



FRONTLINE JANUARY 21, 2020 TRIBUNE



COMPASSION is our
PASSION

VOLUME 1 / EDITION 2



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

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Grand Opening Of The WE Care Pharmacy - Met Campus

Last week we celebrated the grand opening of the We Care Pharmacy– Met Campus. This full service Pharmacy is in the Cancer Centre, just off the lobby on the main floor, and is open to all!

Staff members are encouraged to stop by to fill up a prescription, get a flu shot or just say hello.

The Pharmacy is open from 8:30 am – 4:30 pm, Monday – Friday.



Celebrating Black History Month At WRH

In celebration of Black History Month, Windsor Regional Hospital is proud to host local author and historian Irene Moore Davis, who will speak at a Lunch and Learn session on Thursday, February 6th at Noon from the Met Campus Auditorium (Side A). The presentation will be available at Ouellette Campus via video conference in the Essex Room.

Irene Moore Davis is the Manager, Continuing Education for St. Clair College, and has been the president of the Essex County Black Historical Research Society since 2010. As an avid Historian, she has greatly contributed to the recording of the history of the Windsor/Essex area and Canadian Black settlements.

A pizza lunch will be served. Admission is free but you must RSVP to Steve Erwin at steve.erwin@wrh.on.ca.



Irene Moore Davis, Manager, Continuing Education, St. Clair College.

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:

frontlinetribune@wrh.on.ca



@WRHospital

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

SATURDAY, JANUARY 25, 2019

T2B Goes East Gala

Caesars Windsor, 377 Riverside Drive East

SATURDAY, FEBRUARY 1, 2020

**In Honour Of The One We Love
Dreams Do Come True Gala**

Ciociaro Club, 3745 North Talbot Road

FRIDAY, FEBRUARY 7, 2020

W.E. Care For Kids - Under The Big Top Gala

Caboto Club, 2175 Parent Avenue

FRIDAY, FEBRUARY 14, 2020

Valentine's Day

MONDAY, FEBRUARY 17, 2020

Family Day

WEDNESDAY, MARCH 4, 2020

Hats On For Healthcare Day

TUESDAY, MARCH 17, 2020

St. Patrick's Day

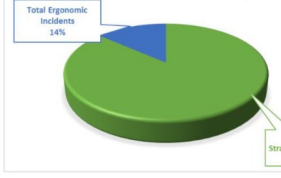
THURSDAY, MAY 21, 2019

WRH Golf Tournament

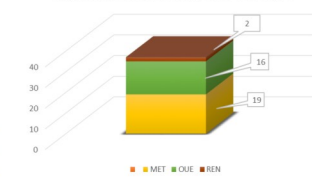
Essex Golf & Country Club
7555 Matchette Road

Ergonomics @ Work

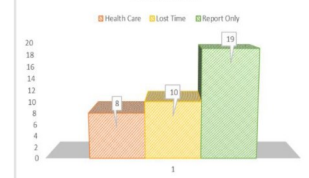
ERGONOMIC STATS - FISCAL 2018/2019



Ergonomic Incidents by Site - 2018/19



SEVERITY



\$81,872.00

**Avg. cost of Ergo
Claim
(WRH WSIB)**



Total Ergonomic Incidents
Trending Report



Did You Know?

- The study of how people work in their environment
- Key factors include use of excessive force; frequent awkward posture and high repetition of the same task
- Also Important – lifting, pushing/pulling, lighting, office/desk set up, standing/sitting
- Musculoskeletal Injuries (MSDs) often occur gradually and include tendonitis, carpal tunnel, tension neck syndrome, etc.



Best Practices

- Vary your tasks to avoid repetitive work
- Adjust your furniture
- Perform Self Evaluation (OHS Webpage)
- Purchase from WRH Corporate Ergonomic Standards
- Notify your manager immediately of discomfort to avoid MSDs
- Exercise and stay fit
- Use carts or tools to make the job easier

DID YOU know?

Payments for uninsured services can now be made online.

For more information, please visit
wrh.on.ca



Three new cases of the novel coronavirus that originally infected a cluster of individuals in Wuhan, China have been reported in Thailand, Japan, and South Korea. All patients had recently travelled to Wuhan. The number of cases of the unexplained pneumonia-like illness is up to 218 across China.

VENDORS ON DISPLAY

January 21-24, 2020

Met Campus: Magnolia & Vine, Silver 'n Such, Freak Parade, Unique Books, Express Uniforms, Sweet Legs

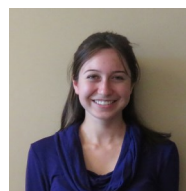
Ouellette Campus: Puretrim, Express Uniforms, Crystal Clear Jewellery

Please note: Vendors subject to change.

