



OUR FAMILY... CARING FOR YOUR FAMILY

# Tribune

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**OUR VISION:** Outstanding care —no Exceptions!



Personality can open doors, but only character can keep them open. **Elmer G. Letterman**

## Spa Day

SPA day will be held on **January 19th, 2008**. Many believe that it is the gloomiest or saddest day of the year. Why? - weather, holiday debt, and our fading resolutions.... Overcome those midwinter blues and drop by. Services include hand treatments, mini-massages, make-up applications and Hair Consultation by Dani Bobb and Vito DiPietro. The WRH fitness centres will be open to all on that day—so if you are not a member, stop by and see what you are missing. All services are on a first come, first served basis. New this year: *Rock and Roll Glamour Shots!*

## Walkarounds

WRH Leadership have begun a practice of meeting with staff on various units regarding quality and safety issues. These are informal opportunities for staff to discuss issues related to patient safety and have input into how these can be addressed. Stay tuned for more information on this initiative.

## You Can Still Get Into ZUMBA

Zumba® fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic fitness program that will blow you away. Fast and slow rhythms, and resistance training are combined to tone and sculpt your body while burning fat. Contact Human Resources if you are interested in participating.

## Perfect Attendance

Congratulations to Laurie McNamara from Diagnostic Imaging—the winner of the Perfect Attendance Draw for the month of December. Employees will be able to enter the next draw for the month of January between February 1 and February 6th, 2009.

## Transition to Betterness

Tickets are now on sale for T2B's annual gala. This year it is a **MAD RED HOT BALL** and will be held on January 31st, 2009. Tickets are \$125. The Gala offers: a **matchless** theme, exceptional **entertainment**, **champagne** reception, **hors d'oeuvres** from many fine restaurants, seven-course **gourmet dinner**, **live & silent auction**, and a flavoursome **martini lounge** throughout the entire evening. Tickets can be purchased by calling the T2B office at 519-944-5143.

## Plan Ahead—Shipshewana Trip Scheduled for June 9th, 2009

The Annual Staff Activities Shipshewana trip has been scheduled for June 9th, 2009. Tickets are \$70 per person. Contact Stephanie Harcus for tickets at Met Campus (ext. 52330) and Linda Georgiu at the Western Campus (ext. 76952). Tickets go fast!

### Did you know?

An Intranet Kiosk at both Met and Western Campus are available for staff who do not have access to a PC during their work day.

**The WRH Tribune is a publication of the Public Affairs Department of Windsor Regional Hospital.**

**Submissions can be made to [gisele\\_sullens@wrh.on.ca](mailto:gisele_sullens@wrh.on.ca) or by calling ext. 52008.**

**OUR MISSION:** We provide outstanding care with compassion.

