

One of these days is none of these days. **English Proverb** 

# Paddles Up—Dragon Boat Time!

The 2013 Dragon Boat Festival will take place from July 11 to 14, 2013. The event starts on July 11th at 6 pm with *Lakeview Eats and Beats* at the Tecumseh Waterfront. Each night features different musical entertainment—Thursday evening (donations accepted), Friday evening (\$20 cover charge) and Saturday evening (\$10 cover charge). Saturday features Breast Cancer survivor teams and Sunday features community teams. Congratulations and thanks to WRH teams: Saving Second Base (Captain: Melissa Simas), The Rack Pack (Captain: Claudio Pullo), Tayfour's Tantalizing Tah Tah's (Captains: Debbie Spearing & Shelly Elslinger), Fight Like a Girl (Captain: Jason Petro), We Labour for Life (Captain: Debbie St. Pierre), Pharma C-Cups (Captain: Marybeth Michailoff), The Best in Chest (Captain: Cathy Mombourquette), Abreast of Technology (Captain: Marion McChesney), Malden Park BooBee's (Captains: Amy Setterington & Dawn Joy Joncas), ABC Cups (Captain: Theresa Morris) and Jiggling Jugs (Captains: Melissa Banfill & Dawn Valley).

## **Running from Cancer**

The 8th annual Running From Cancer fundraiser takes places on Sunday, July 28, 2013. It includes a 5K/10K run/walk, a half marathon and Kids 1K Disney Dash with popular characters like Cinderella, Sleeping Beauty and Woody and Buzz. Funds raised support the Windsor Regional Hospital Oncology program and the Windsor Regional Cancer Centre. For more information visit ww.runningfromcancer.com.

### **Last Call: Tuition Reimbursement**

For courses that take place from September 1 - December 31, 2013, your application (approved by your Manager) must be submitted to Learning Resources by August 1, 2013. For more information contact Learning Resources at ext. 72370.

# Save the Date: 2nd Annual City of Roses Emergency Medicine Conference

The 2nd annual City of Roses Emergency Medicine Conference will take place at Caesar's Windsor on Saturday, October 5th, 2013. For more information contact Dr. Snez Ninkovich at snezananinkovich@gmail.com.

#### Did you know?

A dragon boat is a human-powered watercraft originally made in the Pearl River Delta region of China's southern Guangdong Province out of teak wood to various designs and sizes.

According to Wikipedia, the history of dragon boats in competition reaches as far back as the same era as the original games of Olympia in ancient Greece.

Tribune is a Publication of the Public Affairs Department of Windsor Regional Hospital. Submissions can be made to gisele\_seguin@wrh.on.ca or by calling ext. 52008.