

There are no failures - just experiences and your reactions to them . Tom Krause

# **Holiday Receptions**

All Employees, Physicians and Volunteers are invited to Holiday Appreciation Receptions on Monday December 6th from 2 pm to 4 pm at the Met Campus (Auditorium) or Wednesday, December 8th from 2 pm to 4 pm at the Western Campus (RCC Gym). Members of the Executive Committee will also be visiting staff working evening shifts on Thursday, December 9th from 9pm to 10pm. Everyone is welcome!

# **WRH Movie Night**

WRH will be hosting a movie night at the Cineplex Odeon, Devonshire Mall. The **Polar Express** will be showing **Sunday**, **December 12** at 10 am, and **ELF** will be showing **Monday**, **December 13** at 7 pm. Tickets will be available for pick up on **Tuesday**, **December 7**, **2010** from **2-4** at both campuses (Met by the Cafeteria, Western by the Tower Elevators). To avoid empty seats due to unused tickets, there will be a \$5 charge for the tickets, HOWEVER you will receive a \$5 Tim Hortons gift card in return at the theatre.

#### **Daisy Awards**

Daisy Awards will be presented on Tuesday, December 7th at 10 am in the lobby of Malden Park at the Western Campus. Congratulations to nurses Joan Laporte (Met Campus) and Elizabeth Ryan (Western Campus) who are the recipients.

# Want to Quit Smoking?

Register for the **W.E. Can Quit Program!** The program is available to all WRH employees, their family members and volunteers. It makes a number of supports available (at NO COST) to help smokers who want to quit. The program is only available until March 2011 so you will need to start Nicotine Replacement Therapy by the end of this year! Want more information? Ten minute Information Sessions can be done on your unit. Please contact Melissa Simas at extension 72302 for more information.

# Dec 6th is a Day of Remembrance & Action on Violence Against Women

More than two decades after 14 women were killed in the Montreal Massacre at École Polytechnique University, the battle continues to stop gendered violence against women. WRH operates a Sexual Assault Treatment program which provides treatment for victims.

#### In Concert With Wellness Performance

WRH presents "In Concert With Wellness" musical performances throughout the year in the 1st floor lobby at Met Campus. Join us on Friday, December 3rd at 5:30 p.m. as vocal group "Da Capo" performs in honour of Mario Cervini. On December 8th at 11:00 a.m. David and Sharon Light will play guitar, violin and sing. Also performing are the Montessori Mozarts on December 20th at 1 p.m.

#### Did you know?

Hats on For Health Care will take place on February 16, 2011.

It is an annual community event sponsored by the WRH Foundation. Stay turned for details.

The Tribune is a publication of the Public Affairs Department of Windsor Regional Hospital. Submissions can be made to gisele\_sullens@wrh.on.ca or by calling ext. 52008.