



FRONTLINE OCTOBER 1, 2019 TRIBUNE

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COMPASSION is our
PASSION



The FRONTLINE TRIBUNE is a publication of the Public Affairs and Communications Office of Windsor Regional Hospital

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What We Do Has Impact

The topic of this month's Journey to Zero meeting was IMPACT. During the meeting, three stories of impact were shared with patients.

Former patient and former WRH RN, Barb Gatehouse shared the story of her experience in the hospital. Gatehouse was in a lot of pain while she was here and doctors could not identify the source. Although she felt frustrated, depressed and anxious, she said the compassion and care she received from physicians, nurses, volunteers, housekeeping, etc. made the very difficult journey a positive one.

"It opened my eyes to a world I thought was long gone," she said. For that, I thank you from the bottom of my heart."

Medical Director Kristi Cecile updated the team on the impact of the new Hospitalist Program which launched in late August. The program was designed to give patients a more seamless continuum of care. She said feedback from staff was positive right from the beginning.

The final story came by way of video from former patient Dave MacDonald. The video showed how staff participating in the Movement Matters program helped him increase the distance he was capable of walking from 10 metres to 300 meters which allowed him to qualify for a lung transplant assessment.

Members of the clinical leadership team were encouraged to think of ways we communicate stories about things that impact our patients. If you have a story about how your team is having a positive impact on patients, share it with us so we can include them in future editions of Frontline news.

To view the video please click on the link <https://youtu.be/TioswxlubiA>

Please email stories to frontlinetribune@wrh.on.ca



Former patient Barb Gatehouse shares her story.



Former patient Dave MacDonald during a video shoot for the Movement Matters Program.

WINDSOR REGIONAL HOSPITAL FRONTLINE TRIBUNE

To contribute a news tip, story or advertisement in the next issue, please email us at:

frontlinetribune@wrh.on.ca



@WRHospital

Visit our website for more information at www.wrh.on.ca



UPCOMING EVENTS

MONDAY, OCTOBER 14, 2019
Canadian Thanksgiving

OCTOBER 21 - NOVEMBER 11, 2019
WRH Family Giving Campaign
Met & Ouellette Campuses

THURSDAY, OCTOBER 24, 2019
Do Good Divas
A Night Out In Handbag Heaven
Caboto Club
2175 Parent Avenue, Windsor

SUNDAY, OCTOBER 27
T2B Halloween Spooktacular
Malden Park
4200 Malden Road, Windsor

THURSDAY, OCTOBER 31, 2019
Halloween

FRIDAY, NOVEMBER 1
Palliative Care Education Day
Ciociaro Club
3745 Talbot Road, Windsor

WEDNESDAY, DECEMBER 25, 2019
Christmas Day

UNITY WITH THE COMMUNITY: Bkejwanong First Nation Hosts Indigenous Cancer Conference

The Bkejwanong First Nation hosted the third Indigenous Cancer Conference last week entitled, "Unity with the Community." The community-based conference is held every two years, in collaboration with the Erie St. Clair and South West Regional Cancer Programs.

"Over the past few years, we have made significant strides forward in our efforts to improve the health and well-being of Indigenous peoples," says Alethea Kewayosh, Director of the Indigenous Cancer Control Unit at CCO. "However, there is much more to do, and I cannot overstate the importance of bringing community members and leaders together with the healthcare community."

Conference topics included prevention, screening, diagnosis, treatment, recovery/survivorship and end of life. Speakers included Elders, Indigenous Doctors and Traditional Knowledge Keepers.

Chief Dan Miskokomon says it is an honour to host the Conference in Bkejwanong Territory.

"There isn't a person in our community whose life hasn't been touched by Cancer. This conference is an opportunity to honour all of our members affected by cancer and those who have passed on to the spirit world. We hope that attendees will gain knowledge and awareness of cancer, treatment, and services available to those affected and their families."



