

The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

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# WINDSOR REGIONAL HOSPITAL

To contribute a news tip, story or advertisement in the next issue, please email us at:

frontlinetribune@wrh.on.ca





## Think Tanks Help Build Bridges in the Research Community

Some of the brightest minds in the research community and beyond met up last week to share and develop research ideas at the WE-SPARK Health Institute's Think Tank event.

WE-SPARK is a collaboration between the University of Windsor, St. Clair College, Windsor Regional Hospital and Hôtel-Dieu Grace Healthcare. The goal is to create a thriving and engaged research community.



The Think Tank events help to elevate research success by bringing diverse perspectives to the table to brainstorm and develop project ideas.

On Friday, participants heard three presentations before breaking off into small discussion groups to brainstorm and develop each of the following project ideas:

- Working Together to Improve Health Literacy,
- Using Virtual Clinical Trials to Generate Evidence of Benefits & Harm of Cannabinoid Use, and
- Bridging the Gap Between Clinicians and Scientists.

This is the group's 15th Think Tank event. Friday's turnout was the best yet with more than 50 participants from 10 different organizations and 19 different disciplines including everything from physicians and scientists to teachers and professionally trained actors.

WE-SPARK is hoping to increase the number of think tank events they hold each year from 4 to 6. For more information, contact **karenmet@uwindsor.ca**.

## What You Should Know: Novel Coronavirus

Windsor Regional Hospital continues to monitor developments regarding the Novel Coronavirus outbreak, including staying up to date on the latest guidelines and information from Health Canada, the Ontario Ministry of Health and our local Public Health unit. We remain vigilant in protecting our staff, patients and visitors through rigorous infection and prevention controls, including screening of patients upon arrival for symptoms consistent with the Coronavirus.

If you have questions about your own health and the Coronavirus, call Telehealth: 1-866-797-0000 (24 hours, seven days a week). The following outlines the steps that WRH takes regularly to identify and manage patients with infectious symptoms:

In addition to Routine Practices, individuals who present with the acute respiratory infection symptoms and **travel history to Wuhan**, **China or have been in contact with a sick person who has travelled to Wuhan**, **China or a confirmed 2019-nCoV case**, are to be placed on **Airborne/Droplet/Contact Precautions** in an Airborne Infection Isolation Room (or a private room if an AIIR is not available). Staff are to wear gloves, gowns, N95 respirators and face protection. If a patient is identified that meets this criteria, notify the hospital IPAC department.

For the latest Ontario updates and practical tips go to www.ontario.ca/page/wuhan-novel-coronavirus-2019-ncov



Visit our website for more information at www.wrh.on.ca

# **UPCOMING EVENTS**

SATURDAY, FEBRUARY 1, 2020 In Honour Of The One We Love Dreams Do Come True Gala Ciociaro Club, 3745 North Talbot Road

FRIDAY, FEBRUARY 7, 2020 W.E. Care For Kids - Under The Bia Top Gala Caboto Club, 2175 Parent Avenue

FRIDAY, FEBRUARY 14, 2020 Valentine's Day

MONDAY, FEBRUARY 17, 2020 Family Day

WEDNESDAY, MARCH 4, 2020 Hats On For Healthcare Day

TUESDAY, MARCH 17, 2020 St. Patrick's Day

**THURSDAY, MAY 21, 2019** WRH Golf Tournament Essex Golf & Country Club 7555 Matchette Road

#### PHARMACY NEWS!!!!

Pharmacy now sells hearing aid batteries. Please inform patients, families, or visitors should the need arise.



Tommy Douglas, former Premier of Saskatchewan introduced the first universal health care program in North America. It became the model for all of Canada. He is the grandfather of US actor, Keifer Sutherland.



An online survey of 1,000 US adults ages 25 to 73 indicated that millennials were among the age group least likely to get a flu shot and most likely to agree with anti-vaccine beliefs.

