

Life is what happens to you while you're busy making other plans. **John Lennon** *English singer & songwriter* (1940 - 1980)

# **Opportunity Knocks ...In Time of Need**

Windsor Regional Hospital, along with United Way and the CAW Labour Adjustment Committee, would like to extend an invitation to an event that focuses on assisting individuals and families affected by the current economic conditions in the Windsor-Essex County region. Several mini-presentations will be offered as well as information booths to provide valuable information on available resources and services. Presentations will cover topics such as the emotional side of job loss, accessing community resources, financial survival and retraining. This event is open to staff, who are able to attend, as well as members of the community. *If you know someone who would benefit from this event, please invite them to attend.* It will take place on the afternoons of <u>Thursday</u>, <u>February 12</u>, <u>2009</u> at the Metropolitan Campus, Auditorium A & B and <u>Friday</u>, <u>February 13</u>, <u>2009</u> at the Western Campus, Brown Auditorium.

# Fashion, Fun and Fitness....All in One Evening

The Windsor-Essex County Cardiac Wellness Centre presents 'An Evening of Heart and Enchantment' - Fashion Show, Dinner and Silent Auction on **Friday, February 13th, 2009 at 6:00 p.m. at the Ciociaro Club**. Physicians, Staff and clients will model the latest spring and summer fashions from local clothiers including Freeds of Windsor, J Michaels, Dan's Nautical, Anne's on the Avenue, Bump, Maison De Jeans, Jacobs, Roots, Simply Swimwear and His and Her Wear and Bridal. Tickets are still available for \$60.00 each by calling ext. 72556.

# Because You're the Type to Save a Life....

This year's Integrated Laboratory Challenge has begun and will run until April 2009. Staff, family and friends who attend a local Blood Donor Clinic will have the opportunity to vote for their favourite Lab. (Hint: that would be the WRH Lab!). Ask for a form to cast your vote at the registration desk at the Blood Donor Clinic. Last year WRH's Lab won the award for having the highest number of new donors.

### **Perfect Attendance**

Congratulations to Joy-Anne Carter from the Regional Children's Centre. Joy-Anne is the winner of the Perfect Attendance draw for the month of January. Employees will be able to submit their name for the February draw on March 1, 2009.

#### Did you know?

Employee discounts to a variety of local businesses can be found on the WRH Intranet.

Check out "Employee Promotion Plans" under the News and Events section.

Employees who do not have access to a PCcan access an Intranet Kiosk at Met or Western Campus.

The WRH Tribune is a publication of the Public Affairs Department of Windsor Regional Hospital. Submissions can be made to gisele\_sullens@wrh.on.ca or by calling ext. 52008.