HELPFUL HINT

It is important to dial Ext. 3333 for all Emergency Codes. By dialing 3333 your call will be answered immediately. If you dial "0" for an Emergency Code, your call is placed into a queue delaying the response.

Also, don't know someone's extension? You can reach the Nuance Voice Activated Calling System by dialing Ext. 56660 to be connected to staff and departments. This will avoid unnecessary calls to switchboard.



The influenza vaccine cannot give you the flu. The injection is made from a dead virus, or a virus that cannot replicate and cause illness.

VENDORS ON DISPLAY

OCTOBER 1-4, 2019

Met Campus: Baby Phillips, She's Got Legzz, Barb's Healthcare, What's Poppin, Alice & Betty Designs, Adrian's Kids, Sweetlegs

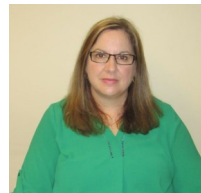
Ouellette Campus: Robert Bishop Artwork, Funky Living

Please note: Vendors subject to change.

INTRODUCING NEW FACES AT WINDSOR REGIONAL HOSPITAL



Jaylynn Brown
UNIT
CLERK
DAY SURGERY



Laura Janisse
MANAGER
HUMAN
RESOURCES



Dr. Oyebukola Akindipe
PHYSICIAN
PSYCHIATRY



Juno Martinez
GIFT SHOP
VOLUNTEER
SERVICES

Breast Cancer Awareness

PINKTOBER

Every Wednesday in October
wear pink to promote
breast cancer screening!

Email a photo of your team for a chance to
win a prize: ScreeningContest@wrh.on.ca



Post on social media & tag us!

 [eriestclairregional
cancerprogram](#)

 [ESCRCProgram](#)

Watch our pages for
your contest photos.

To learn more about Breast Screening visit:
www.cancercaresontario.ca/getchecked

 **Erie St. Clair
Regional Cancer Program**
in partnership with Cancer Care Ontario

WFHT Honoured with Bright Lights 2019 Award Recognition

The Association of Family Health Teams of Ontario (AFHTO) recently recognized the Windsor Family Health Team (WFHT) with a peer award for improving access to Team-Based Care.

Earlier this year, the WFHT opened the Windsor Team Care Centre where an interdisciplinary team of health care professionals provide comprehensive healthcare support to patients of "Solo Practitioners" within Windsor.

The Centre's interdisciplinary team includes a Psychiatrist, a Nurse Practitioner, Social Workers, Addiction Counselors, a Respiratory Therapist, a Registered Dietitian, an Intensive Care Coordinator, a Foot care Nurse, a Pharmacist, and a Physiotherapist.

By creating the Windsor Team Care Centre, the team has successfully made interdisciplinary team care available to patients with mental health, addictions, and complex care needs, including patients of solo practitioners who do not have access to team-based care.

Congratulations to all involved for your role in improving access to holistic care for patients in the area!



Halloween SPOOKTACULAR MINI GOLF FUNDRAISER

WEDNESDAY, OCTOBER 30, 2019

Colasanti's Tropical Gardens, 1550 Road 3 East, Kingsville, Ontario

Registration: 4:30pm • Mini Golf Start: 5:00pm
Buffet Dinner: 6:00pm - 7:00pm • Prizes: 7:00pm
Costs: \$35.00 Adult & \$20 /Child under 12
Prizes for Best Costume, Low Score & Fun!

For more information or sponsorship opportunities:

Email: ascollard@dmarehab.com

Phone: 1-866-309-0046 ext.348

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Health Management Solutions

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INJURY LAW
We Move With You - Injury to Recovery



 **WINDSOR REGIONAL
HOSPITAL FOUNDATION**

Proceeds benefit the Windsor Regional Hospital Trauma Program & Injury Prevention

Run For Windsor

Thank you to our friends in the Ahmadiyya Muslim Jama'at community for another great Run for Windsor family fundraising event to support the Windsor-Essex Hospitals System.

