Think big thoughts but relish small pleasures. ~H. Jackson Brown, Jr., Life's Little Instruction Book WRH Holiday Appreciation Receptions

Annual Holiday Appreciation receptions continue on December 10th from 1:30 pm to 3:30 pm (Western David R. Brown Auditorium), December 10 from 1:30 pm to 3:30 pm (Malden Park Rehab Room, 2nd floor) and December 10 at Met and Western Campus for the late evening shift run.

WRH Exchange

WRH will be hosting an exchange day on Thursday, December 10th, 2009 at the Met Campus. This will be an opportunity for departments to bring excess office supplies, furniture and items that they do not need but that another department can use. It is a green activity that promotes recycling as well as fiscal responsibility. Drop off between 9 am and 11 am...and pick up items between 11 am and 2 pm. Staff are welcome to bring used light bulbs and batteries in for recycling. A free draw for a Canadian Tire Gift Card (Buy Green) will take place for all those in attendance.

Polar Express

If you were lucky enough to get tickets for Polar Express, please ensure that you use your ticket or call the Public Affairs office ext. 52656 to ensure they are re-circulated. Special thanks to Media Street Productions for their sponsorship of this event.

In Concert with Wellness

"In Concert with Wellness" performances will be taking place in the Met Campus Lobby throughout December. On December 16th at Noon, WCCA/Walkerville students will entertain on the piano. On December 18th at 6 pm and December 19th at 2 pm, the Tatry Polish Song & Dance Ensemble will perform. Montessori Mozarts will also visit the Malden Park Chrysler Room at 2 pm on December 13th.

Ornaments for Sale

In Honour of the Ones We Love have generously donated trees to both campuses this year. Paper ornaments can be purchased in memory or in honour of a loved one in support of the Paediatric program and/or Cornerstone of Caring.

Gift Cards Available

Gift cards are available in the Foundation Office and in Human Resources at Western Campus for a variety of stores/restaurants. These include Canadian Tire, Esso, The Bay, Zehrs, Sobeys, Devonshire Mall and more. A percentage of sales support the *Cornerstone of Caring Campaign*. If you utilize any of these stores or restaurants, consider buying cards weekly - you can contribute to the campaign without spending an extra penny! For more info, contact Kim Willis-More at ext. 52458 or visit the WRH Internet site.

Did you know?

In Canada 4300 Women who had recently given birth had experienced physical or sexual violence by their partner (Statistics Canada, 2008). WRH has a Sexual Assault Treatment Centre made up of the Sexual Assessment Program, SafeKids and Domestic Violence.

The WRH Tribune is a publication of the Public Affairs Department of Windsor Regional Hospital. Submissions can be made to gisele_sullens@wrh.on.ca or by calling ext. 52008.