



The more things change, the more they remain... insane. **Michael Fry and T. Lewis**, *Over the Hedge*, 05-09-04

## Western Campus—Please Mind the STOP Signs

Construction at Western Campus continues. You may notice a number of STOP signs along the driveway to access parking. Please be mindful of all of these signs as there is construction traffic, staff and residents in wheelchairs using this driveway as Spring is here!

## April 22 is Earth Day

Mark this day in your calendar as the day to get your “green” on! Visit the various booths from 10 am to 2 pm at both Met and Western to learn how you can take eco-action in your life and make every day Earth Day! Plus take the Earth Day Pledge and have a chance to win some great prizes!

## Reminder -Slice of Surgery Conference

The Slice of Surgery Conference will be held on May 14th, 2010 at the Met Campus of Windsor Regional Hospital. The cost is \$20.00 per registrant for WRH staff. For more information contact Neelu Sehgal at ext. 52434.

## Running from Cancer

Get your running shoes laced up for the 5th Annual Running From Cancer event to be held **Sunday, July 25th, 2010** at Tecumseh Arena. Features 5km run/walk, 10km run/walk, Half Marathon and a Disney Dash (1Km) for the little ones. For full details or more information call (519) 735-4742 or visit [www.runningfromcancer.com](http://www.runningfromcancer.com).

## Celebrate Mother’s Day in Unique Style!

The WRH Foundation in partnership with Crockadoodle invite you and your children to paint a mug for Mom in time for Mother's Day on Saturday, May 1, 2010. The fun begins at 11 a.m. at the Met Campus in Auditorium B when each child will have the opportunity to paint a mug as a Mother's Day present. The cost is \$20 per child with proceeds going to the WRH Foundation. Space is limited. Sign up today by contacting Danielle Ramsten at x52656.

## All Canadian Wine Championship Tasting to be Held May 20, 2010

The WRH Foundation will host a unique **Wine Tasting** Event on May 20th, 2010 at the Caboto Club. Find your inner “wine” as you taste wines from across the country. Not one bottle of the 750 bottles available are the same...the hunt is on! A selection of artisanal cheeses and a variety of breads will also be available to “wow” your palate. Tickets are only \$30 each or 4 for \$100. For more information, contact Danielle Ramsten at ext. 52656.

### Did you know?

**Indoor Bike Racks are available at both Met and Western Campuses.**  
**For more information, contact Rose Deluca at ext. 52410.**