## **Cultural Awareness Training With The MCC**

The Multicultural Council of Windsor and Essex County (MCC) is offering two Cultural Competence Training Workshops next month for WRH employees.

Presented by MCC Director and Windsor City Councillor Fred Francis, the 1 hour presentations are designed to help ensure service providers in Windsor-Essex have the tools necessary to meet the needs of our ever-changing population.

#### Topics covered include:

- Communicating Across Cultures,
- Understanding and overcoming barriers,
- Diversity in the Workplace,
- Encouraging a welcoming environment,
- Harmony as Practice, and
- Building positive workplace culture.

Participants are welcome to attend either or both of the sessions in this two-part workshop. Certificates will be awarded to those who complete both sessions.

All are welcome to attend. A light lunch will be provided to those who RSVP by email to allison.johnson@wrh.on.ca.

#### CULTURAL AWARENESS TRAINING WORKSHOP - PART 1

Date: February 13, 2020 Time: 12:00 pm - 1:00 pm Location: Met Campus, Clinical Education Conference Room Ouellette Campus, Essex Room

#### **CULTURAL AWARENESS TRAINING WORKSHOP - PART 2**

Date: February 20, 2020 Time: 12:00 pm - 1:00 pm Location: Met Campus, Clinical Education Conference Room Ouellette Campus, Essex Room



# VENDORS ON DISPLAY January 28 - February 3, 2020

Met Campus: MR – Boutique, Umbi Fashion Jewelry, The Perfect Fit, Barb's Healthcare, Lorie's Glass House, Zesty, Freak Parade

Ouellette Campus: Freak Parade, Zesty, What's Poppin, **Ruellands Stuff 'n Bears** 

Please note: Vendors subject to change.

#### **INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL**



Ashley Hyatt REGISTERED NURSE OPERATING ROOM



**Thomas Higgins** REGISTERED NURSE OPERATING ROOM



Peter Dumo PHARMACIST PHARMACY



**Stephanie Triolet** SECRETARY DISTRICT STROKE CENTRE



## Heart Shaped Pizza Is Back In February

Antonino's Original Pizza is back to support the Angioplasty/ Catheterization Lab at the Ouellette Campus with the sale of heart-shaped pizzas and Nutella pizzas during the month of February.

"This has been a tradition that began as far back as 2001 and my family and pizza outlets look forward again to fundraise for the Cath Lab at Windsor Regional Hospital," stated Joe Ciaravino, owner of Antonio's Original Pizza.

Joe's father, Antonino 'Tony' Ciaravino, was one of Windsor's pizza pioneers. After emigrating from Sicily in the early 1950's, he opened the first pizzeria on Dougall Avenue in South Windsor. "My dad did not invent Windsor-style pizza but he took the existing recipe and improved upon it, and, that is the recipe we use today," said his son, Joe. That first store opened in 1959, then in 1999, Joe himself opened his first store on Howard and Talbot Road, naming it after his father. Over the years, Antonino's expanded to Tecumseh and LaSalle.

Joe added, "If you want a truly authentic Windsor-style pizza, made the traditional way, you've got to go to Antonino's Original Pizza!"

The Heart-Shaped Pizzas and Nutello Pizzas are available at the three store outlets throughout the month of February, dedicated as Heart Month.



## Love Is... A Heart-Shaped Pizza\* from Antonino's and supporting local Heart Care

## **AVAILABLE FEBRUARY**

\*HEART-SHAPED PIZZA \*HEART-SHAPED NUTELLA<sup>®</sup> PIZZA \*HEART-SHAPED CINNAMON STICKS



The Best Pizza in town or your money back...<u>Every Penny</u>! originalpizza.ca

\$1 from the sale of each Heart-Shaped menu item will be donated to the Windsor Regional Hospital Cardiac-Angioplasty Program.







In celebration of Black History Month, Windsor Regional Hospital is proud to host local author and historian Irene Moore Davis, who will speak at a Lunch and Learn session on Thursday, February 6, 2020 at noon from the Met Campus auditorium (Side A). The presentation will be available at Ouellette Campus via video conference in the Essex Room.

