



AUGUST 7 , 2007 | VOLUME 1 | EDITION 12

# Windsor Regional Hospital

# Tribune

Don't worry about the world coming to an end today. It's already tomorrow in Australia. **Charles M. Schulz**

## Dancing Under the Stars

In Honour of the Ones We Love Inc. will host the Annual 'Dancing Under The Stars' competition at 'Bistro At The River' (Dieppe Gardens) on Friday, August 17th and Saturday, August 18th featuring vendors, food, entertainment and local celebrities competing in *Dancing Under The Stars*. Attendees can vote for their favorite couple. Proceeds support Paediatric In-Patient Services. Anyone wishing to volunteer can contact the Public Affairs/Foundation office at ext. 52656.

## Contributions made in Memory of Gary Proctor Celebrated

An event to recognize the generous donations made in memory of Gary Proctor was recently held at Malden Park Continuing Care Centre. The Annual Golf Tournament organized by Linda Proctor (WRH Retiree) has raised funds to support many initiatives. Initially a blanket warmer was obtained, and more recently 20 Lazy Boy recliners were purchased for each room in Complex Continuing Palliative Care. In addition, something very special was created by Linda. An 'Angel Cart' that provides coffee, tea and other amenities has been made available to comfort families during difficult times. To date, Linda, family and friends have raised over \$37,000 for Complex Continuing Palliative Care.

## WRH Recycling Program Expands

There have been many requests to expand our recycling program to more areas. In order to do this some changes will be taking place. In some areas plastic bottles, cans and glass can be placed in the same receptacle. Remember the only plastic you can recycle are bottles—"check the neck"—the opening must be smaller than the bottle itself. Read the labels on the boxes to be sure!!

## Yoga classes offered to WRH Employees

The Healthy Lifestyle program is pleased to bring back its yoga/relaxation sessions!!! Registration for Met Campus is on now. Session Times are either 11:30 a.m.- 12:00 p.m. OR 12:00 p.m. - 12:30 p.m. with classes starting August 13th, 2007. There are only 30 spaces in each of the sessions available. Registrations will be on a first-come first-served basis. Payment **MUST** be made in full at the time of registration. Registration ends August 10, 2007. For more information contact Stephanie Harcus at ext. 52330.

## Hold the Date

Respiratory Protocols for Spinal Cord Injury and Neuromuscular Diseases Conference will be held on Thursday, September 20th, 2007. The Guest Speaker will be Dr. Douglas McKim, Director of Rehab Services, The Rehabilitation Centre, and Associate Professor, Dept of Medicine, University of Ottawa. For more info, call Kinga Rudnicki ext. 72433.

### Did you know?

**An emergency clothes bin has been established at the Met Campus for patients in need of clothing items. It can be accessed on the first floor at the Patient Elevator exit.**

The WRH Tribune is a publication of the Public Affairs Department of Windsor Regional Hospital.

Submissions can be made to [gsullens@wrh.on.ca](mailto:gsullens@wrh.on.ca) or by calling ext. 52008.