



FRONTLINE FEBRUARY 4, 2020

TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

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WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:

frontlinetribune@wrh.on.ca



@WRHospital

Hearts For Health - WRH Kicks Off Blood Donor Drive in February

We at Windsor Regional Hospital know the importance of giving blood when it comes to our patients and our community. We also have the opportunity to donate ourselves and help make sure there is sufficient blood supply locally for those in need!

The Windsor Blood Donor Centre is in need of more blood donors. Blood donations are needed for chemotherapy treatments, trauma victims, cardiac surgeries, and organ transplants – procedures that all routinely take place every day. The need for blood is constant, which is why donations are so vitally important for patients.

That's why WRH is encouraging staff to participate in a "Hearts for Health" blood drive for the month of February!

We are encouraging groups from WRH to agree to take time to visit the Windsor Blood Donor Centre located at 3909 Grand Marais Road East, Windsor. Go there and take a selfie of you giving blood and you will be eligible for a draw for one of the following prizes:

- A \$50 SportCheck gift certificate
- Four Windsor Spitfires tickets to an upcoming game
- Four Windsor Express tickets to an upcoming game

Email your picture to steve.erwin@wrh.on.ca and let's show Windsor-Essex that we support giving blood!

Not sure when to donate?

Below is a table which shows by clinic date, week day, % the clinic is currently booked along with hours of operation at the Windsor Blood Donor Centre.

Clinic Date	Week day	% Slots Pre-booked	Hours of Operation
2020-02-06	Thu.	55.5%	11 a.m. – 7 p.m.
2020-02-07	Fri.	53.6%	8 a.m. – 12 p.m.
2020-02-08	Sat.	43.3%	8 a.m. – 12 p.m.
2020-02-10	Mon.	41.7%	3 p.m. – 7 p.m.
2020-02-12	Wed.	46.4%	3 p.m. – 7 p.m.
2020-02-13	Thu.	51.3%	11 a.m. – 7 p.m.
2020-02-14	Fri.	51.8%	8 a.m. – 12 p.m.
2020-02-15	Sat.	30.0%	8 a.m. – 12 p.m.
2020-02-17	Mon.	20.6%	3 p.m. – 7 p.m.
2020-02-19	Wed.	25.0%	3 p.m. – 7 p.m.
2020-02-20	Thu.	37.0%	11 a.m. – 7 p.m.
2020-02-21	Fri.	55.6%	8 a.m. – 12 p.m.
2020-02-22	Sat.	31.7%	8 a.m. – 12 p.m.
2020-02-24	Mon.	23.3%	3 p.m. – 7 p.m.
2020-02-26	Wed.	28.6%	3 p.m.—7 p.m.

2020-02-27	Thu.	49.6%	11 a.m. – 7 p.m.
2020-02-29	Sat.	37.8%	8 a.m. – 12 p.m.
2020-03-02	Mon.	30.0%	3 p.m. -7 p.m.
2020-03-04	Wed.	53.6%	3 p.m. – 7 p.m.
2020-03-05	Thu.	44.5%	11 a.m. – 7 p.m.
2020-03-06	Fri.	55.4%	8 a.m. – 12 p.m.
2020-03-07	Sat.	52.2%	8 a.m. – 12 p.m.
2020-03-09	Mon.	28.3%	3 p.m. – 7 p.m.
2020-03-11	Wed.	46.4%	3 p.m. – 7 p.m.
2020-03-12	Thu.	60.5%	11 a.m. – 7 p.m.
2020-03-13	Fri.	62.5%	8 a.m. – 12 p.m.
2020-03-14	Sat.	41.1%	8 a.m. – 12 p.m.
2020-03-16	Mon.	15.0%	3 p.m. – 7 p.m.
2020-03-18	Wed.	25.0%	3 p.m. – 7 p.m.
2020-03-19	Thu.	21.0%	11 a.m. – 7 p.m.
2020-03-20	Fri.	26.8%	8 a.m. – 12 p.m.
2020-03-21	Sat.	25.6%	8 a.m. – 12 p.m.
2020-03-23	Mon.	41.7%	3 p.m. – 7 p.m.
2020-03-25	Wed.	30.4%	3 p.m. – 7 p.m.
2020-03-26	Thu.	26.9%	11 a.m. – 7 p.m.



Visit our website for more information at www.wrh.on.ca

UPCOMING EVENTS

FRIDAY, FEBRUARY 7, 2020

W.E. Care For Kids - Under The Big Top Gala
Caboto Club, 2175 Parent Avenue

FRIDAY, FEBRUARY 14, 2020

Valentine's Day

MONDAY, FEBRUARY 17, 2020

Family Day

THURSDAY, FEBRUARY 27, 2020

Windsor Spiffires Hats On Night
WFCU Centre, 8787 McHugh Street

WEDNESDAY, MARCH 4, 2020

Hats On For Healthcare Day

FRIDAY, MARCH 6, 2020

Windsor Express Cancer Awareness Night
WFCU Centre, 8787 McHugh Street

TUESDAY, MARCH 17, 2020

St. Patrick's Day

FRIDAY, MARCH 28, 2020

Give A Life For Mental Health
St. Clair Sportsplex, 2000 Talbot Road West

Hats On For Healthcare Kicks Off The 2020 Campaign!

