



# FRONTLINE DECEMBER 17, 2019 TRIBUNE

VOLUME 7 / EDITION 42



COMPASSION is our  
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

## IN THIS WEEK'S ISSUE

### PAGE 1

- WINDSOR REGIONAL HOSPITAL RECOGNIZED FOR CHOOSING WISELY

### PAGE 2

- IT'S SO IMPORTANT TO STAY POSITIVE
- UPCOMING EVENTS
- NEW FACES AT WRH
- VENDORS ON DISPLAY
- PHILIPS LIFELINE

### PAGE 3

- NEW VIDEO EXPLAINS e-VOLVE
- RECIPE OF THE WEEK
- CONGRATS TO THE NICU TEAM
- WRH HOLIDAY HOURS

### PAGE 4

- WINDSOR REGIONAL HOSPITAL FOUNDATION 50/50 RAFFLE

## WRH Recognized For Choosing Wisely

Choosing Wisely Canada, the national voice for reducing unnecessary tests and treatments in health care, has awarded WRH with a Level 1 Certification. With this designation, WRH is now part of a worldwide movement that promotes best practice by reducing unnecessary testing and treatments for our patients.

WRH enacted five "quick wins" to achieve the certification:

- Uncoupled PT and PTT blood clotting tests on lab panels so providers order only the test that will specifically answer their clinical question;
- Eliminated Creatine Kinase (CK) testing if Troponin is available for cardiac enzyme testing. CK testing as an individual order is still available;
- Removed "Daily Lab" option from order sets (except for complex oncology patients);
- Removed Folate (Serum/RBC Folate) testing from WRH ordering systems. This test is still available upon special request; and
- Eliminated routine chest x-rays in ICU except to answer specific clinical questions.

"This designation recognizes WRH's leadership in tackling overuse," says Dr. Andrew Petrakos, Medical Advisor Standardization & Optimization Process (SOP) and the e-VOLVE Project. "By doing this we avoid potential harm to patients and free up hospital resources for more important uses."

This is the first of three levels of Certification offered by Choosing Wisely Canada.

Work has already started to acquire Level 2 Certification. Dr. S. Ninkovich, Chief of Emergency Medicine, and Dr. D. Dhanoa, Chief of Radiology, are collaborating on five recommendations for Level two certification.

For more information, visit the Choosing Wisely Canada website at [choosingwiselycanada.org](http://choosingwiselycanada.org).

If you have any questions, concerns or wish to address these issues directly with your department, please share it with Dr. Andrew Petrakos via email at [andrew.petrakos@wrh.on.ca](mailto:andrew.petrakos@wrh.on.ca).



## WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:

[frontlinetribune@wrh.on.ca](mailto:frontlinetribune@wrh.on.ca)



@WRHospital

Visit our website for more information at [www.wrh.on.ca](http://www.wrh.on.ca)



# UPCOMING EVENTS

**WEDNESDAY, DECEMBER 18, 2019**

**WRH 50/50 Kiosk, 4pm - 8pm**  
Windsor Crossing, 1555 Talbot Road

**FRIDAY, DECEMBER 20, 2019**

**WRH 50/50 Raffle Draw, 1:00pm**  
Met Campus, 1995 Lens Avenue

**WEDNESDAY, DECEMBER 25, 2019**

**Christmas Day**

**THURSDAY, DECEMBER 26, 2019**

**Boxing Day**

**WEDNESDAY, JANUARY 1, 2019**

**New Year's Day**

**SATURDAY, JANUARY 25, 2019**

**T2B Goes East Gala**  
Caesars Windsor, 377 Riverside Drive East

**SATURDAY, FEBRUARY 1, 2020**

**In Honour Of The One We Love  
Dreams Do Come True Gala**  
Ciociaro Club, 3745 North Talbot Road

**THURSDAY, MAY 21, 2019**

**WRH Golf Tournament**  
Essex Golf & Country Club  
7555 Matchette Road

## DID YOU know?

A portion of every gift card purchased from the Windsor Regional Hospital Foundation (Met or Ouellette Campus) directly supports the acquiring of equipment for the Hospital. Check our website for a list of what is available by visiting [www.wrh.on.ca/WaystoGive](http://www.wrh.on.ca/WaystoGive)



According to the World Health Organization's World Malaria Report 2019, there were 228 million cases and 405,000 malaria deaths last year, most of which occurred in sub-Saharan Africa.

