

Don't ever question the value of volunteers. Noah's Ark was built by volunteers; the Titanic was built by professionals. Author Unknown

National Volunteer Week—Mission Possible!

Windsor Regional Hospital salutes all of the dedicated volunteers who give freely of their time to help us provide Outstanding Care—No Exceptions. WRH currently has 450 volunteers who contributed over 57,000 hours last year. Volunteers provide valuable services at both Campuses. Take a moment this week to thank and recognize them for their efforts!

Need a Doctor—Try Health Care Connect

Tell everyone you know about Health Care Connect, a free program that helps connect people with doctors and nurse practitioners. Visit **www.ontario.ca/healthcareconnect or call 1-800-445-1822.** If you or someone you know needs a doctor, sign up right now. It only takes a few minutes and it's very easy to do. Also, be sure to tell a friend. With your help, we can get the word out to everyone.

6th Annual Rib & Chicken Dinner in Memory of Gary Proctor

Join us on **Saturday, May 22nd** at the Knights of Columbus Hall in River Canard for a Rib & Chicken Dinner in memory of Gary Proctor. To purchase tickets at Western Campus contact Rose Grant Rennie at ext. 76555 or Sandra Shearme at ext. 72385. To purchase tickets at Met contact the Foundation Office at ext. 52449. Proceeds support Palliative Care at Western Campus.

We Can Quit (Smoking that is....)

Just a reminder that there is an opportunity to complete a survey for a chance to win a \$100 gift certificate by April 23, 2010. To complete the survey visit http://survey.wechealthunit.org/index.php?sid=72241&lang=en. If you are interested in participating in a focus group **at Met** on Wednesday (non-smokers) and Thursday (smokers), please contact Melissa Simas at ext. 72302. Lunch will be provided by the Health Unit.

All Canadian Wine Championship Tasting to be Held May 20, 2010

The WRH Foundation will host a unique **Wine Tasting** Event on May 20th, 2010 at the Caboto Club. Find your inner "wine" as you taste wines from across the Country. Not one bottle of the 750 bottles available are the same...the hunt is on! A selection of artisanal cheeses and a variety of breads will also be available to "wow" your palate. Tickets are only \$30 each or 4 for \$100. For more information, contact Danielle Ramsten at ext. 52656.

Did you know?

This week is Medical Lab Week

Up to 85 per cent of decisions about diagnosis and treatment are based on lab test results. The Tribune is a publication of the Public Affairs Department of Windsor Regional Hospital. Submissions can be made to gisele_sullens@wrh.on.ca or by calling ext. 52008.