regional Hospital, in partnership with the Erie St. Clair LHIN, now offers two RACs, each with different treatment programs.

The Hip and Knee RAC is located on the first floor of the Metropolitan Campus. The program is for patients with moderate to severe osteoarthritis and other inflammatory conditions, who may be considering hip or knee replacement surgery.

See story continued on Page 2.

Photo: Jennifer Nugent, Practice Lead, Low Back Rapid Assessment Centre examining a patient.



Visit our website for more information at [www.wrh.on.ca](http://www.wrh.on.ca)



# UPCOMING EVENTS

**MAY 23, 2019**

**WRHF Annual Golf Tournament**

Essex Golf & Country Club  
7555 Matchette Road, LaSalle

**JUNE 9, 2019**

**Corvette Club Car Show**

Dieppe Park, Riverside Drive, Windsor

**JUNE 11**

**Indigenous Health Expo**

WRH - Met Campus

**JUNE 12**

**Indigenous Health Expo**

WRH - Ouellette Campus

**JUNE 19, 2019**

**Funkenhauser Family - A Day For A Life Golf Tournament**

Kingsville Golf & Country Club  
640 County Road 20, Kingsville

**JUNE 20, 2019**

**Brain Injury Association Workshop**

Hôtel-Dieu Grace Healthcare  
1453 Prince Road, Windsor

**JUNE 22, 2019**

**Sail Into Summer Dinner**

Windsor Yacht Club  
9000 Riverside Drive East, Windsor

**JULY 20, 2019**

**Rafih Auto Group Golf Tournament**

Beachgrove Golf & Country Club  
14134 Riverside Drive East, Windsor



The CDC reported last week a total of 695 measles cases, which is the largest number of cases the United States has seen since measles was eliminated from the country in 2000. Decreased vaccination rates are a significant driver in the ongoing measles outbreaks.

## Rapid Assessment Centres at WRH cont'd...

Hip and knee assessments are also offered at RAC locations in Chatham and Sarnia. Patients can choose to have an assessment at the location nearest to them or the first available assessment at any of the locations.

The Low Back RAC is located on the first floor of the Ouellette Campus. This program is for people who have had low back pain and/or related leg symptoms (e.g. leg pain, numbness and/or tingling) for at least 6 weeks, but not longer than a year. Patients learn to manage chronic low back pain while reducing unnecessary tests, opioid prescriptions, specialist appointments and emergency visits.

All RAC patients must be referred to the clinic by a doctor or nurse practitioner. Visits are fully covered by OHIP.

## And the winner of the Name Your Intranet Contest is... MyWRH

The votes for the Name Your Intranet Contest are in and MyWRH is the top choice with nearly 64% of the votes. Congratulations to Kaitlyn Sheehan who will receive a \$100 Amazon gift card for having the successful submission.

Now that the site is named, the Intranet team will spend the next few months putting the final touches on the design of the new MyWRH platform, training users and updating content to make sure it is accurate and up to date. Watch for the new site launch later this year!

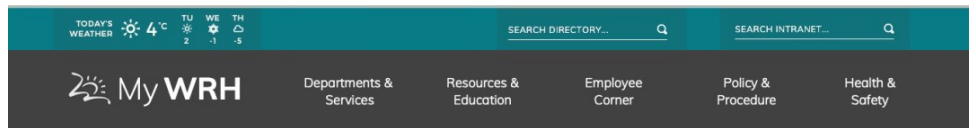


Photo: A sneak peek at the MyWRH Intranet platform that will launch later this year.

## Wearing Whites for Nurses Week

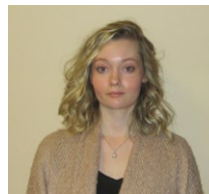
Happy #nursesweek2019 at WRH! Some of our adult day surgery staff wore traditional whites through much of this week to celebrate the history of the #nursing profession!



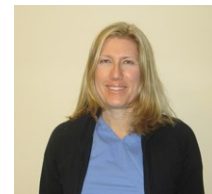
## INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



**Brittany Mitchell**  
MED RADIATION  
TECHNOLOGIST  
RADIOLOGY



**Catharine Cooper**  
REGISTERED  
NURSE  
MENTAL HEALTH



**Cheryl Szabo**  
PHARMACIST  
PHARMACY  
DEPARTMENT



**Tabitha Dalrymple**  
REGISTERED  
NURSE  
MENTAL HEALTH

## Recognizing Nursing Excellence

WRH and Hôtel-Dieu Grace Healthcare recognized nurses for excellence and continuing education efforts during its annual Nurses Awards Ceremony on May 6th.