Windsor Regional Hospital Foundation's successful Hats On For Healthcare event kicked off its 11th year on Wednesday, helped by many community supporters and some enthusiastic kids who got in the spirit with their favourite hats!

The event at École Élémentaire Catholique Monseigneur Jean Noël featured a fun hat fashion show contest judged by local supporters including Windsor Mayor Drew Dilkens, Police Chief Pam Mizuno, Tecumseh Mayor and County Warden Gary McNamara, Yvonne Pilon, CEO of WETech Alliance and Mr. Marc Pype, Principal of École Élémentaire Catholique Monseigneur Jean Noël School.

Funds raised from Hats On For Healthcare this year - which will take place across the city and County on Wednesday, March 4th but also at various community events around the region over the next few weeks - will support the purchase of needed critical care equipment at the hospital.

About The Hats On For Healthcare Event

A signature fundraising event for the Windsor Regional Hospital Foundation, the campaign enters its (11th) eleventh year, having raised more than \$350,000 for programs and services at the Met Campus and the Ouellette Campus.

How It Works

Similar to a dress down day, Hats On For Healthcare gives participants an opportunity to wear a hat any day of choice for only a 'toonie' and be included in the festivities on the official day, Wednesday, March 4th.

How To Register

Visit HatsOnForHealthcare.com to register and receive the 2020 Participant Kit.



hatsonforhealthcare.com

DID YOU know?

While many streets in the Met Campus neighborhood are named after first world war battle sites: Vimy, Amiens, Lens... Byng is named after General Julian Hedworth George Byng. He was a Commander of the Canadian Corps at Vimy Ridge.



The World Health Organization has declared the novel coronavirus (2019-nCoV) outbreak a Public Health Emergency of International Concern, with at least 17,300 cases of the virus and more than 360 deaths reported across 20+ countries, as of February 3, 2020.

VENDORS ON DISPLAY

February 4 - February 10, 2020

Met Campus: Thermacorp, PureTrim, Barb's Healthcare, Crystal Clear Jewellery, Ava's Beautiful Creations, Sweet Moments, Busy Bee, Freak Parade

Ouellette Campus: Magnolia & Vine, Zesty, Thermacorp, PureTrim

Please note: Vendors subject to change.

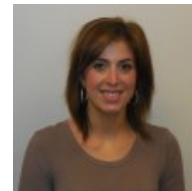
INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Margo Moore
Diagnostic Imaging Clerk
DIAGNOSTIC IMAGING
SUPPORT SERVICES



Jesse Robinson
Admitting Clerk
ADMITTING
DEPARTMENT



Laura Pusso
Registered Nurse
MENTAL
HEALTH



Jaefer Mohamad
Operating Room
VOLUNTEER
SERVICES

Super Bowl Babies At WRH

They arrived just in time for Super Bowl LIV and got a super cute "football cocoon" to mark the occasion.

For the sixth year in a row, the hospital celebrated the big game by offering crocheted "football cocoons" to all newborns born on Super Bowl Sunday. The cocoons are hand made by Fae Gillespie, President of the WRH Auxiliary.

Babies Amoura Golden, Beau Boomer, Larkin Garant, and Baby Lenson posed for some photos with local media before the game.



Love Is...

**A Heart-Shaped Pizza* from Antonino's
and supporting local Heart Care**

AVAILABLE FEBRUARY

- *HEART-SHAPED PIZZA
- *HEART-SHAPED NUTELLA® PIZZA
- *HEART-SHAPED CINNAMON STICKS



*The Best Pizza in town or
your money back...Every Penny!*
originalpizza.ca

- * \$1 from the sale of each Heart-Shaped menu item will be donated to the Windsor Regional Hospital Cardiac-Angioplasty Program.



wrh.on.ca

100

AMAZING YEARS

GRACE

IS THE

PLACE

We Cordially Invite You

FEBRUARY 8TH
2020

OPEN HOUSE - 10:30 AM - 3:00 PM

1453

PRINCE ROAD,
WINDSOR, ONTARIO

10:30 AM DOORS OPEN
11:00 AM FORMAL PORTION
LIGHT LUNCH WILL BE AVAILABLE
1:00 PM "AMAZING GRACE"
THOUGHTS FROM MARTY GERVAIS

RSVP TO 519-257-5195

**BLACK
HISTORY
MONTH**

THURSDAY, FEBRUARY 6, 2020 / 12PM

OUELLETTE CAMPUS, ESSEX ROOM
VIDEO CONFERENCED TO MET CAMPUS, AUDITORIUM SIDE A



In celebration of Black History Month, Windsor Regional Hospital is proud to host local author and historian Irene Moore Davis, who will speak at a Lunch and Learn session on Thursday, February 6, 2020 at noon from the Ouellette Campus (Essex Room). It will be available by via video conference in the Met Campus auditorium (Side A).