## "It's so important to stay positive." Patient Shares Important message with Healthcare Professionals at Cancer Education Day

When Agata Robertson learned her breast cancer had not only returned, but had also spread to her bones, the future felt bleak. She says she could not have come as far as she has – living a fulfilling life with metastatic breast cancer – without a supportive care team and a determined Oncologist.

"She never gives up on me, she always looks for alternatives when things don't go as planned and she does everything in her power to prolong my life," says Robertson. "It is so important to stay positive."

This is the message Agata shared with local health experts when she delivered the opening speech at the Erie St. Clair Regional Cancer Program's Cancer Education Day event this Friday, December 13, 2019, at the Ciociaro Club.

About 120 healthcare providers from across the region attended the 9th Cancer Education Day conference, which focused on the Breast Cancer Journey and Patient Wellness.

Cancer Education Day is a series of education events for healthcare providers, hosted by the Erie St. Clair Regional Cancer Program and is held every Friday the 13th.

Each event focuses on a different cancer-related topic. The goal of this series is to give primary care providers and Oncologists an opportunity to connect and continue learning new ways to improve the cancer journey for patients.



## VENDORS ON DISPLAY

**December 16-20, 2019**

**Met Campus:** Silver 'n Such, Alice & Betty Designs, Zesty Boutique, Sweet Occasion Chocolates; Funky Living, Freak Parade, Brands 4 Less, Crystal Clear Jewellery, SweetLegs, Unique Books, Ruellands Stuff 'n Bears

**Ouellette Campus:** Thermal Corp., Lories Glass, Magnolia & Vine, Funky Living, SweetLegs

*Please note: Vendors subject to change.*

## Philips Lifeline Offer

1 in 3 seniors fall each year and half cannot get back up without help. For patients at risk of a fall, their medical alert service should have fall detection. Lifeline with AutoAlert can automatically call for help - it detects a fall, even if you can't push the button. Currently Lifeline is offering **Free Installation**.

**Offer valid until Tuesday, December 31st, 2019**

**Please call 519-252-4100 and quote code: X476951179**

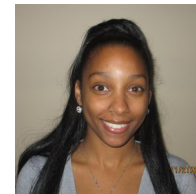
## INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



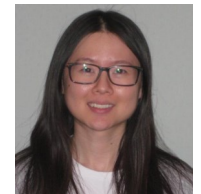
**Brock Mulligan**  
FOOD SERVICE  
WORKER  
GUEST SERVICES



**Tracy Carvalho**  
UNIT  
CLERK  
MEDICINE



**Destanee Spikes-Turner**  
UNIT CLERK  
MEDICINE



**Dr. Joyce Lam**  
PHYSICIAN  
MEDICINE



## New Video Explains e-VOLVE In Simple Terms

A new video is available that helps explain how the e-VOLVE project will change and improve how we work at WRH.

The video hosted by our own Nicole Krywonek, Director Critical Care and Cardiology, shows in simple terms and in a visual way how the process of paper charting will change to the Cerner system in time for WRH's "go live" date at both campuses and the Cancer Centre on Nov. 1, 2020.

You can check out the video by clicking on the picture below.



### A refresher ... What is e-VOLVE?

Formerly known as the Regional HIS Transformation Project, e-VOLVE is about the five hospitals in the Erie St. Clair (ESC) region coming together to transform our clinical services by equipping the region with a modern hospital information system (HIS), Cerner. This project will be standardizing practice to align with a provincial model to improve patient care.