Irene Moore Davis is the Manager, Continuing Education for St. Clair College, and has been the president of the Essex County Black Historical Research Society since 2010. As an avid historian, she has greatly contributed to the recording of the history of the Windsor/Essex area and Canadian Black settlements.

A pizza lunch will be served. Admission is free but please RSVP by email to Steve Erwin at steve.erwin@wrh.on.ca.





We Care Pharmacy is a full service pharmacy operating at both the Ouellette Campus and Met Campus of Windsor Regional Hospital and provides outstanding service to hospital patients, employees, volunteers, professional staff and our community.

> We Care Pharmacy - Ouellette Campus 1030 Ouellette Avenue, Windsor, ON Monday to Friday / 9:00am - 5:00pm Phone: 519-255-2181 Fax: 519-255-2182

We Care Pharmacy - Met Campus 2220 Kildare Road, Windsor, ON Monday to Friday / 8:30am - 4:30pm Phone: 519-254-5577 ext. 52529 Fax: 519-255-8672

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### Can't Decide What Hat To Wear? You've Still Got Time! Save The Date!

## HATS ON FOR HEALTHCARE WEDNESDAY, MARCH 4, 2020

THE 2020 CAMPAIGN SUPPORTING CRITICAL CARE PROGRAM EQUIPMENT AT WINDSOR REGIONAL HOSPITAL



The 11th Annual Hats On For Healthcare is a fundraising initiative supporting Windsor Regional Hospital.

Participating individuals and organizations, together with their employees, members and clients are invited to put on their unique and creative head attire, make a donation and take part in many entertaining activities to help raise funds for Critical Care Program equipment at Windsor Regional Hospital.

Participating in the 2020 Hats On For Healthcare is a great way to show the community that you and your employees care about healthcare in Windsor-Essex.

# hatsonforhealthcare.com



## **Buffalo Cauliflower Bites and Ranch Dip**

Makes 4 servings Total Time: 45 min

#### INGREDIENTS

#### Bites

- 1 large head of cauliflower
- 1-2 tablespoons of olive oil
- ½ cup of breadcrumbs
- ½ cup hot sauce

#### Dip

- <sup>1</sup>/<sub>2</sub> cup greek yogurt
- 2 tablespoons lemon juice
- 1/2 teaspoon of onion powder
- 1/2 teaspoon garlic powder
- 1 tablepoon dried parsley

#### DIRECTIONS

Preheat oven to 450 degrees F. In a large bowl, coat the cauliflower with olive oil, pour the breadcrumbs over and toss to coat. Spread cauliflower onto a baking sheet lined with parchment paper. Roast for 20 minutes until the cauliflower begins to get tender. Remove from oven and place back into the bowl. Pour hotsauce over the cauliflower and toss to coat. Spread back over the baking pan and bake for another 10-15 minutes. Toss with a few more breadcrumbs once removed from the oven. While you are waiting for the cauliflower to bake, place all of the ingredients for the dip into a blender and blend until combined. Serve with the cauliflower bites.

#### **Nutrients Per Serving**

Calories: 201, Protein: 11g, Total Fat: 21g, Carbohydrates 17g, Sugar 3g, Fibre 4g, Sodium 740mg

## Health Hub Solutions Entertainment Services Interruption

Health Hub Solutions (formerly Hospitality Network) will be upgrading the equipment that delivers rented-in-room entertainment services including television. These upgrades will result in a strong, and more reliable TV signal, and will improve the entertainment patients experience.

This work will be taking place on the morning of February 14, 2020 and will cause a service interruption with the entertainment services for approximately 1-2 hours. The work will take place in the hospital telecom closet only. It will not require access or disruption to any patient rooms.

We thank you for your patience during this scheduled maintenance.

#### Mark Fathers, VP Corporate Services & CFO



