Happiness comes when your work and words are of benefit to yourself and others. - Buddha

Windsor Regional Hospital Wins Quality Award

National Quality Institute will bestow a **Canada Awards for Excellence – Bronze Award!** Windsor Regional Hospital is now being honoured nationally for Patient Quality and Safety it provides to the residents of Windsor/Essex. The Canada Awards for Excellence ceremony will be held in Toronto on October 20, 2010. Windsor Regional Hospital stands equal to International firms such as Research In Motion, Manulife Financial, 3M Canada, American Express, and Pfizer Canada, in its achievements as an NQI Awards recipient. The Quality recognition was awarded for excellence in Leadership, Planning, Patient/Client Focus, Process Management, Supplier/Partner Focus, Organizational Performance and Best Practices.

Family Mental Health and Addictions to Host Workshop

2010: AN ADDICTION – MENTAL HEALTH ODYSSEY will be presented by Dr. Bruce Ballon on Friday, October 15, 2010 from 8:30 am to 4:00 pm at the Serbian Centre. Cost is \$35 for Students & WRH Staff / \$100 for Outside Agencies. This workshop will examine addictive behaviours and the link to mental health. Dr. Ballon is a sought-after speaker for National and International meetings. He has special interest in different forms of media and their relationship with addiction and mental health issues. Dr. Ballon is considered an expert in the area of simulation and experiential interactive techniques for medical education. He has designed a variety of novel psychoeducational and therapy initiatives involving the use of film, television/internet, videogames, theatre, magic, and art. For more information contact: Shirley Fields@wrh.on.ca or call ext. 75152.

Racing the Vine

Racing the Vine will take place on September 25th at D'Angelo Estate Winery. The event is a 5km Walk or Run. Everyone can participate and support the *Cornerstone of Caring* Campaign. The first male and female to cross the finish line receive their 'weight in wine'. Dinner is included in the registration fee. For more information visit www.racingthevine.com or call ext. 52656.

United Way Campaign

The kick-off for the in-house United Way Campaign takes place on Thursday, September 16th in the lobby of Met and Western Campus, Malden Park and the Windsor Regional Children's Centre from 11:00 am to 3:00 pm. Hand in your pledge card and raffle ticket and receive a FREE Tim Horton's Gift Card and be entered in the early bird draw for a 42" Flat Screen T.V. Look for your United Way pledge card, flyer and raffle ticket attached to your pay stub on September 15th.

Open House for Palliative Care Unit

There will be an open house at the Palliative Care Unit at Western Campus on September 22, 2010 for service providers 3pm to 5pm and September 26th 1—4pm for the Public. It is an opportunity to find out what is offered through this program. Everyone is welcome.

Did you know?

Lifeline is an easy-to-use personal response service that ensures that older adults living at home get quick assistance whenever it is needed - 24 hours a day, 365 days a year. For more info call (519) 252-4100 or 1-800-387-8120.

The Tribune is a publication of the Public Affairs Department of Windsor Regional Hospital. Submissions can be made to gisele_sullens@wrh.on.ca or by calling ext. 52008.