This year's run raised approximately \$15,000.



42 FORWARD Our New Hospital

SAVE the
DATE

THURSDAY OCTOBER 3RD
DOORS OPEN AT 6:00PM

SIGNATURE TRIBUTE EVENTS CENTRE
3310 Dougall Avenue

LET'S RALLY AROUND THE NEW HOSPITAL!



A GIRLS NIGHT OUT IN

Handbag HEAVEN

Fabulous Handbag Auction including Celebrity, Vintage & Designer Bags Supporting CMHA Windsor-Essex County & Windsor Regional Hospital

\$65/Ticket
\$600/Table of 10

Thursday, October 24
Giovanni Caboto Club
Doors at 5 pm | Tim Hortons Coffee Bar
Fashion Show and Dinner at 6 pm

tickets@dogooddivas.com | 519-996-4997 | www.dogooddivas.com

#RECIPEOFTHEWEEK

Mexican Chopped Salad

Makes 6 servings
Prep Time: 15 min
Bake Time: 15 min



INGREDIENTS (DRESSING)

- 1 large clove garlic minced
- 1 lime zested
- 1 teaspoon dijon mustard
- 2 teaspoons ground cumin
- 2 tablespoons lime juice fresh
- 3 tablespoons olive oil
- 1/2 teaspoon kosher salt
- 1/2 teaspoon black pepper

INGREDIENTS (SALAD)

- 1 each red pepper / orange pepper
- 1/3 cup red onion diced
- 1 cup zucchini diced
- 1 cup cucumber diced, preferably the hothouse variety
- 1 corn on the cob kernels cut off the cob
- 1/2-1 jalapeno, minced
- 1 15- ounce can low sodium black beans rinsed and drained
- 1/3 cup cilantro roughly chopped

DIRECTIONS

In a large, non-reactive bowl combine the bell pepper, red onion, zucchini, cucumber, corn, black beans, jalapeño and cilantro. Toss to combine. In a small bowl combine the garlic, lime zest, dijon mustard, cumin, lime juice, olive oil, salt and pepper. Whisk until emulsified. Pour dressing over the salad and toss to combine. Serve chilled or at room temperature.

NUTRIENTS Per Serving

Calories: 196, Protein: 1g, Total Fat: 7g, Carbohydrates: 9g, Sugar: 2g, Fibre 1g, Sodium: 214mg

We're Short On United Way Donations!

Pledges for our hospital's annual United Way campaign are well short of last year's total. Can you help?

This year's campaign comes as United Way has launched its new #Unignorable campaign that focuses on reducing child poverty from "Cradle to Career" – children from the time they're born until they start their career.

It comes from the fact Windsor-Essex has the highest rate of childhood poverty in the country.

"United Way is going through a transformation," said United Way CEO Lorraine Goddard telling the Windsor Star last week during the campaign's launch. "We want to change it up and work differently with our partners. We're going all in on the 'Cradle to Career' strategy."

As reported in the Star, in the spring of 2020, the United Way will shift its focus to invest in youth and families in West Windsor, downtown Windsor and Leamington to tackle the root causes of poverty.

In the past, the United Way had seven different investment strategies spread across 32 different programs.

WRH is proud to support United Way's ambitious new path. Please consider even a small bi-weekly contribution for as little as a couple of bucks per pay to show how much we, at WRH, care about our community.

Check your WRH email for links to the pledge cards. You can also access the forms on the Intranet under Programs and Services – United Way. Forms are also available on tables in the vendor hallway at Met Campus and in the hallway behind Tim Hortons at the Ouellette Campus.

Smiles Everyone Smiles!

Many thanks to W.E. Care For Kids for bringing many Smiles to both campuses last week! Proceeds from the Smile Cookie Campaign have been designated to the Paediatric Operating Room equipment.

Our sincere appreciation is extended to all the volunteers who sold cookies and to all the staff who ate them!!!