Irene Moore Davis is the Manager, Continuing Education for St. Clair College, and has been the president of the Essex County Black Historical Research Society since 2010. As an avid historian, she has greatly contributed to the recording of the history of the Windsor/Essex area and Canadian Black settlements.

A pizza lunch will be served. Admission is free but please RSVP by email to Steve Erwin at steve.erwin@wrh.on.ca.

CULTURAL AWARENESS TRAINING WITH THE MCC

The Multicultural Council of Windsor and Essex County (the MCC) is offering two Cultural Competence Training Workshops next month for WRH employees.

Presented by MCC Director of Programs and Development - Fred Francis, the 1 hour presentations are designed to help ensure service providers in Windsor-Essex have the tools necessary to meet the needs of our ever-changing population.

Topics covered include:

- » Communicating Across Cultures
 - Understanding and overcoming barriers.
 - Diversity in the Workplace
- » Encouraging a welcoming environment.
- » Harmony as Practice
 - Building positive workplace culture.

Participants are welcome to attend either or both of the sessions in this two-part workshop. Certificates will be awarded to those who complete both sessions.

All are welcome to attend.



PART 1

Date: February 13, 2020
Time: 12:00 pm – 1 pm
Location: Met Campus, Clinical Ed Room
Ouellette Campus, Essex Room

PART 2

Date: February 20, 2020
Time: 12:00 pm – 1 pm
Location: Met Campus, Clinical Ed Room
Ouellette Campus, Essex Room

A light lunch will be provided to those who RSVP at least two days in advance of each session to allison.johnson@wrh.on.ca.



Eggplant Parmesan

Makes 6 servings / Total Time: 70 min

INGREDIENTS

- 2 eggplants (6-8 cups)
- 3 tablespoons water
- ½ cup grated parmesan
- ½ tsp ground pepper
- 2 ½ cups tomato sauce
- ¾ cup grated skim mozzarella cheese
- 2 eggs
- 1 cup quick cook oatmeal
- 1 teaspoon garlic
- ¼ cup fresh slivered basil

DIRECTIONS

Preheat oven to 400 degrees F. Coat two baking sheets and an 8 x 11-1/2-inch baking dish with nonstick cooking spray. Cut eggplants crosswise into ¼ inch-thick slices. Whisk eggs and water in a shallow dish. Combine oatmeal, ¼ cup of parmesan, garlic and pepper in another shallow dish. Dip the eggplant slices into the egg mixture, then coat with the oatmeal mixture (discard any leftover egg or oatmeal mixture). Arrange eggplant slices in a single layer on the prepared baking sheets. Bake for 15 minutes, turn the eggplant slices over, and bake for about 15 minutes longer until crisp and golden. Stir basil into tomato sauce. Spread about ½ cup of sauce in the bottom of the prepared baking dish. Arrange half of the eggplant slices over the sauce, overlapping slightly. Spoon 1 cup of the remaining sauce over the eggplant and sprinkle with half of the mozzarella cheese. Add a layer of the remaining eggplant slices and top with the remaining sauce, mozzarella and Parmesan. Bake, uncovered, until the sauce bubbles and the top is golden.

Nutrients Per Serving

Calories: 201, Protein: 11g, Total Fat: 21g, Carbohydrates 17g, Sugar 3g, Fibre 4g, Sodium 740mg

TICKETS AVAILABLE NOW!



HATS ON FOR HEALTHCARE NIGHT! WINDSOR SPITFIRES vs. SOO GREYHOUNDS

THURSDAY, FEBRUARY 27 / 7:05 PM
WFCU CENTRE - 8787 MCHUGH STREET

SPECIAL PRICE TICKETS:

\$18 tickets available through the Windsor Regional Hospital Foundation. Tickets can be purchased in the Foundation Office at both Met and Ouellette campuses. \$5 from every ticket will support Hats On For Healthcare benefiting the Critical Care Program.

HATS ON FOR HEALTHCARE WINDSOR SPITFIRES PACKAGE:

A special \$25 ticket package that includes a Red Zone ticket and a Windsor Spitfires baseball cap. \$5 from every ticket package will be donated to Hats On For Healthcare. This ticket package can only be purchased online at www.windsorspitfires.com/special-themed-events.

Can't Decide What Hat To Wear? You've Still Got Time! Save The Date!

HATS ON FOR HEALTHCARE WEDNESDAY, MARCH 4, 2020

THE 2020 CAMPAIGN SUPPORTING CRITICAL CARE PROGRAM EQUIPMENT
AT WINDSOR REGIONAL HOSPITAL



The 11th Annual Hats On For Healthcare is a fundraising initiative supporting Windsor Regional Hospital.

Participating individuals and organizations, together with their employees, members and clients are invited to put on their unique and creative head attire, make a donation and take part in many entertaining activities to help raise funds for Critical Care Program equipment at Windsor Regional Hospital.

Participating in the 2020 Hats On For Healthcare is a great way to show the community that you and your employees care about healthcare in Windsor-Essex.

REGISTER TODAY AT

hatsonforhealthcare.com