As part of this initiative, Windsor Regional Hospital will be upgrading the dated McKesson platform that's been at the heart of Met Campus for over 20 years, as well as the Siemens platform that is also nearing its end of life at Ouellette Campus, with a new, modern system integrated between the two campuses. We need the same systems at both sites – one that allows professional staff and employees to have the same access from either campus.

In October, the WRH Board of Directors, after arranging and securing the necessary external funding, approved proceeding with e-VOLVE in one phase rather than two. Windsor Regional Hospital – both Metropolitan and Ouellette campuses – and the Windsor Regional Cancer Centre, will now adopt a 'Big Bang' implementation. 'Big Bang' means that all Cerner modules that are within scope of the e-VOLVE Program for our Hospital and the WRCC, will go live on the same day, at the same time (again, November 1, 2020).

## Congrats To The NICU Team

Congratulations to the NICU team for going 365 days (one whole year!) without a central line infection. The unit celebrated with pizza and cake. A lot of hard work that paid off for our patients.



# RECIPE OF THE WEEK

## Christmas Breakfast Casserole

Makes 12 servings

Total Time: 90 min

### INGREDIENTS

- 1 bag of frozen tater tots
- 1/2 cup bacon bits
- 1/2 cup cheddar cheese
- 8 eggs
- 1 tsp season salt
- 2 tsp hot sauce
- 1 (10.5-ounce) cream of mushroom soup
- 1 teaspoon ground black pepper
- 1 green bell pepper (diced)
- 1 pound diced ham
- 1 & 1/2 cups, cheddar cheese
- 1 cup of milk
- 1/3 cup, sour cream
- 1 tsp onion powder
- 1 red bell pepper (diced)

### DIRECTIONS

Preheat the oven to 375 F. Grease a 9x13-inch casserole dish with cooking spray. Spread the tater tots, bacon, ham, and 1 1/2 cups of cheddar cheese into the casserole dish. Toss gently with your hands or a large spoon so that all of the bacon, cheese, and ham is evenly dispersed among the tater tots. In a medium-sized bowl, whisk together the eggs, cream of mushroom soup, milk, sour cream, pepper, salt, onion powder, and hot sauce. Pour the egg mixture evenly over the top of the tater tot mixture. Cover with aluminum foil and place in the oven. Bake for 45 to 50 minutes or until the eggs are almost completely set. Remove the aluminum foil. Top the casserole with the remaining 1/2 cup of cheddar cheese and evenly distribute the red and green bell peppers. Turn the heat of the oven up to 425 F and cook for 20 more minutes, or until the cheese is melted, the eggs are completely set, and the edges have browned. Serve with a nice slice of toast and some fruit for a complete breakfast!

### NUTRIENTS Per Serving

Calories: 382; Protein: 16g; Total Fat: 23g; Carbohydrates 28g; Sugar 6g; Fibre 4g; Sodium 1330mg

## Windsor Regional Hospital Department Holiday Hours

We have posted the holiday hours for various departments online at the following link [www.wrh.on.ca/HolidayHours](http://www.wrh.on.ca/HolidayHours)

Please click on the following links to see the holiday hours of operation:

- [Anticoagulation Clinic](#)
- [Arrhythmia Device Clinic](#)
- [Cafeteria / Tim Horton Hours](#)
- [Cancer Centre and Pharmacy](#)
- [Cath Lab](#)
- [Diagnostic Imaging](#)
- [Pharmacy Department](#)
- [Renal Program](#)
- [Surgical Department](#)
- [Transform](#)

Check back for further updates.







**Only 3 Days Left  
Get Your Tickets Now!**



**50/50  
RAFFLE**



**WINDSOR REGIONAL  
HOSPITAL FOUNDATION**

**MEGA DRAW to support new 3D Digital Mammography at  
Windsor Regional Hospital!**

**Guaranteed  
Take Home Prize  
And Growing Daily!**

**\$62,000+**

**5 tickets for \$10 • 40 tickets for \$25 • 99 tickets for \$50**

To purchase your tickets or more information, please visit

**[wrh5050.ca](http://wrh5050.ca)**

Draw: December 20, 2019 at 1:00pm. Lottery License #: 11598