



*Canadians seize the golden moment.* **National Post—March 1, 2010**

## **Caboto Pasta Dinner—Wednesday, March 3, 2010**

A Pasta Night in support of the Cornerstone of Caring Campaign will be held on Wednesday, March 3 at the Caboto Club from 4:30 to 7:30 p.m. This is a great family-friendly event. Prices are \$8 for adults, \$6 for children and \$9 for takeout. For more information contact Kim Willis-More at ext. 52458.

## **International Women's Day - March 5, 2010**

Enjoy an evening of fun at the Ciociaro Club of Windsor with a walk through Fashion Show by Franco Angileri. Proceeds to support the WRH Breast Health Centre. Tickets are \$40. For more information, contact Anna Vozza at 519-919-3960.

## **Cam Dickie Retirement Dinner/Fundraiser**

There will be a dinner to celebrate the retirement of Cam Dickie, (WRH's Vice President of Finance and Chief Financial Officer) on March 25th at 6pm at Beachgrove Golf and Country Club. The tickets are \$40 available through the WRH Foundation office (ext. 52005). The event will support the Cornerstone of Caring Campaign.

## **Stop, Think and Care!**

Unresolved conflict in the work place can have a significant effect on the quality of work and ultimately the quality of care in our organization. Small differences of opinion, tone and use of words can escalate into more serious problems if not addressed early and in an effective manner. **STOP, THINK AND CARE** is a program aimed at helping staff members improve communications with others in order to avoid conflict, gossiping and bullying in the workplace. It focuses on improved communication and respect for colleagues. Led by Lisa Ingratta, RN on the Family Birth Unit, **STOP, THINK and CARE** is a proactive program. The Family Birthing Centre (FBC) will be piloting the program with their staff and are in the process of recruiting **ADVOCATES** to help deliver the message. The future goal is to make this program available to other units. For more information about **STOP, THINK and CARE**, contact Melissa Simas, Manager, Human Resources at ext. 72302.

## **All Canadian Wine Championship Tasting—Save the Date!**

The 4th annual All Canadian Wine Championship Tasting event will be held on May 20, 2010. Tickets are \$30 or \$100 for 4. Contact Danielle Ramsten at ext. 52656 for more information.

### **Did you know?**

**Lifeline is an easy-to-use personal response service that ensures that older adults living at home get quick assistance whenever it is needed - 24 hours a day, 365 days a year. For more info call (519) 252-4100 or 1-800-387-8120.**