Winners of the Jeanne Mance Extraordinary Nursing Care Award, which recognizes a nurse who continually goes above and beyond to provide compassionate and professional care to patients and exemplifies teamwork, compassion, stewardship and respect included:

From Windsor Regional Hospital:

- Jason Irvine, RN, Met Campus, Emergency Department
- Jasmin Vukosavljevic, RN, Ouellette Campus, Cardiac Care
- Loretta Monforton, RPN, Ouellette Campus, 7 Medical

From Hôtel-Dieu Grace Healthcare:

- Sheila Saltarelli, RPN, Complex Medical Care 3N
- Samantha Green, RPN, Inpatient Rehab, RH3 and 4

Five nurses were also named as the recipients of the Annual Lori Dupont Bursary, which assists with continuing education costs. Each successful candidate is awarded up to \$1,000. The 2019 Bursary Recipients were:

From Windsor Regional Hospital:

- Kuljeet Kalsi, RN, Met Campus, Emergency Department,
- Padma Ravi, Ouellette Campus, 7 Medical,
- Selena Santia, Met Campus, RN, Paediatrics

From Hôtel-Dieu Grace Healthcare

- Cindy DeHaan, RN, Chatham ACT Team
- Sue Ladouceur, RN, Charge Nurse, Complex Medical Care, 3N

Congratulations to all of our excellent RNs, RPNs and NPs across Windsor's hospital system!



## Jeanne Mance Sculpture To Be Replaced

Last month, we were saddened to learn that the "bust" of Jeanne Mance, a legendary nursing figure in Canadian health care history, was stolen from a monument outside of the Ouellette Campus. The sculpture was of the image of Jeanne Mance (1606-1673), historic figure known for being among the founders of Montreal's first hospital, Hôtel-Dieu de Montréal, in 1645.

We believe the sculpture, which is made of copper and was first put in place outside of the Jeanne Mance building on the Ouellette Campus property in 1946, may have been removed for its value.

After learning of the vandalism through local media reports, a local sculptor has agreed to design and create a replacement for the sculpture, free of charge.

Richard Wood, a retired Ford factory worker and Amherstburg resident, is donating his time, expertise and already designing and preparing a replacement for the Jeanne Mance visage.

"It is an honour and a privilege to assist the Windsor Hospitals by replacing the face of Jeanne Mance on this historic monument," Wood says. "She is an important Canadian figure in Nursing and I am happy to help preserve her memory in honour of all the nurses in our community."

Thank you Richard for your compassion for both art and history!



Appreciation is extended to all those who have pledged for 2019. Watch for a special treat this week from the Windsor Regional Hospital Foundation.

## VENDORS ON DISPLAY THIS WEEK!

Met Campus: Accessorize It, Epicure, Puretrim, Home Instead, Aerus, Lories Glass, Magnolia & Vine, Workfit Scrubs, Lifetimes on Riverside, Alice & Betty Designs, Author L. McLaughlin  
Ouellette Campus: Freak Parade, Silver n Such, Workfit Scrubs

**Please note: Vendors subject to change.**

# Play a key role

in supporting cancer awareness, research & treatment for women living in Windsor/Essex.



Jewelry available beginning April 22nd, 2019 on-line and in the Foundation Office.

OFFICIAL SPONSOR:

**LISA & BRIAN SCHWAB**



Purchase & Donate now:  
[www.lockoutcancer.com](http://www.lockoutcancer.com)

# #RECIPEOFTHEWEEK

## Garlicky Parmesan Salmon & Asparagus

Makes 4 servings.  
Prep Time: 15 min  
Cook Time: 25 min



### INGREDIENTS

- 3 tablespoons olive oil
- 2 cloves garlic, minced
- 1 teaspoon lemon zest
- 2 tablespoons lemon juice
- 3/4 teaspoons salt, divided
- 1/2 teaspoon pepper, divided
- 4 salmon fillets (about 800 g total)
- 1/2 cup finely grated Parmesan cheese, divided
- 1 bunch asparagus (about 450 g), trimmed
- 1/4 cup finely chopped chives

### DIRECTIONS

Preheat oven to 425°F. Line baking sheet with parchment paper. In small bowl, whisk together oil, garlic, lemon zest, lemon juice, 1/2 tsp of the salt and 1/4 tsp of the pepper. Place fish in centre of prepared pan; sprinkle with remaining 1/4 tsp each salt and pepper. Brush with half of the garlic mixture; sprinkle with 1/4 cup of the Parmesan. Bake for 5 minutes. Remove from oven. Add asparagus to pan; brush with remaining garlic mixture. Sprinkle with remaining 1/4 cup Parmesan. Return to oven; bake until fish flakes easily when tested, 5 to 7 minutes. Sprinkle with chives.

### NUTRIENTS Per Serving:

Calories: 463; Protein: 39g; Total Fat: 31g; Carbohydrates 6g; Sugar 2g; Fibre 2g; Sodium 640mg

# The WRH MY CARE JOURNEY App helps YOU and your FAMILY:

- ✓ Know what to expect in the hospital
- ✓ Play an active role in your treatment
- ✓ Understand next steps in your care

**FREE**  
and  
**EASY**  
to use

