



If you can't excel with talent, triumph with effort.

Dave Weinbaum, Businessman, Writer and part-time Stand-up Comic

In Concert With Wellness Performance

WRH presents "In Concert With Wellness" musical performances in the 1st floor lobby at Met Campus. Join us on December 15th at 1:30 pm as the Marantha Christian Academy High School Choir performs and at 6:30 Priscilla Byrne will play the piano. On December 17th David Irwin will play the piano at 1 pm. On December 20th the Montessori Mozarts perform at 2 pm and on December 21st the Cat's Meow Dance Troupe will entertain us in the morning (time to be confirmed).

Met Campus Sign

Over the next few days, a new electronic 'insert' sign will be installed on the Met Campus Front Sign on Tecumseh Road. A similar 'insert' will be installed at the Western Campus at the conclusion of the Western Redevelopment construction project. Both of these 'inserts' have been supported financially by Windsor Regional Hospital Foundation. Please be cognizant of the crane currently on site if you happen to walk near Tecumseh Road.

Want to Quit Smoking?

Register for the **W.E. Can Quit Program!** The program is available to all WRH employees, their family members and volunteers. It makes a number of supports available (at NO COST) to help smokers who want to quit. The program is only available until March 2011 so you will need to start Nicotine Replacement Therapy by the end of this year! Want more information? Ten minute Information Sessions can be done on your unit. Please contact Melissa Simas at extension 72302 for more information.

Inclement Weather Protocol

Staff are reminded to check with switchboard to see if Inclement weather Protocol has been put into effect.

Hats on for Healthcare

Lights! Camera! Action! We are looking for 20-25 volunteers to participate in a short video to promote our Hats on for Healthcare Day. This is your chance for 5 minutes of fame and all for a good cause! Please contact Danielle at ext. 52656 by Friday, December 17th to sign up.

Did you know?

WRH provides one-stop shopping. A variety of gift cards are available at the Foundation office at Met Campus and the HR office at Western Campus. Proceeds support the *Cornerstone of Caring* Campaign

The Tribune is a publication of the Public Affairs Department of Windsor Regional Hospital. Submissions can be made to gisele_sullens@wrh.on.ca or by calling ext. 52008.