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Dr. Jennifer Vergel De Dios
PHYSICIAN
ANESTHESIA DEPARTMENT



Marilou Carigan-Querqui
GIFT SHOP
VOLUNTEER SERVICES



Dr. Danielle Soulliere
PHYSICIAN
FAMILY MEDICINE



Alia Abdulrahim
EYE SURGERY CLINIC
VOLUNTEER SERVICES

WRH 90+ Volunteers Gather For A Celebration

You have seen them on the cover of magazines but recently WRH gathered five active and committed 90 year old + volunteers along with friends and family to celebrate their dedication. While they all spend countless hours helping on different days and on different units – they had not all met each other. So we rounded up Iris Brown, Gloria Grabijas, Tony Peters, Susanne Lengyel, and Alma Peladeau for this lovely photo.

They share their talents selflessly and provide comfort, assistance and support to patients. They spend their time at one of our Help Desks, Gifts Shops, on the Oncology Unit and in the Cancer Centre.

Many thanks to them for their continued dedication to WRH.



PHARMACY SERVICES WINDSOR REGIONAL HOSPITAL

We Care Pharmacy is a full service pharmacy operating at both the Ouellette Campus and Met Campus of Windsor Regional Hospital and provides outstanding service to hospital patients, employees, volunteers, professional staff and our community.

We Care Pharmacy - Ouellette Campus

1030 Ouellette Avenue, Windsor, ON
Monday to Friday / 9:00am - 5:00pm
Phone: 519-255-2181 Fax: 519-255-2182

We Care Pharmacy - Met Campus

2220 Kildare Road, Windsor, ON
Monday to Friday / 8:30am - 4:30pm
Phone: 519-254-5577 ext. 52529 Fax: 519-255-8672

100% owned and operated by Windsor Regional Hospital

www.wrh.on.ca / www.facebook.com/windsorregionalhospital

Can't Decide What Hat To Wear?
You've Still Got Time! Save The Date!

HATS ON FOR HEALTHCARE WEDNESDAY, MARCH 4, 2020

THE 2020 CAMPAIGN SUPPORTING CRITICAL CARE PROGRAM EQUIPMENT
AT WINDSOR REGIONAL HOSPITAL



The 11th Annual Hats On For Healthcare is a fundraising initiative supporting Windsor Regional Hospital.

Participating individuals and organizations, together with their employees, members and clients are invited to put on their unique and creative head attire, make a donation and take part in many entertaining activities to help raise funds for Critical Care Program equipment at Windsor Regional Hospital.

Participating in the 2020 Hats On For Healthcare is a great way to show the community that you and your employees care about healthcare in Windsor-Essex.

REGISTER TODAY AT

hatsonforhealthcare.com



IN HONOUR OF THE ONES WE LOVE



presents
dreams do come true gala

Saturday, February 1, 2020

at Ciociaro Club Tickets: \$150pp

6PM Hors D'oeuvres by Koolini

7PM Gourmet Dinner and Martini Bar

For tickets or info
call Anita at 519-791-8633 or
519-972-0083. You can also
visit www.inhonour.ca

Thank you to our sponsors.

Proceeds to benefit In Honour of the Ones We Love



COMPRESSION STOCKING FITTING

We Care Pharmacy – Met Campus will be offering compression stocking fittings for all interested Windsor Regional Hospital employees, professional staff and volunteers.

Friday, January 24, 2020
9:00am – 2:00pm

Met Campus - Cancer Centre, Room #G003
(around the corner from the Cancer Centre Welcome Desk)

Our Vision: Outstanding Care - No Exceptions!

Our Mission: Deliver an outstanding patient care experience driven by a passionate commitment to excellence.



Dessert Hummus Dip

Makes 8 servings

Preparation time: 15 minutes

INGREDIENTS

- 2 cups canned no-salt added chickpeas, drained and rinsed
- ½ cup all natural peanut butter
- 2 tbsp maple syrup
- 1 tsp vanilla extract
- ¼ cup dark chocolate chips
- 1 tbsp water (or more, see below)



DIRECTIONS

Place chickpeas, peanut butter, maple syrup, and vanilla extract in a food processor. Process until smooth. If mixture is too thick, add water slowly, about 1 tbsp at a time until it blends smooth. Transfer cookie dough/dessert hummus to a bowl and stir in chocolate chips. Divide into bowls when ready to eat. Eat this on its own or use as a dip for apple slices. Store in the fridge.

Nutrients per serving:

Calories 223; Protein 8g; Total Fat 12g; Carbohydrates 22g; Sugar 10g; Fibre 4g; Sodium 6 mg.

SAVE THE DATE

UNDER THE BIG TOP

WE CARE FOR KIDS
WINDSOR REGIONAL CARE FOR KIDS FOUNDATION

"THANK YOU FOR BEING SOMEBODY WHO CARES!"

CALL TODAY FOR THIS SELL OUT EVENT
WE CARE FOR KIDS Office: 519-985-2608 | Email: Ashley.Weeres@wrh.on.ca
ADULTS \$125 ~ KIDS \$75

FRIDAY FEBRUARY 7, 2020
CABOTO CLUB WINDSOR

BLACK HISTORY MONTH

THURSDAY, FEBRUARY 6, 2020 / 12PM
OUELLETTE CAMPUS, ESSEX ROOM
VIDEO CONFERENCED TO MET CAMPUS, AUDITORIUM SIDE A

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