



WINDSOR
REGIONAL
HOSPITAL

OUR FAMILY... CARING FOR YOUR FAMILY

Tribune



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Write it on your heart that everyday is the best day of the year. Ralph Waldo Emerson

Windsor Regional to Participate in Biennial Nursing Conference

Windsor Regional Hospital along with Hôtel-Dieu Grace Hospital, the University of Windsor and Sigma Theta Tau, Tau Upsilon Chapter will be hosting the 3rd Biennial Nursing Conference on January 30, 2010. WRH will be well represented with 16 presentations and papers on various clinical topics being presented at the conference. Congratulations to all who will be participating. For more information about the conference being held at the Toldo Centre, University of Windsor, call Maher M. El-Masri at 519-253-3000 ext. 2400.

Spa Day

Many believe that the saddest days of the year are in the third week of January. Why? Weather, holiday debt, and our fading resolutions.... In order to overcome our midwinter blues, the third Annual Spa Day will be held on January 18, 2010 from 10 am to 4 pm at both Campuses. All Staff (men and women) are invited to take a few minutes out of their day to enjoy a mini esthetic service and 'Glamour Shots'.

Hats ON for Healthcare

On February 10th, 2010, everyone at Windsor Regional Hospital and the communities we serve are invited to wear a "HAT" and make or raise a small donation for Windsor Regional Hospital Foundation. Businesses and organizations will be participating by wearing a hat to work and throwing in a toonie in support of the WRH Foundation. We hope you are able to participate and will encourage your family and friends to participate as well. WRH departments are encouraged to participate. Check out our website at www.HatsOnForHealthcare.com for details or contact Danielle Ramsten at ext. 52656.

Therapeutic Recreation Week—Believe, Belong and Become

Therapeutic Recreation Ontario's Awareness Week Believe, Belong, Become runs from February 7th to 13th. Therapeutic Recreation contributes to communities in countless ways, giving many individuals the skills to find meaning and purpose in their life. Therapeutic Recreation Specialists work with individuals of all ages who are experiencing a disability, illness, or other limitations, teaching the skills, knowledge and behaviours to live the best life possible. Come visit our display at the Western Campus.

WRH Exchange

Reminder: WRH will be hosting an Exchange Day on Wednesday, January 13th from 10 am to 2 pm at the Western Campus. Everyone is welcome!

Did you know?

Families and friends can send an email to a patient via www.wrh.on.ca—send an "e-greeting".

The WRH Tribune is a publication of the Public Affairs Department of Windsor Regional Hospital.

Submissions can be made to gisele_sullens@wrh.on.ca or by calling ext. 52008.

